

Pacific Rim Snow Sports Alliance

Vol. 6 • No. 1 • Summer 2002

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 Ski With Pride
 Watch All Sides • •Let It Ride • First With Safety Awareness



Membership in Pacific Rim Alliance gives you membership in LA Council of Ski Clubs (LAC), San Diego Ski Council (SDSC) and the Far West Ski Association (FWSA).







the liance

FIOSA Convention—

The Far West Ski Association (FWSA) Convention held June 7-9, 2002 in Portland lived up to its promised fun times. Pac Rim racked up the awards again this year with a first for Web Site and a second for Newsletter. (Catherine **Ohl** got the first for doing Century City's newsletter).

Catherine was honored with the President's Award for all the work she has done on researching the history of FWSA and for redesigning the FWSA Awards Book. Big White's Jim Loyd was given the Bill Mackey Award for all the great work he did to make the LAC Ski Week the success that it was. (ed: Gene Fulkerson was bestowed FWSA highest honor with the Hans Georg Award for his long-term contributions to organized skiing.)

Costa Rica-

We have blocked 24 spots for our trip to Costa Rica. Costa Rica is going to be a fun ecological adventure with plenty of opportunities for rafting, canopying, hiking, spas, massages, kayaking, fishing and so much

more. Challenge, then pamper, yourselves and join Pac Rim. This trip is almost filled.

Summer Fun-

LA Council is hosting a fun Casino Night while San Diego Council is hosting a Family Picnic (see page 5). Both are in July and we need lots of kids for the picnic. Hope many of you can join us.

Sestriere, Dtaly–

We are also taking deposits for Italy 2003. The skiing portion has been finalized. We are currently scheduled on Lufthansa since Alitalia has discontinued its non-stop flight from LA to Milan. We will be flying nonstop to Frankfurt and then onto Milan.

Since we will be in the Piedmonte wine region, I am working on arranging for an excursion to one of the wineries I represent. A post trip is being worked out to Genoa (Italy) and Corsica (France).

New Zealand-

It is a go for New Zealand for August 1 - 12, 2003. We are looking into extending to Tasmania. Another viable option would be to visit the Cook Islands. We will keep you posted and should have all the details for fut the next newsletter.

MEMBERSHIP DUES NOW DUE... SEE PAGE 9 FOR FORM

TRIPPING AROUND

♦ Pacific Rim Alliance ♦

Los Angeles Council *

San Diego Council S

 COUNCIL PICNIC (Crowne Point) 21 July 2002 Gene Fulkerson @ 858-467-9469
 SKI SWAP & SALE (Ranch Craft) 24-26 Oct 2002 Catherine Ohl @ 858-467-9469
 WINTER GALA (Reuben E. Lee) 2 Nov 2002 Catherine Ohl @ 858-467-9469
 SNOW JAM (Del Mar Fairgrounds) . 8-10 Nov 2002 Catherine Ohl @ 858-467-9469
 HAPPY HOUR (LaJolla Marriott) 6 Dec 2002 Connie Smith @ 619-442-4924
 SALT LAKE CITY, UT. 26-30 Dec 2002 Sara Tully @ 858-271-9741

✤ Far West Ski Association ♦

MEMBER PROFILE Gene & Catherine

Gene Fulkerson began snow skiing in the early 70s after a successful career as a professional water ski speed racer and drag boat driver. He tackled snow skiing with the same intensity, daring, speed and hands on involvement. Since joining his first Ski Club (Single Ski Club of LA), he has been involved in "organized skiing."

At various times he has taken a strong leadership role as Club President, Council President, FWSA VP of Development and FWSA VP of Travel. He is currently Travel VP for Pacific Rim Ski Club, Boat Driver Coordinator for Radar River Rats, San Diego



Council Representative and Chairman of San Diego's very First Annual Council Family Picnic.

Gene served as a National Ski Patroller at Big Bear Mountain for ten years throughout the 80s and into the 90s and was a Blind Skier Guide for two years.

In April 1991, he was lucky to be a member of the team that heli-skied and evaluated two proposed ski areas — San Jacquin Ridge (Mammoth to June interconnect) and the Sherwin Bowl. For two years, he used the experience gained as a Surgical Assistant in the Air Force to be a Search and Rescue Volunteer in the San Bernardino Mountains & Sierra Madre.

Gene has been in the Wine and Spirits Industry for the past 35 years. He loves what he does and especially enjoys doing wine and food pairings.

In the 80s, **Catherine Ohl** became involved with "organized water skiing", helped found the Radar River Rats and is currently serving as President. It wasn't until 1993 that she went on her first FWSA Ski Week (to Aspen), met Gene and got involved with organized snow skiing. Since then, she has worked closely with Gene on his many projects — plus a few of her own. She is currently researching the history of skiing in the west with emphasis on the FWSA.

INDUSTRY Ski News

by Catherine Ohl

Patrollers Form Union–

The Denver Post reports that six pro ski patrol unions have agreed to join together in a national labor organization.

Patrols at Aspen, Breckenridge, The

Canyons, Crested Butte, Killington and Steamboat — about 500 patrollers in all — are already unionized. A national union is the first step in improving the working conditions of patrollers nationwide.

Snowboarding Lawsuit Dismissed-

A U.S. District Judge has dismissed a wrongful death lawsuit against Jackson Hole Mountain Resort. A 16year-old boy was jumping a tabletop and died on landing from a skull fracture and chest injuries. The family claimed that Jackson Hole had changed the obstacle the night before and hadn't adequately tested it.

The judge ruled that there is an inherent danger when jumping in a manmade terrain park "specially designated and designed for such activities" and that a person entering this area assumes the risk of injury.

Aspen Gets X-Games-

In 2003, Aspen will once again host ESPN's Winter X Games. The seventh edition of the games will be held at Aspen's Buttermilk late next January and early February 2003. It is the second year in a row the resort will host the X Games.

Vail Buys Heavenly-

Vail Resorts, Inc. and American Skiing Company have closed the sale of Heavenly Ski Resort to Vail for \$102 million (including \$2.7 million of assumed debt), less a cash adjustment of \$2.8 million for a net sale price of \$99.2 million.

Whistler-

The season at Whistler Mountain will continue until June 9. Whistler will close as summer skiing begins on the Blackcomb glaciers on June 10 until August 4.

Air New Zealand Sells Three Ski Areas

Air New Zealand has completed the sale of the three ski areas in New Zealand's South Island which it formerly managed through its subsidiary nzski.com. The new owners are Southern Alpine Resort Recreation, a conglomeration of New Zealand businesses including former senior management of nzski.com who paid NZ\$27 million (US \$12.3 million) for Coronet Peak, The Remarkables, and Mt Hutt.

In announcing the sale, Air New Zealand Managing Director & CEO, Ralph Norris, confirmed that the airline would continue to support the ski operations as a key part of the South Island Tourism industry.

Fitness- Use it or Lose It

excerpted from The Trainer, Kellee Katagi, Ski Magazine, May/June 2002

Does it hurt your skiing if you lay off the weights until fall?

There are plenty of ways to keep muscles toned without setting foot in a gym. Push-ups, pull-ups, stomach crunches and wall squats are a few examples

of exercises that don't require gear. And good old summer fun— hiking, mountain hiking, trail running, inline skating— are effective complements to strength-training.

> But don't ignore your muscles. Stop working out, and you can lose strength quickly, at about half the rate of gain. But even a token weekly workout can

keep you in the game. Research shows that in just one 30-minute strength session a week, you can gain 60 to 75 percent of the strength of someone who does the same routine three times a week. Translation: A half-hour a week in the summer can save your butt.



Wine Maker Dinner Saturday, June 15, 2002

The Wine Maker Dinner for the Jimmie Heuga Center for MS was a huge success that raised over \$850. Besides the money, it was a fun event that was enjoyed by Claudia Courtney, Robert Nordquest, Patricia Ortiz, Eileen & Mike Sanford, Leona Sanford, Joe Bushalacchi & Vanessa, Paul & Carmen Jackson, and Vicki Ripson.

We would like to especially thank Linda & Mark Mathis, Scott & Kim Griffin, Russ & Diana Walter, Fay Mumbauer, Donna Huston, Claudia & John Watson, and the Radar River Rats for their generous donations.

And as usual, **Gene Fulkerson** (ably assisted by **Catherine Ohl**) did a fabulous job planning the menu and finding the perfect wine to pair with each course.

Charles Sheridan, Remy Amerique donated the excellent Piper Heidsieck Extra Dry Champagne we enjoyed with our appetizers — Caviar on Toasted Sesame Crackers and Brie laced with Raspberry Preserves.

Marty Merritt, Kenwood Winery, donated the 2000 Kenwood Reserve Sauvignon Blanc we served with Marinated Mushrooms, Southern Italian Style, on Hot Garlic Bread.

Lisa Ford, R.H. Phillips, donated the 1999 EXP Tempranillo (an outstanding Spanish varietal) for drinking with seared Ahi in a Teriyaki Sauce with Pineapple, Honey & Cracked Peppercorn served on a bed of Chinese Cole Slaw topped with a Tangerine Basalmic Vinaigrette accompanied by Ginger, Wasabi & Soy Sauce.

Juliane Cormier, Kobrand Corp., donated the 1999 St. Francis Cabernet Sauvignon which paired well with the Escargot with Garlic Butter, chopped Parsley, Shallots and a dash of Tawny Port.

Marty Merritt, Kenwood Winery, donated the 1999 Kenwood Mazzoni Zinfandel that perfectly complemented the Filet Mignon grilled with Garlic and Pepper topped with a Green Peppercorn & Mushroom Sauce served with Roasted Garlic New Potatoes and Crisp Green Beans This main course was also matched to the 1999 Kempton Clark Petite Sirah donated by Lisa Ford, R.H. Phillips.

The Crème Brûlee dessert was outstanding with the 2000 EOS "Tears of Dew" Moscato donated by Gene Fulkerson.

As you can see, this night was very special. We hope to do the dinner again soon and hope that more of you will be able

to join us for this worthwhile event.

Test Your Ski Safety

Question—

To avoid knee injuries-

- a. maintain a rhythmic upand-down motion in and out of turns.
- b. avoid fully flexing your knees.
- c. keep skis far apart to maintain control.

d. lean far backward when falling to prevent a forward spill.

Answer—

Avoid leaning backward or any other movement that may cause loss of balance to the rear, particularly during a fall or panic stop. Don't let your skis get too far apart, either side to side or front to back while stopping or falling. Maintaining excellent flexibility, strength and endurance of the quadriceps and hamstring muscles may prevent some ACL tears. Answer is b.

FWSA CONVENTION

Pac Rim Kicks Butt in Portland

Los Angeles Council had 29 delegate while San Diego Council had 35 at the 70th Annual FWSA Convention held at the Marriott in Portland, OR June 7-9, 2002. If you weren't there, you missed a good one.

The convention started out Thursday with a River Boat Cruise on the Williamette River. Friday, we had the choice of skiing Mt. Hood, golfing, wine tasting or shopping. The evening was kicked off with the Silent Auction that was extremely successful as some of us got very good deals on fantastic trips.

Saturday, we began at 7 AM and went until the wee hours. Most of us attended many of the seminars that were available. **Catherine Ohl** talked on the "Principles of Design for Web and Print" while **Nancy Sanford** ran the travel seminar.

Lunch was spectacular and highlighted by the presence of **Bill Johnson**. He shared his courageous story and treated us to a viewing of the movie of his accident and recovery that was shown for the Olympics.

We all dressed to the nines for an evening of great food, good company, deserving awards and dancing until we dropped. It was non-stop fun. Some of our favorite ski celebrities, **Billy Kidd, AJ Kitt** and **Debbie Armstrong**, were in attendance for the awards and fun.



Sunday started at 7:30 AM with a Bloody Mary followed by the general meeting, a couple of awards and finally the elections. **Ken Calkins**, Beach Cities, was re-elected for another two-year term as trustee. **Mike Sanford, Bob March** and **Susie Vetter**, San Diego Council, remain on the board for the second year of their current term.

Pac Rim Awards-

Pacific Rim once again won some prestigious awards given out by FWSA with both Gene and Catherine taking top honors.

Gene Fulkerson – Hans Georg Award for his long term service to the sport of skiing.

Catherine Ohl – President's Award for researching FWSA history and redesigning the FWSA Awards Booklet.

Jim Loyd — Bill Mackey Award for ski area representative. Pac Rim nominated Jim for the outstanding job he did for the LAC 2002 Big White Trip.

Gordon Cardona – Jimmie Heuga Award for his demonstration of courage and skill on and off the ski slope. Pac Rim also nominated Gordon because of what he has accomplished in spite of the fact that he has CP.

Best Newsletter (AA) 1st place, Century City, **Catherine Ohl** 2nd place, Pac Rim, **Catherine Ohl**

Best Web Site (AA) 1st place, Pac Rim, **Catherine Ohl** Hope to see more of you next year in Palm Springs.



John & Claudia Watson-



Billy Kidd, Bill Johnson's Mom's, Bill Johnson—



Nancy Sanford & LAC Woman of Year, Fay Mumbauer—



David & Erika Meinhardt—



Df interested in Golf, Contact Ron Lucas 310-372-5236 * \$40 after July 12, 2002

- Mission Bay

 Crown Point North (off Ingram)
 Revised 3/27/02
- MIDNIGHT MADNESS

SATURDAY, AUGUST 17, 2002

Picnic & Jacuzzi Party—

- 2 PM at Gene & Catherine's
- 10818 Viacha Dr., San Diego, 858-467-9469
- FREE for Pac Rim Members

Bike Ride—

- Ride registration is \$25 and includes T-shirt & refreshments after the ride.
- sign-up at www.hostelweb.com/midnightride/
- Ride starts at County Administration Building

ABOUT THE BIKE RIDE-

- At the stroke of midnight over 2,000 pajama clad riders will take off for a short 20-mile bike ride along some of the most scenic areas in America's Finest City including Harbor Island, Shelter Island, Pt. Loma, and downtown San Diego.
- After the ride, a **Costume Contest** sponsored by Alaska Airlines and a **Light Yourself Up Contest** sponsored by NiteRider Technical Lighting Systems, will be held at 2:30 A.M. Judged by a panel of illuminaries, the top three winners will receive great prizes. ■



Costa Rica

Pacific Rim presents

An Ecological Adventure to



(8 Nights)

Package to Duclude-

- Round Trip Air from Los Angeles or San Diego to San Jose, Costa Rica via United Airlines
- Round Trip Ground Transfer from San Jose to Quepos to Arenal to San Jose
- 4 Nights Lodging (Double Occupancy) Quepos
 - Choice of two Hotels -

Hotels are next to each other and only 100 yds. from the beach and Manuel Antonio Park (in Quepos)

- 4 Nights Lodging (Double Occupancy) Tabacón
 - Tabacón Resort & Spa is at the foot of Arenal Volcano. Daily entrance to the Tabacón Hot Springs is included.
- Lots of Parties
- Souvenir, other goodies & so much more

Price Does Not Duclude-



Central Holiday.

\$1,299

• US and Foreign Departure Fees and PFCs (est \$75)

Taking Reservations & Deposits NOW-

- \$200 will hold your spot.
- Send deposit to Pacific Rim—

c/o Gene Fulkerson 10818 Viacha Dr., San Diego, CA 92124 858-467-9469, gene∞pacificrimalliance.org

Cancellation Policy will apply. Deposit is fully refundable until price is finalized.

MANUEL ANTONIO PARK

Manuel Antonio National Park supports 353 species of birds and 138 species of trees - a true testament to the area's rich ecological diversity. Its secluded

beaches, breathtaking views and dramatic rocky headlands make it one of the most alluring parks in Costa Rica. Hiking, bird-watching, swimming and snorkeling are all popular pursuits in



Manuel Antonio National Park.

Other activities in the Quepos area include whitewater rafting, sea kayaking, canopy safari, mountain biking, horseback riding snorkling, and waterfall tours, to name a few. Wildlife enthusiasts will enjoy boat tours of Isla Damas, a mangrove swamp just north of Quepos.

TABACÓN RESORT & SPA

Costa Rica's geological origin is volcanic. The three mountain ranges are comprised of multiple volcanoes. Arenal volcano is located in the province of Alajuela.

At night, Arenal is even more fascinating, and dramatic as the red hot rocks bounce down the slopes at up to 200 km/hr. Lava flows out of the crater



and, when it is raining, ends in a cloud of steam.

The Arenal Volcano and the surrounding tropical rain forest provide the perfect setting for a unique place unparalleled in the world, the Tabacon Resort.

From the heart of the volcano spring fountains of thermo-mineral water which form the Tabacón River, running at a soothing 102°F, forming cascades and natural pools through exotic tropical gardens. On premise is a spa where you can get massages, volcanic mud wraps and more — a treat after a hard day of adventures (kayaking, hiking, biking, canopy safari, horseback riding, etc.) in the rain forest.

Pacific Rim Alliance announces

SESTRIERE

8 - 16 March 2003

Basic Package to Onclude–

- NON-STOP Air from LAX to Frankfurt, Frankfurt to Milan, via Lufthansa - Complimentary In-Flight Drinks, Meals, Movies
- Luxury Coach Transfer from Milan to Sestriere
- Seven Nights Luxury Lodging at 4-star Pincipe de Piemonte - Private Bath, Double Occupancy
- Seven Breakfasts and Seven Dinners
- The Usual Parties, Souvenirs and much MORE!

Price Does Not Dnclude-

• US and Foreign Departure Fees, Fees and PFCs (est \$96)

Options Available at Additional Cost–

- Post Trip to Genoa and Corsica
- Excursions from Sestriere
- Return Extensions for Up to 30 Days

For Reservations & Onformation–

- Deposit Due Now: \$400 (Check Payable to "Pacific Rim") to— Gene Fulkerson @ 10818 Viacha Dr., San Diego, CA 92124
- For More Information, contact— Gene Fulkerson at 858-467-9469 (eves) Catherine Ohl at ohl@acatmeowz.com

Cancellation Policy Will Apply

Must be a Member of Pacific Rim

Central Holidays

\$1,529

	SESTRIERE STATISTICS
Top Elevation:	9,033 ft
Village Elevation:	4,320 ft
Vertical drop:	4,683 ft
Marked Pistes:	146 Piste — Beginner 29% Intermediate 50% Advance 21%,
Total Piste:	128 miles
92 Ski-lifts:	3 cable cars, 10 Quads, 3 Triples, 13 Doubles
Have to Ski	World Cup Downhill Course
Cross country Trails:	16 miles

Skiing 2003 Sestriere, Italy

Sestriere was built for skiing, with high, north-west facing slopes. The resort's international profile was raised in 1997 when they hosted the World Cup Championships, but that's nothing compared with the coming 2006 Olympics.

Sestriere is at one extreme of the big Franco-Italian Milky Way area. The local slopes have two main sectors— Sises, directly in front of the village, and the more varied Motta, above Borgata to the north-east and 720 feet higher.



Chairlifts predominate on the local north-west facing slopes. Access to Sansicario and the rest of the Milky Way is via the gondola from Borgata to Col Basset, at the top of the Sauze d'Oulx area, and a drag-lift back to the Monte Fraiteve.

With most of the local slopes facing north-west and ranging from 6,000 feet to 9,000 feet, snow cover is reliable for most of the season, even without the snowmaking that covers practically all of the Sises sector and half of Motta.

There is a fair amount to amuse experts — steep pistes served by the drags at the top of both sectors, and off-piste opportunities in several directions from Sestriere to Monte Fraiteve. Both sectors offer plenty for intermediates, who can explore practically all of the Milky Way. The terrain is excellent for beginners as there are several green runs down to Borgata.

SNOWBOARD STRIP

One of the major growth segments of the ski industry continues to be snowboarding. In 2001-02 Snowboarders increased to 29.2% of the total skier visits, up 5.3% from the previous year. The rate of growth has slowed a bit.

Obviously, snowboarding represents a significant segment of the ski industry not only in visits generated, but in lesson participation and equipment rentals as well. During the past four seasons, the Midwest has experienced the largest absolute gains in snowboarding (7.3), followed by the Southeast (6.5), Northeast (6.2), Pacific West (6.1), and the Rocky Mountains (3.6).

The growth of snowboarding has occurred the most at the smaller resorts.

Membership Application 2002-03

ALL Pacific Rim Alliance attendees must be a member to participate in one of our trips. Our membership year is from 1 July 2001 through 29 September 2002.

To join the Pacific Rim Alliance, fill out the following and send with your check (payable to Pacific Rim Alliance) to:

MAUREEN BURROWS				
5266 LA CAÑADA BLVD, LA CAÑADA, CA 91011				

	NAME(S):			
	HOME ADDR:			
	CITY: STATE: ZIP:			
E-MAIL ADDR:				
	HOME PHONE:			
	WORK PHONE:			
FAX LINE:				
DATE OF BIRTH:				
	Indicate Membership (Includes membership in FWSA)			
	 \$8 INDIVIDUAL Membership \$10 FAMILY Membership—Significant other, spouse, children, friends residing at same residence qualify 			
WAIVER: I am aware that participation in the Pacific Rim Alliance events has, in addition the usual risks, dangers and hazards associated with travel, snowboarding, alpine, Nordic, F & off-piste skiing, certain additional risks, dangers and hazards including, but not limited t boarding, riding and disembarking ski lifts; changing weather conditions; exposed or hidde natural or man-made objects; avalanches; failure to ski or ride safely or within one's own ab and negligence on the part of other skiers and boarders, the organization or their staff. I free				

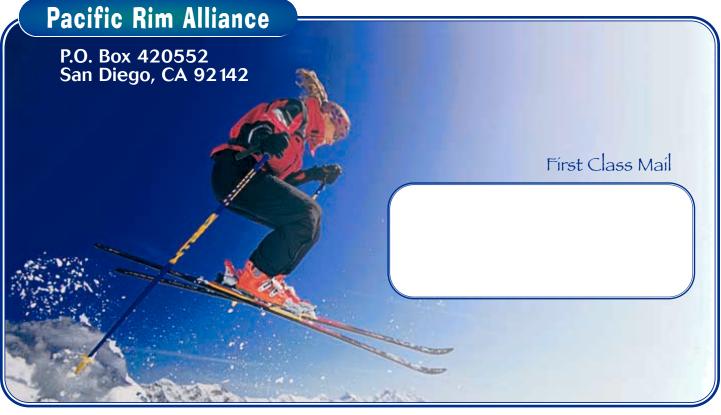
and negligence on the part of other skiers and boarders, the organization or their staff. I freely accept and fully assume all such risks and danger and the possibility of personal injury, death, property damage or loss, resulting therefrom.

Signature	Date
Signature	Date

Pacific Rim Trip Sign-Up Form

(You must be a current member to sign up for this trip- include Dues and Membership Application if not a member)

		🗌 Costa Ríca 2002				
PRINTED NAME(S		Sestríere 2003				
	"	New Zealand 2003				
STREET ADDRESS						
CITY	STATE	ZIP				
HOME PHONE	FAX E-MAIL					
DEPOSIT DUE: \$200/ person for Costa Rica OR \$400/ person for Sestriere, Italy OR \$200/ person for New Zealand						
-Send this Form with Your Deposit Made out to Pacific Rim Alliance to:						
Gene Fulkerson, 10818 Viacha Dr., San Diego, CA 92124						
http://DagifigE	RimAlliance and Pacific Rim Snew Sports Alliance I	Indatos - Summon 2002 — na Q				



Summer – 2002

PACIFIC RIM

BOARD OF DIRECTORS

PRESIDENT . . Catherine Ohl MEMBERSHIP . . Mo Burrows TREASURER . . . Patricia Ortiz TRUSTEE . . . Bernie Stanton TRAVEL Gene Fulkerson



E-Mail us at info@pacificrimalliance.org

Mission Statement

The PACIFIC RIM ALLIANCE is a non-profit organization dedicated to the appreciation of skiing, snowboarding, sight-seeing, photography, travel, public affairs and civic awareness. The Alliance is further oriented to the building of international relations among skiers, snowboarders and sports organizations throughout the Pacific Rim. The Alliance is a member of San Diego Council, Los Angeles Council, Far West Ski Association.

Surplus moneys above requirements for deposits for future trips will be donated to non-profit organizations devoted to charity, research & education. We are especially interested in, but not limited to, supporting Ski Area Development, Adaptive Ski Programs, Jimmie Heuga Center and Olympic & Junior Racers.

For Information & Forms, Contact-