

Volume 17 | Issue 1

# BIG White spring fest

Even though this ski season is coming to a close there is still a bit of skiing to be had in the Spring. While the snow may have been delayed in hitting the western resorts, the snow has been falling steady in Canada & the Northwest.

#### **BIG WHITE**, April 6–13, 2013

We will be closing out Big White's season in British Columbia, Canada. We will be flying into Kelowna and staying slope side at the White Crystal Inn. Lodging, lift tickets, nightly après ski parties and

### in this **ISSUE**

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transportation to/from Kelowna are included for the low price of \$699 per person based on double occupancy. You are on your own to get air. West Jet and United have round trip non-stop air fares for around \$400 out of Los Angeles. West Jet is also available out of Las Vegas, Phoenix and San Diego.

#### 2013 Water Ski

We've been working with the Radar River Rats on our summer water ski trips. We have once again scheduled nine trips for June through October. Due to a change of ownership at Park Moabi, we will be staying at the Needles Marina. The upside is there is a pool, it's closer to town and check-out is 5 pm. Details found on page 2.

#### **BRECKENRIDGE** 2014

Far West announced that next year's ski week will be in Breckenridge, January 25 — February 1, 2013. We hope to hook up with one of the ski councils and stay at a ski-in ski-out condo close to the main village. Please let us know if you are interested. Prices will be available soon.

#### FAR WEST Ski Association

Bay Area Council is hosting the Far West convention in Reno, NV, June 6—9, 2013. Catherine and I have been involved in setting up some of the optional



**Spring** | 2013

Big White's amazing spring powder.

activities. Specifically we will be running the Pub Crawl on Reno's River Walk on Thursday.

Even if you can't attend the whole weekend, it's worth it to make an appearance for the Silent Auction where you can bid on more than \$100,000 worth of lodging, lift tickets, golf and product. Plus there's dancing and catching up with friends and your favorite resorts. And it's fun.

#### **BIKING** fridays

Don't forget about our bike rides around Mission Bay. It's getting warmer and biking is a great way to stay in shape for skiing. Scheduled dates are at 10 AM on

> March 22 April 26 May 17 June 14

### **TRIPPING** around



### snow TRIPS & ACTIVITIES on tap

Details and flyers can be found under **TRIPS** at PacificRimAlliance.org

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#### Pacific Rim Alliance pacificrimalliance.org Contact Gene Fulkerson / 858-457-9469 unless otherwise noted • Biking Typically one Friday a Month, 10 AM

• **Big White** April 6–13, 2013 • Water Ski Weekends June – Oct. 2013 Patricia Ortiz / 323-651-0686

c	Wine Maker Dinner for Can Do MS	Sept 28	, 201
c	Big White	December 7–14	, 201

December 7–14, 2013 March 2014

• Italy & Cinque Terre

• New Zealand & Tasmania August 2014

#### Los Angeles Council lacouncil.org

<sup>o</sup> Beaver Creek, CO January 25 – February 1, 2014

San Diego Council skisandiego.org

• Beaver Creek, CO

• Mammoth Lakes

• Caribbean Cruise

° Beaver Creek, CO

• Belize Diving

January 25 – February 1, 2014

#### Far West Ski Association fwsa.org

Convention

Dennis Heffley / 925-998-4415

June 27–30, 2013

Fran Long / 805-712-5781 September TBA, 2013

June 6–9, 2013

Randy Lew / 530-304-0802

Oct or Nov, 2013

March TBA, 2014

*Gloria Raminha / 713-818-0471* 

January 25 – February 1, 2014

° Zermatt, Switzerland

Debbie Stewart / 935-944-9816



#### 2013 Colorado River Schedule

June 21–23 July 12–14 Aug 9–11 Sept 6-8 Oct 4-6

July 26–28 Aug 23–25 Sept 23-253 Oct 18-20

#### **Trip Includes**—

Two Days Water Skiing & Wake Boarding Equipment & Instruction Sandy Beaches & Camping Water Games 5 Meals plus Happy Hour Beer, Wine & Soda

#### Prices—

\$140 *	* S	kier / Boarder
\$70	Ν	on-Skier *
\$35	С	hild 6-12 *
Free	С	hild 5 and under

#### For information—

Visit www.RadarRiverRats.org Call Patricia at 323-651-0686 (before 9 PM)

#### Everyone welcome Friends ° Family ° Beginner ° Expert

\*\* Subject to fuel surcharge if gas is more than \$5/gal \* May not ride in the club boat.

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photo courtesy



### **MEMBER** posting

### Ski **FRIENDS** when we meet on the slopes



Had a fun powder day skiing with Karen in Breckenridge— Catherine, Gene, Karen



Super Bowl Sunday with the Las Vegas Alpine Ski Club— Scotty, Jeany, Catherine, Gene, James



On the way to Blue Sky Basin in Vail— Scott, James, Shari



Lakeview at Alpine Meadows— John, Arline, Gene



Grindelwald at Breckenridge— Doris, Karen, Jan, Jim, Pam, Kaycee



Blue bird day in Breckenridge— Jeany, James, Shari, Gene, Catherine

### happy **BIRTHDAY**

#### March

- 1 Jillie Bauer
- 6 Larry Davis
- 8 Arnie Andersen
- 12 Young Kang
- 15 R.C. Escamilla
- 16 Susan Weaver
- 17 Patricia Ortiz
- 23 Judy Steele
- 25 Paul Sindelar
- 26 Frank Van Zandt
- 26 Airline Moran
- 30 Knut Kongelbeck

#### April

- 1 Robert Nordquest
- 10 Heidi Meyer
- 14 Robert Doyle
- 14 Laurie Gerken
- 16 Kyoko Kraft
- 22 Randy Robinson
- 22 Jeanne Talbot
- 23 Nancy Friedman
- 23 Danielle Battut
- 25 Kitty Malinoski
- 26 Ann Meyers

#### May

- 2 Gloria Smith
- 6 Shirley Stretch-Stephenson
- 6 Marie Estocin
- 12 Enam Higa
- 12 Cinda Singer
- 20 Bruce Bivans
- 21 John Good
- 21 Linda Mueller
- 22 Carl Gerhart
- 28 Ciaran O'Donovan

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### it's a WRAP

### **BIG WHITE** early season

The opening had the best snow we've seen in early season and the skiing was beyond awesome.

This is our seventh annual December trip to Big White in hopes of catching some of that early season powder. The snow was the best we've seen in early December and it was the best the west had to offer.

The highlight of the trip was the Big Reds at Big White. This event just gets bigger and better every year. Wines were provided by the local wineries of the Okanagan region from Kelowna to Osoyoos. Food was provided by the local restaurants of Big White with a welcome return of the drunken shrimp from Santé Grill at the White Crystal Inn.

And while the whole Big White program hadn't yet kicked all the way in, there were a few of the activities offered. There was free hot chocolate at the skating rink at Happy Valley. There was also a night of free tubing with a big bonfire. This was so much fun that you must do it. My advise to anyone tubing, beside the obvious, is to wear your goggles. It's good to see where you've been.



Fresh snow and blue skies.



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2013

Spring |

The skiing in the trees was amazing.



Happy Hour with Michelle and Sandy.



Wine tasting with Jimmie, Curtis, Dan, Gene.



Gene found the deep powder— and it was perfection.



Emo, Katie, Jimmie at Big Reds for Big White.



Sandy, Barbara, John, Michelle at Big Reds for Big White.



### it's a **WRAP**





What a beautiful weekend at Squaw Valley for the 28th Annual Vertical Express for Can Do MS! Great conditions made for exciting competition on and off the snow. Fifteen teams did an amazing job of bringing the **CAN DO** spirit to the mountain by raising over \$72,000!

Our wonderful host Squaw Valley USA provided our group with a terrific room, the O Lounge, where teams mingled and refueled. SPECIAL thanks to **Hunter Compo** and her staff for their hard work and flexibility!

#### Saturday, March 9, 2013

The day stated with a continental breakfast and an opportunity to meet the other teams. Gene and I headed to the Shirely and Siberia Bowls were we found the most amazing powder. As we found out later, we should have been scoping out the mountain.

After lunch we headed to the race course on Julia's Gold. It was pretty slick and not to our liking at all. Needless to say we didn't nail it.

While we are at it, THANK YOU **Sid Crockett** and your race shack crew for the amazing dual slalom course. Every year for as long as anyone can remember he has made all us weekend warriors feel like Mosleys and Mancusos!

Drum role please... our own Mancuso of the slalom course was **Melissa Holmes**.

Our Mosley was Brian Mullen.

Saturday's après party was a lot of fun. Awesome wine from Xplorador and as usual, an amazing selections of hand crafted beers courtesy of Tied House Brewing. A shout-out to friends **Steve**, **Megan** and **Aaron** for bringing on the dance party AND MC-ing the second annual limerick challenge:

Congratulations **Pamela Hynch** and **Kim Langenbach** for your great limerick! I loved Gene's limerick better but alas he didn't win.

Skiing is such a breeze I have to ski in the trees Then one day I hit a stump It so happened it caught my junk So much for skiing free.

#### Sunday, March 10, 2013

Sunday morning came particularly quick with daylight savings but teams and volunteers alike made it to the mountain challenge on time.

We were treated to a great breakfast buffet. We were given our clues and sent to the Squaw One Express for a running mad start to begin the challenge.

Finally we could read our clues. And we didn't have a one. Thank goodness we were given a third teammate, **Catherine**, who grew up on the mountain. We also teamed with another couple, **Dan** and **Lynette**, who were a tremendous help.

After the challenge, four of us went and skied KT-22 a few times. Gene and Dan skied the front side while Lynette and I rode the back side. Pretty interesting run. We finished up just in time for lunch and awards.

The challenge had Antartikate—A Coup de Squaw winning with 180 points and a very respectable 4-of-a-kind poker hand. Team Tahoe came in second with 160 points and a straight flush.

It was the challenge that took Coup de Squaw to the top but style point and tenacity go to **Mary Kay** of Team Tahoe for starting, in costume, an hour late and still killing it!

Lastly, the heart of this party and the sum of what we all do is the Awards Ceremony.

At present the top participating fundraisers are

- Lou Jemison—Tied House Uphill Racers at nearly \$6K
- Kate Togneri at over \$3K
- Shannon Johnson at \$1,995.

An amazing \$17K was raised by **Terry Owens-Alvarez** (not participating this year) for running the 24th annual Alpen Wine Festival right in the village at Squaw Valley.

We have until April 1, 2013 to raise more money.

### **SNOW INDUSTRY** bulletin

#### exciting CHANGES for skiers in the west

Excerpted from saminfo.com

#### Judge blocks Homewood ski expansion

A federal judge has blocked plans to greatly expand a small Placer County ski resort on the western shore of Lake Tahoe after finding that the project's environmental review was inadequate.

In a mixed decision, U.S. District Court J**udge William Shubb** ruled that Placer County and regional planners had improperly decided that plans for a smaller project weren't economically feasible.

He ordered them to reconsider a less ambitious proposal as part of a revised environmental review under California law and the bi-state compact that regulates development in the Tahoe basin.

#### Mt. Baldy lift tickets only \$29

Fans of the Mt. Baldy ski resort will enjoy getting a break on the price of lift tickets. For \$29, skiers and boarders can spend the day on the slopes in this Angeles National Forest resort just above Baldy Village. Buy the voucher at Travelzoo's website, activate it, print it out and you're good to go.

#### Chef Mark Estee opens Campo Mammoth

Recently chef **Mark Estee** of Campo Reno opened a sister restaurant in the Village at Mammoth called Campo Mammoth. With the restaurant's commitment to organic and seasonal ingredients and a menu built to order for skiers it could be a big step up for Mammoth dining.

A chef from Italy? No big deal for those of us who live and eat in Los Angeles, but



Alyeska Tram accident on New Years.

for ski country, it's notable. That means the menu can offer handmade pasta and Neapolitan style pizza.

#### Alyeska Tram Reopens

Alyeska's Tram reopened to the public this past Saturday, which had been closed for over a month after a wind-related accident damaged one of its cabins. The tram will operate with a specially designed car to serve as ballast on one side while the damaged cabin is repaired.

In the meantime, the tram has been programmed electronically to operate in single cabin mode, which mandates a lower speed—a one-way trip will take just under 8 minutes. There will be approximately four round-trips per hour. The ballast car, which does not carry passengers, is used solely as a counterweight.

The tram will operate through April 21, and then will be closed again until the second cabin is reinstalled. The resort's winter season is scheduled to close on April 28, but the tram is expected to be fully operational by the third week in May for spring and summer passengers.

#### Stevens Pass Announces Capital Plans

Stevens Pass Mountain Resort, WA, has unveiled capital plans for more than \$4 million in lift and terrain improvements. A new high-speed detachable quad from Doppelmayr, which will replace a fixed-grip quad and cut the ride time in half, leads the list of improvements. In addition to the new chairlift, the resort will add new gladed terrain and expand existing gladed terrain. (continued pg 15)

#### MT. BACHELOR expansion

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**JP**date

Mt. Bachelor, OR, received the goahead from the Forest Service for an improvement project that will take place over the next 10 years.

Mt. Bachelor originally submitted the proposal in 2010, and after the Deschutes National Forest completed an environmental impact statement, which was put out for public comment, the Forest Service signed off on the master plan on February 13.

Included in that plan are expansions to terrain, three new lifts, a lodge expansion, new hiking trails, a lift-served downhill bike park, and a zipline course and rock climbing structure. Also on the drawing board is the construction of a biomass cogeneration facility that will provide electrical power and steam heat.

A 45-day appeal period will commence on February 15, after which the resort can hopefully start to break ground on some of its projects.



Bachelor's Pine Marten mid-mountain lodge, highest restaurant in Oregon.



### skiing **SAFELY**

### be **PREPARED** mentally physically equipment-wise

#### Skiing Mashed Potatoes

We all love to ski the deep and sweet. But in the real world, you're more likely to face chop, crud and uneven conditions.

And since it's spring, we will certainly be faced mashed potatoes. That's when the real skiers show off. Think pace and a bit narrower stance, for a start.

Heavy wet snow will expose all your faults. But if you can remember a few tips you can learn to enjoy these tough conditions and ski safe.

You must learn to love the fall line. Keep your turns round while having a ski length of distance in the fall line. It will help maintain your momentum and momentum is key in these conditions.

Keep your skis moving forward and don't over steer. If you pivot your skis too quickly, your skis will sink and the wet snow will trip you up.



Keep your legs close together. This way both skis will experience the same conditions. And you'll avoid catching your inside ski tip and flipping over the high side. Because skiing mashed potatoes is always unpredictable and conditions vary from turn to turn. It's critical that you have a strong, stable and disciplined upper body that your lower body can turn against.

Mashed potatoes are an acquired taste but you can't acquire a taste for anything if you don't take a bite. So get out there, bring a fat ski and dive in.

#### Google Selection

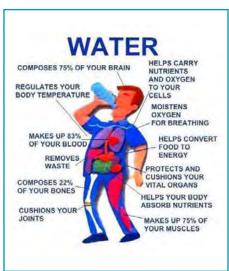
Seeing an amazing vista on a clear day makes for pure pleasure. Not seeing a treacherous slope on a stormy day makes for pure pain. The correct ski goggle lenses are crucial in both situations.

Considering examples of summit elevation such as Snowbird Resort in Utah at 11,000 feet and Colorado's Arapahoe Basin Ski Area at 13,050 feet, the thin air means UV protection for your eyes is a must. Virtually all snow goggles on the market offer 100 percent UV protection, but they vary in terms of VLT, or visible light transmission.

As the name says, VLT measures visible light, so invisible UV rays are not affected by the VLT percentage. In other words, lighter tinted snow goggles offer as much UV protection as darker tinted goggles. Changing weather and conditions can make goggle selection tricky.

The other major consideration for a goggle lens is tint. Dark brown tints are most commonly used for sunny days. For storm days, or just overcast, flat-light conditions, most skiers and boarders find yellow or rose tints with a high VLT of 70 percent or more add the most definition to the terrain. Night skiers generally use clear lenses.

Seeing is believing and safer.



#### Water

Are you drinking the amount of water you should drink every day?

- 75% of Americans are chronically dehydrated.
- In 37% of Americans, the thirst mechanism is so weak that it is mistaken for hunger.
- Even MILD dehydration will slow down one's metabolism by 3%.
- One glass of water shut down midnight hunger pangs for almost 100% of the dieters studied in a University of Washington study.
- Lack of water is the #1 trigger of daytime fatigue.
- Preliminary research indicates that 8-10 glasses of water a day could significantly ease back and joint pain for up to 80% of sufferers.
- A mere 2% drop in body water can trigger fuzzy short-term memory, trouble with basic math, and difficulty focusing on the computer screen or on a printed page.
- Drinking 5 glasses of water daily decreases the risk of colon cancer by 45%, plus it can slash the risk of breast cancer by 79% and one is 50% less likely to develop bladder cancer.

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### getting & staying **FIT**

# **STRETCH** for strong, flexible muscles & joints Stretch slowly, and never do any exercise that causes pain.

Excerpted from skinet.com



#### Leg Abduction

Lie on your side as shown with your left foot resting on a chair, and the right one below, resting on the ground. Raise the lower leg upward against the bottom of the chair. Hold for 10 seconds and then return the leg to the floor. Repeat 10 times then switch sides to exercise the left leg.



Biceps Curls on Ball

Sit erect on Swiss ball with your chest out, shoulders relaxed and back. Maintain your lumbar curve and keep abdominal muscles tightened. Hold weights in hands and lift alternately bringing hands to shoulder level and down. Remember to relax shoulders and keep shoulder blades down and back. Repeat 10 times with each arm.

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#### Military Press

While sitting on a ball or chair, with dumbbells in each hand. Position your arms at shoulder level as shown, and then press upward to the ceiling. Repeat 10 times. Try to do 3 sets.



Hip Abduction

Attach one end of the SportCord to a low stationary fixture, the other to the area three inches above your knee. Slowly extend your right knee outward toward the floor. Hold for ten seconds then return to starting position. Repeat ten times. Switch legs and repeat.



#### Skí Exercíse Moguls

Place a towel on the floor. Start on your right foot with your left hand on the floor. Next, jump upward from this position, across the towel landing on your left foot and right hand. Get momentum going and hop from side to side for one minute, then rest. Repeat for ten one minute intervals.



#### Abdominal Crunch

Lie on your back with feet together, raised up. Raise your shoulders up slightly so they are four inches off the ground. Do not use your hands to jerk your head up. Hold for 3 seconds, then lower. Repeat 10 times.



# LOVELAND turns 75

ski **LEGACY** 

Because of its lofty elevation, Loveland is typically one of the first ski areas to open. Visit http://pacificrimalliance.org/history.html for more ski history.



Loveland Basin

Loveland Ski Area first opened its slopes to skiers back in 1936 when J.C. Blickensderfer installed at tow at what is now called Loveland Basin. The following season Al Bennett continued the operations by using a Model T engine for power.

In 1941, the area was officially named The Loveland Ski Tow Inc. By 1948, four ski tows were in use and they were logically named A, B, C and D. The next decade would bring big changes to the area.

In 1955, the business was sold to a group of stockholders who employed Pete Seibert (10th Mountain Division Member) as the general manager. Seibert would later build the Vail Ski Area in the early 1960s.

Heron Engineering was contracted to install Loveland's first ski lift in 1955. It was named Chair 1, and has the same line as the current lift. The following season, Chair 2 was built. The lift began near the slope maintenance building west of the current Basin Lodge.

By the late 1950s to 1960s construction began of the Dwight D. Eisenhower Tunnel, which runs directly below the base of Chair 4. During this time period, Chairs 3 and 4 were built also by Heron Engineering. This opened the Loveland Valley Ski Area in 1961 as well as some south-facing slopes to the north of Chair 2 in 1965.

During the 1980s, Loveland upgraded the old Chair 2 with a high-capacity Yan triple chair. This provided better, more reliable access to beginner and intermediate terrain.

In 1989, a new Valley lodge was constructed, allowing for better guest services at the beginner and racing hills.

Loveland continued its expansions during the 1990s. In 1990, Yan was contracted to install Loveland's first fixed-grip quad. The lift serves intermediate and expert bowl terrain to the right of Chair 4.

Due to increased skier numbers, in 1995, Loveland decided to enlarge the Basin lodge to its current size. This drastically increased the number of people the building could accommodate.

The following year, chair 3 was replaced by a Poma quad chair, doubling the lift capacity at the Valley.

During the summer of 1998, Loveland received approval from the Forest Service to install a quad chair to the summit of "The Ridge." Original proposals called for a surface lift, but due to the large amounts of snow the area gets annually, a tram lift was the best option. Poma of America engineered and constructed this quad chair.

#### Looking to the Future:

Loveland is currently studying expanding the Valley by adding an additional quad chair to the left of Chair 3. This would provide more trail options here. Another possible expansion area is to the right of chair 8, but access to this area is remote and would require another base area.  $\blacklozenge$ 



#### LOVELAND about

Loveland sits atop the Continental Divide and is just a short 53 mile drive from Denver. While Loveland has varied terrain for every ability, Loveland Valley provides beginners and first timers with a separate base area and gentle slopes perfect for learning how to ski or ride.



### **KIDS'** korner

### **GOOD STUFF** for the kids & grandkids A child's helmet should fit firmly and should not be brought to grow into.

#### Kíds skí helmets

If you are thinking about taking your family skiing this winter and you have children, remember the importance of kids ski helmets. Ski helmets are one of the most important pieces of equipment needed for a skiing trip; they can help keep a fun vacation from turning tragic. Even if your child is on the beginner slopes and skis super slow, a helmet is a must. It is important when shopping for the helmet that you get a ski helmet, not a bike helmet or any other sporting helmet.

When choosing the helmet, go to a shop that can help you with sizing, they will know how it should fit and show you how to properly wear the helmet. You want to get one that fits just right and does not disrupt your child's vision or make it hard for him to hear what is going on around him. The helmet



Covers by Helmet Headz are fun!



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should be comfortable, lightweight and warm. The helmets come in many colors and styles so your child is sure to find something that will be cool enough for them to wear without complaining, or at least without too much complaining. Kids ski helmets will give you piece of mind so you can relax and enjoy the trip along with the kids.

Helmets should fit firmly; this is not an item that you want your kid to grow into.

#### How to Fit a Kids Helmet

By now, most skiers and snowboarders are well aware of the safety benefits of wearing a ski helmet. Not only do they keep the head safe, on cold days they provide more warmth than even the warmest hat.

Just remember that an ill-fitting helmet is the equivalent of not wearing any helmet at all. Here are some important guidelines to follow when fitting a kid's ski helmet.

- 1. Measure it. Start by wrapping a measuring tape around your child's head. The helmet should overlap the tape.
- 2. Try it On. First, align the rim of the helmet with your child's eyebrows. While holding the straps on both sides, roll the helmet to the back of your kid's head.

- 3. Watch the Gaps. You will want to make sure that the pads of the helmet are flush against your child's cheeks and forehead. Make certain that the back of the helmet is not touching his or her neck.
- 4. Give it a Roll. Have your child roll his or her head as if they were trying to dislodge the helmet. The helmet should stay on if the fit is correct.
- 5. Goggle test. Make sure that your child's goggles fit with the helmet. There should be no gap between the top of the goggles and the rim of the helmet.
- 6. Let it Breathe. Many helmets now come with a ventilation system. This prevents overheating.

To make wearing a helmet fun, consider some of the helmet cover designed by Helmet Headz. (www.headztrong.com/)

Helmet covers come in various styles, including animals and princesses, and have an added benefit that it's impossible to miss your kids if they are wearing one of these.



### spring **GREAT DEALS**

### **SNOW IS FALLING** in the west So much snow, so many choices, so little time.

Don't hang up those skis just yet, the snow is still falling in the West. And the skiing has never been better.

#### Sundance, Utah



Skiers and snowboarders receive an allin-one price when reserving a room at Sundance Resort this spring.

Stay at Sundance and Ski Free features two lift tickets for skiing or snowboarding at the resort. For the uninitiated, Sundance is small and out-of-the-way, but that's all part of the charm. Mt. Timpanogos, at 11,749 feet, is the star of the slopes and the secondhighest peak in the Wasatch Range.

#### Deer Valley, Utah



Spring is a great time to enjoy the crisp mountain air, cool mornings and sunny afternoons at Deer Valley Resort. Enjoy Deer Valley's award-winning accommodations at a fraction of our winter rates. Lodging rates start at \$129 per night for a hotel room at Lodges at Deer Valley or Silver Baron Lodge. Valid April 14 – June 14, 2013.

#### Grand Targhee, Wyoming



Have a season pass to any resort in North America or Canada? Book two or more nights of lodging and you'll be skiing or riding for free at Grand Targhee Resort. Rooms start at \$55 per person, per night and are located just steps from the mountain.

#### Sun Valley, Idaho



Heavily discounted spring skiing begins April 1 and runs through the close of the ski season. One night's lodging and one daily lift ticket is included in this package which starts at \$79.50 per person, double occupancy. Does not include fees and taxes.

#### Telluríde,Colorado



Telluride Resort Lodging offers the best lodging stay & play packages in the region. This spring ski season stay four nights in a spacious vacation rental and ski three days starting as low as \$92\* per person per night! \*Some restrictions may apply. Does not include taxes or fees. Based on double occupancy.

#### Big Sky, Montana



Slopeside ski & stay packages start at \$109 per person, per day and includes three nights of lodging in the Huntley Lodge, with two days of Big Sky Resort Lift tickets and breakfast for two people. Prices vary based on date, property, length of stay and number of people in the reservation.

#### Steamboat, Colorado



Buy 1 night lodging, get 1 night of lodging 50% off and \$49 per day lift tickets. Additional nights are discounted 25%. Save 20% on Steamboat Ski & Sport<sup>®</sup> ski & snowboard rental. Valid for stays April 1 to April 14, 2013. Minimum 2 nights lodging and 2 days of lifts. Rates do not include applicable taxes and fees.  $\blacklozenge$  **GREAT DEALS** season passes

### **ONE PASS** multiple resorts Take advantage of the early shopping for Season Passes

Many ski areas sell season passes in the spring at a much cheaper price than they will sell them for next fall and winter.

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Some ski resorts sell season passes for next year at a discounted spring prices and allow you to use the pass for the duration of this year's skiing. Others tack on a minimal fee for the rest of the spring skiing days, if you buy next year's ski pass now. Either way, if you really like a particular ski area and ski it often, a season pass is the way to go.

There are a number season passes available that you can use at multiple resorts. The **Mountain Collective** has upped the ante by adding Mammoth, Snowbird and Whistler/Blackcomb to their collection of Alpine Meadows/Squaw Valley, Aspen/ Snowmass, Alta, Jackson Hole. You get twelve days of skiing — two at each destination — for \$349. In addition, you get 50% off additional day.

**Rocky Mountain Super Pass™ Plus** has added Monarch to its lineup. This pass gives you unlimited skiing and riding at Copper and Winter Park, six days at Steamboat, and it's been plussed with three days at Monarch and zero blackout dates. The pass is normally \$479 but if purchased by April 15, 2013, you save an additional \$70.





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The most notable multiple resort pass is the Vail resorts' **Epic PASS** which gives access to up to 12 resorts— Vail, Beaver Creek, Breckenridge, Keystone, Heavenly, Northstar, Kirkwood, Afton Alps, Mt. Brighton, Arapahoe Basin, Eldora and Verbier, Switzerland.

Epic PASS is \$689 Unlimited with 5 days at Verbier

Epic LOCAL is \$529 Summit unrestricted, other resorts with restrictions

Tahoe LOCAL PASS is \$439

Limited Tahoe restrictions, other resorts with restrictions

Tahoe VALUE PASS is \$389 Tahoe with some Saturday restrictions

It doesn't take many ski days to cover the cost of a season ticket. Most areas offer a menu of passes from a pass which includes every day of the season to a pass with limited blackout days. The more blackout days the cheaper the season pass. ◆

### SKITEAMS usa

### **US SKI TEAMS** win big on the slopes

Alpine skier Mikaela Shriffin captures the Slalom World Cup globe.



UPdate www.PacificRimAlliance.org

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#### Mikaela Shiffrin

Mikaela kisses the globe after coming from behind to win her fourth slalom race of the season and sealing the Audi FIS World Cup slalom title. Way to go, Mikaela! She was also honored with the Longines Rising Star award in Lenzerheide.



Ted Ligety

History was made at the World Cup Championships in Schladming, Austria! Olympic champion Ted skied to victory yet again in the championship giant slalom, becoming the first man in 45 years to win gold in three World Championship events! He won the overall title for giant slalom.



#### Hannah Kearney

Hannah turned in near perfect runs to earn herself a second career world championship title at the 2013 Voss FIS Freestyle Worlds. She was able to impress the judges by pulling off the fastest times, the cleanest turns, and the biggest airs of the pack.



#### Sarah Hendrickson

Park City's Sarah Hendrickson outjumps World Cup overall title winner Sara Takanashi, of Japan, to win the 2013 World Championship in Val di Fiemme, Italy. Sarah finished second overall on the World Cup Tour.



#### Julía Mancuso

Julia secured 2nd in super G Standings. It's disappointing that the title had to be decided by an event cancellation, but Julia saw a phenomenal season none-the-less! Julia was in the top 6 during all super G events this season, and took four podiums!



#### Kíkkan Randall

Kikkan became the first American woman in history to break into the top three overall in the FIS Cross Country World Cup.

### SKI TEAMS usa

### **US SKI TEAMS** win big on the slopes

Alpine skier Lindsey Vonn wins the overall downhill.



Patrick Deneen

Patrick placed second in the men's moguls behind Canada's Mikael Kingsbury in the World Cup moguls Championships.



Women's Ski Jumping USA For the second year in a row, the Visa

Women's Ski Jumping Team won the Nations Cup — the overall World Cup title for teams. The US Team placed 3 in the top 10 — Hendrickson 1st, Lindsey Van 7th, and Jessica Jerome 10th.



**Spring** | 2013

Kikkan Randall & Jessie Diggins

Kikkan & Jessie made U.S. Ski Team history on the streets of Quebec City, taking the first ever American team event win. Diggins skied a masterful final lap to put the USA into the lead, handing off to Randall who held off a hard-charging pack for the win.



#### Laurenne Ross

Congratulations to Laurenne for stomping a magical second place in the Garmisch downhill to become the sixth U.S. Ski Team women's speed athlete to land a FIS Alpine World Cup Tour top three this season!



#### Kelly Clark

Despite the falling snow, Kelly took her 62nd victory and the gold medal at the X Games in Tignes women's halfpipe on Wednesday.



#### Líndsey Vonn

Lindsey Vonn has won a record 17th Audi FIS World Cup globe and record sixth straight downhill title after fog forced officials to cancel the final men's and women's downhill in Lenzerheide, Switzerland.

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### FUN STUFF to do

### oin Pacific Rim Bike<sup>®</sup>Mission Bay Fridays at 10 AM

March 22, 2013 April 26, 2013

May 17, 2013 June 14, 2013

Bahia Hotel, 998 West Mission Bay Dr.

### About the Ride

Easy 20 miles around the bay!

• Can add 3 or 5 miles by taking the short or long way around Fiesta Island.

 The 260-foot \$2.9 Million Rose Creek bridge is now open! Bring water, helmet, sunscreen, extra tube and money for lunch.



Ted Ligity's World Cub globe. Love it

### wanna RACE?

If you'd like to test your skills in a race course, as a member of Pac Rim you can race in League, Council and Far West sponsored races. More information is available at fwra.com. These dates are tentative and subject to change. Rokka & Ullr are LAC leagues, SDAL is a San Diego League.

April 5, 2013 (Fri) April 6, 2013 (Sat)

FWRA Championships (pacesetters) FWRA Championships (SL) April 7, 2013 (Sun) FWRA Championships (GS)

**Alpine Meadows Alpine Meadows Alpine Meadows** 



#### **SNOW INDUSTRY** bulletin (continued from page 6) Whistler Blackcomb Plans \$18 Million Lift Upgrade

Whistler Blackcomb has unveiled capital plans for an \$18 million lift expansion. Whistler Mountain's Harmony detachable guad chairlift will be replaced with a new Doppelmayr detachable six-pack. Blackcomb will replace a fixed-grip triple in the Crystal Zone with a high-speed quad.

#### Bridger Bowl Plans Major Lift Additions

Bridger Bowl ski area plans to invest \$4.1 million in two new Skytrac triple chairs next summer. That's a significant development, considering that the area has put a total of \$11 million into improvements during the past 17 years.



### **Big White** April 6-13, 2013 🖨 December 7-14, 2013

#### Basic Package \$699 per person dbl occ \*

- Seven nights Lodging at The White Crystal Inn or Inn at Big White
  - Ski in / Ski out, located in the Village Center.
  - Superior Room with 2 Queen Beds.
  - Rooms have Mini-fridge.
- Wi-Fi
- On-site Restaurant open Breakfast, Lunch, Dinner.
- Hot Tub & Sauna, Ski Storage.
- Includes HST and Bed Taxes.
- Six days Lift Tickets.
- Transfer from/to Kelowna Airport.
- Daily Après Ski Parties.



#### about Big White

- 25 feet annual dry powder.
- 2,800 patrolled skiable acres.
- 2,550 feet of vertical.
- 4.5 miles longest run.
- 6% ◆◆ 22% ◆ 54% 18% ●
- 118 designated runs.
- 10 ski lifts (6 are high speed).
- Free ski hosts two times a day.
- 5,757 feet Village elevation.
- 18 Restaurants & Bars.
- The Best Ever Powder Skiing.



#### For Information— Gene Fulkerson gene@PacificRimAlliance.org 858-467-9469

#### NOT Included

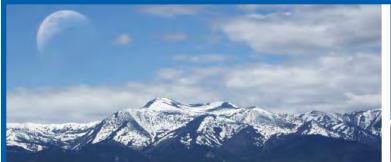
Air to/from the Resort

 Air Canada, West Jet, Alaska fly to Kelowna. West Jet & United offers non-stop flights. Payment due NOW-

#### Pacific Rim Alliance

10818 Viacha Dr. San Diego, CA 92124 - Cancelation policy will apply

to Calgary



### June 6-9, 2013 Grand Sierra Resort & Casino



2500 East 2nd Street Reno, NV 89595 (775) 789-2129 (reservations) www.grandsierraresort.com

hosted by Bay Area Snow Sports Council





#### **Grand Sierra Resort & Casino**

Reservations call 800-648-5080 or 775-789-2129 Group Name Far West Ski Association 2013 Online https://resweb.passkey.com/go/FarWestSki Room Rates per night plus tax single or double occupancy Grand Sierra Room \$79

Summit Grand II Upgrade **\$104** 

RV Spots at Grand Sierra: call 800-648-5080 or 775-789-2129

### Hotel Features

- 11 Restaurants, 5 Bars & Lounges, Casino, Beach/Pool, Spa/Health Club, Movie Theater, Bowling, Miniature Golf
- NO Resort Fees, FREE In-room Wi-Fi, FREE Parking
- Rates available 3 days pre and post Convention
- FREE TRANSFER from Reno International Airport
- Room block release date is May 10, 2013

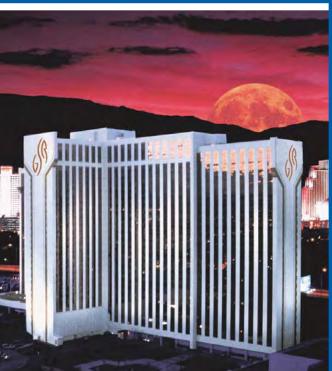
#### Information www.fwsa.org

Jane Wyckoff
 FWSA Convention Chair
 janewyckoff1@cox.net or 949-933-9607

#### Mary Olhausen

Silent Auction/Travel Expo Chair omary52@comcast.net or 503-880-7383

### Far West Ski Association 81<sup>st</sup> Annual Convention Mountain Magic Moments



### Convention Highlights

- Silent Auction
- Travel Expo
- Snowsports Leadership Academy
- Celebrity Speakers
- Public Affairs Panel
- Saturday Awards Luncheon
- Celebrity Multi-Media Presentation
- Saturday Awards Dinner
- Far West General Meeting & Elections

### Optional Activities

- Pub Crawl
- Michael German Golf Tournament
- Reno Run White Water Rafting
- Tahoe Rim Trail Hike
- Grand Sierra Spa Day
- Grand Sierra Resort Fun
- Beach Party

#### Linda Indreboe

BAC Host Council Convention Coordinator bac.publicaffairs@skibac.org or 408-248-8426



passes will also be available and should be purchased from our Tour Operator at Skigroup.net by calling 1-800-500-2SKI (2754). Each member purchasing the EPIC pass through Skigroup, will receive a \$25 discount off their lodging during our ski week. To check EPIC Pass pricing, available mid-March, go to: www.snow.com/epic-pass.

#### Lift tickets are good at 5 Colorado Resorts

5 or 6 Day Lift Tickets

For More information contact a Council Trip Coordinator

Arizona Council Bay Area Council Central Council Inland Council Los Angeles Council Northwest Council Orange Council San Diego Council Sierra Council

re information com Dan & Kim Spencer Paula Kinahon Mary Alexander Wayne Stolfus il Sandy Blackwell Christine Ciardi Sheila Van Guilder Susan Shaffer Debbie Stewart

480-220-6906 2peasnapod@g.com 510-357-6127 pkinahon@gmail.com maryalexander0535@sbcglobal.net 661-742-1381 909-799-3118 spiderRX@aol.com 818-441-6191 travel@lacouncil.org c2blondie@hotmail.com 503-819-3128 714-656-6032 svanguil@yahoo.com susansnowdrifter@yahoo.com 858-481-5043 559-734-9294 gwstewart@prodigy.net

Gloria Raminha, FWSA VP North American Travel, 12707 Windy Ridge Dr., Bakersfield, CA 93312 661-829-5996 (phone) · 661-800-8229 (Cell) · fwsa.natravel@bak.rr.com

> Must be a member of a Far West Ski Association affiliated ski club or a FWSA Direct Member CST #2036983-40





### Membership Application

ALL Pacific Rim Alliance attendees must be a member to participate in one of our trips. Our membership year is from July 1, 2012 through June 30, 2013.

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To join the Pacific Rim Alliance, fill out the following, Sign your release of liability and send with your check [payable to Pacific Rim Alliance] to:

#### Pacific Rim Alliance 10818 Viacha Dr., San Diego, CA 92124

Indicate Membership [Includes membership in FWSA, LA & San Diego Councils, NSAA]

- □ \$8 INDIVIDUAL Membership
- \$10 FAMILY Membership—Significant other, spouse, children, friends residing at same residence qualify.

Photographs of members participating in club activities are routinely included in a newsletter or on our web site or facebook which is distributed to the membership and other interested parties and is made available to the general public. Signature is required below to agree to this and to the terms of the Release of Liability to the right.

Signature [1]	Date
Signature [2]	Date

#### MEMBERSHIP has it's BENEFITS

The National Ski Council Federation has discount benefits for club members which include: Cellular Abroad, East West Resorts, Rentskis.com, Crazy Heads, Geardirect.com, Breeze Ski Rental, Mountain Chalet, and so much more. They have a great pair of carbon ski poles for a mere \$30 with all their member association logos. Such a deal.

Check out www.skifederation.org for the complete list of benefits. Go to the "Members Only" area and input the following:

User Name:	skiclub
Password:	member

#### Release Of Liability, Waiver Of Claims, Express Assumption of Risk and Indemnity Agreement

WAIVER: I am aware that participation in the Pacific Rim Alliance events has, in addition to the usual risks, dangers and hazards associated with travel, snowboarding, alpine, Nordic, Heli & off-piste skiing, certain additional risks, dangers and hazards including, but not limited to: boarding, riding and disembarking ski lifts; changing weather conditions; exposed or hidden natural or man-made objects; avalanches; failure to ski or ride safely or within one's own ability; and negligence on the part of other skiers and boarders, the organization or their staff.

I freely accept and fully assume all such risks and danger and the possibility of personal injury, disability, death, loss or damage to person or property that may occur as a result of my engaging in the above activities.

I HEREBY RELEASE AND HOLD HARMLESS [releasees Pacific Rim Alliance] WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, or loss or damage to person or property, WHETHER CAUSED BY NEGLIGENCE OR OTHERWISE.

I hereby release the releasees, their officers, directors, employees, representatives, agents, and volunteers from liability and responsibility whatsoever and for any claims or causes of action that I, my estate, heirs, survivors, executors, or assigns may have for personal injury, property damage, or wrongful death arising from the above activities whether caused by active or passive negligence of the releasees or otherwise.

The Voice of the Western Saler	2012-2013 Membership Card
FOUNDED 1930	Expires June 30, 2013 www.fwsa.org
Name	
	Pacific Rim
Name Club Member ID	Pacific Rim PRA-007

# **COMMUNITY** center giving **BACK**

There are so many ways to get involved and it's so easy to do.

#### Can Do MS

For the past 12 years Pacific Rim has hosted a wine maker dinner for **Can Do** 



**MS**. Each dinner typically raises around \$2,500. 100% of the proceeds go to the Center. We collect donations year round whether you attend the dinner or not.

**Can Do MS** [formerly Heuga Center for MS] IRS 501(c)(3) Number 74-2337853 www.mscando.org • 970.926.1290

Our next dinner will be September 28, 2013. For more information contact

Gene Fulkerson, VP Travel gene@pacificrimalliance.org 858-467-9469



The annual Ski to Defeat ALS will be at Mt. Hood Meadows on April 13, 2013. The goal is to raise \$150,000. They are almost half way there.

Fred is not only the event's Honorary Chairman, he is committed to raising awareness and funding for The ALS Association. This is the next and final chapter in Fred's amazing and inspiring life. Fred was diagnosed with ALS in December 2010.

Often referred to as Lou Gehrig's Disease, amyotrophic lateral sclerosis (ALS) is a progressive, fatal neuromuscular disease that slowly robs a person of their ability to walk, speak, swallow and eventually breathe.

The life expectancy of a person with ALS averages only 2 to 5 years from the time of diagnosis. In a very short period of time, the person and their family need a myriad of services and support The ALS Association is their one-stop-shop. Visit www.skitodefeatals.org/



Oregon Adaptive Sports participated in last year's Ski to Defeat ALS.

#### USARC

United States Adaptive Recreation Center (USARC) is committed to guiding people with disabilities toward the creation and affirmation of rewarding lifestyles. Located in Big Bear, CA, USARC runs an adaptive ski school in the winter. In the summer USARC takes to the fresh waters of Big Bear Lake for wet and wild adaptive water skiing, jet skiing, kayaking, sailing and fishing.

Volunteers are always needed. Volunteers must be at least 18 years old; intermediate skiers, water sports enthusiasts, or mountain bikers; able to complete the required training criteria, and available to teach midweek.

#### For information, visit usarc.org.

#### Recycle Program



Pacific Rim recycles cans, bottles and glass at all our events. Each quarter we donate the proceeds to a charity.

This quarter's donation goes to **Ski to Defeat ALS.** To donate to the Far West Ski Association team visit http://web.alsa.org/site/TR/Events/ OregonandSWWashington?team\_ id=242442&pg=team&fr\_id=8760

#### Support The Unrecables [Re-] Register your Ralphs Card

The Unrecables Ski Club is a non-profit, volunteer-based organization, serving the

JPdate

acificRimAlliance.org

**Spring** | 2013



recreational needs of people with disabilities. They promote adaptive sports, and encourage people with disabilities to participate in sports, recreational and social activities in their communities. The club is a member of the LA Council of Ski Clubs.

[Re]registering your Ralphs Card is easy.

- Log in to www.ralphs.com.
- Click on **Community Contribution**.
- Click on Participant.
- Follow the easy steps to enroll. **Their NPO# is 80831**. Be sure to complete all information.
- Set back and watch your grocery shopping save you money and at the same time earn revenue for The Unrecables.

To volunteer visit unrecables.org or email info@unrecables.org. ◆

Spring 2013	pacific rim <b>FC</b>		<b>S</b> sign up
	r to sign up for this trip— include Dues a		· · · ·
Street Address			
City	State	_ ZIP	
Cell Phone	Home Phone	_ e-mail	
Deposit Due:			
<ul> <li>Final payment per pers</li> <li>\$200 per person FWSA</li> <li>\$200 per person Big W</li> <li>\$300 per person Italy /</li> </ul>	on FWSA <b>Snowmass</b> , CO, February 2–9, on <b>Big White</b> , Canada, April 6–13, 2013 <b>Beaver Creek</b> , CO, Jan 25 – Feb 1, 2014 <b>hite</b> , Canada, December 8–15, 2013 <b>France</b> , March 2014 [tentative] <b>Cealand &amp; Tasmania</b> , August 2014 [tentative]		<b>CONTACT Information</b> Gene Fulkerson, VP Travel gene@pacificrimalliance.org 858-467-9469

Send this FORM with your Deposit made out to Pacific Rim Alliance to: Gene Fulkerson, 10818 Viacha Dr., San Diego, CA 92124

## Self-appointed Safety Group rates **RESORTS**

The self-proclaimed California Ski and Snowboard Safety Organization (CSSSO), headed by individuals critical of resort safety practices, has released a "Family Safety Report Card" in an effort to prod California areas to become more proactive regarding skier/rider safety. The report card rated 36 safety features at 25 resorts and graded them for safety. Overall grades ranged from B to F.

The report is largely based on the observations and opinions of a team led by former ski patroller Dick Penniman, who has been a frequent plaintiff's witness in lawsuits against ski resorts.

The California Ski Industry Association (CSIA) did not participate in the report. In a statement, CSIA president and CEO Bob Roberts said, "Ski areas declined to participate due to the well-known biases of the author." Roberts noted, for example, that the report "failed to address the behavioral side of the safety equation."

"Our industry takes safety very seriously," Roberts said. "Resorts in California annually commit thousands of hours and millions of dollars to the maintenance and ongoing training." He added that resorts prepare detailed safety plans that "are reviewed annually by the government.

Resorts are not required to release data on injuries, though. That irks CSSSO's founder, Dan Gregorie, who has been crusading for more information on resort injuries ever since his daughter died in a 2006 snowboard accident at Alpine Meadows. Two bills requiring injury reporting at resorts have passed the state legislature since 2010. However, Govs. Jerry Brown and Arnold Schwarzenegger vetoed them, saying they were not needed. So Gregorie turned to the concept of the Safety Report Card on ski areas.

. . . . . . . .

Some ski areas are taking notice of their grades. "I don't like being an 'F.'We're going to take a look at the recommendations from the report card, and see what we can do to improve on them," said Mt. Baldy president Ron Ellingson.



#### 

San Diego, CA 92124-3241 JO818 Viacha Dr. Catherine Ohl, Newsletter Editor



Biking

MA 01, throm a value of Ano

998 West Mission Bay Drive Bahia Bell Public Parking

San Diego

**Jobino** 

or gene@pacificrimalliance.org Gene Fulkerson at 858-467-9569

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Gene Fulkerson, VP Travel

# **Catherine Ohl**, President

0

Watch all Sides 。 Let it Ride

The PACIFIC RIM ALLIANCE is a

to the appreciation of skiing,

snowboarding, sight-seeing,

non-profit organization dedicated

photography, travel, public affairs

and civic awareness. The Alliance

is further oriented to the building

of international relations among

skiers, snowboarders and sports

organizations throughout the

requirements for deposits for

future trips will be donated to

non-profit organizations devoted

**First Class Mail** 

Surplus moneys above

Pacific Rim.

ohl@acatmeowz.com

858.467.9469

**Contact Information** 

Board of Directors



CIFIC RIM ALLIAN

We are especially interested in,

but not limited to, supporting Ski

Area Development, Adaptive Ski

MS and Olympic & Junior Racers,

The Alliance is a member of San

Los Angeles Council of Ski Clubs

(FWSA) and National Ski Council Federation (NSCF). Membership in

Pac Rim allows you to participate in

(LAC), Far West Ski Association

their events and programs.  $\blacklozenge$ 

Diego Council of Ski Clubs (SDCSC),

Mammoth Ski Museum.

Programs, Jimmie Heuga Center for



















