



# Update

www.PacificRimAlliance.org

Volume 17 | Issue 4

Winter | 2013-14

## BIG WINTER snow

*La Niña, the weather condition that fizzled last season, is predicted to return this year. This is excellent news.*

### SKI RESORTS early openings

Early snow and cold temperatures have encouraged several areas across North America to begin operations as early as November 2013. We are off and running.

### Can Do ms

Our 13th annual Wine Make Dinner was a great success. In addition to the delicious food & wine and the generous people, \$2,300 was raised.

We hope to be able to borrow the film "Can Do: The Legacy of Jimmie Heuga" and host a fund-raiser viewing BBQ at our home. Stay turned for details.

### CANADA, April 5-12, 2014

The opening of Big White was awesome. We skied 5 feet of powder through the trees. Looks like a great season ahead. The Big Reds at Big White were amazing.

As usual we will be closing our season in Big White in British Columbia, Canada again this year. If anyone out there is interested in adding a safari to include Red Mountain, Apex and Silver Star in April, let us know.

### WHISTLER 2015

Far West Ski Week in 2015 will be in Whistler, January 31 – February 7, 2015. We are so excited. If you are interested in attending we can hook you up with one of the Councils. Prices will be available in the spring. Please let us know if you are interested.

### COUNCIL trips

Be sure to check out the Council's ski trips. Both are joining Far West in Beaver



*Bring a new unwrapped gift to the Council Happy Hour (at least a \$10.00 value) for the Toys for Tots Drive sponsored by the USMC checks (made payable to the toys for tots) and cash are greatly appreciated.*

Creek, CO. San Diego experienced great early snow in Vail but will be returning to Aspen next December.

### FAR WEST ski association

Northwest Council is hosting the Far West convention in Bend, Oregon on June 12–15, 2014. I will be representing LA Council as their Man of the Year. Catherine and I are going up to Bend a week early to enjoy the area. We will be staying in Sunriver and hope to do some bike riding, hiking and kayaking. Let us know if you are interested in joining us.

Catherine is still working her ass off on the Far West web site (fwsa.org). You should check it out. You just might find something of interest. ♦

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# TRIPPING around

## snow TRIPS & ACTIVITIES on tap

Details and flyers can be found under **TRIPS** at [PacificRimAlliance.org](http://PacificRimAlliance.org)

### Pacific Rim Alliance [pacificrimalliance.org](http://pacificrimalliance.org)

Contact Gene Fulkerson / 858-457-9469 unless otherwise noted

- **Biking** Typically one Friday a Month, 10 AM
- **Vertical Express for MS** (Squaw Valley) March 1–2, 2014
- **Sestriere & Cinque Terre** (Italy) March 8–20, 2014
- **Big White** April 5–12, 2014
- **Water Ski Weekends** (2 times a month) June – Oct, 2014  
*Patricia Ortiz / 323-651-0686*
- **Wine Maker Dinner for Can Do MS** Sept 27, 2014
- **New Zealand & Tasmania** August 2015

### Los Angeles Council [lacouncil.org](http://lacouncil.org)

- **Beaver Creek, CO** Jan 25 – Feb 1, 2014

### San Diego Council [skisandiego.org](http://skisandiego.org)

- **Happy Hour** (Del Coronado) December 19, 2013
- **Beaver Creek, CO** Jan 25 – Feb 1, 2014
- **Happy Hour** @ Boomerangs May 9, 2014, 6 PM
- **Africa Safari** Aug 18 – Sept 1, 2014
- **Aspen, CO** Dec 10 – 16, 2014

### Far West Ski Association [fwsa.org](http://fwsa.org)

- **Beaver Creek, CO** January 25 – February 1, 2014  
*Nancy Ellis / 530-414-8261*
- **Snowbasin, UT** (Layton) February 22–27, 2014  
*Gloria Raminha / 713-818-0471*
- **Zermatt, Switzerland & Spain** March 6–23, 2014  
*Debbie Stewart / 935-944-9816*
- **Convention** (Bend, OR) June 12–15, 2014  
*Mary Olhausen / 503-880-7383*
- **South Africa** September 5–20, 2014  
*Debbie Stewart / 935-944-9816*
- **Whistler, Canada** January 31 – February 7, 2015  
*Nancy Ellis / 530-414-8261*
- **Revelstroke Heli-Ski** March 16–21, 2015  
*Nancy Ellis / 530-414-8261*
- **Whitefish, MT** March 30 – April 4, 2015  
*Nancy Ellis / 530-414-8261*



Join Pac Rim for our 14<sup>th</sup> Annual

## Wine Maker Dinner

Fundraiser for MS

Saturday, **September 27, 2014, 5 PM**  
10818 Viacha Dr, San Diego

### Sign Up

- YES, please sign me up!
- Sorry I won't be able to attend. Accept my donation.

### About the Dinner

- **Mary Trimmings**, Executive Chef, will be back as our guest chef.
- The dinner will consist of 6-7 courses with an exquisite wine specifically matched to each course.
- The dinner typically lasts 5 hours.

### For Information

Call Gene at 858-467-9469

Send your **\$100\*** Tax Deductible Contribution payable to

Can Do MS c/o Gene Fulkerson  
10818 Viacha Dr., SD, CA 92124

100% of proceeds to benefit

**Can Do MS** formerly Heuga Center for MS  
IRS 501(c)(3) Number 74-2337853  
[www.msando.org](http://www.msando.org) • 970.926.1290

\* 100% Tax Deductible. Since this is a fundraiser for charity, there will be no refunds.



**COUNCILS** selects  
**MAN & WOMAN**  
 of the **YEAR**

*Council Men and Women of the Year are chosen by their peers in recognition of their many contributions to organized skiing. They will represent their council at the Far West Ski Association Convention to be held in Bend, OR, June 12–15, 2014.*

Pacific Rim Alliance belongs to two councils in the Far West Ski Association. This gives members the opportunity to participate in many of the activities and events they host throughout the year.

Both councils annually kick off the ski season with a Gala to honor the Men of Women of their member ski & board clubs who have contributed the most to their club, council, Far West and nationally in the promotion of snow sports.

San Diego Council experienced a “Shake, Rattle & Roll” buffet at the Holiday Inn Bayside, November 16, 2013. **Tom Bungard** and **Erin Barber**, both from San Diego Ski Club, were honored as their Council’s Man and Woman of the Year. **Cheryl Riess**, North Island, was awarded the annual Joe Harris Award.

Los Angeles Council hosted a crazy hat lunch at Taix Restaurant on Saturday, November 9, 2013. **Gene Fulkerson**, Pacific Rim, and **Cindy Krupp**, Century City, were honored as their Council’s Man and Woman of the Year. The Fay Mumbauer Award was presented to **Gene Fulkerson** for his long-term contributions to skiing and LAC. ♦



photo courtesy Catherine Ohl

*LA Council’s Woman & Man of the Year— Cindy Krupp & Gene Fulkerson.*



photo courtesy Catherine Ohl

*LA Council’s Fay Mumbauer award for 2013 was given to Gene Fulkerson.*



photo courtesy San Diego Council

*San Diego’s Man & Woman of the Year—Tom Bungard & Erin Barber.*



photo courtesy San Diego Council

*San Diego’s Joe Harris award for 2013 was given to Cheryl Riess by Eileen.*

happy **BIRTHDAY**

**December**

- 1 Patrick Loo
- 2 Christel Chang
- 3 Donna Huston
- 5 Pat Holzinger
- 6 Len Danczyk
- 7 Bob Berg
- 10 Dick Anderson
- 17 Barbara Bontempo
- 17 Bruce Malinoski
- 17 Dean Smith
- 18 Susan Buckley
- 18 Therese Frey
- 22 Nick Friedman
- 26 Sharon Bays
- 29 Kim Gerringer

**January**

- 3 Jeff Beeman
- 7 Nadya Penoff
- 10 Anne Coniglio
- 11 Hans Iliew
- 12 Jim Knapp
- 12 Bob Miller
- 13 Viki Turnipseed
- 16 Kristen Benson
- 21 Celia Lemon
- 27 Phil Harris
- 29 Brigitte Cox

**February**

- 1 Lynda Johnson
- 2 Thomas Delahanty
- 2 Fay Mumbauer
- 3 Susan Corum
- 5 Bob Schulz
- 6 Sue Sindelar
- 14 Karen Abbott
- 16 Michael O’Connor
- 21 Richard Frey
- 25 Marie Lafayette
- 28 Mark Mathis
- 28 Kelly Roberts



## exciting CHANGES

for skiers in the west

Excerpted from saminfo.com

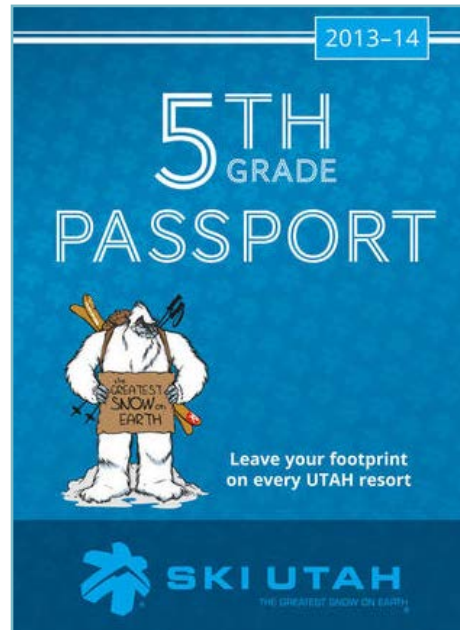
### Taos To Be Sold

**Mickey Blake**, COO of Taos Ski Valley and son of ski pioneers **Ernie** and **Rhoda Blake**, announced today that the family-held corporation has entered into an agreement with conservationist **Louis Bacon** who will purchase the resort.

Bacon has owned property in Taos Ski Valley since 1996 and his team collaborated with the Blake Family for several years on the Village Master Plan, which was unanimously approved last spring by the Village of Taos Ski Valley.



photo courtesy Taos Ski Valley



### 5th & 6th Grade Passport

Fifth graders ski or ride three times FREE\* at each of Utah's 14 resorts with Ski Utah's Passport. Sixth graders ski or ride one time FREE\* at each resort.

There is a \*\$30 processing fee, \$40 after January 31, 2014, for both of these Passports.

The Passport is chock-full of special deals

for ski and snowboard rentals, lessons, PowerAde, and other cool stuff that will help the kids shred the Utah Powder!



photo courtesy Mt. Baldy

### Mt. Baldy \$59 Season Pass

For a limited time, Mt. Baldy is offering season passes for \$59 to skiers and snowboarders who have never had a Baldy pass before.

Baldy's aim in all this is to help skiers and riders discover the area's natural gladed terrain and steeps, and to realize it's all nearby. The area is the closest ski resort to Los Angeles, Orange County and most of the Inland Empire—within 60 minutes of most of these areas.

## SIA tallies the impact of **WOMEN ON SNOWSPORTS**

The 2013 Women's Snow Sports Market Intelligence Report reveals that 3.3 million women participated in snowsports last season, and made \$1 billion in purchases of women-specific gear during the 2012-13 season.

The report confirms that women are critical to the snow sports market for their purchases and for their influence over family activities.

### Report Highlights

- Women spent 59% of their snow sports dollars on apparel.
- Alpine skiing brought the most women to the mountain, with 3.3M participants.
- 60% of female snowboarders are between the ages of 16 and 34.
- Women's cross-country equipment sales rose 8% to \$5M.
- Consistent with backcountry trends, women's alpine/AT boot sales were up 193 percent in units and 217 percent in dollars.

The Women's Snow Sports Market Intelligence Report provides a comprehensive view of the women's snowsports market at retail. It offers a detailed view of each product category and market channel and compares pricing, retail margins, unit and dollar volume by channel, regional sales, inventories and market penetration.

The 2013 Women's Snow Sports Market Intelligence Report is available at no cost to SIA members and \$425 to non-members. ♦

## exciting **CHANGES**

for skiers in the west

*Excerpted from saminfo.com*

### *Powdr Acquires TV Series*

Powdr Enterprises, a division of Powdr Corp., has acquired the Emmy Award-winning television series "World of Adventure Sports Presented by GoPro." Powdr Enterprises is expanding the show from a television series airing on NBC and NBCSN into a year-round, multi-platform offering that integrates Powdr's mountain resorts, television, content, digital platforms and events.

### *Intrawest Files \$1M IPO*

Intrawest Resorts Holdings Inc., filed an initial public offering with the New York Stock Exchange to raise up to \$100 million.

Intrawest, which is based out of Denver, operates Winter Park and Steamboat in Colorado, Mont Tremblant in Quebec, Stratton in Vermont and Snowshoe in West Virginia, as well as half of Blue Mountain in Ontario.

According to the filing, Intrawest is raising the money "for working capital and other general corporate purposes, which may include potential investments in, and acquisitions of ski and adventure travel businesses and assets."

### *USFS to Cede Land for Housing*

In an attempt to ease housing pressures for employees of the resorts that populate the I-70 corridor in Colorado, the U.S. House of Representatives has approved a bill to convey 40 acres of White River National Forest to Summit County, Colo., so that the county can establish affordable housing on the site.

The land is between Dillon and Frisco,

near I-70. Proceeds from home sales could be used to fund maintenance and improvements to Forest Service facilities.

The bill still requires action in the U.S. Senate, where a bill has also been introduced. It was reviewed by the Energy and Natural Resources committee during November.



### *X Games Canceled*

ESPN announced it will not continue with X Games events in Barcelona, Munich, Foz do Iguaçu, Brazil and Tignes, France.

ESPN is proud to have run world-class competitions for both the athletes and spectators; however the overall economics of these events do not provide a sustainable future path.

The company remains fully committed to the X Games brand and its full-scale competitions in Aspen, Colorado and Austin, Texas —its newest host city—and will continue to distribute these premier events around the world.

### *Aspen Bids for World Cup*

The Aspen Skiing Co. has thrown its hat in the ring to host the World Cup Finals at Aspen Mountain in 2017. Aspen has been hosting annual World Cup races for women. They hosted their last men's downhill in 2001.

The last World Cup Finals held in North America were in 1997 at Vail. As of right now, Lenzerheide, Switzerland, is also bidding to host the Finals. FIS officials should reach a decision by June. ♦

## olympic **UPDATES**

*Lindsey Vonn*



Olympic champion **Lindsey Vonn** will not participate in the upcoming Sochi Olympics due to instability in her surgically repaired right knee. She will undergo another surgery so that she has time to recover for the 2015 World Alpine Championships in Vail/Beaver Creek.

*Ted Ligety*



The U.S. Olympic Committee has named Ted Ligety 2012-13 Olympic SportsMan of the Year, its highest annual individual athlete honor.

The 2006 Olympic gold medalist won three gold medals at the 2013 FIS Alpine World Ski Championship and six Audi FIS Alpine World Cup giant slalom victories en route to the fourth World Cup giant slalom title of his career.

He is the first man in 45 years to win three or more gold in one World Championships, and his 2.75 second win at the opening GS race of the 2012-13 season in Soelden, Austria, was the biggest margin of victory in 34 years. ♦

getting & staying **FIT**

## STRETCH for strong, flexible muscles & joints

*Stretch slowly, and never do any exercise that causes pain.*

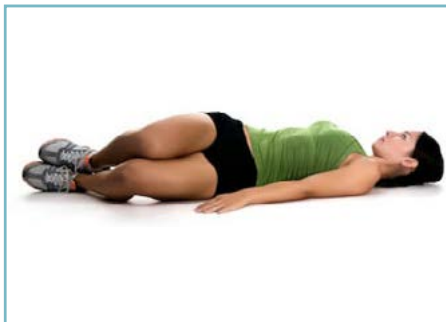
*Excerpted from skinet.com*

The best way to prevent injury is by having strong, flexible muscles and joints that resist strain and injury.



### Leg Raises

Lie on side as shown with right leg bent and left leg straight. Slowly raise left leg upward. Hold for 5 seconds. Repeat 10 times before switching legs.



### Knee Twist

Lie on your back with your knees bent. While trying to keep your lower back flat, slowly let both knees fall together toward the floor. Hold for ten seconds, then go back to start position with knees up. Repeat other side. Repeat the exercise ten times.



### Bridge with Ball

Lie on floor with heels on ball. Keeping abs tightened and glutes squeezed, slowly lift your hips off the floor until shoulders, hips and feet are in a straight line (don't arch back). Hold position 5 seconds and lower while maintaining ab and glute contraction. Repeat 10 times.



### Arm Triceps stretch

Position hands behind head as shown. Grasp right elbow with left hand and pull toward the left slightly to feel a stretch in the right tricep. Hold for 5 seconds, and then repeat with other arm.



### Hamstring stretch

Place a belt or rope around the arch of your foot. Straighten your leg. Slowly begin to pull your leg to a straight up position. Depending upon your flexibility, having your leg point straight up may be a realistic goal. For those who have good flexibility, you may be able to go past vertical during your stretch. Repeat 10 times.



### Standing Rotation

If you want to get back in shape for rotational sports like skiing, tennis and golf, you need rotational stretches. Hold a racquet, golf club or broom across your shoulders as shown. Without moving your feet, slowly rotate your shoulders to the left, then back to the right. Also do this stretch for 5 minutes before playing to reduce risk of strain.



always ride **SAFETY**

## CELEBRATE safety

January is National Safety Awareness Month

### 2014 Helmets

Recommendations by Julia Vandenoever, onthesnow.com

It seems that the ski industry is nearly to the point where it's uncool not to rock a helmet on the hill... quite a far cry from when we first saw them appear on the scene.

Helmet design has come a long way in that time, too. Lightweight without giving up any protective factors or compromising on comfort, today's helmet technology sure makes it easy to take that extra step toward safety.

With more and more people wearing them and talk of helmet requirements and laws constantly cropping up, you might as well be styling in that safe zone.

But on the flip side, there's no need to play it safe when it comes to helmet style, and these 7 models from Smith, Salomon, Atomic and Bern provide hardheaded proof of that.

Just remember that wearing a helmet does not give you carte blanche to ski unsafely. ♦



#### Bern Berkeley

Super lightweight, low-profile, well-crafted helmet providing head protection for women.



#### Salomon Hacker Custom Air

Super light Twinshell and Custom Air fit make it ideal for big mountain and park skiing.



#### Bern Macon EPS

A core, high quality, subtle helmet that performs as both a skate and snow model.



#### Salomon Shiva Custom Air

Lightweight performance freeski helmet for women with Twinshell construction and Custom Air system.



#### Atomic Troop

Lightweight half shell helmet can be removed with padding that has Instant Fit technology.



#### Smith Vantage

Designed with Aerocore construction, featuring Koroyd to simultaneously maximize full protection.



#### Smith Vantage Women's

With similar specs as the men's counterpart, this women's helmet has a soft lining.

**CELEBRATE SAFETY**  
National Safety Month

smart STYLE  
NATIONAL SAFETY AWARENESS MONTH January  
www.nsa.org  
THESE KIDS ARE SKIING AND RIDING WITH SAFETY IN MIND. SO SHOULD YOU!

**SUPPORTING SPONSORS:**  
NATIONAL SKI BOARD  
NATIONAL SKI RENTAL  
HUNTSMAN CANCER INSTITUTE UNIVERSITY OF UTAH  
rpd

- Know + Respect the Responsibility Code!
- Practice Sun Safety. Wear sunscreen.
- Learn Smart Style.
- Always Wear a Helmet - it's a Smart Idea!
- It's YOUR responsibility to know how to use lifts safely.

### ski safety tips

#### Ski with friends.

This is an obvious precaution when challenging yourself in steep or tree-lined terrain. If you end up on an accidental solo mission, make sure you've agreed with partners on a meeting place (and a backup meeting place).

#### Level out.

If you're not an expert skier, don't pretend that you are. Stay on runs that challenge your skills but let you stay in control of your speed and equipment. Signs at the bottom of each lift explicitly state what level terrain the lift serves.

#### Listen to your body.

If you feel tired, stop for a break. Skiing from 8:30 a.m. to 4 p.m. is hard on the body no matter how good of shape you are in. Muscles will tighten up at the end of the day if you don't stretch and hydrate frequently. ♦

## KIDS' korner

# GOOD STUFF for the kids & grandkids

*Preparing children for the slopes.*

by Lisa Mercer excerpted from *Livestrong.com*.

Teaching kids to ski is similar to parenting. Few experts agree about the best methods. Children's age, location and training aids discussions often lead to heated debates, but despite these differences of opinion, certain children's teaching methods are consistent.

The Professional Ski Instructors of America have a special children's accreditation program. These instructors must pass an exam that displays their knowledge about child physical and cognitive development, as well as child-specific safety measures and motivational techniques.

### Time Frame

While some children learn as early as 2 years old, most ski schools will not accept kids until they've reached age 3 or 4. Instructors prefer to work with



photo courtesy Big White

*Be sure your child is ready for skiing.*



photo courtesy esp La Pagne

children who are potty trained and are able to keep their balance while walking.

Preschoolers have loose ligaments, which easily leads to fatigue and younger children also have shorter attention spans. Children's balance and attention span improves by age 7 or 8.

### Mental Considerations

It is important to be aware of your child's unique psychological makeup. For young children, ski school may be the first time they have ever been away from their parents. Preschoolers who have not attended nursery school or camp may be unaccustomed to socializing with large groups of children.

Children who have never seen snow or who have never experienced gliding and sliding movements may be overwhelmed. Begin with a shorter lesson before arranging for a full day at ski school.

### Planning

Many ski areas get bombarded with children during spring break and holidays. Classes during this time frame are often enormous. While expensive, private lessons or family lessons, which teach parents how to ski with their kids, may be a better option.

### Images

Instructors use "pizza" or "French fries" to

help children visualize what they should be doing. Pizza refers to the wedge position, and French fries refer to parallel skiing. Children respond better to these images than they do to technical explanations of the snow plow and parallel skiing.

Instructors use a group exercise called the eraser to teach turning. The instructor descends the slope, imagining that they are drawing lines in the snow with a pencil between their toes. The next skier follows, imagining that he has erasers on skis, which erases the line. This is an effective way to teach turn shape.



### Preparation

Prepare your kids for a day at the slopes.

- The stork stand involves balancing on one foot for 10 seconds at a time.
- The foot-to-foot is a hopping exercise, which teaches kids ski-specific weight transference.
- Side-by-side drill teaches kids how to side step up a hill. ♦



## POWDER highway

# Brush off those powder skis and boards!

*Excerpted from skimag.com*

With eight resorts and 25 heli and cat outfits, Canada's Powder Highway, a 680-mile circuit tracing a roughly rectangular shape through the interior ranges of southeastern B.C., is sometimes more highway than powder.

Unless you have a winter to burn, it needs to be attacked in sections. Many start in Calgary, plunging westward through Banff to Kicking Horse and Revelstoke on the north side of the box.

Others fly to Cranbrook and work the east side: Fernie, Kimberley, Panorama.

Others rally in Spokane and head for the west side and connect to three of B.C.'s coolest ski towns.

A laid-back vibe permeates all three towns. The other common denominator is reliably deep snow.



### Rossland

There's industrial smelting in nearby Trail, but Rossland, two hours' drive from Spokane, is a cute and quiet mountain town with magnificent skiing.

**Red Mountain** is one of Canada's most historic resorts (home of Nancy Greene, host of early World Cups), and its Granite Mountain terrain challenges the most demanding experts. Stuff that would be roped off at other mountains just makes the local kids tough.

Liftlines do not exist. From the summit ridge, countless crazy-steep lines descend through cliffy forests. Efficient traverses lead quickly back to the lift.



### Nelson

Do the people living in this beautiful mountain-lake town pinch themselves daily? Mining and lumber barons built the fine historic buildings, but today it's artsy, outdoorsy people who shape Nelson's sensibilities.

**Whitewater**, 25 minutes away, is the biggest little locals' hill you ever saw, especially since the Glory Ridge expansion. The snow is so deep they have to dig out the lift towers.



### Revelstoke

Logging, hydro, and tourism coexist peacefully in this mountain rimmed by the Columbia River. In the morning, vanfuls of CMH and Selkirk Tangiers clients drive to helicopter landing zones.

Guests at **Revelstoke Mountain Resort** emerge from sleek slopeside lodging to tackle the continent's highest lift-served vertical. At night, everyone mingles loudly in the streets, bars and bowling alleys of downtown Revelstoke. ◆

## EQUIPMENT review

### BASE layers

*Find the ultimate garment that will have your back all day.*

*Excerpted from onthesnow.com*

Underneath it all, the base layer can be the difference between an unbeatable powder day and an afternoon spent drying out in the lodge.

That's because this crucial piece of clothing is in charge of delivering comfort and performance at the next-to-skin level where it's arguably the most important.

For the 2013/2014 ski season, these eight base layers boast breathable, condition-chameleon capabilities for the ultimate garment that has your back all day while never getting in the way of your ski experience. ♦



#### [SmartWool PHD Next-to-Skin Light 195 Wind Zip T](#)

Designed to be worn for cold weather aerobic activities, this is one of the hardest working baselayer tops, offering the unique blend of merino breathability with a windproof rating. Men's.



#### [SmartWool PHD Next-to-Skin Light 195 Wind Zip T](#)

Detailed with a fun design on the center panel, 7.8" center front zipper with chin guard, contoured sleeve cuff, jersey and rib knit with a windproof front panel. Women's.



#### [Patagonia Capilene 4 Expedition Weight Zip Neck](#)

A compressible zip-neck that helps turn up the heat, it has a soft, stretchy feel, with a smooth face that glides beneath layers. Its open-grid brushed fleece interior warms your core. Men's.



#### [Patagonia Capilene 4 Expedition Weight One Piece](#)

Sporting a slim fit, the one-piece suit eliminates the extra seams and potential cold spots of a traditional top and bottom layering system. Women's.



#### [Helly Hansen Dry Charger Windblock 1/2 Zip](#)

For high-intensity training or ski sessions in cold conditions, the Dry Charger Windblock baselayer for men is windproof, lightweight and breathable. Men's.



#### [Helly Hansen Dry Revolution 1/2 Zip](#)

This HH Dry Revolution long-sleeve base layer top for women features the unique LIFA fiber technology and a seamless construction. Women's.



#### [Spyder Captain Seamless Baselayer Pants](#)

Look cool to the core with the Captain Seamless baselayer pant, a medium compression fit moisture-wicking garment. Constructed with 68/27/5 polyester/nylon/elastan. Men's.



#### [Spyder Captain Seamless Long-Sleeve Top](#)

Features a soft hand against the skin. This performance, moisture-wicking baselayer is a medium compression fit garment that's made from 68/27/5 polyester/nylon/elastane. Men's.

**BRING A FRIEND**  
BRING A FRIEND.ORG

**JOIN THE BRING A FRIEND CHALLENGE!**

Pledge to introduce at least one newcomer to skiing or snowboarding this winter and you could win great prizes.

REGISTER @ [BringAFriend.org](#)

**January**  
LEARN TO  
SKI & SNOWBOARD  
MONTH

**HUMANS  
WERE NEVER MEANT  
to hibernate.**

*Bring a friend to the snow this January for Learn to Ski and Snowboard Month. Find out about special offers and deals available in your area at [SkiAndSnowboardMonth.org](#).*

USA, ICA, FIS, SIA, USA

A community industry initiative in partnership with the government.

# CNN's list of the most exhilarating ski runs

*How many of these runs have you been down?*

**Andrew Weibrecht**, Olympic medalist and USST member; **John Stifter**, editor at U.S. Powder magazine; **Mike Douglas**, the godfather of free-skiing and creator of the world's first twin-tip ski; and **Nicola Iseard**, editor of the UK's magazine, Fall Line helped come up with this list of some of the world's most exhilarating ski runs.

100. Saulire, Three Valleys, France
99. Valluga, St. Anton, Austria
98. The Cliff, Big White, BC
97. McConkey's, Squaw Valley, California
96. Motatapu Chutes, Treble Cone, New Zealand
95. Chute 75, Squaw Valley, California
94. Hourglass Chute, Alta, Utah
93. Hidden Valley, Cortina, Italy
92. No. 3, Mount Hermon Ski Resort, Israel
91. The Back Corries, Nevis Range, Scotland
90. Burnt Stew Trail, Whistler, BC
89. Straight Shot, Powder Mountain, Utah
88. Scarlett's, Aspen Highlands, Colorado
87. West Cirque, Whistler, BC
86. Grande Combe, Jebel Attar, Oukaimeden, Morocco
85. Matterhorn Glacier Paradise, Zermatt, Switzerland
84. Vallon d'Arby, Verbier, Switzerland
83. Olympiabakken course, Kvitfjell, Norway
82. Bräma schwer, Jakobshorn-Teufi, Davos, Switzerland
81. Kill the Banker, Revelstoke, BC
80. Saslong, Val Gardena, Italy
79. Ross Gold, Blackcomb, BC
78. Piste 38, Kitzbühel, Austria
77. Combe du Vallon, Meribel, France
76. Whispering Jesse, Snowmass, Colorado
75. Hugh's Heaven, Blackcomb, BC
74. Forcella Rossa, Cortina d'Ampezzo, Italy
73. The Cut, Grouse Mountain, BC
72. Crystal Ridge, Diamond Peak, California
71. So Long, Alta, Utah
70. The Bite, Whistler, BC
69. Canalone Miramonti, Madonna di Campiglio, Italy
68. Misoshiru, Niseko, Japan
67. North Face, Alyeska, Alaska
66. Aiguille Rouge, Les Arcs, France
65. Couloir Croix des Verdons, Courchevel, France
64. Jerusalem, Méribel, France
63. Eclipse/Luna, Valle Nevado, Chile
62. The Swiss Wall, Avoriaz, France
61. Holiday, Niseko, Japan
60. L'Aigle Noir, Morzine France
59. Tortin, Verbier, Switzerland
58. Lauberhorn, Wengen, Switzerland
57. Grand Paradis, Avoriaz, France
56. Bear Run, Fernie, BC
55. Grizzly Gully, Lake Louise, Alberta
54. Outer Limits, Killington, Vermont
53. Meribel World Cup Downhill, Meribel, France
52. Harakiri, Mayrhofen, Austria
51. La Face, Val d'Isere, France
50. Cascades, Flaine, France
49. Sarenne, Alpe d'Huez, France
48. Alta Zero, Jackson Hole, Wyoming
47. Sella Ronda, Dolomites, Italy
46. No 60, Curnius, Laax, Switzerland
45. Paradise, Mad River Glen, Vermont
44. Grand Couloir, Courchevel, France
43. Rambo, Crested Butte, Colorado
42. Ridge Runner, Whistler, BC
41. The Hahnenkamm, Kitzbühel, Austria
40. Casserousse, Chamrousse, France
39. Bernadein, Garmisch-Partenkirchen, Germany
38. Hobacks, Jackson Hole, Wyoming
37. Four o'clock, Breckenridge, Colorado
36. Hemlocks, Mammoth, California
35. Zig Zag, Blackcomb Mountain, Whistler Blackcomb, BC
34. Ciampac, Canazei, Italy
33. Cosmiques Couloir, Chamonix, France
32. Keyhole, Snowbird, Utah
31. Sache, Tignes, France
30. Barry Barry Steep, Snowbird, Utah
29. Gran Pista, Trentino, Italy
28. Harakiri, Mayrhofen, Austria
27. Couloirs des Fréaux, La Grave, France
26. Cornice Bowl, Mammoth, California
25. Gransangarner, Riksgränsen, Sweden
24. Stairway to Heaven, Niseko, Japan
23. Sparks Lane, Mount Bachelor, Oregon
22. High Boy, Alta, Utah
21. The Wall, Kirkwood, California
20. Inspiration, Whitefish, Montana
19. Either one, Tiffindell, South Africa
18. Rotegg, Titlis, Engelberg, Switzerland
17. Exchange Drop, Coronet Peak, Otago, New Zealand
16. Poma slopes, Gulmarg, Jammu and Kashmir, India
15. Delirium Dive, Sunshine Village, Banff, Alberta
14. Corbet's Couloir, Jackson Hole, Wyoming
13. Vallée Blanche, Chamonix, France
12. Piste No 6, Parsenn, Switzerland
11. Blackcomb Glacier, Whistler Blackcomb, BC
10. Olympia, Cortina, Italy
9. The Palisades, Squaw Valley, California
8. Cenidor, Marte and Mercurio, Las Leñas, Argentina
7. Skyward, Whiteface Mountain, New York
6. Adrenalina, Valle Nevado, Chile
5. Grand Solliet, Sainte Foy, France
4. Glen's, Snowbird, Utah
3. Ventina, Cervinia, Italy
2. Dave Murray Downhill, Whistler, BC
1. The Stash, Avoriaz, France



**SKI / BOARD** for a cause

Help make a difference!

*While having fun doing what you love to do*

**MOUNTAIN HIGH, CA**  
February 8 | 9 a.m. - 9 p.m.  
12 HOUR EVENT

**HOPE ON THE SLOPES**  
SKI & SNOWBOARD TO FINISH THE FIGHT AGAINST CANCER!

**PRIZES AWARDED** for most vertical feet and most funds raised.

Each team or individual will receive a customizable **FUNDRAISING WEB SITE.**

**FEATURES TO TRACK** vertical feet and distance.

PROCEEDS BENEFIT THE AMERICAN CANCER SOCIETY.

THE OFFICIAL SPONSOR OF BIRTHDAYS!

FOR MORE INFORMATION OR TO REGISTER, PLEASE VISIT [HOPEONTHESLOPES.NET](http://HOPEONTHESLOPES.NET).

CONTACT: Charlene Pinsky | Charlene.Pinsky@pacrim.org | (415) 293-2511 | (415) 293-2511 #889

SKI or RIDE to Make a Difference!  
**Squaw Valley**  
March 1-2, 2014

Jimmie Heuga | (1943-2010)  
Founder, Can Do MS

Vertical Express for Can Do MS is returning to Squaw Valley! This is a fun, on-mountain event for skiers, boarders, and telemarkers of all abilities and ages that benefits Can Do Multiple Sclerosis, a national nonprofit (501)(c)(3) organization and leading provider of innovative lifestyle empowerment programs for people with MS and their support partners.

Four US Ski Resorts will host Vertical Express events in 2014. The series has raised over \$11 million in its 28-year history.

There is a \$25 registration fee that will be included in your fundraising effort. If you raise \$250 or more, you reach VIP status and get a special VIP gift bag. Additional fundraising prizes will be announced soon and there will be a grand prize for the person that raises the most for Vertical Express for Can Do MS at Squaw Valley!

For information about Can Do MS and its program, visit [www.msacdo.org](http://www.msacdo.org) or call 888-66-3644.

**VERTICAL EXPRESS**  
SKI OR RIDE TO MAKE A DIFFERENCE

United States Adaptive Recreation Center

SKI or RIDE to support USARC!  
**Bear Mountain Resort**  
March 8, 2014

Ski or Board as much as you can in one day while supporting the USARC and its programs.

Individuals and Teams Welcome.

**How to help?**

- Sign up to ski or board
- Make a donation supporting a Skier, Boarder, or Team
- Make a general donation in support of Ski-A-thon 2014 and USARC

**Participants receive**

- Full-day ticket to Bear Mountain (with lift cutting privileges)
- Goodie bag
- 100% cotton Skiathon T-shirt
- Lunch
- Après-ski party with refreshments, hors d'oeuvres, raffle ticket(s), auction and entertainment.

Individual participants must raise minimum of \$150, teams a minimum of \$500 per team of 4. Funds raised must be turned in by check in the day of the event. You must be registered by Friday 2/14/14 to guarantee your T-shirt size.

Sponsors receive a tax deduction and the USARC can continue to provide opportunities for challenges and success.

Funds raised in the skiathon help offset the expense of purchasing adaptive ski equipment, training over 200 volunteers and professional staff members, and subsidize the cost of lessons.

**Contact**  
Shelly Egezer  
909-564-0269  
Shelly@usarc.org

4TH ANNUAL  
**ARCADE SKINNY SKI-A-THON**  
BENEFIT FOR HIGHFIVES

MONDAY MARCH 31, 2014  
KT-22 SKI LIFT  
SQUAW VALLEY, CA  
9AM - 4PM

REGISTER OR DONATE HERE.  
[WWW.SKINNYSKI.HIGHFIVESFOUNDATION.ORG](http://WWW.SKINNYSKI.HIGHFIVESFOUNDATION.ORG)

**4th Annual skinny SKI-A-THON**

Gather your friends, family and co-workers, and join us for the skinny SKI-a-Thon, presented by Squaw Valley, Fireside Pizza, K2, Arcade Belts, GoPro, and SNOCRU.

Registration at Wildflour Baking Co., Squaw Valley (bottom Olympic House)

Proceeds to benefit High Fives.

# LILA lapanja

## FWSA Scholarship Awardee

*Lila made the U.S. Alpine Ski Team in 2013 and is living the dream*

**Lila Lapanja** has been leaving her mark in the USST junior ranks with her recent great performances in NorAm Cup and also last season's National Championships, where she was right up there with her older teammates from the A-team.



facebook.com/Lila.Lapanja

*Lila's pre-season training has her lifting 75 kilos (165 lbs.).*

The 19-year old from Lake Tahoe is considered one of the biggest young American hopes and is one of the technically strongest members on the Development team.

Lila inherited the love of skiing from her father, the former Slovenian skier **Vojko Lapanja**, whose biggest success was 2nd place in giant-slalom in Park City 1995.

Vojko moved to the States in 1991,

when he got a scholarship from Sierra Nevada College. While studying he met the American journalist and author **Margaret Beiser**, fell in love and on December 3, 1994 Lila was born.

The young skier has dual citizenship, she loves coming to Slovenia, she is rooting for **Tina Maze** and **Bode Miller**, and she's not considering changing teams.

Lila graduated from high school this year, so she doesn't have to worry about completing studies anymore! Skiing was always her priority and her high school teacher understood that and customized an independent studies program—when she was home between races, she would put as much focus into her schoolwork projects as she did into skiing.



facebook.com/Lila.Lapanja

*Lila took some pre-season turns at Loveland with her team mates.*

Lila studied German in school and now will continue to learn it better, so she can speak more fluently when she travels to Europe and races. She is also working to improve her Slovenian grammar!



facebook.com/Lila.Lapanja

*Lila finishing strong.*

Lila is very interested in nature and animals. It is very important to understand the lives of animals and find ways to preserve their habitat and appreciate their beauty.

She also loves to play other sports, especially tennis and ping-pong! Her passions also include traveling and learning about other cultures and people.

Since she grew up speaking Slovene with her father and his family, she is very interested in language and wants be fluent in Slovene and German! ♦

sochi 2014

**Team USA  
Women Ski Jumpers  
Surge to Sochi  
2014 Winter Olympics**

Photo of Sarah Hendrickson—US Women's Ski Jumper

For information on Women's Ski Jumping go to [wsjusa.com](http://wsjusa.com)

## women's jumping USA

Join in celebration of the VISA Women's Ski Jumping Team (WSJUSA), repeat World Cup champions with the 2013 World Champion **Sarah Hendrickson**.

Help kick-off the 2014 season, the most important ever. The ladies are prepared for their much-anticipated debut in the Olympic Winter Games in Sochi, Russia — the first time ever women ski jumpers will get to compete in the Olympics.

WSJUSA has launched a campaign to raise \$70,000 to meet their last minute needs and the Far West Ski Foundation can help you send them to Sochi. Go to [farwestskifoundation.org](http://farwestskifoundation.org) to make a donation. Tax ID# 47-0924604. ♦



## first winter **OLYMPICS**

# U.S. man awarded first ever winter gold medal

*While looking forward to Sochi, we look back at where it all started*

Much has changed since the first Winter Olympics were held in Chamonix, France, in 1924.

Originally called Semaine Internationale des Sports d'Hiver ("International Winter Sports Week") and held in association with the 1924 Summer Olympics, the sports competitions were held at the foot of Mont Blanc in Chamonix, France between January 25 and February 5, 1924.

The first winter games featured 258 athletes participating in 16 events across six sports including figure skating, skiing, bobsleigh and ice hockey, as well as a military patrol competition.

The first gold medal awarded in the Olympic Winter games was won by American **Charles Jewtraw** in the 500-meter speed skate.

Competitors' attire was less slick and aerodynamic than we see today, with the look perhaps best described as Great Gatsby on Ice & Snow. Check out the collection of images from the 1924 Chamonix Olympics. ♦



Poster for the 1924 Winter Olympic Games.



Speedskaters at the starting line.



U.S. Charles Jewtraw wins first winter Olympic gold in the 500-m speed skate.



The Swedish and British curling teams.



Three members of the Swedish curling team taking a break to have a drink.



Clearing snow at the Olympic stadium.



An ice hockey team.



# first winter OLYMPICS

The Canadian ice-hockey team finished their qualifying round with 3 wins, scoring a total of 85 goals against Switzerland, Czechoslovakia, and Sweden without surrendering even a single goal. Canada would dominate ice hockey in early Olympic competition, winning six of the first seven gold medals awarded.



Andrée Joly and Pierre Brunet won bronze in pairs figure skating in Chamonix before taking gold in 1928 and 1932. This French couple got married in 1929.



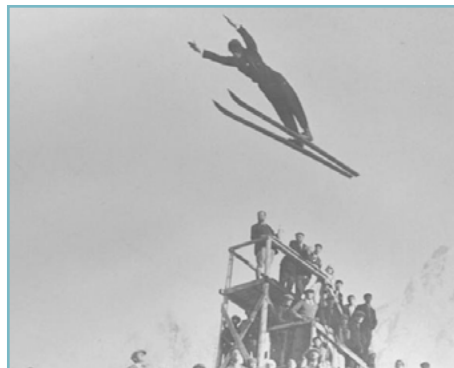
Julius Skutnabb and Clas Thunberg of Finland won a combined eight speedskating medals in Chamonix.



Competitors in the bobsled.



Norway's Sonja Henie finished eighth (out of eight) in figure skating in Chamonix. She was just 11 years old. Henie would go on to win gold in 1928, 1932, and 1936.



Jacob Tullin Thams of Norway, gold medalist in ski jumping.



The silver-medal-winning British bobsled team.

| Rank | Nation               | Total |
|------|----------------------|-------|
| 1    | Norway               | 17    |
| 2    | Finland              | 11    |
| 3    | Austria              | 3     |
| 4    | Switzerland          | 3     |
| 5    | United States        | 4     |
| 6    | Great Britain        | 4     |
| 7    | Sweden               | 2     |
| 8    | Canada               | 1     |
| 9    | France (host nation) | 3     |
| 10   | Belgium              | 1     |

| Medal    | Name   | Sport          | Event                      |
|----------|--|----------------|----------------------------|
| 1 Gold   | Charles Jewtraw  | Speed skating  | Men's 500 metres           |
| 2 Silver | Beatrix Loughran   | Figure skating | Ladies' singles            |
| 2 Silver | United States men's national ice hockey team<br>Taffy Abel      John Lyons<br>Herbert Drury    Justin McCarthy<br>N. Geran          Willard Rice<br>Alphonse Lacroix    Irving Small<br>John Langley        Frank Synott | Ice hockey     | Men's competition          |
| 3 Bronze | Anders Haugen  | Ski jumping    | Men's K90 individual (70m) |

U.S. medals won at the first winter Olympics.

it's a **WRAP**

# WATER SPORTS on the Colorado River

*Needles Marina welcomes the Radar River Rats*

More photos can be found at [radarriverrats.org](http://radarriverrats.org)

**October 4—6, 2013**

Another great weekend of skiing and boarding. Fall was in the air with winds coming from the north.

While the winds were strong at times, they were blowing down river so no white caps and smooth skiing/boarding all day long.

First timer Boden was a natural and jumping the wake by the end of the weekend.

Fun to have the twins, Brooke and Sienna back. Next year they want to ski. So much fun. ♦



*Connie having way too much fun.*



*Zac is awesome on the board. Must be the tongue hanging out.*



*Love these girls. They are adorable and older than their years.*



*Boden and Natasha.*



*These ladies spent most of their time in Laughlin— Jane, Stephanie, Karen*



*Lunch for the bunch.*



*Carl getting his glass run.*



*A beautiful family inside and out— Connie, Sienna, Brooke, Zac.*

photos courtesy Catherine Ohl



it's a **WRAP**

# WATER SPORTS on the Colorado River

*Needles Marina welcomes the Radar River Rats*

More photos can be found at [radarriverrats.org](http://radarriverrats.org)

**October 18—20, 2013**

This was by far the best ski/board weekend of the year! The weather was perfect—in the high 80s with little to no wind.

Granted the 7 AM run was a bit on the cool side but it was well worth it. Then again the water was glassy all day.

And of course the highlight was Gene's deep fried turkey which was to die for.

Zac brought two fellow school teachers who are now hooked on boarding. Carl's wife Kyoto came around to cheer him on and touch bases with all of us.

Joel made his first trip of the year while Barbara and Rick were back for seconds.

All the board members (except Patricia) closed out the season at the river this weekend.

"The boys" shared a few special beers on Friday (and paid for it on Saturday). ♦



*This beer must be drunk by next Wednesday— it says so on the bottle.*



*Joel with his own special beer.*

photos courtesy Catherine Ohl



*Paul and Carmen— Still holding hands after 24 years.*



*New wake boarders Heather & Kasey.*



*Mark got the leg. Yummy.*



*Kyoko & Carl.*



*Gene's deep fried turkey was perfect.*



## BIKING to stay in shape



### Join Pacific Rim Bike Mission Bay

Fridays at 10 AM

Dec 20, 2013

Feb 14, 2014

Jan 10, 2014

March 21, 2014

Meet in the Parking Lot just East of the Bahia Hotel, 998 West Mission Bay Dr.

### About the Ride

- Easy 20 miles around the bay!
- Can add 3 or 5 miles by taking the short or long way around Fiesta Island.
- The 260-foot \$2.9 Million Rose Creek bridge is now open!
- Bring water, helmet, sunscreen, extra tube and money for lunch.

Contact Gene at [gene@pacificrimalliance.org](mailto:gene@pacificrimalliance.org) or 858-467-9469 if you will be joining us.

## wanna RACE?

If you'd like to test your skills in a race course, as a member of Pac Rim you can race in League, Council and Far West sponsored races. More information is available at [fwra.com](http://fwra.com).

These dates are tentative and subject to change. *Rokka & Ullr are LAC leagues, SDAL is the San Diego Alpine League.*

January 6-10, 2014 (M-F)

January 11, 2014(Sat)

January 29, 2014 (Tue)

February 22, 2014 (Sat)

March 22, 2014 (Sat)

March 23, 2014(Sun)

April 4, 2014 (Fri)

April 5, 2014 (Sat)

April 6, 2014 (Sun)

Rokka Ski / Board Race Camp

Rokka 2 & Ullr 2 & SDAL 2 (SL)

SDAL 3 (SL)

Rokka 3 & Ullr 3 + SDAL 4 (GS)

SoCals Championships (GS)

SoCals Championships (SL)

FWRA Championships (pacesetters)

FWRA Championships (SL)

FWRA Championships (GS)

Mammoth

Mammoth

Beaver Creek

Mammoth

Mammoth

Mammoth

Mammoth

Mammoth

Mammoth





## FWSA/FWRA trips



### Rokka League's 2013-2014 Ski, Board, and Race Camp January 6th-10th, 2014, Mammoth Mountain, CA

Rokka camp is open to all racers, skiers, and snowboarders

#### REGISTRATION FEE \$525

Price includes five days of 5-hour lessons with top race coaches and ski and snowboard instructors (same instructor every day), video analysis, slalom race on Friday, and a happy hour Friday with a raffle benefiting [Disabled Sports Eastern Sierra](#). Small class size: 4-to-7 students per class.

Minimum of 4 students per class, or else a 3-hour lesson every day.

#### PLEASE PRINT CLEARLY!

Name \_\_\_\_\_  
Street \_\_\_\_\_  
City & ZIP \_\_\_\_\_  
Club or League Affiliation \_\_\_\_\_  
Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_  
Cell Phone \_\_\_\_\_ Email \_\_\_\_\_



#### LESSON REQUEST (check one)

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> Racing Beginner (Class 9-10)    | <input type="checkbox"/> Skiing Beginner     | <input type="checkbox"/> Snowboarding Beginner     |
| <input type="checkbox"/> Racing Intermediate (Class 6-8) | <input type="checkbox"/> Skiing Intermediate | <input type="checkbox"/> Snowboarding Intermediate |
| <input type="checkbox"/> Racing Advanced (Class 0-5)     | <input type="checkbox"/> Skiing Advanced     | <input type="checkbox"/> Snowboarding Advanced     |

#### Payment Schedule:

I request a \$100 deposit so we can get an early count of how many are planning on attending race camp. Full payment is due by 12/20/13.

**Cancellation Policy:** Since this is a bare-bones camp, \$500 refund if cancelled before 1/1/14.

Mail checks payable to "San Diego Alpine League" with this form filled out to:

Robert L.T. Brower 3859 Bernice Drive, San Diego, California 92107-2701

For more information, contact me at: 1-800-321-4492x4777 or [skinut@cox.net](mailto:skinut@cox.net)



### Far West Ski Association presents 2014 Mini Ski Week



### snowbasin A SUN VALLEY RESORT

February 22-27, 2014  
Adult Package Priced \$415 - \$550 pp

#### Includes—

- 5 Nights Lodging La Quinta Inns & Suites in Layton, UT (dbl. occ.)
- Daily Deluxe Continental Breakfast
- Welcome Party
- Farewell Party at Antelope Island State Park
- 2 or 3 Day Lift Tickets at Snowbasin
- Prices available for Seniors (65+), Children & Teens
- Transfers to/from Snowbasin

#### Does Not Include—

- Air
- Ground Transfer from/to Airport

#### Optional Activities—

- Ski Day at Canyons (EPIC Pass now valid here)
- Lunch/Dinner and Shopping in Salt Lake City or Ogden
- Party at Bogey Social Club

La Quinta Inns & Suites feature indoor swimming pool, FREE continental breakfast, FREE Wi-Fi, flat-screen cable TV and hot tub.

Davis Area is known as the "Amusement Park Capital of Utah," the "Home of the Great Salt Lake" and the "Gateway to Antelope Island."

Snowbasin is the location of the 2002 Men's and Women's downhill Winter Olympic races and is one of the oldest continuously operating ski areas in the nation.



|                  |  |
|------------------|--|
| Base Elevation   | 6,291 ft (1,917 m)                       |
| Summit Elevation | 9,250 ft (2,819 m)                       |
| Vertical Drop    | 2,959 ft (902 m)                         |
| Skiable Area     | 2,820 acres                              |
| Annual Snowfall  | 300 in                                   |
| Snowmaking       | 34%                                      |
| Number of Lifts  | 10 (2 Hi-Speed Quad, 2 Gondolas, 1 Tram) |
| Trail Ratings    | 10% 10% 40% 25% 25%                      |
| Number of Trails | 104                                      |
| Longest Run      | 3 miles                                  |

Contact—  
Gloria Raminha  
Trip Leader  
[garski2011@gmail.com](mailto:garski2011@gmail.com)  
661-829-5996 (H)  
661-800-8229 (C)  
[www.fwsa.org](http://www.fwsa.org)  
CST#2036983-40

Must be a member of an FWSA affiliated club / council or a Direct Member of FWSA.

### FWSA 2014 Int'l Ski Trip to Zermatt, Switzerland

March 6<sup>th</sup> to 15, 2014 & Barcelona & Madrid, Spain Mar. 15 – 23, 2014

(\*If using FWSA Group Swiss Air – departure is Mar. 6, 2014 with overnight in Zurich.  
If using own air you must arrive by 5 pm at Zermatt hotel on Mar. 8, 2014)

#### Ski Week in Zermatt, Switzerland – March 8-15th:

3 Lodging properties to choose from!

Approx. hotel costs \$1908.00pp – \$2908.00pp (dbl occ.) based on lodging choice [no air]  
Single Supplements are available. [See Hotel Lodging Options Sheet]



Zermatt, Switzerland's best-known ski resort has the highest concentration of mountains and glacial ice in the Alps and the most magical and romantic car-free village situated at the foot of Switzerland's most famous landmark: the Matterhorn. It is considered by many true mountaineers to be the peak of all peaks.

You will find a wide range of possibilities for the experienced skier and many wide open groomed runs for the intermediate and beginning skier. Ski in Switzerland and Italy in one day when you ski over the peak to Cervinia. Combined with the spectacular natural beauty, Zermatt is a record-holding destination which includes Europe's longest ski run with 25km, the highest-altitude sightseeing platform in the Alps, Europe's highest-altitude aerial cableway to the Matterhorn glacier paradise, Europe's highest-altitude cogwheel railway in the open air (no tunnels), to the Gornergrat at 3,089 m.a.s.l. – Great trip for the non-skier too!

#### Trip includes:

- 7 night's accommodations in the hotel of your choice
- Breakfast & Dinner daily at the hotel (buffet or plated depending on lodging property)
- All airport ground transfers
- Multi-lingual guide meeting the FWSA Group Air people upon arrival.
- Wi-Fi in lobby or hotel room depending on lodging property (see lodging options sheet)
- Welcome/Orientation on March 8<sup>th</sup> at The Zermatt Alpine Museum
- Après ski gatherings – details to be provided
- Optional day tours – details to be provided



#### Barcelona & Madrid, Spain Extension

March 15 to 23, 2014

Approx. \$2770.00pp (dbl occ.) or \$3390.00pp Single Supp.

#### Trip includes:

- If using FWSA Group Air – price DOES include flight from Zurich to Barcelona
- All airport ground transfers for both weeks
- 4 nights in Barcelona – Avenida Palace Hotel\*\*\*\*
- 4 nights in Madrid – Catalonia Atocha\*\*\*\* or similar
- English speaking tour escort/manager for entire tour.
- Various breakfasts, lunches and dinners – details to be provided
- Day excursions – details to be provided
- Train transportation from Barcelona to Madrid with luggage handling in & out of hotels
- Farewell Dinner and much more....



> All Prices are based on current exchange rates and subject to change.  
> Stand Alone SPAIN ONLY – NO Zermatt trip is available. Contact Debbie Stewart for details and pricing.

Make checks out to: Far West Ski Association (FWSA). Please reference "FWSA 2014 Int'l Trip" on each check.

Send to: Debbie Stewart  
FWSA VP of Int'l Travel  
430 S. Church St.  
Visalia, CA 93277

For more information contact: Debbie Stewart at [FWSAIntlTrvl@prodigy.net](mailto:FWSAIntlTrvl@prodigy.net) or cell: 559/737-0882

HOLIDAZE SKI TOURS

CST # 2036983-40



### FWSA International Travel Program

Presents in the Fall of 2014:

#### SOUTH AFRICA SAFARI ADVENTURE TRIP

September 5th - 16th, 2014—South Africa 10 Day Eastern Cape & Garden Route Tour

Note: Sept 5th US departures will arrive in Port Elizabeth on September 7th

September 16th - 20th, 2014—(Optional) 4 Day Victoria Falls Extension

#### SOUTH AFRICA MAIN TOUR PACKAGE SUMMARY:

- ◊ Several Morning, Day & Evening Wildlife Safaris
- ◊ Excursion through Kaysna Lagoon to the Featherbed Nature Reserve
- ◊ Cape Town City Tour
- ◊ Winelands Tour
- ◊ Cango Ostrich Farm Tour
- ◊ Cango Caves Tour
- ◊ Most Meals
- ◊ All Lodging & Ground Transportation



#### \*\*Main South Africa Tour Package prices (without air) start at:

\$2915.00 pp—Double Occupancy (South Africa ONLY Trip)  
\$3434.00 pp—Single Supplement (South Africa ONLY Trip)

#### VICTORIA FALLS (post trip) PACKAGE SUMMARY:

- ◊ Sunset River Cruise
- ◊ Victoria Falls Tour
- ◊ Historical Bridge Tour
- ◊ Safari at Victoria Falls Private Game Reserve
- ◊ Breakfast & Dinner
- ◊ All Lodging & Ground Transportation



#### \*\*Victoria Tour Package prices (with inter-country air) start at:

\$1757.00pp Standard Room (Dbl Occ) or \$2156.00pp Deluxe Room (Dbl Occ)-Victoria Falls Extension  
\$2340.00 pp—Single Supplement Victoria Falls Extension

#### Air prices:

FWSA Air-San Francisco, CA—Approx. \$2302.00 pp—\$750 Deposit  
FWSA Air-Los Angeles, CA—Approx. \$2302 pp—\$750 Deposit

Note: Secondary Airports and Air Deviations can be purchased for you as a Non-Refundable ticket and must be paid for at the time of booking.

All Prices are based on current exchange rates and subject to change

Make checks out to Far West Ski Association (FWSA). Please reference "FWSA Africa Safari"

Send to: Debbie Stewart  
FWSA VP of Int'l Travel  
430 S. Church St.  
Visalia, CA 93277

Or register online at: <https://fwsa-connect.herokuapp.com>

For more information contact: Debbie Stewart at [FWSAIntlTrvl@prodigy.net](mailto:FWSAIntlTrvl@prodigy.net) or cell: 559/737-0882

Check our website at [www.fwsa.org](http://www.fwsa.org). Click on the "Travel" tab for all FWSA trips. CST #2036982-40



# radar **RIVER** rats



colorado **RIVER** skiing/boarding

needles **MARINA**



**NEW Location!** We will be setting up camp at Needles Marina which has a pool, is close to local hotels and a 5 PM check-out

**\$TBA\*\***



photo courtesy Catherine Ohl

## water **SKIING** wake **BOARDING** at it's very best!

### 2014 Colorado River **SCHEDULE**

**June 20–22**

**July 11–13**

**Aug 8–10**

**Sept 5–7**

**Oct 3–5**

**July 25–27**

**Aug 22–24**

**Sept 19–21**

**Oct 17–19**

*Everyone Welcome*

**Friends • Family • Beginner • Expert**

Please note: Our skis and wake boards are best suited for Beginners to Intermediates. We suggest if you require more advanced equipment that you rent them from your local sporting goods store.

### Trip Includes—

- 1 Full & 1 Half Day Skiing/Boarding
- Equipment & Instruction
- Waterfront Camping
- Water Games
- 5 Meals– 3 on Saturday & 2 on Sunday
- Saturday Happy Hour
- Beer, Wine & Soda on Saturday & Sunday

### What's Available!—

- **Location— Needles Marina**
- Pool, Showers & Rental Cabins available
- 6 PM Check-in. 5 PM Check-out on Sunday
- Option to add Friday Skiing/Boarding

### Prices—

|          |                    |
|----------|--------------------|
| \$TBA ** | Skier / Boarder    |
| \$TBA    | Non-Skier *        |
| \$35     | Child age 6–12 *   |
| Free     | Child 5 and under* |

\* May not ride in the club boat during club hours.

\*\* Subject to fuel surcharge if gas is more than \$5/gal

### For Trip Information—

Visit [www.RadarRiverRats.org](http://www.RadarRiverRats.org)

Call Patricia at 323-651-0686 (before 9 PM)

### Boat Drivers—

Call Gene at 858-467-9469 (before 9 PM)

# Italy 2014

[www.PacificRimAlliance.org](http://www.PacificRimAlliance.org)

## SESTRIERE — \$1,249 per person dbl. occ.

March 8–16, 2014

### Sestriere Package Includes

- Seven nights **Lodging** at 4-star Hotel Cristallo
  - Near Town Center & across from Lifts
  - Breakfasts and Dinners Daily
  - Jacuzzi, Turkish Bath & Gym
  - Massage & Solarium (for a fee)
- **Transfer** from/to Milan Airport
- Daily Après Ski **Parties**

### Not Included

- Lift Tickets
- Round Trip **Air** on SWISS to Milan

### San Francisco Air

Sat. 03.08.2014 LX 39 19:25 SFO - 15:40 ZRH  
Sun. 03.09.2014 LX 1622 17:00 ZRH - 17:55 MXP

Thur. 03.20.2014 LX 1617 11:00 MXP - 12:10 ZRH  
Thur. 03.20.2014 LX 38 13:05 ZRH - 17:25 SFO

### Los Angeles Air

Sat. 03.08.2014 LX 41 19:25 LAX - 15:45 ZRH  
Sun. 03.09.2014 LX 1622 17:00 ZRH - 17:55 MXP

Thur. 03.20.2014 LX 1617 11:10 MXP - 12:10 ZRH  
Thur. 03.20.2014 LX 40 13:15 ZRH - 17:55 LAX

Book your air ASAP. Price with taxes about \$1,150

## CINQUE TERRE — \$529 per person dbl. occ.

March 16–20, 2014



### Cinque Terre Package Includes

- Four nights **Lodging** at 4-star Hotel Europa, Rapallo
- Buffet **Breakfast** Daily
- Hotel **Taxes**
- **Transfer** from Sestriere
- Daily Après Ski **Parties**

### \$400 Payment due NOW—

Pacific Rim Alliance  
10818 Viacha Dr., San Diego, CA 92124

For Information contact Gene Fulkerson—  
[gene@pacificrimalliance.org](mailto:gene@pacificrimalliance.org) or 858-467-9469

### Cancellation—

Second Payment \$800 due Sept. 1, 2013  
Balance Payment due Jan. 1, 2014  
No Cancellations after Jan. 1, 2014

### Via Lattea in Piemonte, Italy

- Skiable area: 250 miles
- Snowmaking: 75 miles
- Ski lifts: 88
- Runs: 7 Green, 112 Red, 54 Blue, 36 Black

The Via Lattea (Milky Way) resort consists of Claviere (5775 feet), Sansicario (5577 feet), Sauze d'Oulx (5000 feet), and **Sestriere** (6677 feet) in Italy, and Montgenève (6070 feet) in France. These are the base elevations.



**BIG WHITE** new non-stop air



Celebrate Big White's 50<sup>th</sup> Anniversary!

**Bring your FRIENDS to  
 BIG WHITE in 2014!**

*It's never been better...*

- Travel United NON STOP from LAX.
- Book a 7 night package.
  - Big White has special deals where you can book 5 nights and get 7 nights in most of their properties.
- Discounted Lift Tickets & Transfers available.

**This is the best offer that has ever been available and the air is NON STOP!**



**Round-trip AIR from \$325**

New for the 2013-14 Ski Season is United flights NON STOP for LAX to Kelowna. Flight time is a bit over 3 hours.

Pricing starts are \$325. **Book today!** These seats won't last long.

**Call Central Reservations at 800-663-2772** with your dates and number of people in your party. You will be required to send a deposit immediately.



# Big White powder

April 5–12, 2014

[www.PacificRimAlliance.org](http://www.PacificRimAlliance.org)



photo courtesy Big White

## Basic Package \$699 per person dbl occ \*

- Seven nights **Lodging** at The White Crystal Inn
  - Ski in / Ski out, located in the Village Center.
  - Standard Room with 2 Queen Beds.
  - Rooms have Mini-fridge & Coffee Maker.
  - On-site Santé Bar & Grill
    - Open Breakfast, Lunch, Dinner.
  - Hot Tub & Lockers.
  - Includes GST and Bed Taxes.
- Seven days **Lift Tickets**.
- **Transfer** from/to Kelowna Airport.
- Daily Après Ski **Parties**.

## NOT Included—

- Air** to/from the Resort
  - **United flies non-stop from LAX from \$324**
  - West Jet flies non-stop from LAX
  - Air Canada/Jazz, Alaska/Horizons fly into Kelowna

## \$200 Payment due NOW—

**Pacific Rim Alliance**  
10818 Viacha Dr.  
San Diego, CA 92124

## Cancellation—

Final Payment due Feb. 1, 2014.  
No Cancellations after Feb. 15, 2014.

\* Superior Kitchenette— add \$95 pp

## about Big White

- 25 feet annual dry powder.
- 2,800 patrolled skiable acres.
- 2,550 feet of vertical.
- 4.5 miles longest run.
- 6% ◆◆ 22% ◆ 54% ■ 18% ●
- 118 designated runs.
- 10 ski lifts (6 are high speed).
- Free ski hosts tour at 10:30 AM.
- 5,757 feet Village elevation.
- 18 Restaurants & Bars.
- The Best Ever Powder Skiing.





# Far West Ski Association

## 82<sup>nd</sup> Annual Convention

### Volcanic Paradise



"The Voice of the Western Skier"



## June 12-15, 2014

### The Riverhouse Hotel & Convention Center



3075 U.S. 97 Business, Bend, Oregon 97701

800-547-3928 or 541-389-3111

[www.riverhouse.com](http://www.riverhouse.com)

Hosted by Northwest Ski Club Council



Bend is world famous for both its outdoor pursuits and pristine beauty. The historic downtown mixes cosmo with homegrown friendliness. Now it's your turn to experience Mt. Bachelor and Bend Oregon!

### The Riverhouse Resort, Hotel & Convention Center

**Reservations** call 800-547-3928 or 541-389-3111

**Group Name** Far West Ski Association 2014

**Room Rates per night plus tax** single or double occupancy

**River Views \$129**

**Non-River Views \$119**

### Hotel Features

- 2 restaurants, bar & lounge, spacious rooms, indoor and outdoor heated pools, spas, saunas and exercise room, walking distance to Bend River Promenade Shopping Mall and Family Fun Center
- NO Resort Fees, FREE In-room Wi-Fi, FREE Parking
- Rates available 3 days pre and post Convention

### Transportation

- Air transportation is via Redmond Municipal Airport (RDM), located 15 minutes from The Riverhouse.
- Rental cars and shuttle service are available at the airport.

### Convention Highlights

- Silent Auction
- Travel Expo
- Snowsports Leadership Academy
- Celebrity Speakers
- Public Affairs Panel
- Saturday Awards Luncheon
- Celebrity Multi-Media Presentation
- Saturday Awards Dinner
- Far West General Meeting & Elections

### Optional Activities

- Thursday Activities
  - Mt. Bachelor Tour, Lunch & Activities
  - Pub Crawling Bend Style
- Friday Activities
  - Michael German Golf Tournament
  - Smith Rock Geologic Wonderland Tour
  - Old Mill District Shop-Dine-Wine
  - Pool Party

## Information

[www.fwsa.org](http://www.fwsa.org)

### Jane Wyckoff

FWSA Convention Chairperson

[janeWyckoff1@cox.net](mailto:janeWyckoff1@cox.net) or 949-933-9607

### Mary Olhausen

Silent Auction / Travel Expo Chair / Convention Coordinator

[omary52@comcast.net](mailto:omary52@comcast.net) or 503-880-7383

### giving BACK

*There are so many ways to get involved and it's so easy to do.*

#### Can Do MS

For the past 13 years the Rats & Pacific Rim has hosted a wine maker dinner for **Can Do MS**. Each dinner typically raises around \$2,500. 100% of the proceeds go to the Center. We accept donations year round whether you attend the dinner or not.



**Can Do MS** [formerly Heuga Center for MS]  
 IRS 501(c)(3) Number 74-2337853  
[www.mscando.org](http://www.mscando.org) • 970.926.1290

Our next dinner will be **Sept. 27, 2014**.  
 For more information contact

Gene Fulkerson  
[gene@pacificrimalliance.org](mailto:gene@pacificrimalliance.org)  
 858-467-9469

#### Hope on the Slopes



The goal of **Hope on the Slopes** is to not only have fun, but also raise money for the American

Cancer Society, helping in its mission to eliminate cancer.

Pledges raised through Hope on the Slopes help provide cancer patients and their families with information and support, fund research that leads to improved treatments, educate the public about cancer prevention and early detection, and help ensure that everyone has access to lifesaving cancer screenings.

Hope on the Slopes is a team and individual 12-hour skiing event held at various ski resorts around the country. Participants engage in a virtual competition with other Hope on the Slopes participants in two categories: Dollars Raised and Vertical Feet.

To find out more visit <http://www.cancer.org/MyAcs/GreatWest/AreaHighlights/hope-on-the-slopes>.



For more information visit <http://woundedwarriorproject.org/>

*Wounded Warrior Project (WWP) is a nonprofit organization whose mission is to honor and empower Wounded Warriors. WWP seeks to assist those men and women of our armed forces who have been severely injured. They need our help.*

#### USARC

**United States Adaptive Recreation Center (USARC)** is committed to guiding people with disabilities toward the creation and affirmation of rewarding lifestyles. Located in Big Bear, CA, USARC runs an adaptive ski school in the winter. In the summer USARC takes to the fresh waters of Big Bear Lake for wet and wild adaptive water sports.

Volunteers are always needed. Volunteers must be at least 18 years old; intermediate skiers, water sports enthusiasts, or mountain bikers; able to complete the required training criteria, and available to teach midweek.

To volunteer contact **Sara Richter**, Outreach Coordinator, [sara@usarc.org](mailto:sara@usarc.org).

#### Recycle Program

The Rats recycle cans, bottles and glass on all our trips. Each quarter we donate the proceeds to a charity. This quarter's donation will go to the **Wounded Warrior Project**.



To contribute <https://support.woundedwarriorproject.org/default.aspx?tsid=66&campaignSource=WEBSITE&source=ONLINE>.

#### Support The Unrecables

Register your Ralphs Card [each Sept]

**The Unrecables Ski Club** is a non-profit, volunteer-based organization,



servicing the recreational needs of people with disabilities. They promote adaptive sports, and encourage people with disabilities to participate in sports, recreational, and social activities in their communities. The club is a member of the LA Council of Ski Clubs.

[Re]registering your Ralphs Card is easy.

- Log in to [www.ralphs.com](http://www.ralphs.com).
- Click on **Community Contribution**.
- Click on **Participant**.
- Follow the easy steps to enroll. **Their NPO# is 80831**. Be sure to complete all information.
- Set back and watch your grocery shopping save you money and at the same time earn revenue for The Unrecables.

To volunteer visit [unrecables.org](http://unrecables.org) or email [info@unrecables.org](mailto:info@unrecables.org). ♦



# Membership Application

ALL Pacific Rim Alliance attendees must be a member to participate in one of our trips. Our membership year is from July 1, 2013 through June 30, 2014.

To join the Pacific Rim Alliance, fill out the following, Sign your release of liability and send with your check [payable to Pacific Rim Alliance] to:

**Pacific Rim Alliance**  
10818 Viacha Dr., San Diego, CA 92124

Name [1]: \_\_\_\_\_ Name [2]: \_\_\_\_\_

Home Addr: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

E-Mail Addr [1]: \_\_\_\_\_

E-Mail Addr [2]: \_\_\_\_\_

Cell [1]: \_\_\_\_\_ Cell [2]: \_\_\_\_\_

Home: \_\_\_\_\_ Work [1]: \_\_\_\_\_

Birthday [1]: \_\_\_\_\_ Birthday [2]: \_\_\_\_\_

Indicate Membership

[Includes membership in FWSA, LA & San Diego Councils, NSAA]

- \$8 INDIVIDUAL Membership
- \$10 FAMILY Membership—Significant other, spouse, children, friends residing at same residence qualify.

Photographs of members participating in club activities are routinely included in a newsletter or on our web site or facebook which is distributed to the membership and other interested parties and is made available to the general public. Signature is required below to agree to this and to the terms of the Release of Liability to the right.

Signature [1]

Date

Signature [2]

Date

## Release Of Liability, Waiver Of Claims, Express Assumption of Risk and Indemnity Agreement

WAIVER: I am aware that participation in the Pacific Rim Alliance events has, in addition to the usual risks, dangers and hazards associated with travel, snowboarding, alpine, Nordic, Heli & off-piste skiing, certain additional risks, dangers and hazards including, but not limited to: boarding, riding and disembarking ski lifts; changing weather conditions; exposed or hidden natural or man-made objects; avalanches; failure to ski or ride safely or within one's own ability; and negligence on the part of other skiers and boarders, the organization or their staff.

I freely accept and fully assume all such risks and danger and the possibility of personal injury, disability, death, loss or damage to person or property that may occur as a result of my engaging in the above activities.

I HEREBY RELEASE AND HOLD HARMLESS [releases Pacific Rim Alliance] WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, or loss or damage to person or property, WHETHER CAUSED BY NEGLIGENCE OR OTHERWISE.

I hereby release the releasees, their officers, directors, employees, representatives, agents, and volunteers from liability and responsibility whatsoever and for any claims or causes of action that I, my estate, heirs, survivors, executors, or assigns may have for personal injury, property damage, or wrongful death arising from the above activities whether caused by active or passive negligence of the releasees or otherwise.

## MEMBERSHIP has its BENEFITS

The National Ski Council Federation has discount benefits for club members which include: Cellular Abroad, East West Resorts, Rentskis.com, Crazy Heads, Geardirect.com, Breeze Ski Rental, Mountain Chalet, and so much

more. They have a great pair of carbon ski poles for a mere \$30 with all their member association logos. Such a deal.

Check out [www.skifederation.org](http://www.skifederation.org) for the complete list of benefits. Go to the "Members Only" area and input the following:

User Name: **skiclub**  
Password: **member**



**FWSA**  
**2013-2014**  
**Membership Card**  
Expires June 30, 2014  
[www.fwsa.org](http://www.fwsa.org)

Name \_\_\_\_\_  
Club Pacific Rim  
Member ID PRA-007

The bearer of this card is a member of Far West Ski Association and entitled to all the benefits associated with membership in FWSA. This card is non-transferable. Photo ID is required.

[You must be a current member to sign up for this trip— include Dues and Membership Application if not a member]

Printed Name[s] \_\_\_\_\_

Street Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ ZIP \_\_\_\_\_

Cell Phone \_\_\_\_\_ Home Phone \_\_\_\_\_ e-mail \_\_\_\_\_

**Deposit Due:**

- full payment FWSA **Beaver Creek**, CO, Jan 25 – Feb 1, 2014
- full payment **Sestriere**, Italy, March 8–20, 2014
- full payment **Big White**, Canada, April 5–12, 2014
- \$400 per person **New Zealand & Tasmania**, August 2015 [tentative]

**CONTACT Information**

Gene Fulkerson, VP Travel  
 gene@pacificrimalliance.org  
 858-467-9469

**Send this FORM with your Deposit made out to Pacific Rim Alliance to:**

Gene Fulkerson, 10818 Viacha Dr., San Diego, CA 92124

**powder ALLIANCE**

How would you like to ski at 12 ski areas for the price of one? This is now possible, thanks to the alliance forged between 12 ski areas in the western USA. The deal is that anyone with a season pass from any of these ski areas receives not only unlimited skiing at their home ski area but also 3 free lift tickets at each of the other ski areas for Sunday–Friday and non-holidays.

The Powder Alliance consists of the following 12 ski areas:

- Timberline (OR)
- Mt. Hood Skibowl (OR)
- Schweitzer Mt. (ID)
- Bridger Bowl (MT)
- Stevens Pass (WA)
- Sierra-at-Tahoe (CA)
- China Peak (CA)
- Mountain High (CA)
- Snowbasin (UT)
- Snowbowl (AZ)
- Crested Butte (CO)
- Angel Fire (NM)



In effect, you get

- 12 Resorts
- 123 Lifts
- 806 Trails
- 26,782 Vertical Feet
- 17,804 Skiable Acres
- 3919" Cumulative Annual Snowfall



## the FINE PRINT

*Skiing is a dance in which the mountain always leads.*

### About Pacific Rim

Pacific Rim Alliance is all about skiing. We were formed with the express notion of **never** having to attend a meeting.

Originally we were all about skiing exotic resorts in Europe, South America and New Zealand. These have been scaled back due to the weak economy. We are now resuming them.

We have gotten into the groove of running early and late season ski weeks to **Big White Ski Resorts** in Canada. These trips run about \$700 per person and include hotel lodging (double occupancy), 6-day lift ticket, ground transfer from/to the Kelowna airport and various parties. We believe that Big White offers the best and most consistent early and late snow.

We do not offer Mammoth trips since there are so many ski clubs in both the Los Angeles Council and San Diego Council that offer quality affordable bus trips to Mammoth. Just ask and we'll direct you.

We believe in giving back to our ski community.

- ◆ Our major fund raiser is our annual wine maker dinner for **Can DO MS**. To date we have raised more than \$34,000.
- ◆ We encourage members to participate in other on-snow fund raisers for so many good causes— **Hope on the Slopes** (for cancer), **Ski to Defeat ALS**, **USARC Ski-a-thon** (for adaptive skiers) and the **Jimmie Heuga Vertical Express** (for Can Do MS.)
- ◆ We also support junior racers (through the Far West Ski Foundation), Women's Ski Jumpers USA and the Unrecables.

### Official Documents

We are a 503(c)7 not-for-profit corporation founded in 1997 and incorporated in the state of Nevada. We file a Form 990 yearly. A currently copy of our Bylaws and Articles of Incorporation can be found via a link on our home page.

Liability waiver are required for membership on all trips and events. Trip waivers are included in trip packages mailed out to all participants.

### Skiing History

We have a collection of skiing history of ski clubs, councils, the Far West Ski Association and ski resorts in the west. It is a work in progress updated regularly by our Club historian. If you have any history you would like to share, contact **Catherine Ohl** at [ohl@acatmeowz.com](mailto:ohl@acatmeowz.com). Visit our web site at [pacificrimalliance.org/history/html](http://pacificrimalliance.org/history/html).



### Conduct Policy

This policy applies to all persons participating in a Pacific Rim Alliance Event. All participants are requested to observe common courtesy and generally accepted standards of social and moral behavior.

- ◆ There is a Zero Tolerance Policy on illegal drug use at any sponsored event or trip.
- ◆ Alcohol and tobacco use is allowed in moderation and where permitted by law.
- ◆ There is a strict policy prohibiting sexual harassment and harassment because of race, religion, color, national origin, ancestry, disability, medical condition, marital status, sexual orientation, age, or any other basis made unlawful by any applicable law or ordinance or regulation.
- ◆ Profanity and off-color humor is only permitted if it is not offensive to other participants.
- ◆ Parents/Legal Guardians of minor children under the age of 18 are responsible for the supervision and behavior of their children.
- ◆ Board Members will attempt to resolve problems in a mutually beneficial manner. When resolution cannot be achieved, the proper authority will be called to resolve the problem.
- ◆ Participants who violate our Conduct Policy may be excluded from future trips without reimbursement of expenses.

### FWSA Recognition Programs

Far West Ski Association has an extensive recognition and awards program. There are a number of programs for individuals. Submittal deadline is March 20. Details and applications can be found at <http://fwsa.org/MemberCorner/Programs/programs.html>.

- ◆ **Safety Person of the Year** wins a ski trip for two to Steamboat, CO.
- ◆ **Ski Heritage Awardee** wins a ski trip for two to Aspen/Snowmass, CO.

### National Learn-to-Ski & Safety Months

We encourage our members to participate in the National Bring-A-Friend challenge (<http://www.bringafriend.org/>). There are some incredible deals for first time skiers. It's a great way to get your friends safely on the slopes. Another significant program is National Ski Safety Month ([www.nsaa.org/safety-programs/national-safety-month/](http://www.nsaa.org/safety-programs/national-safety-month/)).

**Use your brain, it's the most important part of your equipment.**

~Kevin Andrews and Warren Miller, Extreme Skiing

# EVENTS calendar

Monday    Tuesday    Wednesday    Thursday    Friday    Saturday    Sunday

January 2014

|  |             |  |            |  |    |  |        |  |    |  |                   |
|--|-------------|--|------------|--|----|--|--------|--|----|--|-------------------|
|  |             |  | 1          |  | 2  |  | 3      |  | 4  |  | 5                 |
|  | 6           |  | 7          |  | 8  |  | 9      |  | 10 |  | 11                |
|  | LAC Meeting |  | SD Meeting |  |    |  | Biking |  |    |  | 12                |
|  | 13          |  | 14         |  | 15 |  | 16     |  | 17 |  | 18                |
|  | 20          |  | 21         |  | 22 |  | 23     |  | 24 |  | 25                |
|  |             |  |            |  |    |  |        |  |    |  | 26                |
|  |             |  |            |  |    |  |        |  |    |  | FWSA Beaver Creek |
|  | 27          |  | 28         |  | 29 |  | 30     |  | 31 |  |                   |
|  |             |  |            |  |    |  |        |  |    |  | FWSA Beaver Creek |

February 2014

|  |             |  |    |  |            |  |    |  |              |  |                |
|--|-------------|--|----|--|------------|--|----|--|--------------|--|----------------|
|  |             |  |    |  |            |  |    |  | 1            |  | 2              |
|  |             |  |    |  |            |  |    |  | Beaver Creek |  |                |
|  | 3           |  | 4  |  | 5          |  | 6  |  | 7            |  | 8              |
|  | LAC Meeting |  |    |  | SD Meeting |  |    |  |              |  | 9              |
|  |             |  |    |  |            |  |    |  |              |  | 10             |
|  | 10          |  | 11 |  | 12         |  | 13 |  | 14           |  | 15             |
|  |             |  |    |  |            |  |    |  | Biking       |  | 16             |
|  | 17          |  | 18 |  | 19         |  | 20 |  | 21           |  | 22             |
|  |             |  |    |  |            |  |    |  |              |  | 23             |
|  |             |  |    |  |            |  |    |  |              |  | FWSA Snowbasin |
|  | 24          |  | 25 |  | 26         |  | 27 |  | 28           |  |                |
|  |             |  |    |  |            |  |    |  |              |  | FWSA Snowbasin |

March 2014

|  |             |  |    |  |            |  |    |  |                                  |  |                                  |
|--|-------------|--|----|--|------------|--|----|--|----------------------------------|--|----------------------------------|
|  |             |  |    |  |            |  |    |  | 1                                |  | 2                                |
|  |             |  |    |  |            |  |    |  | Vertical Express at Squaw        |  |                                  |
|  | 3           |  | 4  |  | 5          |  | 6  |  | 7                                |  | 8                                |
|  | LAC Meeting |  |    |  | SD Meeting |  |    |  | Far West Trip to Zermatt & Spain |  | 9                                |
|  |             |  |    |  |            |  |    |  |                                  |  | Pac Rim Trip to Italy            |
|  | 10          |  | 11 |  | 12         |  | 13 |  | 14                               |  | 15                               |
|  |             |  |    |  |            |  |    |  |                                  |  | 16                               |
|  |             |  |    |  |            |  |    |  |                                  |  | Far West Trip to Zermatt & Spain |
|  |             |  |    |  |            |  |    |  |                                  |  | Pac Rim Trip to Italy            |
|  | 17          |  | 18 |  | 19         |  | 20 |  | 21                               |  | 22                               |
|  |             |  |    |  |            |  |    |  |                                  |  | 23                               |
|  |             |  |    |  |            |  |    |  |                                  |  | Far West Trip to Zermatt & Spain |
|  |             |  |    |  |            |  |    |  |                                  |  | Pac Rim Trip to Italy            |
|  | 24          |  | 25 |  | 26         |  | 27 |  | 28                               |  | 29                               |
|  |             |  |    |  |            |  |    |  |                                  |  | 30                               |
|  | 31          |  |    |  |            |  |    |  |                                  |  |                                  |
|  |             |  |    |  |            |  |    |  |                                  |  | High Fives                       |

Pacific Rim   
 San Diego   
 Other  
FWSA   
 Los Angeles



Ski with Pride • Watch all Sides • Let it Ride First with Safety Awareness



### Contact Information

Board of Directors

**Catherine Ohl**, President,  
Historian, Web Master, Editor  
ohl@acatmeowz.com  
858.405.0637

**Gene Fulkerson**, VP Travel  
gene@PacificRimAlliance.org  
858.467.9469

**Fay Mumbauer**, Director  
fay@PacificRimAlliance.org

**Patricia Ortiz**, Accounting  
patricia@PacificRimAlliance.org

### about Pacific Rim Alliance Snow Sports Club

#### Mission Statement

The PACIFIC RIM ALLIANCE is a non-profit organization dedicated to the appreciation of skiing, boarding, sight-seeing, photography, travel, public affairs and civic awareness. The Alliance is further oriented to the building of international relations among skiers, snowboarders and sports organizations throughout the Pacific Rim.

Surplus moneys above requirements for deposits for future trips will be donated to non-profit organizations devoted to charity, research & education. We are especially

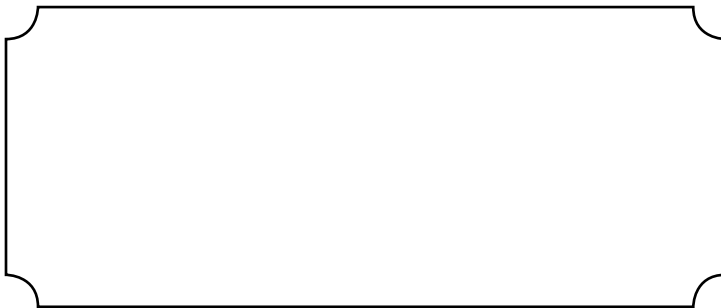
interested in, but not limited to, supporting Ski Area Development, Adaptive Ski Programs, Can Do Multiple Sclerosis, Olympic & Junior Racers and Ski Museums.

The Alliance is a member of San Diego Council of Ski Clubs (SDCSC), Los Angeles Council of Ski Clubs (LAC), Far West Ski Association (FWSA), National Ski Council Federation (NSCF) and an associate member of National Ski Areas Association (NSAA). Membership in Pac Rim allows you to participate in their events and programs. ♦



Visit us on

#### First Class Mail



**Biking**  
One Friday a Month, 10 AM  
**Bahia Bell Public Parking**  
998 West Mission Bay Drive  
San Diego  
**Contact**  
**Gene Fulkerson** at 858-467-9569  
or gene@pacificrimalliance.org



**Pacific Rim Alliance**  
Catherine Ohl, Newsletter Editor  
10818 Viacha Dr.  
San Diego, CA 92124-3241