



# UPdate

PacificRimAlliance.org

Official Publication

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Summer | 2014

*Skiing is a Dance in which the Mountain always Leads.*



## Far West Highlights

- *Gene Fulkerson crowned Far West Man of the Year*
- *Catherine Ohl receives the President's Award*
- *Pac Rim gets a Hat Trick*

## Upcoming Trips & Events

- *Cabo San Jose, Mexico*
- *Water Ski the Colorado River*
- *Wine Maker Dinner for MS*
- *Ski Big White this Winter*

## Keeping in Shape

- *Yoga to Strengthen your Core*



## SUMMER splash

*Check out what's on tap for us this summer!  
 Get a preview of winter to come!*

### 2014 Water Ski

Our water ski trips with the Radar River Rats is in full swing. We have once again scheduled nine trips for June through October. We will be staying at the Needles Marina where there is a pool, beach and some cabins for rent. We are closer to town and check-out is 5 pm. *Details can be found on page 25.*

### BIKING

fridays  
 Don't forget about our bike rides around Mission Bay. It's getting warmer and biking is a great way to stay in shape for skiing. Scheduled dates are at 10 AM on

July 18  
 August 15  
 September 12  
 October 10

### WHISTLER 2015

Far West is going to Whistler, Canada, January 31 – February 7, 2015. You can hook up with one of the ski councils for

a stay at a ski-in ski-out condo or hotel close to the main village. We've included flyers for LA Council (*page 28*) and San Diego Council (*page 29*).

### WHISTLER on sale

Catherine won a \$900 credit for the 2015 FWSA Whistler trip. It's good for the FWSA Ski Week to Whistler January 31 – February 7, 2015 ONLY and can be used when signing up with any council.

She is selling the credit for \$800— that a \$100 savings on the Far West trip! The proceeds will be donated to Can Do MS.

Contact Catherine at 858-405-0637 or [ohl@acatmeowz.com](mailto:ohl@acatmeowz.com).

### BIG WHITE, December 7 – 14, 2014

We will be opening Big White's season in British Columbia, Canada.

See flyer on page 27 for details. ■




*Check out our Fall trip to Cabo San Jose at the all-inclusive Royal Solaris. It's a great time of year— the weather is not so hot nor so humid. There's plenty to do besides walks along this beautiful stretch of beach. See page 26 for details.*



photo courtesy Big White

*Pacific Rim intends to take advantage of Big White's amazing spring powder. As we go to press, we received a trip proposal for Far West members. Here's the highlights—*

### Big White's 2015 Spring Fling

April 4 – 11, 2015

**\$805** per person double occ.

#### Trip Includes—

- **Welcome Reception**
- **7 Nights Lodging** (dbl. occ.) in the slopeside White Crystal Inn in a Superior Kitchenette room with 2 queen beds and fireplace
- **7-Day Lift Ticket**
- **Wine Tasting Apres Event**
- **Race** with prizes
- **Farewell Banquet** at the renowned Kettle Valley Steakhouse
- **Transfer** to and from airport

#### EXTRAS—

- **Big White can assist you with booking air.** Lots of non-stop flights available from various airports. United, West Jet, Air Canada and Alaska fly into Kelowna from most Western US Cities.

#### Contact—

- **Gene Fulkerson** / 858-467-9469
- Download [FLYER](#).



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Interactive features of this publication include links that are activated by clicking on a logo or an underscored text. These features may not function properly on some mobile devices and in browsers. The pdf files are best viewed using a pdf reader app.



photo courtesy Doug Miller Photography

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**Big White — 27**

**Links...**

- [Membership](#)
- [Trip Form](#) (pdf)
- [Liability Release](#) (pdf)
- [Trip Insurance](#)
- [Past Publications](#)
- [Ski History](#)
- [Photo Gallery](#)



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Catherine Ohl, Editor Graphic Deizgnz, Design / Production

## EVENTS calendar

Details and flyers can be found under **TRIPS** at [PacificRimAlliance.org](http://PacificRimAlliance.org)



July  
2014

**11-13** Water Ski Weekend

**Pacific Rim Alliance & Radar River Rats.**

Water ski on the Colorado River. We operate out of Needles Marina in Needles. Camping, equipment, food and drink included. Contact [Patricia Ortiz](mailto:Patricia.Ortiz@PacificRimAlliance.org) / 323-651-0686 before 9 PM.

**18** Bike Mission Bay

**Pacific Rim Alliance.**

Meet in the parking lot just east of the Bahia Hotel. Contact [Gene Fulkerson](mailto:Gene.Fulkerson@PacificRimAlliance.org) / 858-467-9469.

**25-27** Water Ski Weekend

**Pacific Rim Alliance & Radar River Rats.**

Water ski on the Colorado River. We operate out of Needles Marina in Needles. Camping, equipment, food and drink included. Contact [Patricia Ortiz](mailto:Patricia.Ortiz@PacificRimAlliance.org) / 323-651-0686 before 9 PM.

**18-1** Africa

**San Diego Council of Ski Clubs.** 13-day land tour with airfare from San Diego includes Tanzania Lodge & deluxe-tented safari. Contact [Eileen Sanford](mailto:Eileen.Sanford@PacificRimAlliance.org) / 858-695-1442.

**22-24** Water Ski Weekend

**Pacific Rim Alliance & Radar River Rats.**

Water ski on the Colorado River. We operate out of Needles Marina in Needles. Camping, equipment, food and drink included. Contact [Patricia Ortiz](mailto:Patricia.Ortiz@PacificRimAlliance.org) / 323-651-0686 before 9 PM.

**27** Wine Make Dinner

**Pacific Rim Alliance.**

Wine Maker Dinner for MS consists of 7 courses perfectly matched to 7 wines. 100% of proceeds to benefit Can Do MS. Our Executive Chef, Mary Trimmings, returns to dazzle us with her culinary creativity. Contact [Gene Fulkerson](mailto:Gene.Fulkerson@PacificRimAlliance.org) / 858-467-9469.



October  
2014



September  
2014

**5-7** Water Ski Weekend

**Pacific Rim Alliance & Radar River Rats.** Water ski on the Colorado River. We operate out of Needles Marina in Needles. Camping, equipment, food and drink included. Contact [Patricia Ortiz](mailto:Patricia.Ortiz@PacificRimAlliance.org) / 323-651-0686 before 9 PM.

**3-5** Water Ski Weekend

**Pacific Rim Alliance & Radar River Rats.** Water ski on the Colorado River. We operate out of Needles Marina in Needles. Camping, equipment, food and drink included. Contact [Patricia Ortiz](mailto:Patricia.Ortiz@PacificRimAlliance.org) / 323-651-0686 before 9 PM.

**8-12** Peak to Peak

Ride your bike from Mammoth Mtn to Big Bear in 5 days to raise money for USARC. For information visit [usarc.org](http://usarc.org).

**10** Bike Mission Bay

**Pacific Rim Alliance.**

Meet in the parking lot just east of the Bahia Hotel. Contact [Gene Fulkerson](mailto:Gene.Fulkerson@PacificRimAlliance.org) / 858-467-9469.

**11-18** Cozumel Diving

**Far West Ski Association.** Dive in the amazing coast of Cozumel. Package includes lodging, meals, drinks and 10 dives. Non-dive option available. Contact [Randy Lew](mailto:Randy.Lew@PacificRimAlliance.org) / 530-304-0802. **FLYER**

**12** Bike Mission Bay

**Pacific Rim Alliance.** Meet in the parking lot just east of the Bahia Hotel. Contact [Gene Fulkerson](mailto:Gene.Fulkerson@PacificRimAlliance.org) / 858-467-9469.

**17-19** Water Ski Weekend

**Pacific Rim Alliance & Radar River Rats.** Water ski on the Colorado River. We operate out of Needles Marina in Needles. Camping, equipment, food and drink included. Contact [Patricia Ortiz](mailto:Patricia.Ortiz@PacificRimAlliance.org) / 323-651-0686.

**19-21** Water Ski Weekend

**Pacific Rim Alliance & Radar River Rats.** Water ski on the Colorado River. We operate out of Needles Marina in Needles. Camping, equipment, food and drink included. Contact [Patricia Ortiz](mailto:Patricia.Ortiz@PacificRimAlliance.org) / 323-651-0686.

**8-10** Water Ski Weekend

**Pacific Rim Alliance & Radar River Rats.** Water ski on the Colorado River. We operate out of Needles Marina in Needles. Camping, equipment, food and drink included. Contact [Patricia Ortiz](mailto:Patricia.Ortiz@PacificRimAlliance.org) / 323-651-0686 before 9 PM.

**15** Bike Mission Bay

**Pacific Rim Alliance.**

Meet in the parking lot just east of the Bahia Hotel. Contact [Gene Fulkerson](mailto:Gene.Fulkerson@PacificRimAlliance.org) / 858-467-9469.





**21-31** **Cabo San Jose, Mexico**  
**Pacific Rim Alliance.** Enjoy warm sunny days, idyllic beaches and exciting adventures in the all-inclusive Royal Solaris. Contact [Catherine Ohl](mailto:Catherine.Ohl@PacificRimAlliance.org) / 858-405-0637.  
**FLYER**

**7-14** **Ski Big White**  
**Pacific Rim Alliance.** Ski the amazing early season powder at Big White. Trip package includes lodging, lift tickets and transfer from airport. Contact [Gene Fulkerson](mailto:Gene.Fulkerson@PacificRimAlliance.org) / 858-467-9469.  
**FLYER**

**16-21** **Revelstoke Heli-Ski**  
**Far West Ski Association.** Heli-ski with CMH. Package includes lodging, meals, snacks, skis, helicopter, avalanche training & equipment. Contact [Nancy Ellis](mailto:Nancy.Ellis@FarWestSki.org) / 530-414-8261. **FLYER**

**10-16** **Ski Aspen San Diego**  
**Council of Ski Clubs.** Aspen is known for being the Rocky Mountain playground of the rich and famous, but this authentic mountain town offers far more than just glitz and glam. Contact [Mike Sanford](mailto:Mike.Sanford@CouncilofSkiClubs.org) / 858-695-1442. **FLYER**

**30-4** **Ski Whitefish**  
**Far West Ski Association.** Package includes lodging at Grouse Mtn. Lodge, lift tickets, parties, ground transfers. Contact [Nancy Ellis](mailto:Nancy.Ellis@FarWestSki.org) / 530-414-8261. **FLYER**

**01** **Snow Gala**  
**Los Angeles Council.** Annual snow season kick-off luncheon honoring the clubs' Men & Women of the Year. Contact [Paula Hazzard](mailto:Paula.Hazzard@LosAngelesCouncil.org).

**08** **Winter Gala**  
**San Diego Ski Council.** Annual snow season kick-off dinner honoring the clubs' Men & Women of the Year. Contact [Barbara Blase](mailto:Barbara.Blase@SanDiegoSkiCouncil.org) / 858-270-0915.

**14-16** **Snow Jam Show**  
 Annual snowsports show at Del Mar Fairgrounds. <http://www.snowjamshow.com/Shows/Sd>.

**21** **Bike Mission Bay**  
**Pacific Rim Alliance.** Meet in the parking lot just east of the Bahia Hotel. Contact [Gene Fulkerson](mailto:Gene.Fulkerson@PacificRimAlliance.org) / 858-467-9469.

**26** **Bike Mission Bay**  
**Pacific Rim Alliance.** Meet in the parking lot just east of the Bahia Hotel. Contact [Gene Fulkerson](mailto:Gene.Fulkerson@PacificRimAlliance.org) / 858-467-9469.



**4-11** **Ski Big White**  
**Pacific Rim Alliance.** Ski the amazing late season powder at Big White. Trip package includes lodging, lift tickets and transfer from airport. Contact [Gene Fulkerson](mailto:Gene.Fulkerson@PacificRimAlliance.org) / 858-467-9469. **FLYER**



**31-7** **Ski Whistler**  
**Far West Ski Association.** Whistler Blackcomb is consistently ranked as North America's top ski and snowboard resort. Contact  
 • FWSA: [Nancy Ellis](mailto:Nancy.Ellis@FarWestSki.org) / 530-414-8261  
 • San Diego: [Alan Godwin](mailto:Alan.Godwin@FarWestSki.org) / 619-663-6626  
 • LA Council: [Laura Priess](mailto:Laura.Priess@FarWestSki.org) / 818-364-8923

**4-7** **8<sup>th</sup> Convention**  
**Far West Ski Association.** Join Far West in San Diego for the 8<sup>th</sup> Annual FWSA Convention and our "Salute to San Diego." There will be the usual Pub Crawl, Silent Auction & Ski Show, Travel Expo, Leadership Academy Contact [Eileen Sanford](mailto:Eileen.Sanford@FarWestSki.org) / 858-695-1442. **FLYER**



**4-7** **Ski Dazzle Expo** Annual snowsports show at LA Convention Center. <http://www.skidazzle.com/>.

**14-21** **Val d'Isere**  
**Far West Ski Association.** Located in the Rhône-Alpes region, Val d'Isere offers some of the best skiing in France. Contact [Debbie Stewart](mailto:Debbie.Stewart@FarWestSki.org) / 559-737-0882.

**18-24** **Mississippi River Cruise**  
**Far West Ski Association.** This trip will be a 4-night round-trip paddleboat cruise aboard the American Queen from New Orleans with stops at Oak Alley Plantation and Baton Rouge, LA. Contact [Nancy Ellis](mailto:Nancy.Ellis@FarWestSki.org) / 530-414-8261. **FLYER**



## EVENTS calendar

Details and flyers can be found under **TRIPS** at [PacificRimAlliance.org](http://PacificRimAlliance.org)

**2015** April 4–11  
**Bike / Barge Italy**  
**San Diego Council.** Barge trip from Mantova to Venice— 7 nights, 4 tours, guide, bike, all meals for \$1600. Air not included. Contact [Eileen Sanford](mailto:Eileen.Sanford@pacrimalliance.org) / 858-695-1442. [FLYER](#)

**2015** Aug 21 – 28  
**Rhine Cruise**  
**San Diego Council.** Take the Viking Ship from Amsterdam to Basel— 7 nights, 6 tours, 4 countries for \$2,456 pp. Air extra. Book directly with Universal Travel. Contact [Eileen Sanford](mailto:Eileen.Sanford@pacrimalliance.org) / 858-695-1442. [FLYER](#)

## in the Works...

**TBA** Fiji  
**Far West Ski Association.** Known as the "Soft Coral Capital of the World, Fiji is home to great diving. Contact [Randy Lew](mailto:Randy.Lew@pacrimalliance.org) / 530-304-0802.



### Pacific Rim Events [pacrimalliance.org](http://pacrimalliance.org)

- Bike One Friday / Month [Gene Fulkerson](#)
- Water Ski June — Oct [Patricia Ortiz](#)
- Dinner for MS Sept 27, 2014 [Gene Fulkerson](#)
- **Cabo San Jose** Oct 21–31, 2014 [Catherine Ohl](#)
- Big White Dec 7–14, 2014 [Gene Fulkerson](#)
- Italy Tentative 2015 [Gene Fulkerson](#)
- Big White April 4–11, 2015 [Gene Fulkerson](#)
- New Zealand Tentative 2015 [Gene Fulkerson](#)



### LA Council Events [lacouncil.org](http://lacouncil.org)

- Peak 2 Peak Oct 8–12, 2014 [usarc.org](#)
- Snow Gala Nov 1, 2014 [Paula Hazzard](#)
- Whistler Jan 31–Feb 7, 2015 [Laura Priess](#)



### San Diego Events [skisandiego.org](http://skisandiego.org)

- Happy Hour Aug 14, 2104 [Flyer](#)
- Africa Aug 18–Sept 1, 2104 [Eileen Sanford](#)
- Winter Gala Nov 8, 2014 [Barbara Blase](#)
- Aspen Dec 11–17, 2014 [Mike Sanford](#)
- Whistler Jan 31–Feb 7, 2015 [Alan Godwin](#)
- Bike / Barge April 4–11, 2015 [Eileen Sanford](#)
- Rhine Cruise Aug 21–28, 2015 [Eileen Sanford](#)



### FAR West Travel & Events [fwsa.org](http://fwsa.org)

- Africa Sept 5–20, 2104 [Debbie Stewart](#)
- Cozumel Oct 11–18, 2014 [Randy Lew](#)
- Whistler Jan 31–Feb 7, 2015 [Nancy Ellis](#)
- Val d'Isere March 14–21, 2015 [Debbie Stewart](#)
- Heli- Ski March 16–20, 2015 [Nancy Ellis](#)
- Whitefish Mar 30–Apr 4, 2015 [Nancy Ellis](#)
- Convention June 4–7, 2015 [Eileen Sanford](#)
- River Cruise June 18–24, 2015 [Nancy Ellis](#)
- Fiji Fall 2015 [Randy Lew](#)

## wanna RACE?

If you'd like to test your skills in a race course, as a member of Pac Rim you can race in League, Council and Far West sponsored races. **More information is available at [fwra.com](http://fwra.com).** Here's a list of the major races.

December 2014  
 January 2015  
 Jan 31–Feb 7, 2015  
 TBA 2015 (Sat/Sun)  
 Mar 27–29, 2015 (F–Su)

LA Council Race/Ski/Board Camp  
 Rokka League Race/Ski/Board Camp  
 FWSA Ski Week (GS/SL), Blackcomb  
 SoCals Championships (GS/SL)  
 FWRA Championships, Mammoth



Meet at 10 AM  
 in the parking lot  
 East Bahia Hotel  
 Mission Bay

July 18  
 Aug 15  
 Sept 12  
 Oct 10  
 Nov 21  
 Dec 26

### Mission Bay

#### About the Ride—

- Easy 20 miles around the bay!
- Can add 3 – 5 miles by taking the short or long way around Fiesta Island
- Bring water, helmet, sunscreen, extra tube and money for lunch
- **RSVP 858-405-0637**



**MEMBER** posting

ski **FRIENDS**  
*where are they now...*

photos taken from their facebook pages



*These ladies caught up in LA for some fun times and Margaritas— Danielle, Courtney, Ashley, Stephanie, Janice.*



*Mark Hesse and Gail Rue with daughter Kristen after a half Marathon.*



*Hope to see these cuties at the river this summer— Delaney & Isabella.*

happy **BIRTHDAY**

**June**

- 2 Gary Bunney
- 3 J. B. Hammond
- 4 Larry Angione
- 6 Conor Griffin
- 6 Cormac O'Donovan
- 6 Helen Schulz
- 8 Marie Richard
- 9 Martha Eads
- 10 Barbie Brown
- 13 Craig Henderson
- 14 Jordyn Mathis
- 24 Trini Solano - Galvez
- 25 Larry Armstrong
- 25 Jo Ann Rego
- 26 R. T. Johnson
- 26 Fran Papa
- 29 Jonnie Johnson

**July**

- 2 Jim Gable
- 10 Sherri Reid
- 15 John Moran
- 18 Rene Blanchard
- 18 Larry Stern
- 21 Mary Ann Miller
- 22 Mary Aileen O'Donovan
- 23 R. L. "Smitty" Smith
- 23 R. T. Thompson
- 25 Jeany Davidson
- 27 Jeanette Day
- 31 Cliff Bonner

**August**

- 3 Russ Walters
- 4 Angelo Bontempo
- 4 Jim Jensen
- 20 Donald Brenholt
- 25 Donna Buys
- 30 Marguerite Jorgensen

## SNOW INDUSTRY bulletin

### exciting CHANGES for skiers in the west

Excerpted from *saminfo.com*

#### Ski Season Numbers

The National Ski Areas Association's has reported that U.S. skier visits for the 2013–14 season reached 56.2 million, a decline of 1.3 percent from last season and below the 10-year average of 57.3 million. The severe drought on the West Coast resulted in a drought of ski days as well.



photo courtesy Crystal Mountain

#### Crystal Mountain Avalanche

The bottom of the Crystal Mountain High Campbell chairlift was taken out by a large avalanche March 10, 2014. The area was closed and nobody was hurt. The avalanche was triggered by an explosive set by ski patrol at around 4:45 PM.

#### Idaho Updates Its Skier's Act

In an effort to reflect the changing landscape of the mountain resorts, Idaho is the latest state to update its bill that oversees ski areas.

The update expanded the skiing language to include snowboarding and other sliding devices. It also expanded uphill transportation to include wire ropes and conveyors.

New language regarding inherent risks was added in order to include, among others, avalanches, tree wells, snow-making mounds and freestyle terrain.

#### USFS New Summer Policy

The U.S. Forest Service has finalized policy guidelines that will open opportunities for ski areas to develop and offer a variety of year-round recreation activities on the National Forests. The revised directives stem from the Ski Area Recreational Opportunity Enhancement Act of 2011.

The guidelines will be used by agency administrators to determine which summer recreation activities and associated facilities will be allowed on ski areas operating on national forests. There are 122 ski areas on nearly 180,000 acres of public land administered by the Forest Service.

The guidelines also address the types of facilities that will be permitted, as well as management of other recreational uses within the operational boundary of ski areas by the non-paying public, such as snowshoeing and hiking.

The Act specifically includes ziplines, mountain bike terrain parks and trails, disc golf courses and rope courses. The Act requires that new activities are natural resource-based that encourage outdoor recreation & enjoyment of nature.

Vail Resorts was among the first to develop plans to put the Act into practice. ■

### Bass sells majority SNOWBIRD

Texas oilman Dick Bass announced that he has sold his majority interest in the Little Cottonwood Canyon resort to Ian Cumming, a businessman whose family owns Park City Mountain Resort (PCMR). The price and terms of the deal were not disclosed.

Bass, who will remain chairman of Snowbird's board, said in a news release he was pleased that his family and Cumming's could join together to direct the resort's future development, including the long-discussed and highly controversial plan to build a restaurant around the Tram terminal atop Hidden Peak.

How the purchase of Snowbird by the Cumming family — but not by Powdr Corp. — impacts the PCMR-Canyons litigation remains unclear.

Last May, Talisker Corp. brought in Vail Resorts to run Canyons Resort and to take over the lead in a high-profile lawsuit against PCMR's parent company, Powdr Corp., that could result in PCMR losing access to most of its mountainside. ■



photo courtesy Brian Head Resort

*With nearly two full seasons under its belt, the new ownership group at Brian Head Resort has decided to take the plunge and install a new high-speed detachable quad to replace the 4,840-foot long Giant Steps triple chair.*



## Park City in the news again.

*PCMR has been ordered to vacate land owned by Talisker... but will they?*



### Frontier Charges for Carry-ons

Frontier Airlines has completely unbundled its economy fare, which means customers must pay a fee for carry-on bags in addition to checked bags and seat assignments.

The new policy is in effect for travel booked on and after April 28, 2014.

Customers are allowed to bring aboard one personal item for free (handbag, purse, pocketbook, backpack, briefcase or laptop), but an additional carry-on will cost \$25 at the time of initial travel purchase at Frontier's website or the airline's call center.

Paying for a carry-on at airport check-in will cost \$35; at the gate, \$50.

Frontier's Ascent and Summit level members of its EarlyReturns loyalty program will continue to receive a free carry-on bag and two free checked bags.

By unbundling, Frontier said its lowest fares have been reduced by an average of 12% on nonstop routes.

Frontier has followed Spirit Airlines in charging for carry-on luggage, and it also has imitated Spirit with the launch of a travel savings club.

The club, called Discount Den, offers special deals and savings on checked and carry-on bags.

### Park City - Talisker Saga

Park City Mountain Resort (PCMR) will finally get their wish. Judge Ryan Harris today ordered both PCMR and Talisker Land Holdings (PCMR's landlord) to sit down with a formal, neutral, third-party mediator to try to resolve a land battle that threatens to leave Park City, Utah,

without its anchor resort for 2014/15.

PCMR has said since the beginning that Talisker has refused to negotiate and simply won't rest until they take over the ski area. Today's hearing involved PCMR's attempt to stay the eviction order affirmed by Harris on May 21.

Talisker and Vail Resorts wanted PCMR out in 60 days but the Judge issued a one-two punch with his ruling.

- 1) the eviction order stands, but
- 2) the 60-day timeclock won't start until after both sides mediate on August 15, 2014, and there's a hearing on August 27 regarding damages on both sides and rents owing. ■



## LAKE BREAKING news

### *Park City resorts to host 2019 World Championships*



The International Ski Federation (FIS) announced that the U.S. Ski and Snowboard Association (USSA), in partnership with the Olympic community of Park City and State of Utah, has been awarded the 2019 World Championships for freestyle, freeskiing and snowboarding.

The bid features a partnership of three resorts for an event that will host at least 12 competitions over 10 days in February 2019. **Deer Valley** will host the freestyle skiing events of moguls and aerials, which is in keeping with its

snowboarding ban. **Park City Mountain Resort** will host halfpipe, slopestyle and big air skiing and snowboarding. Rounding it out, **Canyons** will take on the skicross and snowboardcross.

The 2019 World Championships will be a major global event featuring the largest showcase of winter action sports outside the Olympics. Partnership with FIS and other athletic sanctioning bodies, together with the State of Utah and Park City community will help to shape this as an historic event in freestyle, freeskiing and snowboarding. ■

## SKI PASS deals

### EARLY BIRD discounts

*Ski Resorts continue to join forces— a win-win for the skier/boarder.*



#### Epic Pass

Photo: Vail Resorts

Unlimited access to Arapahoe Basin, Beaver Creek, Breckenridge, Canyons, Heavenly, Keystone, Kirkwood, Ashton, Mt. Brighton, Northstar, and Vail; Five days at Verbier, Switzerland, Les 3 Vallees, France and Niseko, Japan.

\$729. Passes go off sale when sold out. [www.snow.com](http://www.snow.com).



#### Mountain Collective

Photo: Whistler / Paul Morrison

Two days each at Alta/Snowbird, Aspen/Snowmass, Jackson Hole, Mammoth, Squaw Valley/Alpine Meadows, and Whistler-Blackcomb; 50 percent off all additional days; up to 25% off lodging at every Mountain Collective destination.

Will be available again in Fall 2014. [www.themountaincollective.com](http://www.themountaincollective.com).



#### Intrawest Passport

Photo: Winter Park

The season pass includes six days of skiing at each of six participating ski resorts— Steamboat Springs and Winter Park, Colo.; Blue Mountain, Ont.; Mont Tremblant, Que.; Stratton Mountain, VT; and Snowshoe, WV.

Will be available again in Fall 2014. <http://www.intrawestpassport.com/>.



#### Tahoe Super Pass

Photo: Squaw Valley

Season passholders can ski and ride at Sugar Bowl Resort in addition to Squaw Valley and Alpine Meadows, Sierra-at-Tahoe, and the Mountain Collective resorts. With the Tahoe Super Pass you'll be skiing at Lake Tahoe's four best resorts. Your season pass could pay for itself in 4 days!

Passes starting at \$429. [www.squaw.com](http://www.squaw.com).



#### Rocky Mtn. Super Pass +

Photo: Copper Mountain

The Super Pass Plus offers unlimited skiing and riding at Winter Park / Mary Jane and Copper Mountain, plus six unrestricted days at Steamboat and three unrestricted days at Crested Butte. Check out their website for additional benefits including Friends & Family tickets.

\$509 for a limited time. [www.skimonarch.com](http://www.skimonarch.com).



#### Powder Alliance

Photo: Schweitzer

When you buy an unlimited pass to any Powder Alliance resort, you get 3 free days at 11 others— Angel Fire, NM; Arizona Snowbowl, AZ; Bridger Bowl, MT; China Peak, CA; Crested Butte, CO; Mountain High, CA; Mt. Hood Skibowl, OR; Schweitzer, ID; Sierra-at-Tahoe, CA; Snowbasin Resort, UT; Stevens Pass, WA; and Timberline, OR.

Varies by resort. [www.powderalliance.com](http://www.powderalliance.com).



# SUSTAINABILITY

## The world is abuzz with Sustainability

*Sustainable practices does not sacrifice economic growth.*

excerpted from <http://inhabitat.com/>

Snow is a critical factor for skiing and snowboarding, so if your favorite ski resort hasn't made the connection between climate change and their resort, they clearly don't get it. Your resort should be placing a strong focus on protecting their land, water resources, energy use, waste and a lot more.

Rated by the Ski Area Citizen's Coalition, the grades are based on 35 environmental criteria in four main categories: habitat protection, watershed protection, addressing climate change, and environmental policies and practices.

An "A" grade means the resort has a strong program focused on protecting their environment. A "B" grade or below means the resort needs to ramp up their policies. Below is the 2013 list of the 6 resorts rated greenest in the US— all in the West!



### Park City Mountain Resort

Park City Mountain Resort lands the top grade for sustainability with 93%. With a strong focus on habitat and watershed protection, PCMR knows their ecosystem is super important. In 2011, the resort installed a solar array and vertical wind turbine, which produce around 30,000 kWh's annually.



### Stevens Pass Ski Resort

Coming in second is Stevens Pass Ski Resort in eastern Washington with a grade of 92.3%. The resort has a strong commitment to protecting and restoring the natural resources and has a long list of sustainability campaigns to reduce their impact and educate their guests.



### China Peak Mtn. Resort, CA

Located up from Fresno, China Peak Mountain Resort lands 3rd place with a score of 91.7%. The western Sierra resort is dedicated to the concepts of reduce, re-use and recycle to minimize their footprint. The resort is ultra committed to protecting the forest and the land and works with Cal Poly and local nurseries to ensure the vegetation is healthy.



### Sugar Bowl, CA

Right off I-80 near Donner Lake is Sugar Bowl the 4th greenest resort in the US with a grade of 90%. The resort is powered by 100% green energy and offers visitors the chance to offset their carbon emissions. They are also dedicated to green building with the help of energy efficiency and community education.



### Deer Valley Resort, UT

Rated as the #1 Resort in the US by Ski Magazine, Deer Valley Resort in Park City is the #5 resort in terms of sustainability with a score of 89.6%. As stewards of the land, the resort has an overall sustainability plan that they work from. While they're still a bit behind when it comes to addressing climate change, the resort is on their way.



### Aspen Highlands, CO

Aspen Highlands, which is part of Aspen/Snowmass in Colorado has the 6th best score with 88.3% (Aspen Mountain Ski Resort is #7). Aspen Skiing Company has a number of LEEd certified buildings and has their own environmental foundation. The environmental protection program is stellar and hopefully they'll be ramping up their climate change programs soon. ■



*Sustainable Slopes, adopted by the ski industry in 2000, provides an overarching framework for ski areas on sustainability and enhanced environmental performance.*

# EQUIPMENT roll out

## SUNGLASSES for sand & snow

*Looking good while protecting your eyes.*

Recommendations by SKImag.com

### Bolle Men's Jude



The new Judes are a fresh twist on style most brands have. With an argyle print on the inside and color that shows a bit when you have them on, the Jude exudes fun and a little bit of hipster while keeping it classy. [\$120]

### Zeal Men's Tracker



These Trackers wrap around your face more than many lifestyle-only shades, and they'll stay on your face while at the local bike park, but you won't get second looks if you wear them to a BBQ. [\$120]

### Oakley Men's Holbrook LX



This Shaun-White designed style, the "luxury" version, is made from acetate giving the frames a higher end feel. The Holbrook LXs provide great sun protection and are the right size and shape for medium faces. [\$220]

### Spy Men's Cyrus



New this spring, these Cyrus glasses have fairly large lenses, a thick, solid frame, and earpieces—making them ideal for large faces. We like the childish yet steazy Cherry Bomb frames. [\$120]

### Smith Women's Mt. Shasta



These Mt. Shastas are lightweight, low-profile and designed to look good. Thin frames add to a retro look that you'll be able to rock these all year, whether at a summer festival or at a slopeside hot tub. [\$80]

### Serengeti Women's Sophie



These Sophies are expensive, great quality and ridiculously good looking. They have spring hinges for a custom fit, and are made of acetate which gives the frames a higher-end feel and allows for endless color/style options. [\$290]

### Zeal Women's Memphis



These biodegradable, ecologically-sourced frames are made entirely from cotton, which means they're lightweight, durable, and you can feel good about wearing them. Fits best on people who have small-to-med-sized faces. [\$170]

### Spy Women's Quinn



With a look that's reminiscent of the '60s and '70s, the new Quinns have a frame size that'll fit, flatter, and stay on a variety of faces. The frames are made with the same lightweight plastic as many ski touring boots. [\$110]

### Church & State Women's



These Catwalk-Kate brightly colored tortoise sunnies have a good amount of flex and the earpieces are shorter than many other sunglasses, perhaps making the shades best suited for small to medium faces. [\$150] ■



## KIDS' korner

# GOOD STUFF for the kids & grandkids

## *Fun & Safe in the Sun—* **Summer Safety Tips**

You want the kids to be active and have fun, but there are potential hazards, so keep them safe to enjoy these days of freedom and outdoor activities.

### *Sun safety*

The sun can quickly burn tender skin. Most children get 20-80 percent of lifetime exposure to the sun before they turn 18! Always make sure your kids are wearing sunscreen before they head outdoors, and reapply every two hours. Sweat and water will wash the protection away! Infants should be kept out of direct sunlight and wear sun-protective clothing. Teach toddlers and older kids to grab a hat with a brim for additional protection.

### *Hydration*

Make sure kids drink plenty of water on hot summer days. Dizziness and nausea are just two of the signs of overheating, which can lead to heat exhaustion. Sugary drinks and carbonated beverages containing caffeine can actually accelerate dehydration.

Never leave an infant or child unattended in a car. This rule is more critical than ever in hot months when the temperature inside a vehicle can soar to above 100 degrees in a matter of minutes. That heat is deadly.

### *Bike safety*

Kids have bike-related injuries every year, but these accidents can be avoided or minimized with some precautions. Your child should always wear a helmet when riding. This protective gear reduces the risk of head injury by as much as 85 percent.

Explain rules for safe play — riding only on the sidewalk or designated bike path, no riding near cars and no side-trips that put them in danger from traffic or natural hazards.



### *Water safety*

Enroll kids in swim lessons taught by a certified instructor. Always have children wear proper-fitting life vests in a boat or near deep water. Take precautions if you have a home pool. Children need constant supervision around water.

### *Boundaries*

Children relish the freedom of summer, but set some boundaries. Have them play within sight and sound of home, or by arrangement at a friend's where there will be adult supervision. Until they reach a certain age and maturity, kids should not go to the park or other places alone. Parents must always know exactly where their children are and whom they are with.

### *Untouchables*

Kids are naturally curious so keep household, yard and garage dangers stored away. Weed killers and yard chemicals, radiator coolant and other solvents are poisonous to children and pets. Keep them out of sight and out of reach.

### *Fenced in*

If possible, provide a safe play area for your children that's fenced in and in sight from the house. Ideally this space will have room for them to run and play, be cleared of items that are hazards (lawnmowers, sharp gardening implements, etc.) and have a shaded area so kids can get out of the hot sun.



### *Quick tip*

Even a small wading pool can pose a danger to toddlers. Never allow small children in the water without an adult to supervise! Since water reflects sunlight, be sure the kids are protected with sunscreen and not exposed to direct sun for too long before it is reapplied. ■

getting & staying **FIT**

## YOGA for maintaining core strength

*Stretch slowly and never do any exercise that causes pain.*

Excerpted Anna Prato, Liftoptia / Photos by Steph Wells

 see page 15 for more...

### Mountain Pose

Mountain pose is a great way to start your practice. It may not seem physically challenging but it will help you take a moment to stand strong and just breath. Mountain pose is the foundation for standing poses.



Place your feet parallel and hip distance apart with your arms by your sides and palms facing forward.

Ground down through your feet and engage your quadriceps as you lift both knee caps up.

Spin your inner thighs toward the wall behind you as you draw your tailbone toward the floor.

Stand tall and relax the tops of your shoulders as you expand across your collar bones and broaden through your shoulder blades.

Imagine yourself as a sturdy and powerful mountain.

### Tree Pose

Tree pose is a perfect complement for the balance needed when skiing or snowboarding and strengthens your legs while stretching your groin and inner thigh area.



Stand in Mountain Pose. Bring all of your weight on to your left leg. Bend your right knee and slowly lift your right leg up only as far as you can while still remaining steady. Rotate your right leg so your knee points toward the right.

Place your right foot on your left leg (either above or below the knee but directly on the side of your knee) with your toes point toward the floor. Bring your hands together at your heart and find one spot in front of you to gaze at for stability.

If you feel stable enough, raise your arms up over head and reach your fingertips toward the ceiling. When you are ready to come out of the pose slowly lower your arms then remove your foot from your leg and slowly lower your foot to the ground. Repeat on the other side.

### Chair Pose

Chair pose is an excellent pose mimicking a ski stance. It strengthens the legs as well has helps with balance.



Stand in Mountain Pose. Inhale as you bend your knees and sweep your arms out and overhead with the palm facing each other. Sit back as if you were going to sit down in a chair.

For tight shoulders keep your arms wide. Soften your shoulders away from your ears. If your front ribs start to puff out, soften them in towards the body and broaden between the bottom of your shoulders blades.

Maintain a neutral pelvis, draw your sit bones toward the floor and release your inner thighs toward the floor. Press firmly into your feet and extend all the way through your fingertips.

On an inhale straighten your legs and exhale as you release your arms back to your sides.



## YOGA for maintaining core strength

*Stretch slowly and never do any exercise that causes pain.*

 ... more from page 14

Excerpted Anna Prato, Liftopia / Photos by Steph Wells

### Plank

Plank is a great pose for building core strength as well as upper arm strength. You can always modify the pose by bringing your knees to the floor at first and working your way up to the full pose.



Start on all fours and place your hands on the floor shoulder distance apart with your fingertips pointing forward.

Step your feet back into a high pushup position.

Adjust your shoulders so they are directly over your wrists and straighten your arms.

Imagine a line of energy from the crown of your head, through your shoulders, hips and then extending through your heels.

Start with the traditional plank and move your self up. Keep track of how long or how many reps you can do of the variations and track your progress! Remember, have fun with it, rest when your body needs rest, and progress at your own speed and for you ability! It's not about the 6-pack, it is about strength, stabilization, and balance!

### Ardha Matsyendrasana

Twists are great for keeping the spine long and supple. This seated twist also stretches your side hips and butt.



Sit on the floor with both legs extend straight in front of you. Bend your left leg and place your left foot on the outside of your right leg (your left foot is flat on the floor and knee pointed toward the ceiling).

Bend your right leg and slide your right heel so that it is next to the outside of your left hip (your right knee is now on the floor pointing straight in front of you). Place your left fingertips on the floor behind you and use your arm like a little kickstand to lengthen up through your spine.

Inhale reach your right arm straight up as you lengthen your spine. Exhale as you twist to the left, bend your right arm and hook your elbow on the outside of your left knee (palm facing away from you and fingers pointing toward the ceiling).

Gaze your left shoulder. On an exhale slowly come back to center. Repeat on the other side.

### Warrior II Pose

This is a great pose to strengthen your legs and open your hips, plus its foundation is reminiscent of a snowboard stance.



Step wide along the long side of a yoga mat. Check your stance by holding your arms out in a T shape.

The general guide is that your ankles are under your wrists. From deep within your right hip socket rotate your right leg 90 degrees so your toes point toward the right short side of your mat.

Slip your left heel back so that your left toes are now slightly turned in. Inhale raise your arms shoulder height and exhale bend your right knee until it is directly over your right ankle.

Turn your head, without turning your torso, and gaze over your right fingertips. Keep your legs strong and active, lengthen up through the torso and avoid collapsing over the right thigh.

Stretch out vigorously through all of your fingers and soften your shoulders away from your ears. On an inhale come up out of the pose and then repeat on the other side. ■

## HISTORY big pines park

# the birth of MOUNTAIN HIGH

*Los Angeles County established a recreational facility at Big Pines, CA in 1923*

Big Pines, just 4 miles west of Wrightwood in the Angeles National Forest, began as a year-round recreation area built by the Los Angeles County Board of Supervisors and the Department of Parks and Recreation and opened for Labor Day in 1924.



Big Pines Recreation Camp (elevation 6,862 feet) had cabins, a dining room, fountain and store. Many of the buildings still stand—most notably one of the two stone towers that once supported a pedestrian overpass across Highway 2, west of Wrightwood.



The arch was designed and erected by William Davidson and donated by him to the County of Los Angeles. There was a stairway inside the tower that led to an arched doorway, opening onto the arch. In 1926 the Arch was dedicated in a special ceremony.

Winter sports attracted thousands of visitors as soon as the first snow fell. A variety of activities was available, both at Big Pines and Jackson Lake. Parking at

the junction of Big Pines Highway and Blue Ridge Road was common.



Toboggan slides were built at several areas in Big Pines Park. These were made of U-shaped sheet iron on wooden frames. The slides were placed on fairly steep slopes with a good end run out.



In 1929 a world-class ski jump structure was built at Big Pines, CA in time for the Third Annual Winter Sports Carnival. Several world record-breaking jumps were made at Big Pines, including Alf Engen's 243 foot jump.

It was hoped that the completion of the jump would convince the International Olympic Committee to award the 1932 Winter Olympic Games to Big Pines. Alas it was perceived that California (Tahoe also bid) did not have the necessary facilities. The 1932 Winter Olympic Games were awarded to Lake Placid.

In the late 1930s and early 1940s, as ski tows and chairlifts began to spring up in winter sports areas, the popularity of ski jumping declined and skiers seeking easy uphill access for their downhill runs



began flocking to the slopes.

In the early 1930s, the LA County Board of Supervisors realized they were in financial trouble at Big Pines Park. Along with the rising maintenance costs for many of the facilities, the effects of the Great Depression had taken their toll.

In 1934 the board proposed that USFS take back control of the park. In 1940 after years of negotiations, the Forest Service cancelled the permit and took back control over a 12-month period.

Now administered by the USFS, Big Pines continues to be a popular recreation area encompassing three ski resorts, several campgrounds and Jackson Lake.

In 1939 Harlow Dormer started a ski resort at Table Mountain and built the first rope tow in Southern California. In 1941 Blue Ridge was built on the former slopes of Big Pines Park. In 1948 Sepp Benedikter began development of Holiday Hill.



Today, the three ski resorts are collectively known as Mountain High. ■



## A safe trip requires careful planning

*Here are important steps you can take to prepare for a safe trip outside US.*

excerpted from <http://travel.state.gov/content/passports/english/go/checklist.html>

### Getting There

- **Beware of Any Travel Alerts and Warnings for Your Destination**

The State Department issues Travel Warnings to recommend postponing travel to a country because of civil unrest, dangerous conditions or terrorism.



- **Do You Have All Required Travel Documents?**

Most U.S. citizens must use a U.S. passport to travel overseas and reenter the United States.

If you are traveling by land or sea, you may travel using the new U.S. passport card instead of the normal passport book.

Some countries may require travelers to present proof of relationship to the children and evidence of consent from any non-accompanying parent(s).

Some countries require that a traveler's passport be valid for at least six months beyond the dates of the trip.

- **Are You Prepared for an Emergency?**

Make sure you have the contact information for the nearest U.S. Embassy or Consulate where you are going.

- **Do You Plan to Drive Overseas?**

If you plan to drive overseas, you may need to obtain an International Driving Permit (IDP).

If you will be residing overseas for an extended time, obtain a local driver's license as soon as possible.

- **Pack Smart!**

Pack light so you can move quickly and have a free hand when you need it.

Carry a minimum number of valuables and plan places to conceal them.

Use covered luggage tags to avoid casual observation of your identity and nationality.

Avoid packing IDs, tickets and other vital documents in backpacks or other locations you won't be able to see at all times.

- **Do You Have Photocopies of Your Itinerary and Travel Documents?**

Make two photocopies of all your travel documents in case of emergency or if your documents are lost or stolen.

Leave one copy with a friend or relative at home. It is always a great idea to let at least one person know exactly where you will be staying and how to contact you in an emergency.

Carry the other copy with you stored separately from the originals.

Documents to make copies of include Passport, visa, itinerary, confirmations, airline ticket, driver's license and credit cards.

### Your Money

- **Prepare to Handle Money Overseas**

Check and understand the exchange rate before you travel. Notify your

bank, credit card company, or other financial institutions that you are going overseas. Avoid carrying large amounts of cash. Do not flash large amounts of money when paying a bill.

- **Learn about local laws and customs**

If you break local laws while abroad, your U.S. passport won't help you avoid arrest or prosecution. The U.S. Embassy can't get you out of jail.

### Your Health

- **Do You Need Any New Vaccinations?**

Vaccinations are required for entry to some countries and require foreign visitors carry an international certificate of vaccination or yellow card.

Health experts recommend vaccinations for travel to some countries.

- **Do You Know How to Find Medical Help Abroad?**

- **Does Your Health Insurance Cover You Outside the U.S.?**

If your insurance policy does not cover you abroad, consider purchasing a short-term policy that does.

**NOTE: Social Security and Medicare do not provide coverage outside of the U.S.**

- **If you take prescription medication?**

Pack enough to last your entire trip, including some extra for just in case you need extra.

Carry your medications in their original labeled containers in your carry-on bag.

Ask your pharmacy or physician for the generic equivalent name of your prescriptions.

Get a letter from your physician in case you are questioned about your carry-on medication. ■

it's a **WRAP**

## SESTRIERE ski week

*Italy was unbelievable with fabulous snow and sunny skies.*

March 8, 2014, our group made their way to Milan, met up and were transferred to Sestriere to began our ski week.

The Hotel Cristallo was superb. Located directly across from the lifts we couldn't have been situated better. We would start the day with a hearty breakfast and end with an Italian feast for dinner. The people at the hotel were friendly and very helpful.

We couldn't have asked for better weather— clear skies and lots of snow. We skied the whole of the Milky Way from Sestriere all the way to Montgenève in France. A favorite was Sauze d'Oulx— not just because it was fun to say (saucy do) but it had the best snow and most varied terrain.

Our next adventure was to the Liguria region of the Italian Riviera. Rapallo was the perfect home base for visits to Cinque Terra, Portofino and Genoa.

The first day we headed as a group to Cinque Terre. We took the train to the Riomaggiore and explored its terrain. Manarola offered some great challenging hikes and spectacular views. After the 382 steps to the village of Corniglia, our group went off in different directions to various destinations.

Over the next two days, we went by bus, train, foot or boat to Santa Margherita Ligure, Portofino, Genoa, Vernazza and Monterosso al Mare. It was an awesome adventure that ended all too soon. ■



*Another beautiful day on the Milky Way— great snow & weather.*



*Young, Dave, Erika, Roger, Jill, Ron all ready to hit the slopes.*



*Looking down on Sestriere. The Hotel Cristallo, at lower right, was the best.*



*A handsome Italian photo bombed Jill & Erica. He was quite charming.*



*Jeannie, Young, Gene and Jim hitting the expert slopes and loving it.*



*Dave, Erika, Young, Jill and Ron found this bear on the slopes.*



*Our last dinner at the Hotel Cristallo. What an incredible week.*

photos courtesy Catherine Ohl, Jeannie Talbot and Young Kang

photos courtesy Catherine Ohl



it's a **WRAP**  
**CINQUE TERRE** adventure

*The coastline and five villages are all part of the UNESCO World Heritage.*

More photos can be found on our photo gallery at <http://bit.ly/1svBDdn>



*Dinner with Erika, Dave and Roger after a hard day out.*



*Erika, Young and Jim enjoyed the train ride from village to village.*



*Gene and Catherine at Riomaggiore disappointed the lower trail was closed.*



*Checking out the cheeses in Rapallo with Jeannie, Jim, Gene and Young.*



*King Neptune carved out of stone on the beach at Monterosso al Mare.*



*Catching the train to Cinque Terre with Don, Nancy, Jim, Gene.*



*Lower trail from Riomaggiore to Manarola was closed due to rock slides.*



*Party time with Roger, Young and Gene. Roger & Gene were the best hosts.*



*Out on the town for dinner with Ron and Jill.*

photos courtesy Catherine Ohl, Jeannie Talbot and Young Kang



## it's a **WRAP** BIG WHITE spring skiing

*The snow was unbelievable for April— light, deep and never ending!*

More photos can be found on our photo gallery at <http://bit.ly/1svBDdn>

This was our 11th annual April trip to Big White in hopes of catching some of that late season powder. It didn't seem much like spring as it snowed just about every day. And it was still coming down as we departed the resort. Same story but different year.

The highlight of this trip was the chutes under the Cliff Chair, the trees on Black Forest, the groomers off the Ridge Rocket, the powder from the Falcon Chair and the snowghosts in the Gem Lake area. Gene led the experts out of bounds on Gem Lake.

We also enjoyed dinners out and dinners in, happy hours, free hot chocolate and a bonfire at Happy Valley, recovery time in the hot tub, good friends and new friends, the tube park, Senior day on the mountain, host guided tours, sunrises and sunsets, daily pastries from the Big White Bakery and the incredible beauty of Big White.

The skiing was absolutely awesome! There was fresh powder most days and everlasting powder in the trees. Many days the groomed had up to a couple of inches of untracked. The fact that the temperatures remained in the high 20s was our only indications of spring. ■



*Arline, Gene and John enjoying the late season snow.*



*Our favorite new apres ski stop— the beer garden at The Woods.*



*We took advantage of the senior ski lessons with lunch & wine. Delish.*



*Taking a break on the slopes after a hard morning of skiing.*



*Arelene, John and Gene heading out for tapas and wine at the Globe.*



*The boys of Big White— Jimmie and Michael J.*



*Jimmie serving up free pancakes for the skiers/boarders on Sunday. Yummy.*



it's a **WRAP**

# OCEANSIDE beach clean-up

*90% of what we picked up on the beach was cigarette butts.*

On May 10, 2014, Catherine Ohl led Pac Rim on the beach at Oceanside's CoastFest to participate in a clean up endeavor. It's hard to believe that over 350 pounds of trash was collected. It was back breaking work and made even more so since most of what we picked up was cigarette butts.

Rubio's CoastFest is designed to educate the community about ocean conservation, is full of exciting freebies and activities, including prizes from the Rubio's prize wheel, face painting, an ocean-pledge wall, complimentary food and drinks, the Ocean Institute's "Ocean in Motion" aquarium touch tank, a photo booth to capture the day's memories, a Kids' Zone, an inflatable jumpy house, a mobile learning center courtesy of the Wyland Foundation, free surf lessons from Surfin' Fire and live music. ■



*Help keep our beaches clean— leave only footprints.*



*This guy built the most incredible sand castle with the CoastFest logo.*



*Amazing FREE fish tacos for everyone provided by Rubios. Delish.*



*So many people came out to help collect over 350 lbs. of trash.*

photos courtesy Catherine Ohl

## Top 10 Summer Resorts

The Ski Channel presents the Top 10 Summer Ski Resorts!

### 10. Treble Cone, New Zealand

Treble Cone operates from the end of June to late September and offers beautiful backcountry terrain for the skier looking for a sizable challenge.

### 9. Saas-Fee, Switzerland

The glaciers of Saas-Fee offer 20 km of slopes suitable for all skiing and riding levels between early July and the end of August.

### 8. Whistler Blackcomb, B.C., Canada

Whistler Blackcomb prides itself on sustaining the longest snow season in Canada with the help of their legendary Horstman Glacier.

### 7. Timberline Lodge, Oregon

Timberline Lodge in Oregon claims to offer the longest ski season in North America, running year-round!

### 6. Tignes, France

Tignes offers a unique summer skiing experience for those interested in continuing their powder adventures.

### 5. Ski Portillo, Chile

Portillo provides a different ski adventure, as the mountain has just one yellow hotel, no town and steep, off-piste terrain.

### 4. Dachstein, Austria

The Dachstein Glacier opens for an unreal 11-month experience featuring slopes that maintain year-round powder conditions.

### 3. Perisher, New S. Wales, Australia

Perisher is the largest ski area in Australia, composed of four villages that are all connected.

### 2. Coronet Peak, New Zealand

The mountain features wide-open groomed runs, moguls and even open back bowls to serve everyone in the family.

### 1. Las Leñas, Argentina

Las Leñas offers skiable terrain for all skill levels and great activities for after-ski hours. ■

it's a **WRAP**  
**FAR WEST** ski convention

*Gene Fulkerson is named FWSA Council's Man of the Year*

The 82<sup>nd</sup> annual Far West convention took place in Bend, OR June 12–15, 2014.

### Pac Rim Wins

It was a great convention for Pacific Rim!

Our own **Gene Fulkerson** was crowned King— today known as FWSA Council's Man of the Year. We are so proud of him.

**Catherine Ohl** was honored with the President's award for all the work and time she has donated to Far West in support of President **Linda Scott**.

Pac Rim's "UPdate" newsletter won a first place Wentworth award while Pac Rim's website earned another first place. Thank you, Catherine, for a job well done and congratulations on another hat trick with the 2nd place club award.

### Far West Silent Auction

Pacific Rim was represented by attendees Catherine, Gene, **Claudia Nordquest** and **Lou Courtney**.

Once again we had lots of fun running around trying to outbid our fellow skiers. Claudia won everything she bid on while Gene was outbid on everything. There's always next year.

We really enjoyed meeting with the special guests. We got to spend a lot of time with them on Friday. We especially enjoyed talking to **Jess McMillan**— an amazing women and free skier.

### The Convention

Northwest Ski Club Council did a fabulous job on the convention. The three days went by way too fast. We attended the Awards Luncheon, Awards Dinner Dance (great band) and all the parties. It was wonderful to have the time to catch up with old friends in both the ski clubs and the industry. We especially enjoyed Jess's keynote speech.



photos courtesy Catherine Ohl

*Far West's new board. Lots of new and younger faces stepping up with fresh and exciting ideas. Can't wait to see what 2015 has to offer.*

### 2015 Far West Convention

The 2015 Far West convention will be hosted by the San Diego Council to be held in beautiful San Diego on June 4–7, 2015. We will be there and make a week of it. There's so many fun things to do in this area. *See page 31* for the current convention information. ■



*Gene Fulkerson & Nancy Ellis, 2014 Council's Man & Woman of the Year, is pictured with Big White's Katie Balkwill.*



*Pac Rim gets another hat trick in the clubs' communications awards with two firsts and a second.*



*An awesome threesome— President Linda Scott, Olympian Billy Kidd and Keynote Speaker Jess McMillan.*



it's a **WRAP**

# FAR WEST ski convention

*It's all good— fun, parties, friends, awards and everlasting memories.*



photo courtesy Doug Miller Photography

*Jo Simpson, Catherine Ohl & Jane Wyckoff are presented the President's Award by current President Linda Scott.*



*Most of the LAC Delegates.*



*David Krupp, Athletic Scholarship Chairperson, accepts a \$1,000 donation check for the program from Ann Lawson, Grindelwald Ski Club, and Sandy Knapp, President of Los Angeles Council of Ski Clubs, in memory of Louis Buhler, Co-Founder of Grindelwald Ski Club.*

## far west **SERVICE AWARDS**

- |   |   |
|---|---|
| Snow Sports Builders Award                                      | <b>Cliff Blann</b> , Mt. Bachelor   |
| Hans Georg<br>- Long-term contributions                         | <b>Gloria Raminha</b><br>Central Council  |
| Elizabeth Schatzi Wood<br>- Female One or Two-Year Contribution | <b>Debbie Stewart</b><br>Sierra League & Council                                  |
| J. Stanley Mullin<br>- Male One or Two-Year Contribution        | <b>Emilio Trampuz</b><br>Northwest Ski Club Council                               |
| Jordon-Reily<br>- Public Affairs                                | <b>Kayla Walker</b><br>Bonneville Environment Foundation                          |
| Terry Smith<br>- Racing   | <b>Brent Forsythe</b><br>Mammoth Mountain Race Dept.                              |
| Jimmie Heuga<br>- Humanitarian                                  | <b>Lee Perry, Jr.</b><br>Mt. Hood Meadows   |
| Bill Mackey<br>- Ski Industry Employee                          | <b>Jason Forrest</b><br>Whitefish, MT   |
| Tommi Tyndall<br>- Ski Industry Contribution                    | <b>Mt. Hood Meadows</b>   |
| President's Awards  | <b>Jo Simpson, Jane Wyckoff,<br/>Catherine Ohl, Julia Mancuso</b>                 |
| Bill Berry<br>- Hard News                                       | <b>Ben Jackett</b><br>Founder "Shed Hood"   |
| Bill Berry<br>- Featured Article                                | <b>Christopher Van Tilburg, MD</b><br>Book: "The Adrenaline Junkie's Bucket List" |
| Warren Miller<br>- Modern Media                                 | <b>Red Bull Media House w/ Matchstick Prod.</b><br>"McConkey" movie               |
| Safety Award  | <b>Dennis Heffley</b> , Bay Area Council  |
| Western Ski Heritage Award                                      | <b>Emilio Trampuz</b> , Mt. Hood Ski History                                      |
| Man of the Year   | <b>Gene Fulkerson</b> , Los Angeles Council                                       |
| Women of the Year   | <b>Nancy Ellis</b> , Sierra League & Council                                      |
| Charity Recognition   | <b>SLO Skiers and Northwest Ski Club Council</b>                                  |
| History Recognition   | <b>Snowchasers Ski &amp; Snowboard Club</b>                                       |

## BITS 'n pieces

*Important news... a little bit of everything*

### FOR SALE— \$900 Credit to Far West's Whistler Blackcomb Ski Week

January 31 – February 7, 2015

**Asking \$800** (that's \$100 deduction off Far West's price)

- ◆ \$900 Credit good for this Far West Ski Week Only
- ◆ You can sign up with any Council

**Proceeds will be donated to Can Do MS**

- ◆ Contact Catherine Ohl  
858-405-0637 or [ohl@acatmeowz.com](mailto:ohl@acatmeowz.com)

**Ski Week Information**

- ◆ Visit [FWSA](#) website on North America Travel
- ◆ [Download](#) FWSA Ski Week Flyer

### SKI & RIDE FOR A CURE VERTICAL COMPETITION

**Early bird registration!**

Only \$30 until August 1, 2014

Registration after August 2, 2014  
will be \$40



1. Funds raised through Ski/Ride registration and donations support the research and programs of the American Cancer Society (ACS).
2. Individuals compete for vertical feet skied/ boarded during the 2014–2015 winter season.
3. Prizes are awarded at the end of the event for most vertical feet skied/boarded.
4. Vertical feet are tracked via the SkiTracks App. Download the App at [corecoders.com](http://corecoders.com) for 99¢.
5. Make an additional donation while registering if you choose to support our mission.
6. Skiers/Boarders may ski anywhere in North America or Europe where SkiTracks has coverage.
7. SkiTracks will download participant vertical for HOTS, Ski & Ride For A Cure.
8. Participants may download the SkiTracks user guide for complete application details and usage information.



[corecoders.com](http://corecoders.com)

**REGISTER**

[hots.kintera.org/skiridevert](http://hots.kintera.org/skiridevert)

*Congratulations Connie & Dave!*



Yes, they did it on May 31, 2014 in Kona, HI!

Left to right: Connie's son Phil, Dave's son Pat and Tiff with baby Avery, Dave, Connie, thier Kumu, Mapauana, Dave's Bro Jim and wife Pegi, and friend Chris. Aloha!



### Fred Noble RIP

In December 2010, ski adventurer and world traveler Fred Noble was diagnosed with ALS, or Lou Gehrig's Disease. Since his diagnosis, Fred dedicated his time to raising funds and awareness about the disease.

Fred faced this final, most challenging obstacle in his life with vigor and fortitude, working to inspire his friends and others to join him in his quest to do as much as he possibly can to help eradicate the disease.

On May 1, 2014 Fred reached the summit of his Everest and skied down the other side. We'll always be inspired by the life Fred lived and the stories his friends still share. Shred in Peace, Fred.



# radar **RIVER** rats



colorado **RIVER** skiing/boarding

needles **MARINA**



You must be a current member of the Radar River Rats and sign a Liability Release to participate in our water ski/board events.

**\$145\*\***



photo courtesy Catherine Ohl

## & water **SKIING** wake **BOARDING** at its very best!

### 2014 Colorado River **SCHEDULE**

June 20–22

July 11–13

Aug 8–10

Sept 5–7

Oct 3–5

July 25–27

Aug 22–24

Sept 19–21

Oct 17–19

*Everyone Welcome*

**Friends ° Family ° Beginner ° Expert**

Please note: Our skis and wake boards are best suited for Beginners to Intermediates. We suggest if you require more advanced equipment that you rent them from your local sporting goods store.

### Trip Includes—

- 1 Full & 1 Half Day Skiing/Boarding
- Equipment & Instruction
- Waterfront Camping
- 5 Meals– 3 on Saturday & 2 on Sunday
- Saturday Happy Hour
- Beer, Wine & Soda on Saturday & Sunday

### What's Available!—

- Location— **Needles Marina**
- Pool, Showers & Rental Cabins available
- 6 PM Check-in. 5 PM Check-out on Sunday
- Option to add Friday Skiing/Boarding

### Prices—

- \$145 \*\* Skier / Boarder
- \$75 Non-Skier \*
- \$35 Child age 6–12 \*
- Free Child 5 and under\*

### Must be a member of Radar River Rats—

- \* May not ride in the club boat during club hours.
- \*\* Subject to fuel surcharge if gas is more than \$5/gal

### For Trip Information—

Visit [www.RadarRiverRats.org](http://www.RadarRiverRats.org)

Call Patricia at 323-651-0686 (before 9 PM)

### Boat Drivers—

Call Gene at 858-467-9469 (before 9 PM)



*Pacific Rim Alliance invites you to...*

# Cabo San Jose, Mexico October 21–31, 2014

*Choose your dates & length of stay*

## Royal Solaris

### ● *The All-Inclusive Basics*

- Spacious Hotel Room with Stocked Mini-Bar
- Choice of King or 2 Queens
- Unlimited Meals, Alcohol, Soft Drinks
- Five Restaurants & Four Bars
- Two Swimming Pools and Two Jacuzzis
- Steam Room and Fitness Center
- Weekly Activity Programs
  - Beach & Pool Volleyball, Aqua Aerobics, Water Games, Dancing Lessons, Yoga
- Dinner Shows and Theme Nights
  - Mexican, Latin, Cinema Solaris, Evolution of Dance
- Live Music in the Lobby Bar most nights
- Scuba Diving Demo at the Diving Pool
- Taxes & Tips

### ● *Member Benefits Include*

- Round Trip Transportation from Airport
- Ocean View Room
- Robe & Slippers
- Free Wi-Fi
- Member Gourmet Breakfast
- Premium Bar & Members Only Lounge
- Premium Dinner Menu & Advance Reservations
- Reserved Seating at Dinner Shows
- Caribbean Night with Brazilian Dancers & Fire Show
- Excursion (1 free for 6-day+ stay) choice of
  - Snorkeling, Camel Ride on Beach, Ziplining

### ● *Pricing* [double occupancy]

**\$82\* per Person per Day**

- Includes Basics and Member Benefits

**\$464 for 2 Persons for 4 Nights**

- Includes Basics and Member Benefits
- **Must attend a 90-min [low-key] time-share presentation**
- Can add Nights for \$82\* per Person per Night

*\* Price increases to \$91 pppn after July 10, 2014.*

### ● *Extras Available (\$)*

- Room Service
- Business Center
- Spa, Beauty Salon and Shops
- Shuttle Service to Cabo San Lucas
- Tours Operated by Outside Company On Site offers Zipline, Fishing, ATV, Diving, Swim with Dolphins

### ● *The Fine Print*

- Can use Credit Card to Pay [no additional charge]
- Entertainment/Programs subject to change
- Solaris is a time-share and you will be asked if you want to attend a presentation. In our experience, if you say no they will leave you alone.
- Royal Solaris is located in Cabo San Jose, only 15 minutes from the San Jose International Airport (SJD) and just 20 minutes from Cabo San Lucas.
- Trip Insurance is recommended.

*Information & Reservations... Catherine Ohl at [ohl@acatmeowz.com](mailto:ohl@acatmeowz.com) or 858-405-0637*





# Big White, Canada

December 7-14, 2014

## Basic Trip Price \$700 Includes

- 7 Nights Lodging Inn at Big White [double occupancy]
  - Ski In / Ski Out
  - Standard Room with Queen + Queen Murphy
  - Rooms have Mini-Fridge + Coffee Maker
  - Free Wi-fi
  - Hot Tub + Pool
  - GST, PST, Hotel Taxes
- 6 Days Lift Tickets
- Transfer to/from Kelowna Airport
- Welcome & Après Ski Parties



## Extras

- Single Supplement available on request
- Air NOT Included
  - United + West Jet flies Non-Stop from LAX
  - Air Canada/Jazz + Alaska/Horizon flies into Kelowna
- Tips NOT Included
- Trip Insurance Recommended

## About Big White

- 25 feet annual dry powder.
- 2,800 patrolled skiable acres.
- 2,550 feet of vertical.
- 4.5 miles is longest run.
- 6% ◆◆ 22% ◆ 54% ■ 18% ●
- 118 designated trails.
- 10 ski lifts (6 are high speed).
- Free Daily Hosted Tour at 10:30 AM.
- 18 Restaurants & Bars.
- Typically Best Early Season Powder Skiing.
- Awesome Glade Skiing



## Payment for Dec.

- \$200 Due NOW
- \$500 Due October 1, 2014
- No Cancellation after Oct 1, 2104

## Information

- Gene Fulkerson
- 858-467-9469 [h]
- [gene@pacifcrimalliance.org](mailto:gene@pacifcrimalliance.org)

Download Big White **FLYER**  
for April 4-11, 2015

*Make checks payable Pacific Rim Alliance. Mail to Gene Fulkerson, 10818 Viacha Dr, San Diego, CA 92124*

# TRIPPING around snow TRIPS & ACTIVITIES on tap

Details and flyers can be found under **TRIPS** at [PacificRimAlliance.org](http://PacificRimAlliance.org)



## Join PAC Rim for our 14<sup>th</sup> Annual Wine Maker Dinner

Fundraiser for MS

Saturday, **September 27, 2014, 5 PM**  
10818 Viacha Dr, San Diego

### Sign Up

- YES, please sign me up!
- Sorry I won't be able to attend. Accept my donation.

### About the Dinner

- **Mary Trimmins**, Executive Chef, will be back as our guest chef.
- The dinner will consist of 6-7 courses with an exquisite wine specifically matched to each course.
- The dinner typically lasts 5 hours.

### For Information

Call Gene at 858-467-9469



**Send your \$100\* Tax Deductible Contribution payable to**

**Can Do MS** c/o Gene Fulkerson  
10818 Viacha Dr., SD, CA 92124

**100% of proceeds to benefit**

**Can Do MS** formerly Heuga Center for MS  
IRS 501(c)(3) Number 74-2337853  
[www.mscando.org](http://www.mscando.org) • 970.926.1290

\* 100% is Tax Deductible. Since this is a fundraiser for charity, there will be no refunds.

## San Diego Council HAPPY HOUR

August 14, 2014, 4:30 – 7:00 PM

**Green Acres Campus Point**  
10300 Campus Point Dr., San Diego 92121

featuring — \$5 Wine & Beer  
\$6-\$8 Appetizers

*Everyone Welcome!*

*Los Angeles Council invites you to the Far West Ski Week*

## Whistler Blackcomb

January 31 – February 7, 2015

### Trip Includes—

- ◆ Round Trip Airfare from LAX to Vancouver
- ◆ Round Trip Ground Transportation to/from Airport
- ◆ Seven Nights Lodging
- ◆ 5 of 7 day Adult Lift Ticket (6th day and/or senior available)
- ◆ Registration
- ◆ Welcome Party
- ◆ Pub Crawl
- ◆ Mountain Picnic
- ◆ Mountain Rally
- ◆ Racing
- ◆ Club/Council Night Dinner
- ◆ Cocktail parties
- ◆ Ski Week Banquet
- ◆ Awards Apres Party

### Lodging Options & Pricing Per Person (dbl. occ.)—

- \$1,760 Delta Whistler 1 or 2 Bedroom Condo
- \$2,125 Westin Hotel with King Bed & Full Kitchen

### Registration & Information—

Laura Priess at 818-364-8923 or [buffynzoom@aol.com](mailto:buffynzoom@aol.com)  
Click [FLYER](#) to download



Tripping around... membership has its benefits.

Click on any image to download a pdf flyer.

## Aspen, Colorado

December 11-17, 2014

- Trip Price \$1,000-\$1,265 Includes** (based on lift options)
  - 6 Nights Lodging at The Gant (double occupancy)
  - 2 or 3 Bedroom Condos with 2 or 3 Baths
  - Fireplace, Kitchen, Balcony
  - Daily Maid Service
  - Hot Tub, Pool, Health Club
  - In-town Shuttle Service
  - 5 Days Lift Tickets
  - Air + Transfers to/from Aspen
  - Pre, Arrival + Post Parties
- Extras**
  - Tips NOT Included
  - Trip Insurance Recommended
- Aspen**
  - Experience the Power of Four—SKI Aspen, Snowmass, Highlands, Buttermilk
  - Enjoy Shopping at its best
  - <http://aspensnowmass.com>
- Payment Schedule**
  - \$200 Down now
  - \$400 by July 15, 2014
  - \$300 by August 30, 2014
  - \$365 by September 30, 2014
- Cancellation Fees**
  - \$75 after July 31, 2014
  - \$175 by after August 30, 2014
  - Total after September 30, 2014
- The Gant**
  - Relax in the comfort of an elegant private home while enjoying the luxurious services you would expect from a premier Aspen Hotel.
  - The Gant is a short walk to town and shopping.
  - <http://gantaspenn.com>
- Information / Reservations**
  - Mike Sanford [bubasanfrd@aol.com](mailto:bubasanfrd@aol.com)
  - 858-695-1442 [h]

Waiver/Release of Liability Required  
CST 2083329-40

*Make checks payable SDCSC. Mail to Mike Sanford, 11760 Caminito Prenticia, San Diego, CA 92131*

## Far West Ski Association Ski Week Whistler, Canada

January 31 - February 7, 2015

8,171 Acres of Terrain / 5,280 Vertical

**\$1140**  
Plus air & ground

**Tantalus Lodge**

- Complimentary Ski Shuttle
- 5 min Walk to Village
- 2 bed / 2 bath
  - 1 Queen
  - 2 Twins
- Outdoor Hot Tubs w/ Sauna

**\$1435**  
Plus air & ground

**Coast Blackcomb**

- Ski-in / Ski-out
- Continental Breakfast
- Free City Shuttle to Village
- 2 bed / 2 bath
  - 1 King
  - 2 Twins
- Outdoor Pool & Hot Tubs

**\$1550**  
Plus air & ground

**Four Seasons**

- On-Site Bar Lounge & Restaurant
- Turn Down Service
- Ski Valet
- 1 bed / 1 bath
  - 1 King
- Outdoor Pool & Hot Tubs

**Payment Schedule**

- \$100 deposit
- \$400 by 20 July
- \$400 by 20 Aug
- \$400 by 20 Sept
- Balance by 20 Oct

**Cancellation Fees**

- \$125 after 25 Jul
- \$910 after 25 Aug\*
- Total after 25 Oct\*

\*If replacement found transfer fees apply

**FWSA Package Includes:**

- 7 Nights Lodging (dbl. occ.)
- 5 day lift ticket
  - No lift ticket -\$285
  - 6 day ticket +\$51
  - 5 day senior (65+) -\$40
  - 6 day senior (65+) \$0
- Welcome Party
- Races
- Pub Crawl
- Mountain Picnic
- Ski Week Banquet
- Awards Après Party
- Council Night Event

**Contact Now**  
Alan Godwin  
619-663-6626  
[alan@skiclub.us](mailto:alan@skiclub.us)

Mail check payable to  
San Diego Council of Ski Clubs  
to  
**Alan Godwin**  
4678 Muir Ave  
San Diego, CA 92107

Travel Insurance is recommended. CST #2083329-40

"The Voice of the Western Skier"  
F W S A  
FAR WEST SKI ASSOCIATION  
FOUNDED 1936

## Bike & Barge Italy

Mantova to Venice  
April 4-11, 2015

Enjoy cycling the countryside... Experience Venice, Mantova and Ferrara—the Jewels of the Italian Renaissance

- Basic Trip Price \$1,600 Includes**
  - 8 Days / 7 Nights Lodging aboard the Ave Maria Barge
  - 4 Day Tours
  - Breakfast, Lunch, Dinner (beverages not included)
  - Midweek Maid Service
  - Bed & Bath Linens
  - Coffee & Tea Onboard
  - Free Wi-Fi Onboard
  - Afternoon Snack
  - 27 Gear Unisex Bikes
- Extras**
  - Bike Tour with Bike Leader
  - Bike Repair Kit
  - Saddle Bags and Front Bag
  - Maps and Guide Book
  - Visit to Cheese Factory
  - Transfer from Ferrara-Adria
  - Pre, Post & Arrival Parties
  - All Port Taxes & Fees
- Payment**
  - \$100 Down now
  - \$500 by Sept 1, 2014
  - \$500 by Nov 1, 2014
  - \$500 by Jan 1, 2015
- Cancellation**
  - \$100 after Sept 1, 2014
  - \$500 after Dec 1, 2014
  - Total after Feb 1, 2015
- Ave Maria**
  - Relax in the comfort of an elegant private barge while enjoying the luxurious services you would expect from a premier hotel. Enjoy authentic regional cuisine and wine.
  - A bit of sailing, then off on a walking or cycling tour to discover the natural and cultural wonders of Italy. The floating hotel follows the bike tour, cruising along the Po River.
- Information & Reservations...**
  - Eileen Sanford
  - 858-695-1442 [h] or 858-761-6192 [c]
  - [eileensanford12@gmail.com](mailto:eileensanford12@gmail.com)

Waiver/Release of Liability Required  
CST 2083329-40

*Make checks payable SDCSC. Mail to Eileen Sanford, 11760 Caminito Prenticia, San Diego, CA 92131*

## Rhine Getaway

Cruise Amsterdam to Basel  
August 21 - 28, 2015

Call NOW to take advantage of the promotion as priced below\*—offer expires 5/31/14

- from \$2,431\* pp includes**
  - 8 Days / 7 Nights Standard E cabin (dbl. occ.)
  - 6 Guided Tours in 4 Countries
  - Breakfast, Lunch, Dinner
  - Wine, Beer, Softdrinks with Lunch & Dinner
  - Bottle Champagne in Room upon Arrival
  - Free In-Room Wi-Fi
  - Welcome Party
  - All Port Taxes & Fees
  - Air NOT Included
  - Tips NOT Included
  - Trip Insurance Recommended
- extras**
  - French Balcony D \$3,031\* pp (dbl. occ.)
  - French Balcony C \$3,331\* pp (dbl. occ.)
  - Veranda B \$3,531\* pp (dbl. occ.)
  - Veranda A \$3,831\* pp (dbl. occ.)
  - Optional pre/post 2-night trips from \$549 pp
- payment schedule**
  - \$500 deposit due now
  - 25% of full fare due September 1, 2014
  - 25% of full fare due January 1, 2015
  - 25% of full fare due April 1, 2015
  - Balance due May 1, 2015
- cancellation fees**
  - \$100 after June 1, 2014
  - \$300 after September 1, 2014
  - 15% of full fare after March 1, 2015
  - 30% of full fare after May 1, 2015
  - 50% of full fare after June 1, 2015
  - 100% of full fare after July 1, 2015
- about Rhine Getaway**
  - Visit the highlights of the legendary Rhine River on this 8-day cruise. Explore Holland's famous windmills and waterways and take part in the inviting nightlife in Rudesheim's Drosselgasse. You will see the many charming castles that command the riverbanks as you sail through Germany. Experience the lush landscape of the Black Forest region. Visit Viking Cruises Rhine Getaway at [bit.ly/149mU1](http://bit.ly/149mU1).
- information**
  - Eileen Sanford
  - [eileensanford12@gmail.com](mailto:eileensanford12@gmail.com)
  - 858-695-1442 [h] or 858-761-6192 [c]

Waiver/Release of Liability Required  
CST 2083329-40

**reservations contact Ken Darrow, Universal Travel 858-456-7887**

## FAR WEST trips

Tripping around... membership has its benefits.

Click on any image to download a pdf flyer.

**FWSA International Travel Program**  
Presents in the Fall of 2014:

### SOUTH AFRICA SAFARI ADVENTURE TRIP

**September 5th - 16th, 2014**—South Africa 10 Day Eastern Cape & Garden Route Tour  
*Note: Sept 5th US departures will arrive in Port Elizabeth on September 7th*

**September 16th - 20th, 2014**—(Optional) 4 Day Victoria Falls Extension

**SOUTH AFRICA MAIN TOUR PACKAGE SUMMARY:**

- ◊ Several Morning, Day & Evening Wildlife Safaris
- ◊ Excursion through Kraysna Lagoon to the Featherbed Nature Reserve
- ◊ Cape Town City Tour
- ◊ Wineclands Tour
- ◊ Cango Ostrich Farm Tour
- ◊ Cango Caves Tour
- ◊ Most Meals
- ◊ All Lodging & Ground Transportation

**\*\*Main South Africa Tour Package prices (without air) start at:**  
\$2915.00 pp—Double Occupancy (South Africa ONLY Trip)  
\$3434.00 pp—Single Supplement (South Africa ONLY Trip)

**VICTORIA FALLS (post trip) PACKAGE SUMMARY:**

- ◊ Sunset River Cruise
- ◊ Victoria Falls Tour
- ◊ Historical Bridge Tour
- ◊ Safari at Victoria Falls Private Game Reserve
- ◊ Breakfast & Dinner
- ◊ All Lodging & Ground Transportation

**\*\*Victoria Falls Package prices (with inter-country air) start at:**  
\$1757.00pp Standard Room (Dbl Occ) or \$2156.00pp Deluxe Room (Dbl Occ)—Victoria Falls Extension  
\$2340.00 pp—Single Supplement Victoria Falls Extension

**Air prices:**  
FWSA Air-San Francisco, CA—Approx. \$2302.00 pp—\$750 Deposit  
FWSA Air-Los Angeles, CA—Approx. \$2302 pp—\$750 Deposit  
*Note: Secondary Airports and Air Deviations can be purchased for you as a Non-Refundable ticket and must be paid for at the time of booking.*

**All Prices are based on current exchange rates and subject to change**

**Make checks out to Far West Ski Association (FWSA). Please reference "FWSA Africa Safari"**  
Send to: **Debbie Stewart**  
FWSA VP of Int'l Travel  
430 S. Church St.  
Visalia, CA 93277

Or register online at: <https://fwsaconnect.herokuapp.com>

For more information contact: **Debbie Stewart** at [FWSAIntlTrvl@prodigy.net](mailto:FWSAIntlTrvl@prodigy.net) or cell: 559-737-0882  
Check our website at [www.fwsa.org](http://www.fwsa.org). Click on the "Travel" tab, for all FWSA trips CST #2036982-40

Join **Far West Ski Association** for our 5th Annual Dive Trip in  
**Occidental Grand Cozumel Resort**  
OCTOBER 11 - 18, 2014






**Dive Price: \$1,138**  
Non-Diver price: \$758

**Price includes:**


- Package includes:
- 7 nights at Occidental Grand Cozumel w/2 per deluxe room
- ALL MEALS daily
- All Drinks daily including ALCOHOL
- All non-motorized watersports
- 5 days of 2 tank boat dives with Pro Dive right on site !!
- Unlimited Nitrox !!
- Hotel taxes and tips (tips for diving not included)

**SKI.COM**

Contact: Randy Lew • 530-304-0802 • [FWSA13Randy@telis.com](mailto:FWSA13Randy@telis.com)  
7007 SW Iron Horse St., Wilsonville, OR 97070

## 2015 Heli-Skiing Trip

Join a Far West Heli-Skiing Trip  
March 16—21, 2015



**Signature Skiing** 5-day trip to Revelstoke, BC

**Price:** \$5,830 (twin occ.—taxes not included) \$6,480 (single occ.—taxes not included)

**Includes:**

- All meals, snacks, and non-alcoholic beverages
- All lodge accommodations and use of lodge facilities such as saunas, hot tubs, etc. (lodging located in town of Revelstoke)
- Use of specially designed heli-skis and poles
- Use of radio/shovel/probe/guest pack
- Training in and use of avalanche transceivers
- Provides 71,000 feet of skiing of which 49,700 feet guaranteed

**Schedule:**  
Mar. 15, 2015—Fly to Kelowna, BC and stay overnight (not included in price)  
Mar. 16—CMH Bus takes you to Revelstoke—ski that afternoon (participants may drive directly to Revelstoke—must arrive in time for afternoon ski)  
Mar. 17—20 —Full days of skiing  
Mar. 21—CMH bus takes you back to Kelowna in the morning and you return home

**\$500 non-refundable deposit due when you reserve your spot**

Sign up directly with **Julie Noble**, [jnoblecmh@msn.com](mailto:jnoblecmh@msn.com)  
(503) 841-8662

**Request trip # 15-RE135 March 16-21, 2015 and identify yourself as a member of Far West Ski Association**

**Spaces go quickly—first come first served—don't miss out!**

**F W S A**  
FAR WEST SKI ASSOCIATION  
FOUNDED 1936

For more information contact:  
Nancy Ellis, VP North American Travel  
Far West Ski Association  
[fwsatravelnancy@bcgocoba.net](mailto:fwsatravelnancy@bcgocoba.net)  
530.414.8261 (cell) 530.582.0566 (home)

Must be a member of a Far West Ski Association affiliated club or FWSA Direct Member

## WHITEFISH MOUNTAIN RESORT

EST. 1947

The Location of  
**Far West Ski Association's**  
**2015 Mini Ski Trip**  
March 30th to April 4th, 2015

**Adult package prices will range from \$380 to \$600**  
Price does NOT include air

"The Voice of the Western Skier"  
**F W S A**  
fwsa.org  
FAR WEST SKI ASSOCIATION  
FOUNDED 1930


**Whitefish Mountain Resort** is located at The Big Mountain in North-western Montana, located west of **Glacier National Park** in the **Flathead National Forest**. FWSA Lodging will be at **Grouse Mountain Lodge** where you will enjoy an authentic Montana experience.

This trip is limited to 100 participants  
Contact Gloria Raminha  
661-829-5996 or 661-800-8229  
garski2011@gmail.com

Must be a Member of a Far West Ski Association affiliated club or a FWSA Direct Member

**Grouse Mountain Lodge**

FWSA CST #2036983-40





2015

83rd Annual Convention

Far West Ski Association

Salute to San Diego

"The Voice of the Western Skier"



June 4-7, 2015

## Town and Country Resort & Convention Center

500 Hotel Circle North, San Diego, CA 92108  
800-772-8527 • www.towncountry.com

Hosted by San Diego Council of Ski Clubs



### Town and Country Resort & Convention Center

Reservations call 800-772-8527

Group Name Far West Ski Association

Online Reservations <http://bit.ly/FWSA-lodging>

Room Rates per night plus tax single or double occupancy  
(choice of Royal Palm Tower, Regency Tower/Courtyard, Garden Room)  
All Rooms in our block **\$140**

### Hotel Features

- 32 lushly-landscaped acres in the heart of Mission Valley, 5 restaurants & 3 lounges, 3 Pools and Whirlpool, 14,000 sq. ft. Bella Tosca Day Spa-Salon-Fitness Center, 27-hole Championship Golf Course, adjacent to Fashion Valley Shopping Mall & Light Rail Trolley Stop
- NO Resort Fees
- Parking is \$5 per day
- Rates are available 3 days pre and post Convention



### Transportation

- Air transportation is via San Diego International Airport (SAN), located 7 miles from the Town & Country.
- Rental cars and shuttle services are available at the airport.  
**The Cloud 9 Super Shuttle** is currently \$11 per person one way.

### Convention Highlights

- Silent Auction
- Travel Expo
- Snowsports Leadership Academy
- Celebrity Speakers
- Public Affairs Panel
- Saturday Awards Luncheon
- Celebrity Multi-Media Presentation
- Saturday Awards Dinner
- Far West General Meeting & Elections

### Optional Activities

- Thursday Activities
  - Tour of San Diego
  - Dinner on the USS Midway
- Friday Activities
  - Michael German Golf Tournament
  - Kayaking La Jolla Cove
  - Biking around Mission Bay
  - Hiking Torrey Pines
  - Pool Party

#### • Jane Wyckoff

FWSA Convention Chairperson  
[jnewyckoff1@cox.net](mailto:jnewyckoff1@cox.net) or 949-933-9607

#### • Debbi Kor

VP Marketing & Sponsorship  
[fwsadebbi@comcast.net](mailto:fwsadebbi@comcast.net) or 503-314-7078

#### • Eileen Sanford

San Diego Host Council Convention Coordinator  
[eileensanford12@gmail.com](mailto:eileensanford12@gmail.com) or 858-695-1442



# pacific rim SIGN-UP FORM

**Trip/Event:** \_\_\_\_\_ **Trip/Event Dates:** \_\_\_\_\_

If you don't have a roommate yet, just fill in the information for Participant 1. If you have more than one roommate, fill out the appropriate number of forms. Single Supplement is usually available upon request. Download Liability [Form](#).

Description	Participant 1	Participant 2 (Roommate)
EXACT Name on Passport		
Street Address		
City, State, Zip		
Email		
Cell Phone		
Home Phone		
Date of Birth		
Passport Number		
COUNTRY Passport Issued		
Date Passport ISSUED		
Date Passport EXPIRES		
BED Configuration (Specify "2 beds" or "matrimonial")		
Cost — Basic Trip (PP)		
Cost — Extension (pp)		
Single Supplement (Call for price)		
Membership (\$8 single/\$10 family)		
Deposit		
Final Payment		
<b>Departure</b> Airport, Date & Time		
<b>Departure</b> Airline & Flight #		
<b>Return</b> Airport, Date & Time		
<b>Return</b> Airline & Flight #		
Special Requests		

Send form(s) with your payment to Pacific Rim Alliance, 10818 Viacha Dr., San Diego, CA 92124. To expedite the process, email this completed Trip Form to [gene@pacificrimalliance.org](mailto:gene@pacificrimalliance.org). For information contact [Gene Fulkerson](#) or call 858-467-9469.

### Pacific Rim Alliance Photography Policy:

By attending a Pacific Rim Alliance Event (the "Event"), you consent to being filmed and or photographed, whereas your image, voice, and likeness may be used by Pacific Rim Alliance for promotional purposes. Any photograph taken at the Event, whether in digital or analog format, is subject to mandatory, non-exclusive license to the Pacific Rim Alliance for use in Event promotional purposes.





# Membership Application

ALL Pacific Rim Alliance attendees must be a member to participate in one of our trips. Our membership year is from July 1, 2014 through June 30, 2015.

To join the Pacific Rim Alliance, fill out the following, Sign your release of liability and send with your check [payable to Pacific Rim Alliance] to:

**Pacific Rim Alliance**  
10818 Viacha Dr., San Diego, CA 92124

Name [1]: \_\_\_\_\_ Name [2]: \_\_\_\_\_

Home Addr: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

E-Mail Addr [1]: \_\_\_\_\_

E-Mail Addr [2]: \_\_\_\_\_

Cell [1]: \_\_\_\_\_ Cell [2]: \_\_\_\_\_

Home: \_\_\_\_\_ Work [1]: \_\_\_\_\_

Birthday [1]: \_\_\_\_\_ Birthday [2]: \_\_\_\_\_

Indicate Membership  
[Includes membership in FWSA, LA & San Diego Councils, NSAA]

- \$8 INDIVIDUAL Membership
- \$10 FAMILY Membership—Significant other, spouse, children, friends residing at same residence qualify.

Photographs of members participating in club activities are routinely included in a newsletter or on our web site or facebook which is distributed to the membership and other interested parties and is made available to the general public. Signature is required below to agree to this and to the terms of the Release of Liability to the right.

\_\_\_\_\_  
Signature [1] Date

\_\_\_\_\_  
Signature [2] Date

## Release Of Liability, Waiver Of Claims, Express Assumption of Risk and Indemnity Agreement

WAIVER: I am aware that participation in the Pacific Rim Alliance events has, in addition to the usual risks, dangers and hazards associated with travel, snowboarding, alpine, Nordic, Heli & off-piste skiing, certain additional risks, dangers and hazards including, but not limited to: boarding, riding and disembarking ski lifts; changing weather conditions; exposed or hidden natural or man-made objects; avalanches; failure to ski or ride safely or within one's own ability; and negligence on the part of other skiers and boarders, the organization or their staff.

I freely accept and fully assume all such risks and danger and the possibility of personal injury, disability, death, loss or damage to person or property that may occur as a result of my engaging in the above activities.

I HEREBY RELEASE AND HOLD HARMLESS [releases Pacific Rim Alliance] WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, or loss or damage to person or property, WHETHER CAUSED BY NEGLIGENCE OR OTHERWISE.

I hereby release the releasees, their officers, directors, employees, representatives, agents, and volunteers from liability and responsibility whatsoever and for any claims or causes of action that I, my estate, heirs, survivors, executors, or assigns may have for personal injury, property damage, or wrongful death arising from the above activities whether caused by active or passive negligence of the releasees or otherwise.

## MEMBERSHIP has its BENEFITS

The **Far West Ski Association** has an impressive collection of member benefits including trips, lodging, lift ticket and more. Check out the member benefits at [fwsa.org](http://fwsa.org).

The **National Ski Council Federation**

has also discount benefits for club members which includes lodging, lift tickets, ski rental and so much more.

Check out [www.skifederation.org](http://www.skifederation.org) for the complete list of benefits. Go to the "Members Only" area and input the following:

User Name: **skiclub**  
Password: **member**

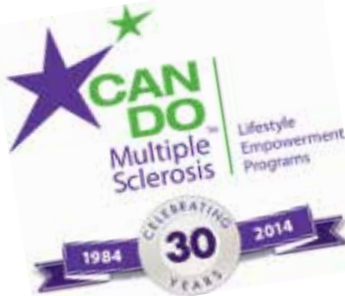


**FWSA**  
**2014-2015**  
**Membership Card**  
Expires June 30, 2015  
[www.fwsa.org](http://www.fwsa.org)

Name \_\_\_\_\_  
Club Pacific Rim Alliance  
Member ID PRA-007

The bearer of this card is a member of Far West Ski Association and entitled to all the benefits associated with membership in FWSA. This card is non-transferable. Photo ID is required.

## COMMUNITY center giving BACK ...so easy to do.



### Can Do MS

Everything done at Can Do MS is driven by one simple belief: you are more than your MS. Can Do MS is the start of a whole new way of thinking about and living with multiple sclerosis. For more than 30 years Can Do MS has been empowering people with MS with research, webinars and other programs.

Our next fund raiser for MS will be our annual wine dinner on **Sept. 27, 2014**. For more information contact

Gene Fulkerson  
gene@pacifricrimalliance.org  
858-467-9469

### Can Do MS

[formerly the Heuga Center for MS]  
IRS 501(c)(3) Number 74-2337853  
[www.mscondo.org](http://www.mscondo.org) • 970.926.1290

### USARC

**United States Adaptive Recreation Center (USARC)** is committed to guiding people with disabilities toward the creation and affirmation of rewarding lifestyles. Located in Big Bear, CA, USARC runs an adaptive ski school in the winter. In the summer USARC takes to the fresh waters of Big Bear Lake for wild adaptive water sports.

Volunteers and funds are always needed. To volunteer contact **Sara Richter**, Outreach Coordinator, [sara@usarc.org](mailto:sara@usarc.org).

### Peak to Peck Fund Raiser

The Peak to Peak Pedal is a life-changing event, not just for the cyclists, but for those whom the ride supports. To join or donate, visit **First Giving** at [bit.ly/1jvoqYa](http://bit.ly/1jvoqYa).



October 8-12, 2014



### Recycle Program

Pacific Rim recycles cans, bottles and glass at all our events. Each quarter we donate the proceeds to a charity.

This quarter's donation goes to **Susan G. Komen SD Race for the Cure®** on Sunday, November 2, 2014, in Balboa Park, San Diego. To race or donate visit [bit.ly/1sukUCT](http://bit.ly/1sukUCT).

**amazon smile**  
You shop. Amazon gives.

AmazonSmile is a simple and automatic way for you to support your favorite charitable organization every time you shop, at no cost. For more information, to sign up & shop visit— [smile.amazon.com/](http://smile.amazon.com/).

### The Unrecables

{re}Register Ralphs Card [each Sept]

**The Unrecables Ski Club** is a non-profit, volunteer-based organization, serving the recreational needs of people with disabilities. They promote adaptive sports, and encourage people with disabilities to participate in sports, recreational, and social activities in their

communities. The club is a member of the LA Council of Ski Clubs.

Log in to [www.ralphs.com](http://www.ralphs.com). Click on **Community Contribution**. Click on **Participant**. Follow the easy steps to enroll. **Their NPO# is 80831**. Be sure to complete all information.

To volunteer visit [unrecables.org](http://unrecables.org) or email [info@unrecables.org](mailto:info@unrecables.org).

A CHAPTER OF  
**DISABLED SPORTS USA**  
If I can do this, I can do anything!™



## the FINE PRINT

*Skiing is a Dance in which the Mountain always Leads.*

### About Pacific Rim

Pacific Rim Alliance is all about skiing. We were formed with the express notion of skiing the world and never having to attend a meeting.

Originally we concentrated on skiing exotic resorts in Europe, South America and New Zealand. These have been scaled back due to the weak economy. While many of us are now retired we are looking at locations that fit the quote that "we have more time than money."

We have gotten into the groove of running early and late season ski weeks to Big White Ski Resorts in Canada. These trips run about \$700 per person and include hotel lodging (double



### Official Documents

We are a 503(c)7 not-for-profit corporation founded in 1997 and incorporated in the state of Nevada. We file a Form 990 yearly.

A current copy of our Bylaws and Articles of Incorporation can be found via the "About US" link on most pages.

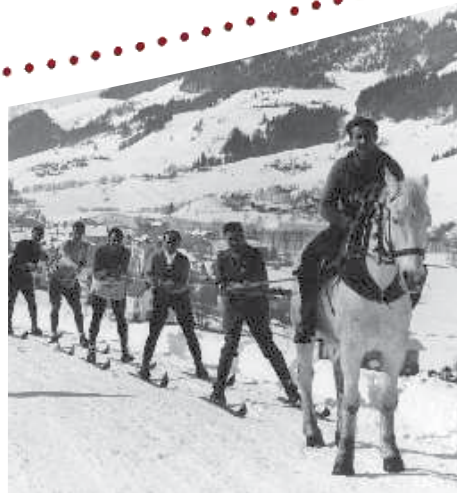
Liability waivers are required for membership on all trips and events. Trip waivers can be downloaded from our [website](#).

occupancy), 6-day lift ticket, ground transfer from/to the Kelowna airport and various parties. We believe that Big White offers the best and most consistent early and late snow.

We do not offer Mammoth trips since there are so many ski clubs in both the Los Angeles and San Diego Councils that offer quality affordable bus trips to Mammoth. Just ask and we'll direct you.

We believe in giving back to our ski community.

- ◆ Our major fund raiser is our annual wine maker dinner for Can DO MS. To date we have raised more than \$36,000.



### Ski History

We have a relatively young history as a ski club. Most of our history can be found in our past newsletters and photo galleries cataloged since our beginning.

We also have a collection of history of ski clubs, councils, the Far West Ski Association and ski resorts in the west. It is a work in progress updated regularly by our Club historian. If you have any history you would like to share, contact **Catherine Ohl** at [ohl@catmeowz.com](mailto:ohl@catmeowz.com). Visit our [website](#) to learn more.

- ◆ We encourage members to participate in other on-snow fund raisers for so many good causes— Hope on the Slopes (for cancer), Ski to Defeat ALS, USARC Ski-a-thon and Peak to Peak Pedal (for adaptive skiers) and the Jimmie Heuga Vertical Express for MS.

- ◆ We also support junior racers (through the Far West Ski Foundation), Women's Ski Jumpers USA, Wounded Warriors, the Unrecables and others.



### Learn-to-Ski Programs

We encourage our members to participate in the National Bring-A-Friend challenge (<http://www.bringafriend.org/>) in January.

There are some incredible deals for first time skiers. It's a great way to get your friends safely on the slopes.

Another significant program is National Ski Safety Month ([www.nsa.org/safety-programs/national-safety-month/](http://www.nsa.org/safety-programs/national-safety-month/)).



*Use your brain, it's the most important part of your equipment.*  
~Kevin Andrews and Warren Miller, Extreme Skiing

Ski with Pride • Watch all Sides • Let it Ride • First with Safety Awareness



## Contact Information

Board of Directors

about Pacific Rim Alliance Snow Sports Club

**Catherine Ohl**, President,  
Historian, Web Master, Editor

[ohl@acatmeowz.com](mailto:ohl@acatmeowz.com)

858.405.0637

**Gene Fulkerson**, VP Travel

[gene@PacificRimAlliance.org](mailto:gene@PacificRimAlliance.org)

858.467.9469

**Fay Mumbauer**, Director

[fay@PacificRimAlliance.org](mailto:fay@PacificRimAlliance.org)

**Patricia Ortiz**, Accounting

[patricia@PacificRimAlliance.org](mailto:patricia@PacificRimAlliance.org)

## Mission Statement

The PACIFIC RIM ALLIANCE is a non-profit organization dedicated to the appreciation of skiing, boarding, sight-seeing, photography, travel, public affairs and civic awareness. The Alliance is further oriented to the building of international relations among skiers, snowboarders and sports organizations throughout the Pacific Rim.

Surplus moneys above requirements for deposits for future trips will be donated to non-profit organizations devoted to charity, research & education. We are especially

interested in, but not limited to, supporting Ski Area Development, Adaptive Ski Programs, Can Do Multiple Sclerosis, Olympic & Junior Racers and Ski Museums.

The Alliance is a member of San Diego Council of Ski Clubs (SDCSC), Los Angeles Council of Ski Clubs (LAC), Far West Ski Association (FWSA), National Ski Council Federation (NSCF) and an associate member of National Ski Areas Association (NSAA). Membership in Pac Rim allows you to participate in their events and programs. ■



## Conduct Policy

This policy applies to all persons participating in a Pacific Rim Alliance Event. All participants are requested to observe common courtesy and generally accepted standards of social and moral behavior.

- ◆ There is a Zero Tolerance Policy on illegal drug use at any sponsored event or trip.
- ◆ Alcohol is allowed in moderation and where permitted by law.
- ◆ Smoking is not permitted when with the group.
- ◆ There is a strict policy prohibiting sexual harassment and harassment because of race, religion, color, national origin, ancestry, disability, medical condition, marital status, sexual orientation, age, or any other basis made unlawful by any applicable law or ordinance or regulation.
- ◆ Profanity and off-color humor is only permitted if it is not offensive to other participants.
- ◆ Parents/Legal Guardians of minor children under the age of 18 are responsible for the supervision and behavior of their children.
- ◆ Board Members will attempt to resolve problems in a mutually beneficial manner. When resolution cannot be achieved, the proper authority will be called to resolve the problem.
- ◆ Participants who violate our Conduct Policy may be excluded from future trips without reimbursement of expenses. ■



## FWSA Recognition Programs

Far West Ski Association has an extensive recognition and awards program. Pacific Rim and our members have won numerous Far West awards.

There are a variety of programs for individuals. Submittal deadline is March 20. Details and applications can be found at <http://fwsa.org/MemberCorner/Programs/programs.html>.

- ◆ **New for 2015— Environmental Awardee** wins a ski trip for two to Aspen/Snowmass.
- ◆ **Western Ski Heritage Awardee** wins a 5-day ski trip for two to Steamboat, CO.
- ◆ **Safety Person of the Year** currently has no trip award. FWSA is seeking new sponsorship.

Far West is offering two great prizes that require some thought and work but yields a big reward. ■