

# Update www.PacificRimAlliance.org

Volume 18 | Issue 1 Spring | 2014

## **BIG White** spring fest

Even though this ski season is coming to a close there is still a bit of skiing to be had in the Spring. Big White was blessed with lots of early snow and the snow has been falling steady since.

#### **BIG WHITE**, April 5–12, 2014

We will be closing out Big White's season in British Columbia, Canada. We will be flying into Kelowna and staying slope side at the White Crystal Inn. Lodging, lift tickets, nightly après ski parties and

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transportation to/from Kelowna are included for the low price of \$699 per person based on double occupancy. You are on your own to get air. West Jet and United have round trip non-stop air fares from \$300 out of Los Angeles. West Jet is also available out of Las Vegas, Phoenix and San Diego.

#### 2014 Water Ski

We've been working with the Radar River Rats on our summer water ski trips. We have once again scheduled nine trips for June through October. We will be staying at the Needles Marina where there is a pool and some cabins for rent. We are closer to town and check-out is 5 pm. Details can be found on page 21.

#### **WHISTLER** 2015

Far West announced that next year's ski week will be in Whistler, Canada, January 31 – February 7, 2015. We can hook you up with one of the ski councils for a stay at a ski-in ski-out condo or hotel close to the main village. Please let us know if you are interested. Prices will be available in the spring.

#### **FAR WEST** ski association

Northwest Council is hosting the Far West convention in Bend, Oregon on June 12–15, 2014. I will be representing LA Council as their Man of the Year. Catherine and I are going up to Bend a



Big White's amazing spring powder.

week early to enjoy the area. We will be staying in Sunriver and hope to do some bike riding, hiking and kayaking. Let us know if you are interested in joining us.

Even if you can't attend the whole weekend, it's worth it to make an appearance for the Silent Auction where you can bid on more than \$100,000 worth of lodging, lift tickets, golf and product. New this year will be a "Taste of Bend" featuring local brews, wine & food.

#### **BIKING** fridays

Don't forget about our bike rides around Mission Bay. It's getting warmer and biking is a great way to stay in shape for skiing. Scheduled dates are at 10 AM on

> March 21 April (none) May 17 June 27 ◆

Sfue





## snow TRIPS & ACTIVITIES on tap

Details and flyers can be found under TRIPS at PacificRimAlliance.org

#### Pacific Rím Alliance pacificrimalliance.org

Contact Gene Fulkerson / 858-457-9469 unless otherwise noted

· Bikina Typically one Friday a Month, 10 AM

Big White April 5–12, 2014

• Water Ski Weekends (2 times a month) June – Oct, 2014

Patricia Ortiz / 323-651-0686

Wine Maker Dinner for Can Do MS Sept 27, 2014

• New Zealand & Tasmania August 2015

#### Los Angeles Council lacouncil.org

• Whistler, Canada January 31 – February 7, 2015

#### San Diego Council skisandiego.org

• **Happy Hour** @ Boomerangs May 9, 2014, 6 PM

Africa Safari Aug 18 – Sept 1, 2014

Dec 10 – 16, 2014 Aspen, CO

Whistler, Canada January 31 – February 7, 2015

#### Far West Ski Association fwsa.org

Convention (Bend, OR) June 12-15, 2014

Mary Olhausen/ 503-880-7383

South Africa September 5-20, 2014

Debbie Stewart / 935-944-9816

October 11-18, 2014 Cozumel Diving

Randy Lew / 530-304-0802

Whistler, Canada January 31 – February 7, 2015

Nancy Ellis / 530-414-8261

March TBA, 2015

Val d'Isere, France

Debbie Stewart / 935-944-9816

• Revelstroke Heli-Ski March 16-21, 2015

Nancy Ellis / 530-414-8261

• Whitefish, MT March 30 – April 4, 2015

Nancy Ellis / 530-414-8261

Convention (San Diego, CA) June 4-7, 2015

Eileen Sanford / 858-695-1442



Saturday, September 27, 2014, 5 PM

10818 Viacha Dr, San Diego

#### Sign Up

☐ YES, please sign me up!

☐ Sorry I won't be able to attend. Accept my donation. \$100\*

#### About the Dinner

• Mary Trimmins, Executive Chef, will be back as our guest chef.

• The dinner will consist of 6-7 courses with an exquisite wine specifically matched to each course.

• The dinner typically lasts 5 hours.

#### For Information

Call Gene at 858-467-9469

## Send your \$100\* Tax Deductible Contribution payable to

Can Do MS c/o Gene Fulkerson 10818 Viacha Dr., SD, CA 92124

#### 100% of proceeds to benefit

Can Do MS formerly Heuga Center for MS IRS 501(c)(3) Number 74-2337853 www.mscando.org • 970.926.1290

\* 100% Tax Deductible. Since this is a fundraiser for charity, there will be no refunds.



## **MEMBER** posting

## ski FRIENDS

where are they now...





Elissa Houlberg fulfilled a wish to ski the Okanagan Valley in BC. She even got to ski with Nancy Greene.



The Las Vegas Ski Club in Breckenridge, CO. Jeany & James Davidson also skied Tahoe & Vail.



Michael O'Connor on Gunsight Notch Peak in Vegas' Red Rocks.



Agnes Johnson broke her wrist and won't be skiing this winter. Bummer.



Seena Khatter and Troy Strickley's new baby named Lexi. Adorable.



Mary Trimmins is working at New Leaf Catering in Cathedral City.

## happy **BIRTHDAY**

#### March

- 1 Jillie Bauer
- 6 Larry Davis
- 8 Arnie Andersen
- 12 Young Kang
- 15 R.C. Escamilla
- 16 Susan Weaver
- 17 Patricia Ortiz
- 23 Judy Steele
- 25 Paul Sindelar
- 26 Frank Van Zandt
- 26 Airline Moran
- 30 Knut Kongelbeck

#### **April**

- 1 Robert Nordquest
- 10 Heidi Meyer
- 14 Robert Doyle
- 14 Laurie Gerken
- 16 Kyoko Kraft
- 22 Randy Robinson
- 22 Jeanne Talbot
- 23 Nancy Friedman
- 23 Danielle Battut
- 25 Kitty Malinoski
- 26 Ann Meyers

#### May

- 2 Gloria Smith
- 6 Shirley Stretch-Stephenson
- 6 Marie Estocin
- 12 Enam Higa
- 12 Cinda Singer
- 20 Bruce Bivans
- 21 John Good
- 21 Linda Mueller
- 22 Carl Gerhart
- 28 Ciaran O'Donovan



**pring** | 2014



for skiers in the west

Excerpted from saminfo.com

#### Double Super Halfpipe



Some of the world's best snowboarders will descend on Aspen March 19-23, 2014 to try their hand on a halfpipe—or two—that is unlike anything done before. For this Red Bull Signature Series event, two competition-spec halfpipes will be constructed side-by-side, complete with rails, wall rides, channels and other unique features.

The Red Bull Double Pipe contest will air on NBC, Saturday Apr. 12 as part of the Red Bull Signature Series. The event will be free and open to the public.

#### New Resort for Utah

A new resort in Cache County, Utah, (close to Logan) is set to open its doors next season, bringing the state's total to 15 mountain resorts.

Called Cherry Peak Ski Resort, the small 200-acre resort will position itself as a teaching mountain. The resort will feature three lifts, a small lodge and a parking lot for 300 cars.

The base lies at 5,800 feet and the area receives 322 inches of snow annually, but snowmaking will still be installed.

#### Vail Removes Pot Shacks

Despite the legalization of private use of marijuana in Colorado, public use of pot remains illegal. And so, over the past several weeks, Vail Resorts (VR) and the U.S. Forest Service (USFS) have destroyed a number of structures associated with prohibited marijuana use.

The structures had been constructed illegally on USFS lands within the permitted boundaries of the company's

four Colorado resorts—Vail, Beaver Creek, Breckenridge and Keystone.

#### Wolf Mountain's New Owner



Another local's area is getting a new lease on life: Skyline Mountain Base, an investment group comprised of local and European investors, has acquired the Wolf Mountain ski resort from America First Credit Union.

Wolf Mountain fell into bankruptcy in 2010, and parts of the property were sold at auction. The resort itself did not sell, but eventually emerged from bankruptcy thanks to America First.

Skyline plans no immediate changes to the resort, other than expanding the operating hours, and opening on Sundays.

Continued on next page

#### 2012-13 was a surprisingly **GOOD YEAR**

Despite late and so-so snowfall and average visitation, U.S. winter resorts posted a record level of operating profit in 2012-13, and their second-highest gross revenue.

The final estimate of 56.9 million visits was up 11.7%. The bottom line is all positive.

The report, prepared by RRC Assocs. and the National Ski Areas Assn., was based on data from 112 resorts. ◆

#### Table ES-2 FIVE-YEAR FINANCIAL DATA (Note: Includes all respondents in each year)

	2012/13 (000)	2011/12 (000)	2009/10 (000)	2008/09	2007/08	12/13 vs. 07/08 % change	Average Annual % change	CAGR
Gross Fixed Assets	\$52,664	\$51,661	\$46,138	\$46,607	\$38,884	35.4%	8.2%	7.9%
Total Gross Revenue	\$25,949	\$22,867	\$25,680	\$23,799	\$23,083	12.4%	3.4%	3.0%
Operating Expenses	\$18,834	\$17,578	\$19,408	\$17,596	\$17,651	6.7%	1.9%	1.6%
Operating Profit (Loss)	\$7,114	\$5,289	\$6,272	\$6,203	\$5,432	31.0%	8.5%	7.0%
Depreciation	\$3,110	\$2,542	\$2,690	\$2,034	\$2,012	54.6%	12.5%	11.5%
Amortization	\$115	\$115	\$48	\$31	\$59	94.9%	36.7%	18.2%
Operating Leases	\$627	\$594	\$510	\$435	\$487	28.7%	7.1%	6.5%
Interest	\$848	\$733	\$713	\$545	\$783	8.3%	4.7%	2.0%
Profit (Loss) Before Tax	\$2,415	\$1,305	\$2,311	\$3,158	\$2,092	15.4%	16.4%	3.7%
Number of areas	112	116	107	107	99			
Operating Profit Margin	27.4%	23.1%	24.4%	26.1%	23.5%			
Pre-Tax Profit Margin	9.3%	5.7%	9.0%	13.3%	9.1%			



## **SNOW INDUSTRY** bulletin

## exciting CHANGES

for skiers in the west

Excerpted from saminfo.com

Continued from previous page

### Beaver to Install Hybrid



Beaver Creek is replacing its primary express quad from the base area with a new high-speed combination chairlift and gondola.

The new lift will increase uphill capacity by as much as 35 percent through the use of alternating 10-passenger gondola cabins and six-person chairs.

The new lift is expected to be in place for the 2014-15 ski and snowboard season, during which Beaver Creek will host the 2015 World Alpine Ski Championships.

#### Lawsuit Against Alta

Wasatch Equality, a Utah nonprofit corporation, and four individual snowboarders filed a lawsuit in the United States District Court for the District of Utah against Alta Ski Area and the United States Forest Service, seeking to permanently enjoin Alta from enforcing its anti-snowboarder policy and snowboarding ban.

The plaintiffs also seek a declaration from the Court that Alta's snowboarding prohibition, as enforced by the Forest Service, violates the Fourteenth Amendment to the United States Constitution and is therefore unlawful.

#### | Michael Schumacher



Muscle atrophy is reportedly taking a significant toll on Formula One racer **Michael Schumacher**, who's been in an artificial coma for 12 weeks after suffering an accident while skiing offpiste at Meribel on December 29, 2013.

Schumacher, 44, was skiing in unmarked, advanced terrain above treeline when he fell heavily, hitting his head on a rock and splitting his helmet.

Authorities have credited the helmet for preventing immediate death, but his prognosis is unknown. He suffered extensive brain injuries, but doctors have withheld any definitive word on his condition.

His medical team at the University of Grenoble has slowly been reducing the drugs that have kept him unconscious since immediately after the accident.

#### Patroller Dies in Avalanche

On Tuesday, March 4, 2014, Wolf Creek Ski Area avalanche technician and senior patroller **Colin Sutton** was caught in an avalanche while conducting an exploration and research mission via helicopter on Conejos Peak in Southwest Colorado.

The avalanche occurred at about 1:30 p.m. He was immediately dug out by his partner and two other emergency personnel, then airlifted by a Medevac helicopter to the emergency room at Mercy Regional Hospital in Durango, Colo., where he was pronounced dead at 4:30 p.m.

## x-games **ASPEN**



#### Aspen Gets 5 X Games

Aspen Skiing Company (ASC) and ESPN have reached an agreement that will have the X Games calling Aspen/Snowmass its home until 2019.

Now in its 13th year, ESPN chose to continue its long-term partnership with ASC, already the longest-tenured X Games host.

ASC was ultimately chosen over seven other bids that were submitted over the last 18 months, including Park City, Utah and Squaw Valley and Heavenly in California. Squaw Valley and Heavenly even submitted a joint bid that would have separated X Games events into two venues.

Last month ESPN announced it would not continue the X Games events in Barcelona, Munich, Foz do Iguaçu, Brazil and Tignes, France.

ESPN's X Games showcased over 200 athletes from around the world in Aspen from January 24-26, 2014.

Competitors battled for medals and prizes in the sports of Snowboard, Ski and Snowmobile. Snowboarder X and Snowmobile Long Jump will return to the X Games Aspen list of disciplines in 2014 after a brief hiatus.



## UPdate www.PacificRimAlliance.org

## getting & staying FIT

## staying in shape for the **SLOPES**

A couple of circuits of strength exercises, combined with a 15-20 minute aerobic workout two or three times a week and you'll be powering down the slope like never before.

Spending a full day on the slopes can be tiring even for the fittest individual. Can't imagine how bad someone would feel if they weren't in shape.

To ensure total strength and fitness in your legs, a combination of **strength** & **endurance training** and **cardio exercises** is recommended.

The strength training should cover all the major muscles of the lower body, hamstrings (back of thighs), quads (front of thighs), glutes (butt muscles) and calves.

And for obvious reasons, any exercise that challenges your balance would be beneficial not only for strength but for keeping you on your feet on the slope!

#### STRENGTH & ENDURANCE

#### training

Either use the machines in the gym or do sit-ups and press-ups at home. For boarders who take a lot of hits strong shoulders are important. Here are some simple exercises to do at home.

#### Wall Squats

Start by standing 12"- 18" from a wall with feet shoulder-width apart, then lean back fully on to the wall, now slowly move your butt towards the floor until your knees are at right angles.

If your feet are closer to the wall than your knees, slowly move them so they are in-line. Maintain this position as long as you can. Time yourself, then add an extra 10 seconds each time you do it.

#### Lunges

Start with your feet together then take a large step forward with one leg and bend down so the front leg forms a right angle and the back knee almost touches the floor. Make sure you keep your back

straight the whole time.

Then go back up and switch legs. Lunges can be done for 20 repetitions followed by a rest. Repeat the procedure four times.



Core strength - stomach, back and sides - is also a key area, especially for beginners or snowboarders who fall over a lot and use this muscle group to get back up.

#### **CARDIOVASCULAR** exercise

Any way you can improve your cardiovascular system will help to improve your skiing stamina.

- If you're not a gym junkie, even going for a fast walk will give you a fair cardiovascular work out.
- Walk upstairs instead of catching elevators. Walk up escalators instead of standing still.

- Try whenever possible to get yourself a little out of breath.
- Little and often is better than a long run once a week.
- Cycling, running, rowing or stepping for 20 minutes three times a week will provide a solid base.
- Hitting the treadmill pays huge benefits on the slopes.

#### **STRETCHING**

Increased flexibility helps prevent injuries allowing your body to cope more easily with the strange twists which happen from time to time on skis. It also helps to prevent soreness and stiffness during and after skiing. Calf stretching is very important, particularly for beginners. Hamstrings stretches and quad stretches are also vital.

A little stretch every time you do some exercise will increase your flexibility, and you will be glad of it if you have a spectacular wipeout.

Ski technique needs to be learnt but you'll improve much quicker if you have good balance and coordination.

These assets can also help better skiers stay on their feet and recover from a potential wipeout at speed. ◆

#### wanna RACE?

If you'd like to test your skills in a race course, as a member of Pac Rim you can race in League, Council and Far West sponsored races. More information is available at fwra.com.

March 22, 2014 (Sat) March 23, 2014(Sun) April 4, 2014 (Fri) April 5, 2014 (Sat) April 6, 2014 (Sun) SoCals Championships (GS)
SoCals Championships (SL)
FWRA Championships (pacesetters)
FWRA Championships (SL)
FWRA Championships (GS)





### avalanche **SAFETY**

## be **PREPARED**

## mentally physically equipment-wise

Spring brings conditions that are often ideal for an avalanche. The weight of the melting snowpack becomes heavier until reaching the point where the underlying snow is no longer able to support it and lets loose.

February 19, 2012 there was an fatal avalanche in the backcountry of Stevens Pass. All of the people in the group were experienced backcountry skiers, carrying avalanche rescue gear, and skiing the line in sections, one by one, in accordance with standard safety protocol. Four skiers were caught up in the slide. The only survivor, Elyse Saugstad, credits the ABS Airbag she was wearing for saving her life.

#### The ABS Airbag

For more than 25 years ABS Peter Aschauer GmbH have been dedicated to the prevention of avalanche snow burial by developing airbags for skiers and snowboarders.



The ABS Airbag has rescued over 200 victims during 100 documented reallife scenarios from snow burial. In other words it works.

The most common cause of death in an avalanche is not the injury sustained when the skier or snowboarder is hit by an avalanche but the burial. 90% of cases of death are a result of suffocation and / or due to the enormous pressure of the snow.

Statistically chances of survival drop markedly after 15 minutes. 50% of avalanche victims who are buried are found dead despite the use of transceivers.

The average depth of burial in an avalanche without the ABS Airbag is just over 3 feet. To dig someone out from under 3 feet of snow, there is 71 cubic feet of dense snowpack to be moved. very hard to do within 10 minutes. Keep in mind that probing can alone take 15 minutes.

## ABS Activated

A deployed airbag can keep the victim of an avalanche close to or above the surface.



When a skier or boarder pulls the activation handle, this releases pressure that causes a pin to pierce each gas cartridge. The gas then fills the airbags, with suction and release valves taking in air from the surroundings to aid inflation.

It takes just two seconds to inflate both airbags to a total capacity of 170 liters (6 cubic feet). Used canisters can be refilled by ABS for a small charge.

#### ABS Statistics

Since 1990, the Swiss Federal Institute for Snow and Avalanche Research (SLF) has documented Avalanche Accidents when an ABS airbag was used.

- Of 106 documented cases, 105 people survived.
- Of the 105 people that survived, 90% were not even buried or only partially buried.
- Of the 10% of those completely buried, they were buried so close to the surface that they were easy to locate.
- Statistical Analysis by the International Committee for Alpine Rescue (ICAR) has shown that survival in an avalanche will increase by 98% with the use of an airbag.

#### North American Public Avalanche Danger Scale **Danger Level Know Before You Go**

## 5 Extreme

3 Considerable

2 Moderate

4 High

1 Low







Are you carrying transceivers, shovels and probes?

in avalanche terrain?

Does your group have the skills,

knowledge and training to travel

- √ Can you self-rescue? Do you have
- Do you know the emergency number?
- Have you checked the current avalanche bulletin and weather forecast?
- Have you checked out with someone?
- Do you have any other route options?

You control your own risk.

### KIDS' korner



## GOOD STUFF for the kids & grandkids

A child's helmet should fit firmly and should not be bought to grow into.

#### Kids ski helmets

If you are thinking about taking your family skiing next winter and you have children, remember the importance of kids ski helmets. Ski helmets are one of the most important pieces of equipment needed for a skiing trip; they can help keep a fun vacation from turning tragic. Even if your child is on the beginner slopes and skis super slow, a helmet is a must. It is important when shopping for the helmet that you get a ski helmet, not a bike helmet or any other sporting helmet.

When choosing the helmet, go to a shop that can help you with sizing,they will know how it should fit and show you how to properly wear the helmet. You want to get one that fits just right and does not disrupt your child's vision or make it hard for him to hear what



Covers by Helmet Headz are fun!



is going on around him. The helmet should be comfortable, lightweight and warm. The helmets come in many colors and styles so your child is sure to find something that will be cool enough for them to wear without complaining, or at least without too much complaining. Kids ski helmets will give you piece of mind so you can relax and enjoy the trip along with the kids.

Helmets should fit firmly; this is not an item that you want your kid to grow into.

#### How to Fit a Kids Helmet

By now, most skiers and snowboarders are well aware of the safety benefits of wearing a ski helmet. Not only do they keep the head safe, on cold days they provide more warmth than even the warmest hat.

Just remember that an ill-fitting helmet is the equivalent of not wearing any helmet at all. Here are some important guidelines to follow when fitting a kid's ski helmet.

- Measure it. Start by wrapping a measuring tape around your child's head. The helmet should overlap the tape.
- Try it On. First, align the rim of the helmet with your child's eyebrows.
   While holding the straps on both sides, roll the helmet to the back of

your kid's head.

- 3. Watch the Gaps. You will want to make sure that the pads of the helmet are flush against your child's cheeks and forehead. Make certain that the back of the helmet is not touching his or her neck.
- Give it a Roll. Have your child roll his or her head as if they were trying to dislodge the helmet. The helmet should stay on if the fit is correct.
- 5. **Goggle test.** Make sure that your child's goggles fit with the helmet. There should be no gap between the top of the goggles and the rim of the helmet.
- 6. **Let it Breathe.** Many helmets now come with a ventilation system. This prevents overheating.

To make wearing a helmet fun, consider some of the helmet cover designed by Helmet Headz. (www.headztrong.com/)

Helmet covers come in various styles, including animals and princesses, and have an added benefit that it's impossible to miss your kids if they are wearing one of these.



## **SKI DEALS** for 2014

## resorts begin advance **SEASON PASS SALES**

Many of these prices are for a limited time.

Flush from a powder-filled winter this season, a number of resorts in the Colorado Rockies are rewarding forward thinkers with deals on season passes for 2014-2015.

There are also passes available for Californians hoping for a better year.

All pre-season deals come with limitedtime expiration dates, and some have blackout dates.

#### Sugar Bowl Pass



Sugar Bowl Resort has partnered with Squaw Valley and Alpine Meadows to give Sugar Bowl season passholders skiing & riding privileges at Squaw Valley and Alpine Meadows for the 2014/15 season. The partnership gives season passholders access to 7,650 acres, 55 lifts and more than 370 ski runs in Tahoe, covering some of North America's most challenging & diverse terrain. For details go to <a href="http://www.sugarbowl.com/passholder-benefits">http://www.sugarbowl.com/passholder-benefits</a>.

#### Intrawest Pass

Intrawest has rolled out a new pass product designed for the "modern" family. Called the Intrawest Passport, the pass will offer children 12 and under free skiing and riding.

The season pass includes six days of skiing at each of six participating North American ski resorts during the 2014-15 season— Steamboat Springs and Winter Park, Colo.; Blue Mountain, Ont.; Mont Tremblant, Que.; Stratton Mountain, Vt.; and Snowshoe, W.V.

The Intrawest Passport's introductory price is being offered on a sliding scale, with the primary adult Passport initially offered at \$549, additional adults at \$399, 13- to 20-year-olds at \$199, and children 12 and under are free. There are no blackout dates.

#### Eldora

An adult pass with no restrictions costs \$399, while the Super Pass (\$269) and Off-Peak Pass (\$339) come with blackout dates. All permit free skiing and riding for the rest of this season, but the resort says prices are subject to change at any time. According to a recent announcement, Eldora will not participate in Vail Resorts' Epic Pass program next season.



The Epic Pass, all-season skiing and riding at Vail, Beaver Creek, Breckenridge, Keystone and Arapahoe Basin, is now being sold. Unlimited skiing, with no blackouts, goes for \$729. Pass is also good for five days at any other Vail Resorts mountain and includes buddy and friend lift ticket discounts.

Epic Passholders will receive five complimentary consecutive days at Niseko, Japan, for the 2014-2015 winter season. Other destinations have not been negotiated of this printing.

The Local Pass is good for Breckenridge, Keystone and Arapahoe Basin for \$549, plus 10 days at Vail and/or Beaver Creek and at Heavenly, Northstar, Kirkwood and Canyons with restrictions. Sale ends April 14.



#### Mountain Collective

Priced at \$359, you get 2 days at each of the Collective destinations— Alta/ Snowbird, Aspen/Snowmass, Jackson Hole, Mammoth, Squaw Valley/Alpine Meadows and Whistler Blackcomb. Additional days are only 50% with no blackouts. Additional benefits include 2 days in Thredbo, Australia and 2 days in Valle Nevado, Chile. Receive 1 more day at one of the Collective destinations when you purchase today.

#### Copper Mountain

The new Copper Pass costs \$389 for unlimited skiing and riding. For \$489, the Copper Secret gets you express lift line and pre-opening access.

#### Rocky Mountain Super Pass

On sale through April 14. For \$439, an adult skier or riders gets unlimited runs at Copper and Winter Park – plus six days at Steamboat and three at Crested Butte. Price goes up to \$509 on April 15.

#### Steamboat

The resort just unveiled their 2014-2015 pre-season deals, with adult unlimited going for \$999 — and one child gets a free pass. Sale runs through June 2, and includes \$250 in Intrawest bucks and a \$59 add-on for a season of night skiing.

#### Powderhorn

Through April 20, adult season pass is \$410, with no blackouts. Midweek adult pass is \$325 for Monday-Friday skiing or riding, with some blackouts. Family pass costs \$369.

## **ENVIRONMENT** review



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## **SUBSTAINABILITY** is paying off more than 75% of US ski resorts have some kind of sustainability program

Excerpted from saminfo.com

The National Ski Areas Association (NSAA) today released its Sustainable Slopes Annual Report detailing the ski industry's progress in implementing the principles of its Environmental Charter during the 2012-13 season.

#### Among the Highlights

115 ski areas endorsed the Climate Declaration. The Declaration calls upon federal policy makers to take action to address climate change, and states that addressing climate change is one of the greatest economic opportunities of the 21st century.

The Climate Challenge Program asks for resorts to inventory, target and reduce their greenhouse gas emissions (GHGs).

Participating resorts include Alta Ski Area, Arapahoe Basin, Boreal Mountain Resort, Canyons Resort, Copper, Grand Targhee, Jackson Hole Mountain Resort, Las Vegas Ski & Snowboard Resort, Mount Hood Meadows Ski Resort, Mt. Bachelor, Park City Mountain Resort and Telluride Ski & Golf Resort.



Overall, these areas reported approximately 115,000 MTCO2e of emissions in 2012; by 2020, they are committed to reducing emissions by at least 38,500 MTCO2e—about 34 percent.

The report also highlights the latest environmental projects and programs

at ski areas across the country including lighting improvements, electric vehicle use, composting, local purchasing programs, water conservation efforts, and employee and guest education as it relates to sustainability.

More than 190 resorts now endorse the association's Environmental Charter, and those resorts represent about 75 percent of the ski industry's annual skier and snowboarder visits.

The report also notes that to further environmental goals, the 2014 NSAA Winter Conferences in Steamboat, Colo., and Mount Snow Vt., will feature a two-day environmental education track.

Green fans can access the 2013
Sustainable Slopes Annual Report at <a href="http://www.nsaa.org/media/175283/">http://www.nsaa.org/media/175283/</a>
FinalAR2013101013,pdf. ◆

## PARALYMPICS sochi

I caught much of the Paralympic ski action on TV. It was absolutely amazing to see what these athletes were able to accomplish.

There are only 5 categories of games— Alpine Skiing, Biathlon, Cross Country Skiing, Ice Sledge Hockey and Wheel chair Curling. Alpine skiing has three sub-categories— blind, standing, siting.

Host Russia finished strong with 80 medals (a record) and 30 golds. The next highest nation was Ukraine with 25 medals and nine golds. The U.S. (in third) totaled 18 medals (its most at a Winter Games since 2002) and two golds.

Additionally, Russian skier Roman Petushkov won the most individual gold medals in Winter Paralympic history, with six golds across skiing and biathlon events.

USA Sledge Hockey team brings home the gold.

Stephanie Jallen is jubilant after competing in the Super-G.

Tatyana McFadden and Norway's Birgit Skarstein.

Tyler Walker took the most spectacular crash in downhill.



## PARK CITY turns 50

## Skier's Subway carried skiers as if they were miners.

Trams used for hauling ore were converted to chairlifts.

Early Park City miners used what were called "longboard snowshoes" as early as the 1880s for transportation to the mines, but by the 1920s, skiing was becoming a recreational sport.

Scandinavian miners built a jump on the Creole Mine dump, (now the Creole ski run to the Town Lift), and held jumping tournaments. Park City's young adults formed the Park City Ski Club and guided kids and adults on ski tours on the hills that one day would become Park City Mountain Resort.

#### Treasure Mountain

The present resort was opened on December 21, 1963 as Treasure Mountain by United Park City Mines. This company was the last surviving mining corporation in Park City, and the resort was opened with funds from a federal government program meant to revive the economically depressed town.

Mine company officials urged the towns people to hang on to their real estate because, they said, "it will be valuable some day." At the time, a town lot and house were worth about \$500.



Original Gondola at Treasure Mtn.

When it originally opened, Treasure Mountain boasted the longest gondola in the United States, as well as a double chairlift, a J-bar lift, base and summit lodges, and a nine-hole golf course. The gondola was a four passenger Polig-Heckel-Bleichert (PHB, a German aerial ropeway company). Its sister lift was built at Sugarloaf/USA in Carrabassett Valley, Maine, after top members of Sugarloaf's management visited Park City's lift.

A special Skier's Subway was used to transport skiers nearly 2.5 miles into the mountain through the pitch-black Spiro Tunnel on a mine train.



Skier's Subway through Spiro Tunnel.

The Skier's Subway carried skiers like they were silver miners. Skiers climbed into modified mining trolleys and were pulled to the Thaynes Hoist, where they boarded the old mine elevator and were lifted 1,750 feet to the surface near the Thaynes chair lift.

From there skiers could access the whole mountain. No other ski lift was like it in the world, but it ran just four winters. Although skiers thought it was memorable, they also found it slow, and some thought it was too creepy!

Aerial trams once used for hauling ore were converted into chairlifts. To this day, there are still more than 1,000 miles of old silver-mine workings and tunnels beneath the slopes at Park City Mountain Resort and its neighboring resort, Deer Valley.

#### Park City Mountain Resort

Treasure Mountain's name was changed



Comstock Mill in Thaynes Canyon.

to the Park City Ski Area for its fourth season of 1966-67, and in 1996, became known as the Park City Mountain Resort. The resort has grown to include eight peaks and nine bowls, with 3,300 acres of skiing and 16 chairlifts. The resort has also developed summer activities including an alpine slide, alpine coaster, zip-lines, and several hiking and biking trails.

A sister ski area, known as Park City West (renamed Wolf Mountain and now known as Canyons Resort) opened in 1968, and Deer Valley Resort opened in December 1981, at the site of the former Snow Park (1946–69).

#### 2002 Winter Olympics

During the 2002 games, the resort hosted the men's and women's giant slalom, men's and women's snowboarding parallel giant slalom, and both men's and women's snowboarding halfpipe events.

The resort's Eagle Race Arena and Eagle Superpipe were used as the Olympics runs. Temporary stadiums were erected at the end of each run with spectator standing areas on each side, creating a combined capacity of 16,500 persons.

During the games, 96 percent of the resort was open to normal seasonal operations, making it the only venue to allow spectators to leave and reenter.

## ski **LEGACY** skiing **HISTORY** week



A Celebration of the 50th Anniversary of Park City as the USST marks its 40th Anniversary of being based in Park City, March 31 – April 6, 2014.











During the week of March 31 – April 6, 2014, the International Skiing History Association (ISHA) will visit one of America's Premier Mountain Resorts: Park City.

This once-in-a-lifetime gathering will be full of skiing, parties, entertainment, reunions with old and new friends, snowboarding, film showings, etc.

There will also be a number of special events and activities taking place throughout the week as part of International Skiing History Association's annual gathering including ISHA's Award Banquet.

The week will also be the site of the 4th Annual Ishpeming International Film Festival of classic ski films. The week's highlight will be The Hall of Fame's Annual Induction Ceremony, on Saturday evening, April 5, 2014, which will also include a special tribute to the "U.S. Team (USST) Alumni."

Park City Marriott at Prospector Square has a super rate of \$99 per room per night plus tax. To book a room call 800-234-9003 and mention you're with ISHA/Ski Hall of Fame or use Group Code SHWSHWA online.

There are three levels of participation:

- "All-Access" pass costs \$350 and gets you admission to the various receptions, film showings and the U.S. Ski & Snowboard Hall of Fame Induction Ceremony.
- 2. "Premier All-Access" pass costs \$595 and gets you all of the above plus admission to all ISHA events.
- 3. The Ski Hall of Fame Induction Ceremony is available for \$300 per person, \$500 per couple, \$2500 per table of ten.

For more information visit http://www.skihall.com and click on "Skiing History Week 2014" found in the sidebar on the left.

photo courtesy Park City Mountain Resort

Heading into it's 6th year this, now annual, gathering is a week of on-mountain fun, parties, entertainment, reunions with old, and new friends and very memorable functions. Join the fun this year at Park City, March 31 – April 6.

#### schedule of **EVENTS**

#### Monday, March 31, 2014

Check-in: Registration & Lift Tickets Welcome Reception

#### Tuesday, April 1, 2014

Ski / Board Park City Ishpeming Int'l Ski Film Fest ISHA Beekley Presentation Dinner

#### Wednesday, April 2, 2014

Ski / Board Park City
ISHA Lunch on the mountain
Ishpeming Int'l Ski Film Fest
Awarding of the Jerry's Film Fest Prizes

#### Thursday, April 3, 2014

Ski / Board Park City ISHA / HALL Board Meeting Ishpeming Int'l Ski Film Fest ISHA Awards Banquet

#### Friday, April 4, 2014

Ski / Board Park City Ishpeming Int'l Ski Film Fest Evolution of Freestyle Demo & Party ISHA Movers and Shakers Party

#### Saturday, April 5, 2014

Ski / Board Park City
HALL Board Meeting
On Mountain Tribute to USST Veterans
US Ski Hall of Fame Induction Ceremony
- with special tribute to USST Alumni

#### Sunday, April 6, 2014

Check out / Ski / Home / Rest



## 2014 hall of fame **HONOREES**

Six Athletes & Sport Builders have been elected to the US Ski/Snowboard Hall of Fame.

They will be inducted at a ceremony to be held in Park City, on April 5, 2014.

These 2014 Hall of Fame inductees represent an extraordinary cross section of athletes and sport builders who have contributed at the highest level to snow sports.



Aspen native **John Clendenin** was one of the early pioneers of freestyle skiing. He founded the International Freestyle Skiers Association in 1973 and won World Championship titles in 1973 and 1974. Clendenin appeared in a host of ski films from noted producers Dick Barrymore, Joe Jay Jalbert and Greg Stump, developed the Clendenin Ski Method and authored "Four Words for Great Skiing."



photos courtesy ISHA

Toby Dawson was orphaned in Korea, then raised by parents in Vail where he discovered mogul skiing. He reached the pinnacle of his career by taking the World Championship in 2005 and Olympic bronze a year later. He remains a global leader in the sport, introducing his birth nation to mogul skiing and serving a key role with the 2018 Olympics in PyeongChang.



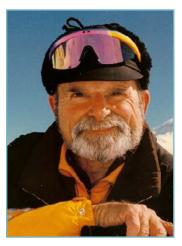
Kris "Fuzz" Feddersen has impacted freestyle skiing as an athlete, coach and business leader. In 14 years as an aerialist on the U.S. Freestyle Ski Team, Feddersen amassed 23 podiums. As a coach, he played a key role in the gold medal sweep of U.S. aerialists at the 1998 Olympics in Nagano. As a co-founder of Flying Ace Productions, he has brought the excitement of action sports to tens of thousands worldwide.



Joe Jay Jalbert began his film career as a production assistant and ski double for Robert Redford in the 1969 classic film "Downhill Racer." From industry product launches to television specials, the Emmy award winning producer has over 800 productions to his credit, including four official Olympic and 14 FIS World Championship films. Jay was presented the FWSA Warren Miller Award in 2005.



Twenty-five years after breaking onto the scene, **Scot Schmidt** remains one of the most recognized and filmed skiers in the world, having appeared in more than 40 films. Schmidt pioneered a style that inspired generations of adrenaline-sport athletes and made "extreme" a household word. His impact in the 1980s set the stage for dramatic changes in the sport.



The late **Jerry Simon** enjoyed a career that touched almost every corner of the sport. From his start in 1964 with Harry Leonard's ski shows through pioneering the Skiing Mechanics and Managers Workshop, from producing the SkiGroup resort marketing shows to creating the International Ski Film Festival, Simon served the industry and the public alike. Jerry received the FWSA Snowsports Builder Award in 2008.

## **OLYMPIC SKI TEAMS** usa



## US SKI TEAMS win big on the slopes

Winter Olympics was held at Rosa Khutor Alpine Resort, February 9–22, 2014



#### Slopestyle US Sweep

**Joss Christensen** led an American sweep in the first-ever men's slopestyle final.

**Gus Kenworthy** and **Nick Goepper** captured silver and bronze, respectively.



#### David Wise

David celebratedhis Men's Freestyle Skiing Halfpipe medal.

#### Maddie Bowman

Maddie celebrated her Women's Freestyle Skiing Halfpipe medal.



#### Mikaela Shiffrin

Mikaela, age 18, became the youngest champion in slalom in Olympic alpine skiing when she won the gold. Mikaela went on to repeat her performance in slalom on the World Cup circuit winning her second globe.



#### Ted Ligety

Ted won gold in his signature event, giant slalom, a second career gold medal for him. He become the first American man to win gold in giant slalom. Ted went on to capture another World Cup globe in giant slalom, his fifth title.



#### Julia Mancuso

Julia has won medals in the last three Olympics— Gold in giant slalom in Torino, 2 Silvers in Vancouver for downhill and super combined and bronze for super combined in Sochi. Julia is not ruling out coming back in 2018 for another Olympics.



#### Jamie Anderson

Jamie celebrated after winning the women's snowboard slopestyle final. There was a lot of ugliness out on the supersized Olympic slopestyle course that day — crashes, splashes, face plants, even a cracked helmet.



## **OLYMPIC SKI TEAMS** usa

## **US SKI TEAMS** win big on the slopes

Mikaela Shiffrin becomes youngest skier to captures Slalom gold.



#### Bode Miller Andrew Weibrecht

Bode and Andrew finished third and second in the super-G, respectively. Bode's sixth career medal broke his own record as the most decorated US skier, and made him, at 36, the oldest Olympic Alpine medal winner.



#### Sage Kotsenburg

Sage celebrated after completing his run during the final of the snowboard slopestyle in Sochi.

He liked it and so did the judges as the 20-year-old American clinched the first gold of the 2014 Winter Games.



### Kaitlyn Farrington

Kaitlyn celebrates her gold medal victory in the Ladies' snowboarder halfpipe.

#### Kelly Clark

Kelly wins a bronze medal in the Ladies' snowboarder halfpipe.



#### Alex Diebold

Underdog Alex won the U.S. team's only snowboardcross medal at this Olympics, a bronze.

Four years ago, Alex was a wax tech. Alex continued to race the World Cup circuit, without a sponsor, hoping to make the Olympic team.



#### Devin Logan

Devin took the Olympic silver medal in Ladies' ski slopestyle. She never doubted that her surgically repaired knee (torn ACL, MCL plus two microfractures) would be ready for the Olympics. Doctors said her injury was one of the worst they'd ever seen.



#### Hannah Kearney

Hannah, bronze moguls medalist, was obviously disappointed in not winning back-to-back golds in moguls. She is one of the best having not just won the gold in 2010 and this bronze, but 27 of 37 World Cup races in the four years between. She won the World Cup globe again this year.

### it's a WRAP



## PACIFIC RIM raises \$2,600 for CAN DO MS

Our 13<sup>th</sup> Annual Wine Maker Fund Raiser Diner was held in San Diego, September 28, 2013 in memory of our beloved friend **Jimmie Heuga** 

Our 13th annual Wine Maker Dinner for Can Do MS raised more than \$2,300. Thanks everyone for your donations and support.

We couldn't have done it without —

- Our very own Executive Chef Mary who helped with the planning and menu.
- The calamari that was donated by the **Green Flash** in Pacific Beach
- The new wine glasses that came from **Big White Ski Resort**.
- The seven fabulous wines and the special water that were donated.



Wine glasses donated by Big White.

The wines that have been donated this year were outstanding and each was perfectly paired with one course.

Charles Heidsieck Brut Réserve Champagne donated by Rémy Cointreau USA

**SeaGlass Sauvignon Blanc** donated by Trinchero Family Estates

**Liberty School Pinot Noir** donated by Hope Family Wines

**Firestone Sauvignon Blanc** donated by Foley Family Wines

**Carmen Gran Reserva Camenere** donated by Trinchero Family Estates



We missed Mary's presence this year but she stayed in touch via phone and gave us instructions for food prep and cooking. We sent Mary this birthday wish.

**Kenwood Jack London Zinfandel** donated by Heck Estates

**Terra d'Oro Zinfandel** donated by Trinchero Family Estates

In addition, sparkling water was donated by **Solé Water**.

**Gene Fulkerson** prepped and cooked the meal. **Robert Nordquest**, **Mark & Linda Mathis** and **Paul Jackson** served as waiters and assistants. **Mark** and **Linda** stayed around to help with the clean up and the hand washing of more than 100 crystal glasses. These events just get better each year.

Thanks to everyone else who contributed and participated—
Claudia & Robert Nordquest, Barb & Stu Baily, Linda & Mark Mathis, Paul & Carmen Jackson, Hans & Birgit Iliew, Rusty Etzel, Kim & Scott Griffin, Judy & Jerry Schulthesis, Jerry & Sandy Cordell, Rick & Sunny Cole, Barbara Betz & Michael Rammelburg, Patricia Ortiz, Jim & Jean Erickson, Phil & Mary Reinheimer and Catherine Ohl. ◆



Enjoying 7 wines with 7 courses.

mark your **CALENDAR**SEPT. 27, 2014, 5 PM



Formerly **The Heuga Center for MS** IRS 501(c)(3) Number 74-2337853 www.mscando.org • 970-926-1290



## it's a WRAP

## **BIG WHITE** early season

Five feet of fresh powder and more of it in the trees. The skiing was beyond awesome.

This is our eighth annual December trip to Big White in hopes of catching some of that early season powder. The snow was the best we've seen in early December and it was the best the west had to offer.

The highlight of the trip was the Big Reds at Big White. This event just gets bigger and better every year. Wines were provided by the local wineries of the Okanagan region from Kelowna to Osoyoos. Food was provided by the local restaurants of Big White.

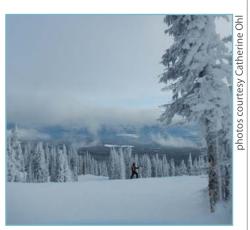
And while the whole Big White program hadn't yet kicked all the way in, there were a few of the activities offered. There was free hot chocolate at the skating rink at Happy Valley. There was also a night of free tubing with a big bonfire. This was so much fun that you must do it. The fireworks display was incredible and we could watch it from our deck.



Our favorite event at Big White is the Big Reds. Oh, what a night.



Gene found lots of snow in the trees.



Heading to the trees on Powder chair.



Sandy, Michelle, PJ at top of the Bullet. Fresh snow again. Got to love it.





Gene is attempting to taste all of the Big Reds at Big White.



Michelle, John, Gene at Big Reds for Big White.

## it's a WRAP



**pring** | 2014

Pacific Rim's Fire 'n Ice Team raised more than \$2,300 for MS.



What a beautiful weekend at Squaw Valley for the 29th Annual Vertical Express for Can Do MS! Great conditions made for exciting competition on and off the snow. Twelve teams did an amazing job of bringing the **CAN DO** spirit to the mountain by raising over \$35,000!

Our wonderful host, Squaw Valley USA, provided our group with a terrific room. They provided breakfast both morning and a terrific après ski party on Saturday.

#### Saturday, March 1, 2014

The day stated with a continental breakfast and an opportunity to meet the other teams. Our team hooked

up with our last year's team Catherine Rudiger and her brother Carl for the poker run. They know the mountain and we don't. Our efforts netted us 2 pairs but we had fun and found some incredible powder.

After lunch we headed to the NASTAR race course on the Gold Express. It was fun and easy. We did okay. Our team mate Catherine was the fastest woman.

While we are at it, THANK YOU **Sid Crockett** and your race shack crew for the amazing dual NASTAR course. Every year for as long as anyone can remember he has made all us weekend warriors feel like Mosleys and Mancusos!

Saturday's après party was a lot of fun. There was awesome wine and as usual and amazing hand crafted beers courtesy of Tied House Brewing.

#### Sunday, March 2, 2014

Sunday morning breakfast included• the awards portion of the weekend. Pacific Rim can in third and the Rudigers came in second. We got a back pack and some extra bottles of the micro brews.

We have until April 1, 2014 to raise more money. You can go to our fund raising page at <a href="http://www.gifttool.com/athon/MyFundraisingPage?ID=1795&AID=2546">http://www.gifttool.com/athon/MyFundraisingPage?ID=1795&AID=2546</a> &PID=412013 to make a donation.



#### about CAN DO MS

Can Do Multiple Sclerosis, formerly The Jimmie Heuga Center for Multiple Sclerosis, is national nonprofit organization that provides innovative lifestyle empowerment programs for people living with MS and their support partners.

Can Do MS has helped thousands of people living with MS reclaim a sense of dignity, control and freedom by empowering them with the knowledge, skills, tools and confidence to transform challenges into possibilities.



## **BIKING** to stay in shape



Contact Gene at gene@pacificrimalliance.org or 858-467-9469 if you will be joining us.

## womens ski jumping **USA**

#### RusSki Gorki Jumping Center

The fact is the debut of women ski jumpers on the Olympic stage provided plenty of drama on many fronts.

**Jessica Jerome** and teammate **Lindsey Van**, the sport's first world champion from 2009, both realized their Olympic dream after so many years of fighting to make it a reality.

2013 World Champion **Sarah Hendrickson**, who reached the pinnacle of the sport last season before injuring her knee in August, completed a grueling rehabilitation just to make the Olympic team and to jump in the Games. She is scheduled for more surgery after the end of the season.

There was a camaraderie that all of the girls shared because they've all been fighting the same fight for so many years, the fight to get Womans Ski Jumping into the Olympics. At the top of the jump everyone was high-fiving and enjoying the moment as they made history.



Jessica Jerome, Sarah Hendrickson, Lindsey Van

#### Women's Olympic Normal Hill Competition

	The second secon	•
1.	Carina Vogt, Germany	103.0, 97.5; 247.4
2.	Daniela Iraschko-Stolz, Austria	98.5, 104.5; 246.2
3.	Coline Mattel, France	99.5, 97.5; 245.2
4.	Sara Takanashi, Japan	100.0, 98.5; 243.0
10.	Jessica Jerome	97.0, 99.0; 234.1
15.	Lindsey Van	97.0, 94.5; 227.2
21.	Sarah Hendrickson	94.0, 91.5; 217.6

## www.PacificRimAlliance.org

## FAR WEST trips

**Spring** | 2014

Join Far West Ski Association for our 5th Annual Dive Trip in

#### Occidental Grand Cozumel Resort

OCTOBER 11 - 18, 2014



Dive Price: \$1,138 Non-Diver price: \$758

#### Price includes:

- Package includes
- 7 nights at Occidental Grand Cozumel w/2 per deluxe room
- ALL MEALS daily
- All Drinks daily including ALCOHOL All non-motorized watersports
- 5 days of 2 tank boat dives with Pro Dive right on site!!
- · Unlimited Nitrox !!
- Hotel taxes and tips (tips for diving not included)



Contact: Randy Lew • 530-304-0802 • FWSA13Randy@telis.org 7007 SW Iron Horse St., Wilsonville, OR 97070





#### **FWSA International Travel Program**

Presents in the Fall of 2014:

#### SOUTH AFRICA SAFARI ADVENTURE TRIP

September 5th - 16th, 2014—South Africa 10 Day Eastern Cape & Garden Route Tour Note: Sept 5th US departures will arrive in Port Elizabeth on September 7th

#### SOUTH AFRICA MAIN TOUR PACKAGE SUMMARY:

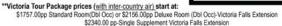
- Several Morning, Day & Evening Wildlife Safaris
  Excursion through Knysna Lagoon to the Featherbed Nature Reserve
  Cape Town City Tour
  Winelands Tour
  Cango Orrich Farm Tour
  Cango Crevs Tour
  Most Meals
  All Lodging & Ground Transportation

September 16th - 20th, 2014—(Optional) 4 Day Victoria Falls Extension

\*\*Main South Africa Tour Package prices (without air) start at: \$2915.00 pp—Double Occupancy (South Africa ONLY Trip) \$3434.00 pp-Single Supplement (South Africa ONLY Trip)

#### VICTORIA FALLS (post trip) PACKAGE SUMMARY:

- Sunset River Cruise
  Victoria Falls Tour
  Historical Bridge Tour
  Safari at Victoria Falls Private Game Reserve
  Breakfast & Dinner
  All Lodging & Ground Transportation



Air prices:

FWSA Air-San Francisco, CA—Approx. \$2302.00 pp—\$750 Deposit

FWSA Air-Los Angeles, CA—Approx. \$2302 pp—\$750 Deposit

Note: Secondary Airports and Air Deviations can be purchased for you as a Non-Refundable ticket and must be paid for at the time of booking.

Make checks out to Far West Ski Association (FWSA). Please reference "FWSA Africa Safari" Send to:

Debbie Stewart FWSA VP of Int'l Travel 430 S. Church St. Visalia, CA 93277

Or register online at: https:

For more information contact: Debbie Stewart at FWSAIntlTrvI@prodigy.net or cell: 559/737-0882

Check our website at www.lwss.org. Click on the "Travel" tab, for all FWSA trips

CST #2036982-40









Signature Skiing 5-day trip to Revelstoke, BC March 16—21, 2015

\$5,830 (twin occ.-taxes not included) \$6,480 (single occ.-taxes not included)

- des:
  All meals, snacks, and non-alcoholic beverages
  All lodge accommodations and use of lodge facilities such as saunas, hot tubs, etc.
  (lodging located in town of Revelstoke)
  Use of specially designed heli-skis and poles
  Use of radio/shovel/probe/guest pack
  Training in and use of avalanche transceivers
  Provides 71,000 feet of skiing of which 49,700 feet guaranteed

Mar. 15, 2015–Fly to Kelowna, BC and stay overnight (not included in price)
Mar. 16—CMH Bus takes you to Revelstoke—ski that afternoon
(participants may drive directly to Revelstoke—must arrive in time for afternoon ski)
Mar. 17—20—Full days of skiling
Mar. 21—CMH bus takes you back to Kelowna in the morning and you return home

\$500 non-refundable deposit due when you reserve your spot

#### Sign up directly with CMH Heli-Skiing:

Fred Noble, noblecmh@aol.com -- cc: Julie Noble, noblecmh@msn.com

Request trip # 15-RE135 March 16-21, 2015 and identify yourself as a member of Far West Ski Association

Spaces go quickly —first come first served—don't miss out!



For more information contact.

Nancy Ellis, VP North American Travel
Far West Ski Association
fwsatravelnancy@sbcglobal.net

530.414.8261 (cell) 530.582.0566 (home)

1 9 3 0 Must be a member of a Far West Ski Association affiliated club or FWSA Direct Member



The Location of

#### Far West Ski Association's

2015 Mini Ski Trip

March 30th to April 4th, 2015

Adult package prices will range from \$550 to \$605

Price does NOT include air



Included: Airport Ground Transfers 4 or 5 Day Lift Tickets Transfers to Ski Re-Welcome Party Farewell Party

**More Options:** Snowmobile Tours Summit Nature Cente Day Spa Glacier Park Tours Dogsled Adventures Sleigh Rides

Whitefish Mountain Resort is located at The Big Mountain in Northwestern Montana, located west of Glacier National Park in the Flathead National Forest. FWSA Lodging will be at Grouse Mountain Lodge where you will enjoy an authentic Montana experience.



Grouse Mountain Lodge

This trip is limited to 100 participants Contact Nancy Ellis 530-414-8261 or 530-582-0566 fwsatravelnancy@sbcglobal.net

Must be a Member of a Far West Ski Association affiliated club or a FWSA Direct Member

FWSA CST #2036983-40







ohoto courtesy Catherine Ohl





at it's very best!

#### 2014 Colorado River SCHEDULE

June 20-22

**July 11–13** July 25-27 Aug 22-24 Aug 8-10 **Sept 5–7** Sept 19-21 Oct 3-5 Oct 17-19

Friends o Family o Beginner o Expert

Please note: Our skis and wake boards are best suited for Beginners to Intermediates. We suggest if you require more advanced equipment that you rent them from your local sporting goods store.

#### **Trip Includes—**

- 1 Full & 1 Half Day Skiing/Boarding
- Equipment & Instruction
- Waterfront Camping
- Water Games
- 5 Meals 3 on Saturday & 2 on Sunday
- Saturday Happy Hour
- Beer, Wine & Soda on Saturday & Sunday

#### What's Available!—

- Location— Needles Marina
- Pool, Showers & Rental Cabins available
- 6 PM Check-in. 5 PM Check-out on Sunday
- Option to add Friday Skiing/Boarding

#### **Prices**—

\$TBA \*\* Skier / Boarder

\$TBA Non-Skier \*

\$35 Child age 6-12 \*

Child 5 and under\* Free

- \* May not ride in the club boat during club hours.
- \*\* Subject to fuel surcharge if gas is more than \$5/gal

#### For Trip Information—

Visit www.RadarRiverRats.org Call Patricia at 323-651-0686 (before 9 PM)

#### **Boat Drivers**—

Call Gene at 858-467-9469 (before 9 PM)

## BIG WHITE new non-stop air





UNITED



Celebrate Big White's 50th Anniversary!

## **Bring your FRIENDS to BIG WHITE in 2014!**

It's never been better...

- Travel United NON STOP from LAX.
- Book a 7 night package.
  - Big White has special deals where you can book 5 nights and get 7 nights in most of their properties.
- Discounted Lift Tickets & Transfers available.

This is the best offer that has ever been available and the air is NON STOP!



## **Round-trip AIR from \$325**

New for the 2013-14 Ski Season is United flights NON STOP for LAX to Kelowna. Flight time is a bit over 3 hours.

Pricing starts are \$325. Book today! These seats won't last long.

**Call Central Reservations at 800-663-2772** with your dates and number of people in your party. You will be required to send a deposit immediately.



www.PacificRimAlliance.org

## **Big White** powder April 5–12, 2014



#### Basic Package \$699 per person dbl occ \*

- Seven nights Lodging at The White Crystal Inn
- Ski in / Ski out, located in the Village Center.
- Standard Room with 2 Queen Beds.
- Rooms have Mini-fridge & Coffee Maker.
- On-site Santé Bar & Grill
   Open Breakfast, Lunch, Dinner.
- Hot Tub & Lockers.
- Includes GST and Bed Taxes.
- Seven days Lift Tickets.
- Transfer from/to Kelowna Airport.
- · Daily Après Ski Parties.

#### NOT Included

#### Air to/from the Resort

- United flies non-stop from LAX from \$324
- West Jet flies non-stop from LAX
- Air Canada/Jazz, Alaska/Horizons fly into Kelowna

#### \$200 Payment due NOW—

#### **Pacific Rim Alliance**

10818 Viacha Dr. San Diego, CA 92124

#### Cancellation—

Final Payment due Feb. 1, 2014. No Cancellations after Feb. 15, 2014.

\* Superior KitChenette— add \$95 pp

#### about Big White

- 25 feet annual dry powder.
- 2,800 patrolled skiable acres.
- 2,550 feet of vertical.
- 4.5 miles longest run.
- 6% ◆◆ 22% ◆ 54% 18% ●
- 118 designated runs.
- 10 ski lifts (6 are high speed).
- Free ski hosts tour at 10:30 AM.
- 5,757 feet Village elevation.
- 18 Restaurants & Bars.
- The Best Ever Powder Skiing.





### Far West Ski Association

## 82<sup>nd</sup> Annual Convention Volcanic Paradise





friendliness. Now it's your turn to experience Mt. Bachelor and Bend

The Riverhouse row 3075 U.S. 97 Business, Bena, Ores 800-547-3928 or 541-389-3111

www.riverhouse.com

Hosted by Northwest Ski Club Council

Bend is world famous

The Deschutes River and just minutes from historic downtown area and Mr. Bachelot.

#### The Riverhouse Resort, Hotel & Convention Center

Reservations call 800-547-3928 or 541-389-3111

**Group Name** Far West Ski Association 2014

Room Rates per night plus tax single or double occupancy

River Views \$129

Oregon!

Non-River Views \$119

#### Hotel Features

- 2 restaurants, bar & lounge, spacious rooms, indoor and outdoor heated pools, spas, saunas and exercise room, walking distance to Bend River Promenade Shopping Mall and Family Fun Center
- · NO Resort Fees, FREE In-room Wi-Fi, FREE Parking
- Rates available 3 days pre and post Convention

#### Transportation

- Air transportation is via Redmond Municipal Airport (RDM), located 15 minutes from The Riverhouse.
- Rental cars and shuttle service are available at the airport.

#### Convention Highlights

- Silent Auction
- Travel Expo
- · Snowsports Leadership Academy
- Celebrity Speakers
- Public Affairs Panel
- · Saturday Awards Luncheon
- Celebrity Multi-Media Presentation
- Saturday Awards Dinner
- Far West General Meeting & Elections

#### Optional Activities

- Thursday Activities
  - Mt. Bachelor Tour, Lunch & Activities
  - Pub Crawling Bend Style
- Friday Activities
  - Michael German Golf Tournament
  - Smith Rock Geologic Wonderland Tour
  - Old Mill District Shop-Dine-Wine
  - Pool Party

## Information

www.fwsa.org

 Jane Wyckoff **FWSA Convention Chairperson** janewyckoff1@cox.net or 949-933-9607

#### Mary Olhausen

Silent Auction / Travel Expo Chair / Convention Coordinator omary52@comcast.net or 503-880-7383



## **COMMUNITY** center

## giving BACK

There are so many ways to get involved and it's so easy to do.

#### Can Do MS

For the past 13 years the Rats & Pacific Rim has hosted a wine maker dinner for **Can**  CAN DO Multiple Sclerosis

**Do MS**. Each dinner typically raises around \$2,500. 100% of the proceeds go to the Center. We accept donations year round whether you attend the dinner or not.

**Can Do MS** [formerly Heuga Center for MS] IRS 501(c)(3) Number 74-2337853 www.mscando.org • 970.926.1290

Our next dinner will be **Sept. 27, 2014**. For more information contact

Gene Fulkerson gene@pacificrimalliance.org 858-467-9469

### Ski to Defeat ALS

**Defeat ALS** 

The annual Ski to Defeat ALS will be at Mt. Hood Meadows on April 12, 2014. The goal is to raise \$150,000.

Fred is not only the event's Honorary Chairman, he is committed to raising awareness and funding for The ALS Association. This is the next and final chapter in Fred's amazing and inspiring life. Fred was diagnosed with ALS in December 2010 and is in the final stage.

Often referred to as Lou Gehrig's Disease, amyotrophic lateral sclerosis (ALS) is a progressive, fatal neuromuscular disease that slowly robs a person of their ability to walk, speak, swallow and eventually breathe.

The life expectancy of a person with ALS averages only 2 to 5 years from the time of diagnosis. In a very short period of time, the person and their family need a myriad of services and support. The ALS Association is their one-stop-shop. Visit www.skitodefeatals.org/.



Fred Noble and his Ski to Defeat ASL Fredinator Team. Fred needs to raise \$167K this year to reach the half million mark in raising funds for ALS.

#### USARC

**United States Adaptive Recreation** 

**Center** (USARC) is committed to guiding people with disabilities toward the creation and affirmation of rewarding lifestyles. Located in Big Bear, CA, USARC runs an adaptive ski school in the winter. In the summer USARC takes to the fresh waters of Big Bear Lake for wet and wild adaptive water sports.

Volunteers are always needed. Volunteers must be at least 18 years old; intermediate skiers, water sports enthusiasts, or mountain bikers; able to complete the required training criteria, and available to teach midweek.

To volunteer contact **Sara Richter**, Outreach Coordinator, <a href="mailto:sara@usarc.org">sara@usarc.org</a>.

#### Recycle Program

Pacific Rim recycles cans, bottles and glass at all our events. Each quarter we

donate the proceeds to a charity.

This quarter's donation goes to **Ski** to **Defeat ALS.** To donate to a Far West Ski

Association team visit <a href="http://webor.alsa.org/site/TR?px=4048952&fr">http://webor.alsa.org/site/TR?px=4048952&fr</a> <a href="http://webor.alsa.org/site/TR?px=4048952&fr">id=9900&pg=personal</a>.

#### Support The Unrecables

Register your Ralphs Card [each Sept]

The Unrecables Ski Club is a non-profit, volunteer-based organization, serving the



recreational needs of people with disabilities. They promote adaptive sports, and encourage people with disabilities to participate in sports, recreational, and social activities in their communities. The club is a member of the LA Council of Ski Clubs.

[Re]registering your Ralphs Card is easy.

- Log in to www.ralphs.com.
- Click on **Community Contribution**.
- Click on Participant.
- Follow the easy steps to enroll. Their NPO# is 80831. Be sure to complete all information.
- Set back and watch your grocery shopping save you money and at the same time earn revenue for The Unrecables.

To volunteer visit <u>unrecables.org</u> or email <u>info@unrecables.org</u>. ◆

## Membership Application



ALL Pacific Rim Alliance attendees must be a member to participate in one of our trips. Our membership year is from July 1, 2013 through June 30, 2014.

To join the Pacific Rim Alliance, fill out the following, Sign your release of liability and send with your check [payable to Pacific Rim Alliance] to:

#### Pacific Rim Alliance 10818 Viacha Dr., San Diego, CA 92124

Name [1]:	Name [2]:				
Home Addr:					
City:	State: Zip:				
E-Mail Addr [1]:					
E-Mail Addr [2]:					
Cell [1]:	Cell [2]:				
Home:	Work [1]:				
Birthday [1]:	Birthday [2]:				
Indicate Membership [Includes membership in FWSA, L	_A & San Diego Councils, NSAA]				
☐ \$8 INDIVIDUAL Men	nbership				
	ship—Significant other, spouse, residing at same residence qualify.				
included in a newsletter or on ou distributed to the membership a	nd other interested parties and is made ignature is required below to agree to				
Signature [1]	Date				
Signature [2]	Date				

#### Release Of Liability, Waiver Of Claims, Express Assumption of Risk and Indemnity Agreement

WAIVER: I am aware that participation in the Pacific Rim Alliance events has, in addition to the usual risks, dangers and hazards associated with travel, snowboarding, alpine, Nordic, Heli & off-piste skiing, certain additional risks, dangers and hazards including, but not limited to: boarding, riding and disembarking ski lifts; changing weather conditions; exposed or hidden natural or man-made objects; avalanches; failure to ski or ride safely or within one's own ability; and negligence on the part of other skiers and boarders, the organization or their staff.

I freely accept and fully assume all such risks and danger and the possibility of personal injury, disability, death, loss or damage to person or property that may occur as a result of my engaging in the above activities.

I HEREBY RELEASE AND HOLD HARMLESS [releasees Pacific Rim Alliance] WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, or loss or damage to person or property, WHETHER CAUSED BY NEGLIGENCE OR OTHERWISE.

I hereby release the releasees, their officers, directors, employees, representatives, agents, and volunteers from liability and responsibility whatsoever and for any claims or causes of action that I, my estate, heirs, survivors, executors, or assigns may have for personal injury, property damage, or wrongful death arising from the above activities whether caused by active or passive negligence of the releasees or otherwise.

## MEMBERSHIP has it's BENEFITS

The National Ski Council Federation has discount benefits for club members which include: Cellular Abroad, East West Resorts, Rentskis.com, Crazy Heads, Geardirect.com, Breeze Ski Rental, Mountain Chalet, and so much more. They have a great pair of carbon ski poles for a mere \$30 with all their member association logos. Such a deal.

Check out www.skifederation.org for the complete list of benefits. Go to the "Members Only" area and input the following:

User Name: **skiclub** Password: **member** 



#### FWSA 2013-2014 Membership Card Expires June 30, 2014

OUNDED 1930 www.fwsa.org

Club Pacific Rim
Member ID PRA-007

The bearer of this card is a member of Far West Ski Association and entitled to all the benefits associated with membership in FWSA. This card is non-transferable. Photo ID is required.



## pacific rim TRIP FORM

[You must be a current member to sign up for this trip— include Dues and Membership Application if not a member]					
Printed Name[s]					
Street Address					
City	State	ZIP			
Cell Phone	ne Home Phone e		I		
Deposit Due:					
full payment FWSA Beaver Creek, CO, Jan 25 – Feb 1, 2014 full payment Sestriere, Italy, March 8–20, 2014 full payment Big White, Canada, April 5–12, 2014 \$400 per person New Zealand & Tasmania, August 2015 [tentative]			Gene Fulkerson, VP Travel gene@pacificrimalliance.org 858-467-9469		
Send this FORM with your Deposit made out to Pacific Rim Alliance					
Gene Fulkerson, 10818 Viacha Dr., San Diego, CA 92124					

## aaron KARITIS



On Saturday March 15, 2014, 31-yearold Aaron Karitis was caught in an avalanche near the Kicking Horse Valley west of Haines, Alaska while heli-ski guiding for Southeast Alaska Backcountry Adventures. Aaron survived his injuries until late Monday night.

Ironically, Aaron was scheduled to speak at the Far West Ski Convention on avalanches.

Aaron, a native of Bend, Oregon and owner/founder of Pulseline Adventure, loved and respected the mountains of Alaska with every fiber of his being.

With an impeccable safety record and extensive avalanche education, Aaron always aired on the side of caution. On Saturday, his conduct put the safety of his clients first.

Aaron dug a snow pit that indicated snow conditions were safe to ski on. (This very snow pit has since been evaluated, confirming Aaron's original assessment as accurate.)

He ski cut the top of the slope to further investigate stability. This ski cut produced no results, also indicating that snow conditions were presumably safe.

Aaron told his group that he would ski down slope. As Aaron skied, a large avalanche was triggered mid slope, carrying him approximately 700 feet down the slope.

Fellow guides located Aaron (who was wearing a beacon) and extracted from four feet of snow within 15 minutes. Resuscitation efforts began immediately. He was air lifted to Haines and then transported to Anchorage.

Aaron's youth, strength, and excellent health will soon help to save more lives through organ donations.

RIP Aaron, you will be missed. •

## the **FINE PRINT**

**Spring** | 2014

Skiing is a dance in which the mountain always leads.

#### About Pacific Rim

Pacific Rim Alliance is all about skiing. We were formed with the express notion of **never** having to attend a meeting.

Originally we were all about skiing exotic resorts in Europe, South America and New Zealand. These have been scaled back due to the weak economy. We are now resuming them.

We have gotten into the groove of running early and late season ski weeks to **Big White Ski Resorts** in Canada. These trips run about \$700 per person and include hotel lodging (double occupancy), 6-day lift ticket, ground transfer from/to the Kelowna airport and various parties. We believe that Big White offers the best and most consistent early and late snow.

We do not offer Mammoth trips since there are so many ski clubs in both the Los Angeles Council and San Diego Council that offer quality affordable bus trips to Mammoth. Just ask and we'll direct you.

We believe in giving back to our ski community.

- Our major fund raiser is our annual wine maker dinner for Can DO MS. To date we have raised more than \$34,000.
- We encourage members to participate in other on-snow fund raisers for so many good causes— Hope on the Slopes (for cancer), Ski to Defeat ALS, USARC Ski-athon (for adaptive skiers) and the Jimmie Heuga Vertical Express (for Can Do MS.)
- We also support junior racers (through the Far West Ski Foundation), Women's Ski Jumpers USA and the Unrecables.

#### Official Documents

We are a 503(c)7 not-for-profit corporation founded in 1997 and incorporated in the state of Nevada. We file a Form 990 yearly. A currently copy of our Bylaws and Articles of Incorporation can be found via a link on our home page.

Liability waiver are required for membership on all trips and events. Trip waivers are included in trip packages mailed out to all participants.

#### Skiing History

We have a collection of skiing history of ski clubs, councils, the Far West Ski Association and ski resorts in the west. It is a work in progress updated regularly by our Club historian. If you have any history you would like to share, contact **Catherine Ohl** at <a href="mailto:ohl@acatmeowz.com">ohl@acatmeowz.com</a>. Visit our web site at <a href="mailto:pacificrimalliance.org/history/html">pacificrimalliance.org/history/html</a>.

#### Conduct Policy

This policy applies to all persons participating in a Pacific Rim Alliance Event. All participants are requested to observe common courtesy and generally accepted standards of social and moral behavior.

- There is a Zero Tolerance Policy on illegal drug use at any sponsored event or trip.
- Alcohol and tobacco use is allowed in moderation and where permitted by law.
- ◆ There is a strict policy prohibiting sexual harassment and harassment because of race, religion, color, national origin, ancestry, disability, medical condition, marital status, sexual orientation, age, or any other basis made unlawful by any applicable law or ordinance or regulation.
- Profanity and off-color humor is only permitted if it is not offensive to other participants.
- Parents/Legal Guardians of minor children under the age of 18 are responsible for the supervision and behavior of their children.
- Board Members will attempt to resolve problems in a mutually beneficial manner. When resolution cannot be achieved, the proper authority will be called to resolve the problem.
- Participants who violate our Conduct Policy may be excluded from future trips without reimbursement of expenses.

#### FWSA Recognition Programs

Far West Ski Association has an extensive recognition and awards program. There are a number of programs for individuals. Submittal deadline is March 20. Details and applications can be found at <a href="http://fwsa.org/MemberCorner/Programs/programs.html">http://fwsa.org/MemberCorner/Programs/programs.html</a>.

- Safety Person of the Year wins a ski trip for two to Steamboat, CO.
- Ski Heritage Awardee wins a ski trip for two to Aspen/ Snowmass, CO.

#### National Learn-to-Ski & Safety Months

We encourage our members to participate in the National Bring-A-Friend challenge (<a href="http://www.bringafriend.org/">http://www.bringafriend.org/</a>). There are some incredible deals for first time skiers. It's a great way to get your friends safely on the slopes. Another significant program is National Ski Safety Month (<a href="https://www.nsaa.org/safety-programs/national-safety-month/">www.nsaa.org/safety-programs/national-safety-month/</a>).







Use your brain, it's the most important part of your equipment.

~Kevin Andrews and Warren Miller, Extreme Skiing



## **EVENTS** calendar

Monday April 2014		Wednesday	Thursday	Friday	Saturday	Sunday
	1	2 SD Meeting	3	4	5 Pac Rim Trip	6 to Big White
LAC Meeting	8	9	10 to Big White	11	12 Ski 2 Defeat ALS	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				
May 2014			k			
			1	2	3	4
LAC Meeting	6	7 SD Meeting	8	9 Happy Hour	10	11
12	13	14	15	16 Biking	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	
June 2014						
						1
LAC Meeting	3	4 SD Meeting	5	6	7	8
9	10	11	12		14	15
16	17	18	19	FWSA Co 20	nvention 21	22
					Ski Trip to Colorad	
23		25	26	27 Biking	28	29
30				Pacific Rim FWSA	San Diego Los Angeles	Other

## **Contact Information**Board of Directors

#### about Pacific Rim Alliance Snow Sports Club

**Catherine Ohl**, President, Historian, Web Master, Editor ohl@acatmeowz.com 858.405.0637

**Gene Fulkerson**, VP Travel gene@PacificRimAlliance.org 858.467.9469

**Fay Mumbauer,** Director fay@PacificRimAlliance.org

**Patricia Ortiz,** Accounting patricia@PacificRimAlliance.org

#### Mission Statement

The PACIFIC RIM ALLIANCE is a non-profit organization dedicated to the appreciation of skiing, boarding, sight-seeing, photography, travel, public affairs and civic awareness. The Alliance is further oriented to the building of international relations among skiers, snowboarders and sports organizations throughout the Pacific Rim.

Surplus moneys above requirements for deposits for future trips will be donated to non-profit organizations devoted to charity, research & education. We are especially

interested in, but not limited to, supporting Ski Area Development, Adaptive Ski Programs, Can Do Multiple Sclerosis, Olympic & Junior Racers and Ski Museums.

The Alliance is a member of San Diego Council of Ski Clubs (SDCSC), Los Angeles Council of Ski Clubs (LAC), Far West Ski Association (FWSA), National Ski Council Federation (NSCF) and an associate member of National Ski Areas Association (NSAA). Membership in Pac Rim allows you to participate in their events and programs. ◆











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First Class Mail

Fivet Class Mail

Contact Gene Fulkerson at 858-467-9569 or gene@pacificrimalliance.org

**Bahia Bell Public Parking** 998 West Mission Bay Drive San Diego

**Biking**One Friday a Month, 10 AM







Catherine Ohl, Newsletter Editor 10818 Viacha Dr. San Diego, CA 92124-3241

Pacific Rim Alliance