



# UPDATES

<http://PacificRimAlliance.org/>

Pacific Rim Snow Sports Alliance

Vol. 10 • No. 3 • Fall 06

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## the Alliance

Due to a number of technical problems— way too many to list— this newsletter is extremely late in getting to you. Catherine is hard at work trying to recover the Summer edition for the web site while putting together the winter edition.

**Madonna di Campiglio Update—** We have decided to reschedule the trip to Madonna di Campiglio until 2008. We were competing with Far West going to Bormio and LA Council going to Courmayeur for the same week. The air was the biggest headache and while we were getting a handle on it, it was getting to be too much of a hassle. Stay tuned for updates.

**Sun Valley, ID January 20-27, 2007**  
We will be taking a group to Sun Valley, ID, this winter. **Fay Mumbauer** has put together a great trip and it should be a lot of fun. Catherine and I will be there to host the daily happy hours. Fay will be hosting a German dinner on one of the nights. It's not too late to sign up, just contact Fay at 323-773-5330. See page 7 for details.

**Big White, BC, Canada—** Pacific Rim went to Big White back in 2002. Catherine & I loved it so much we go back every year in April. We are working on putting a package together

for anyone who would like to join us April 1-8, 2007. We should have the details available for you in December.



Since I have retired, I will be spending most of December in Big White. On the way home, we plan to stop at some small resorts— Shasta, Baker, Mt. Hood and others.

Hope to see you on slopes this winter. \*

• **Ski With Pride** •  
• **Watch All Sides** •  
• **Let It Ride** •  
First With Safety Awareness



Associate Member  
**NATIONAL SKI AREAS ASSOCIATION**  
nsaa.org



Membership in Pacific Rim Alliance gives you membership in LA Council of Ski Clubs [LAC], San Diego Council of Ski Clubs [SDCSC], Far West Ski Association [FWSA], and National Ski Council Federation [NSCF].



Del Mar Fairgrounds, Pat O'Brien Hall  
**November 10-12, 2006**

Fri, Nov. 10 4 PM to 10 PM  
Sat, Nov. 11 10 AM to 6 PM  
Sun, Nov. 12 10 AM to 6 PM



LA Convention Center – **South Hall**  
1201 S. Figueroa, LA

**November 16-19, 2006**

Th, Nov. 16 4 PM to 11 PM  
Fri, Nov. 17 4 PM to 11 PM  
Sat, Nov. 18 11 AM to 10 PM  
Sun, Nov. 19 Noon to 6 PM

**2006-07 Membership is NOW due. Please RENEW today.**

## TRIPPING AROUND

### ❖ Pacific Rim Alliance ❖

- SUN VALLEY, ID ..... January 20-27, 2007  
*Fay Mumbauer @ 323-773-5330*
- BIG WHITE, BC, CANADA ..... April 1-8, 2007  
*Gene Fulkerson @ 858-467-9469*
- ARGENTINA ..... August 2007  
*Gene Fulkerson @ 858-467-9469*
- KOOTNEY SAFARI, Canada ..... February 2008  
*Gene Fulkerson @ 858-467-9469*
- MADONNA DI CAMPIGLIO, Italy ..... March 2008
- SORRENTO, Italy ..... March 2008  
*Gene Fulkerson @ 858-467-9469*

### ❖ Los Angeles Council ❖

- SNOW GALA, Long Beach ..... November 5, 2006
- SKI DAZZLE, LA Convention Center ..... Nov. 16-19, 2006
- ROKKA RACE CAMP, Mammoth ..... Dec. 3-8, 2006  
*Jessica Freedman @ 805-520-3460*
- LACOUNCIL RACE CAMP, Mammoth ..... Dec. 8-17, 2006  
*John Funtsch @ 310-545-9349*
- STEAMBOAT, CO ..... Jan. 27 - Feb. 3, 2007  
*Judy Chapel @ 949-275-8848*
- JACKSON HOLE, WY. .... February 3-10, 2007  
*Iris Williams @ 310-638-2826*
- SNOWBASIN/POWDER MTN., Utah. .... February 22-26, 2007  
*Britt Johnson @ 310.379.8972*
- COURMAYEUR, ITALY ..... March 3-14, 2007  
*Bonnie West @ 562-699-8880*

### ❖ San Diego Council ❖

- SNOW JAM, Del Mar Fairgrounds ..... Nov 10-12, 2006
- WINTER GALA ..... November 18, 2006  
*Connie Smith @*
- BRECKENRIDGE, CO ..... December 7-12, 2006  
*Mike Sanford @ 858-695-1442*
- STEAMBOAT, CO ..... Jan. 27 - Feb. 3, 2007  
*Susie Vetter @ 619-435-8736*

### ❖ Far West Ski/Race Association ❖

- STEAMBOAT, CO ..... Jan. 27 - Feb. 3, 2007  
*Lynnell Calkins @ 310-278-5900*
- BORMIO, Italy ..... March 3-11, 2007  
*Norm Azevedo @ 925-944-9816*
- FWRA CHAMPIONSHIPS, Mt. Bachelor. . Mar 29-Apr 2, 2007
- FAR WEST CONVENTION, Santa Clara, CA . . . May 31 - Jun 3, 2007
- CHINA & TIBET ..... Sept 14 - Oct 4, 2007  
*Norm Azevedo @ 925-944-9816*
- FAR WEST SKI WEEK, Whistler. .... 2008

Go to "Tripping Around" at <http://www.pacificrimalliance.org> to download color flyers for most of the events listed above.

## MEMBER PROFILE

### Jeanie & James Davidson



Courtesy Marie Eocin

We first met James and Jeanie on the Far West infamous trip to Cortina in 1996. They hooked up in spite of the fact that, even though they were both from Las Vegas, they were with different groups.

The following year, they continued to go on Far West and Las Vegas Ski Club ski trips.

In 1999, James and Jeanie joined Pacific Rim as we went to Meribel, France. They

haven't missed a trip since.

Jeanie & James were married in 2002 in Las Vegas.

James is a great skier and gets around expertly on shorties without poles. He can tell you a few hair raising stories about skiing with Gene as he has followed him on a number of occasions. The most memorable would be the time the "Great Eight" hired a guide to take them to ski La Grave, the most extreme lift-service area in the world. They were whipped when they got home but it was an adventure of a life time.

Jeanie has come a long way in her skiing. She too is now on shorties and has been taking pilate classes to get in ski shape. The wonderful thing about skiing with Jeanie is that she doesn't complain when the rest of us ski too fast. \*

### Snowboard Safety Tips

- The front foot should be attached by a security leash.
- Before changing direction, especially on a backside turn look behind and check your blind spot.
- Stop only at the side of the slope and kneel or stand facing up-hill in order to see oncoming traffic rather than sitting down in the middle of the run.
- When not attached, your board should be face-down with the bindings in the snow.
- Due to danger of crevasses, do not remove your snowboard when traversing glaciers.
- The rear foot should be detached from the bindings when riding or boarding the chair. \*

excerpted from "Fit to Ski" by Carl Peterson

## Get Fit to Ski & Play—

Being in good shape will improve on hill performance and make your skiing and other sports activities safer and more enjoyable.

But if you are having trouble fitting any sort of workout into your daily schedule due to lack of time then use this 45 minute workout—guaranteed to boost your on hill fitness.

You can do this workout anywhere and all you need is running gear and 45 minutes free time.

Vary the route you run and use forest trails or parks to prevent wear and tear on your joints. Taking a friend will also encourage you to follow through regularly. When winter weather starts, a treadmill or stationary bike can be substituted for the running portion.

## 45 Minute Fitness—

Begin with a slow warm-up jog for 5 minutes that includes some dynamic stretching exercises such as arm circles, crossover runs, high knees, backwards running, side shuffle steps and skipping. These exercises improve agility and coordination at the same time as warming up the muscles of the shoulder girdle, hips and pelvis.

Do some continuous running until you reach the 18-minute mark, keeping your heart rate at between 65-75% of maximum [maximum heart rate = 220 - your age] or at a RPE (rate of perceived exertion of a 6-7 out of 10). This ensures that you get a good aerobic benefit.

At the 23 minute mark, stop and do alternating sets of mini squats and stride lunges.

Continue jogging until you reach the 35-40 minute mark, then start walking to cool down. While cooling down, add a little more general body & core strength to the workout by alternating different exercises. Move from one exercise to the next without resting to continue the aerobic benefits.

Sit Downs work your core functionally by starting in a sit up position and doing a reverse crunch or sit down.

Calf Raises work all lower leg muscles. Raise up slowly, hold seconds, and lower slowly. Try for 2 x 10-20.

Push-ups improve the strength of the chest muscles and shoulder stabilizers. Do one set of push-ups in each of three different hand positions: hands narrow (thumbs touching), hands shoulder width and wide.

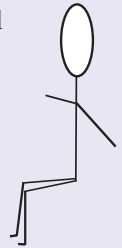
Hip Bridges are done lying on your back with knees bent to 90 degrees, bridge hips up in the air and hold for 4 seconds. Do 2-3 sets of 10-15 repetitions. When your core strength improves add a 1/4 twist at the top. ❄️



Mini Squats and stride lunges also help decrease your risk of injury by dynamically correcting potential imbalances in your pelvis, hips and legs. Not a bad pay-off for a few minutes work.

## Mini Squats—

Mini squats are very functional and provide both concentric (shortening) and eccentric (lengthening) muscle contractions. They stimulate the medial quadriceps to work and strengthening them helps maintain proper knee alignment and may decrease knee pain that is associated with muscular imbalances. These exercises will also help give more kick to your knee extension on the service motion and overheads.

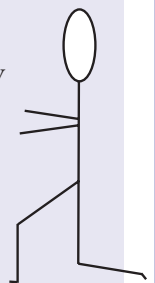


Keeping knees aligned over your toes & keep a good arch as you go down. Start slowly with 2-3 sets of 10-20 repetitions to gain control of the knee and after several sessions gradually progress to a faster drop and then increase from double to single leg.

Alternate these with sets of stride lunges.

## Stride Lunges—

Stride lunges improves flexibility in the hip flexors and extensors, improves balance and co-ordination in the hip, knee and ankle and increases strength in the hips and legs.



Keeping your back straight and head up, take your rear knee down towards the ground.

Start slowly with 2-3 sets of 10-20 repetitions going only to 30-45 degree knee angle gradually increase over a month's period until you can do sets of 20-30 repetitions. ❄️

# INDUSTRY

## Ski News

by Catherine Ohl

### Top Ten Ski Resorts in North America—

#### 1. Vail, CO

More a snow empire than a resort, Vail's Back Bowls (3,017 acres), frontside (1,627 acres) and Blue Sky Basin (645 acres, shown) ski like three distinct ski areas, which means boredom is never an issue.

#### 2. Deer Valley, UT

Deer Valley is built on the singular concept of service: You get yourself to Utah, and Deer Valley will take care of the rest.

#### 3. Snowmass, CO

With a new base village underway, Snowmass looks to fill the only hole in its lengthy résumé.

#### 4. Whistler/Blackcomb, BC

With 8,171 acres, Whistler Blackcomb is the biggest resort on the continent. You've got your work cut out for you.

#### 5. Park City, UT

The Silver Star triple will open up 50 acres of previously roped-off terrain; 14 snowmaking guns for early-season snowmaking and three new snowcats.

#### 6. Breckenridge, CO

With a base elevation of 9,600 feet, Breckenridge starts where most resorts end.

#### 7. Aspen, CO

Aspen Mountain doesn't have any trails designated for beginners. The same could be said about the town.

#### 8. Beaver Creek

Stone Creek Chutes opens with 180 new acres of expert terrain at the resort's eastern edge.

#### 9. Steamboat, CO

In a world rife with hyperbole, it's always refreshing to discover a seam of authenticity. Steamboat's champagne powder? No hype— it's real.

#### 10. Sun Valley, ID

A great place to get away from it all.

### Gold Medal Ski Shops in the Far West—

Sturtevant's Sports, Bellevue, WA

Mel Cotton's Sporting Goods, San Jose, CA

Santa Rosa Ski & Sport, Santa Rosa, CA

Elite Feet, Olympic Valley, CA

Footloose, Mammoth Lakes, CA

The Starthaus, Truckee, CA

Mt. Bachelor Ski and Sport, Bend, OR

Fiorini Sports, Seattle, WA

### Arapahoe Basin First to Open in North America—

This is what they were hoping for when they installed snowmaking four years ago. And for 2006, they are the champions. Colorado's Arapahoe Basin beat out perennial champion Loveland for the first time, chalking up the earliest opening ever for the 60-year old area and claiming boasting rights as the first ski area to open in North America for the 2006-2007 season.

### Mammoth Fined in Patroller Deaths—

Last April, a tragic accident at Mammoth Mountain resulted in the deaths of three ski patrollers. **James Juarez**, **John "Scott" McAndrews** and **Charles Walter Rosenthal** all died from a fall into a volcanic fumarole inside the ski area.

The California Department of Industrial Relations' Division of Occupational Safety and Health (Cal/OSHA) which oversees the state's workplace safety has determined that the deaths were the result of failures in Mammoth's training and safety procedures and has fined the resort approximately \$50,000 for the violations.

Both James and Scott fell approximately 20 feet through the snow pack into the fumarole while attempting to rope the area off and Charles then died while attempting to rescue the two other patrollers. All three deaths were the result of lack of oxygen due to the presence of carbon dioxide gas.

### Group Led by Ken Read Purchases Mt. Norquay—

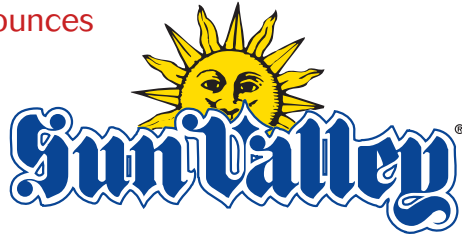
An investment group which includes legendary Canadian skier **Ken Read** has purchased Mt. Norquay Ski Area outside of Banff.

The group includes Read, who currently serves as president of Alpine Canada Alpin, the governing body of ski racing in Canada, as well as **Stephen Ross** of Devonian Properties in Canmore, **Jeff Kohn** of Calgary and **Peter, Robert** and **Len Sudermann** of Fortune Resorts.

The new owners will maintain Norquay as a family ski resort, with a focus on value and a variety of programs, from ski racing to free ride and snowboarding. ❄️



Pacific Rim announces



## January 20-27, 2007

Sun Valley Lodge **Rooms** for **\$959** + 10% bed tax (est. \$64)

Sun Valley Lodge **Deluxe Condos** for **\$869** + 10% bed tax (est. \$55)

### Trip Package Includes—

- Seven Nights Lodging (dbl occ)
- 5 out of 6 day Lift Ticket
- Round-trip Ground Transfer from Hailey Airport (SUN)
- The usual parties and more

### Extras—

- Seniors (60+) deduct **\$90**
- Non-skiers deduct **\$285**
- Single Supplement available upon request
- For **Air Referral**, contact Fay Mumbauer  
- Delta, Alaska, American fly into Hailey

**\$779-**  
**\$959\***  
*per person*

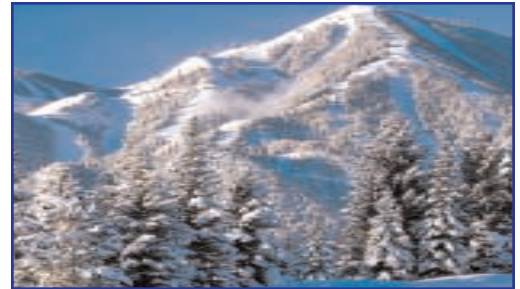
### Information & Reservations—

- **\$130** non-refundable deposit due NOW
- Send check **payable to Pacific Rim** to Fay Mumbauer  
6605 Marlow, Bell Gardens, CA 90201  
fmum@msn.com or 323-773-5330

### Payment & Cancellation—

- **\$450** due December 15, 2006, non-refundable unless replaced
- **Final Payment** due on departure from Sun Valley, credit cards accepted

\* 10% bed tax not included (est. \$55-64)



### About Sun Valley—

There can be only one original. And since 1936, Sun Valley has held that distinction! Born out of a desire to bring the magic of the European ski resorts to America, Sun Valley quickly became a phenomenon, without peer, anywhere.

### Stats—

19 Lifts (7 Quad, 4 Triple, 5 Double, 3 Surface)  
 2,054 Acres  
 75 Total Runs  
 9,150 feet Top Elevation  
 5,750 feet Base Elevation

◆ 36%    ■ 42%    ● 20%

# FAR WEST CONVENTION WRAP-UP—

by Gene Fulkerson, photos by Catherine Old



Catherine & Gene accept Pac Rim's Best Club Award



Catherine receives the Safety Award from Aspen



John Watson & Gene just having too much fun!



Hollis Brooks, Gene, Catherine, Billy Kidd



The "Big White" Boat in Phoenix

The 74<sup>th</sup> annual Far West convention took place in Phoenix, Arizona at the Sheraton Wild Horse Resort on June 8-11, 2006.

## Pac Rim takes a Clean Sweep of the Far West AAA Club Awards—

It was a great convention for Pacific Rim as we were given the Tollakson Award for being the best AAA Far West Club. In addition, Pac Rim's newsletter and website were given 1<sup>st</sup> place awards for being the best of the AAA division. Thank you, Catherine, for a job well done.

In addition to winning awards at the club level, Catherine was given a first place for her LA Council newsletter. She has done LAC's newsletter for four years and has won this award four times. Again, Congratulations.

## Catherine Wins the 2006 Far West Safety Award—

Catherine has been working for many years to bring safety to LA Council, San Diego Council, Far West, and Pacific Rim. She has written articles for newsletters and websites. She has also produced posters and wall paper to promote safety on the slope and in the water. For her years of effort she was presented with the 2006 Far West Safety Award from Aspen. She was also given a week in Aspen and Snowmass for two. Congratulations.

## The Silent Auction—

Pacific Rim was represented by attendees, Catherine Ohl and Gene Fulkerson. Other members including John & Claudia Watson were also in attendance. This was the first time we have been able to actually bid on packages offered in the Silent Auction.

It was fun, running around trying to

outbid our fellow skiers. Catherine beat **John Watson** in bidding on a 5 night / 4 day ski package to Crested Butte, a resort she has never been to. I was able to outbid **M.C. Eastman** on a 4 night/ 3 day ski package to the Banff Springs Hotel. The hardest part has been trying to schedule it all in. Thanks goodness I am retired.

We also lost on bids for Sun Valley lift tickets and trips to Steamboat, Vail, Alaska, and others. We are looking forward to bidding again next year. You should try it.

## The Convention—

Arizona council did a fabulous job on the convention. And the gods shined on us with a cool spell so we were actually able to enjoy the pool.

The three days went by so fast. We attended the Awards Luncheon, Awards Dinner Dance and all the parties. It was wonderful to have the time to catch up with old friends in both ski clubs and the industry.

We brought our boat to the convention just because it was easier to pick it up on our way to the convention. Now, our truck has a couple of very big Big White stickers on it. So the Big White reps were asked all weekend if they actually brought a ski boat with them from Canada. Why would they? It was pretty funny, they even thought so, after we finally clued them in.

## 2007 Far West Convention—

The 2007 Far West convention will be held in Santa Clara, CA on May 31 - June 3, 2007 at the Hyatt Regency. Call 408-200-1234 for hotel reservations. Check out [fwsa.org](http://fwsa.org) for more information. ✨



# Snowboard Strip

Best thing to do if you are a beginner is to take a lesson— at least 3 days to start.

Dress in comfortable, loose-fitting snow clothing. Don't forget gloves, goggles and a hat. Consider wearing a pair of wrist guards and a helmet.

The following are steps you will go through when you learn to board.

In a flat area with the board in front of you, place your front foot in the front binding. Repeat with your back foot. Bounce around a little bit to see what it feels like to be strapped into a snowboard. Now, take out just your back foot (leave your front foot in its binding).



Take a few steps up a slight incline with your front foot in the snowboard binding and your back foot out. For this to work you need to start by facing your shoulders and toes directly up the incline with your snowboard going perpendicular to the incline. Take one step with your foot that is not attached to the snowboard, then lift your foot with the snowboard attached to it and take a step with the entire snowboard (keep it perpendicular to the slope).

Sit down and strap both feet into the snowboard. With your snowboard perpendicular to a small slope, stand up so you are looking down the slope. Your weight will be mostly on your heels. Now point your toes on both feet just a little bit and you will start to slide down the hill. Pull back up on your toes to stop. Repeat this until you get the hang of it.

"Skating" is an essential skill to have for maneuvering through flat areas and getting on the lift. It refers to the way boarders push themselves along using their back foot while the front foot is in the binding. Practice skating around for 10 or 15 minutes before you go near a lift! Push off the snow with your back foot and slide your front foot forward with the board.

Go to an area with a slight incline and secure only your front foot in its binding. Point your board down the incline, put your weight on your front foot and start to glide down toward the flat area. Just as you start sliding, place your back foot on the stomp pad alongside the rear binding. Glide to a stop.

Once you feel comfortable skating and gliding, you're ready to head for the chairlift. Find the beginner lift. From a safe distance, watch how other boarders get on the chairlift.

Now that you are at the top of a beginner slope, you are going to slowly slide back and forth across the hill like a "falling leaf," staying on your heelside edge the entire time. On the next run, try this same thing but on your toeside edge. To begin sliding from your toeside edge, push down with the heel of your leading foot. Pull it up to stop.

Once you are comfortable with the falling leaf on both your heelside and toeside edges, you are ready for the J-turn. The J-turn uses the same technique as the falling leaf, but your goal is to point the snowboard directly down the slope for a moment before turning and coming to a stop. Again, start on your heelside edge. Looking down the slope, press on the toes of your leading foot to begin sliding. Keep pressing on your toes until you are going directly down the slope, then pull up on your toes to go into a heelside turn and come to a stop. Repeat. Continue doing J-turns on your heelside edge across the run. Now try a toeside J-turn.

Now you are ready for linking turns. All you have to do is put your heelside and toeside J-turns together. As soon as you finish a heelside turn, press down on the toes of your front foot to start heading downhill again and continue pressing on your toes right into a toeside turn. Now press down with your heel to start heading downhill and continue pressing with your heel until you complete a heelside turn. ❄️




## MEMBERSHIP HAS IT'S BENEFITS

### MEMBERSHIP HAS ITS FAR WEST BENEFITS

The FWSA membership card below identifies the cardholder as a member of not only Pacific Rim, but also as a member of Far West Ski Association [FWSA] during 2006-07.

The card entitles you to receive a variety of benefits as listed on the FWSA web site [[www.fwsa.org](http://www.fwsa.org)].

Other membership benefits include excellent trips at reduced prices, recreational racing, social activities, industry discounts and the opportunity to participate in Far West's special events.

	<b>FWSA</b> <b>2006-2007</b> <b>Membership Card</b> Expires June 30, 2007 <a href="http://www.fwsa.org">www.fwsa.org</a>
Name _____	
Club <u>Pacific Rim Alliance</u>	
Member ID <u>PRA-007</u>	
The bearer of this card is a member of Far West Ski Association and entitled to all the benefits associated with membership in FWSA. This card is non-transferable. Photo ID is required.	



### MEMBERSHIP HAS ITS NSCF BENEFITS

The National Ski Council Federation has new benefits for club members which include: Cellular Abroad, East West Resorts, Rentskis.com, Crazy Heads, Geardirect.com, Breeze Ski Rental, Mountain Chalet, and so much more.

Check out [www.skifederation.org](http://www.skifederation.org) for the complete list of benefits. Go to the "Members Only" area and input the following:

User Name: **skiclub**  
Password: **member**

### MEMBERSHIP HAS ITS LA COUNCIL BENEFITS

Pacific Rim is a member of Los Angeles Council of Ski Clubs (LAC).

**Some of the individual benefits include—**

LAC traditionally provides 2-3 ski trips a season at a great price. They provide lots of extras like a banquet, on-mountain lunch, races, and more.

LAC allows you to participate in a Race League (ULLR or Rokka) with other Clubs. These races are held at Mammoth at least once a month. There are also two Race/Ski/Board Camps held in December.



### MEMBERSHIP HAS ITS SD COUNCIL BENEFITS

Pacific Rim is a member of San Diego Council of Ski Clubs (SDC).

**Some of the individual benefits include—**

SDC traditionally provides a ski trip in December at a great price. Most often these trips have been to Aspen.

SDC allows you to participate in the Alpine Race League Races held at least once a month at Mammoth.

SDC offers social activities such as the Summer Family Picnic and the Winter Gala.



### MEMBERSHIP HAS ITS PAC RIM BENEFITS

Membership in Pacific Rim gives you benefits in all of the above organizations. In addition, we generally offer a first-class ski vacation to Europe. In addition, we often offer domestics trips and a trip to test the snow in the Southern Hemisphere.

What we are most proud of is our fund raising efforts for the Jimmie Heuga Center for MS.







SMART STYLE



FREESTYLE TERRAIN

This Orange Oval symbol designates Freestyle Terrain such as parks and pipes. Smart Style represents Freestyle Terrain safety. Know it, Respect it, Use it!



## Look before you leap.

Scope around the jumps first, not over them. Know landings are clear, and clear yourself out of the landing area.

## Easy style it.

Start small and work your way up. (Inverted aerials not recommended.)

## Respect gets respect.

From the liftline through the park.



# Membership Application 2006-07

ALL Pacific Rim Alliance attendees must be a member to participate in one of our trips. Our membership year is from October 1, 2006 through September 30, 2007.

To join the Pacific Rim Alliance, fill out the following and send with your check [payable to Pacific Rim Alliance] to:

PACIFIC RIM ALLIANCE  
10818 VIACHA DR., SAN DIEGO, CA 92124

NAME[S]: \_\_\_\_\_

HOME ADDR: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

E-MAIL ADDR: \_\_\_\_\_

HOME PHONE: \_\_\_\_\_

WORK PHONE: \_\_\_\_\_

CELL PHONE: \_\_\_\_\_

DATE OF BIRTH: \_\_\_\_\_

Indicate Membership [Includes membership in FWSA]

- \$8 INDIVIDUAL Membership
- \$10 FAMILY Membership—Significant other, spouse, children, friends residing at same residence qualify

WAIVER: I am aware that participation in the Pacific Rim Alliance events has, in addition to the usual risks, dangers and hazards associated with travel, snowboarding, alpine, Nordic, Heli & off-piste skiing, certain additional risks, dangers and hazards including, but not limited to: boarding, riding and disembarking ski lifts; changing weather conditions; exposed or hidden natural or man-made objects; avalanches; failure to ski or ride safely or within one's own ability; and negligence on the part of other skiers and boarders, the organization or their staff. I freely accept and fully assume all such risks and danger and the possibility of personal injury, death, property damage or loss, resulting therefrom.

\_\_\_\_\_  
Signature Date

\_\_\_\_\_  
Signature Date

## Pacific Rim Trip Sign-Up Form

[You must be a current member to sign up for this trip— include Dues and Membership Application if not a member]

PRINTED NAME[S] \_\_\_\_\_

STREET ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_

STATE \_\_\_\_\_

ZIP \_\_\_\_\_

HOME PHONE \_\_\_\_\_

FAX \_\_\_\_\_

E-MAIL \_\_\_\_\_

- Sun Valley, ID 2007
- Argentina 2007
- Kootney Safari 2008
- Madonna di Campiglio 2008

**DEPOSIT DUE:**  \$130 pp Sun Valley  \$200 pp for Argentina  \$200 pp for Canada  \$200 pp for Italy

—Send this Form with Your Deposit Made out to Pacific Rim Alliance to:

Gene Fulkerson, 10818 Viacha Dr., San Diego, CA 92124

# Pacific Rim Alliance

P.O. Box 420552  
San Diego, CA 92142



First Class Mail



**Fall 2006**



## PACIFIC RIM BOARD OF DIRECTORS

**PRESIDENT...** Catherine Ohl  
**MEMBERSHIP.....** open  
**TREASURER....** Patricia Ortiz  
**TRUSTEE.....** Bernie Stanton  
**TRAVEL.....** Gene Fulkerson



E-Mail us at [info@pacificrimalliance.org](mailto:info@pacificrimalliance.org)

## Mission Statement

The PACIFIC RIM ALLIANCE is a non-profit organization dedicated to the appreciation of skiing, snowboarding, sight-seeing, photography, travel, public affairs and civic awareness. The Alliance is further oriented to the building of international relations among skiers, snowboarders and sports organizations throughout the Pacific Rim. The Alliance is a member of **San Diego Ski Club Council, Los Angeles Council, Far West Ski Association.**

Surplus moneys above requirements for deposits for future trips will be donated to non-profit organizations devoted to charity, research & education. We are especially interested in, but not limited to, supporting Ski Area Development, Adaptive Ski Programs, Jimmie Heuga Center for MS and Olympic & Junior Racers, Mammoth Ski Museum.

### For Information & Forms, Contact-

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### 2007 Trip Schedule-

- Sun Valley, ID ..... January 20-27, 2007
- Big White, BC, Canada ..... April 1-8, 2007
- Argentina ..... August 2007