



Volume 15 | Issue 3 **Fall** | 2011

GETTING READY for skiing

La Niña, the weather condition that brought us an epic winter, promises to return with a vengeance this winter.

WATER SKI until October

There are still few water ski trips left of the season— what some of us consider the best time of the year. We set camp up on our own beach on the Colorado River, 10 miles east of Needles. Equipment and instructions are included. Details, dates and cost can be found on page 12.

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COUNCIL galas

Are you ready to kick off the snow season. The indications are that it's going to be another epic season. It wouldn't seem right if the season didn't start off with a gala or two.

This year both LA and San Diego had added a twist to their galas. There will still be the annual Man and Woman of the Year crowning. LA will have their usual raffle to benefit The Unrecables.

Los Angeles Council of Ski Clubs

Snow Gala Champagne Brunch

November 5, 2011, 11 AM - 3 PM Castaway Restaurant 1250 Harvard, Rd., Burbank Contact Karen at

— kjames48@sbcglobal.net. Cost \$49 for brunch, champagne, prizes

San Diego Council of Ski Clubs

The Gala in Maragaritaville

November 5, 2011, 6-10 PM Acapulco Restaurant 2467 Juan Street, Old Town, San Diego Contact Barbara

— bblase@san.rr.com Cost is \$20 for buffet, drink, raffle prizes

SKI & BOARD shows

Don't forget the annual ski shows are coming to town. The shows feature exhibitor and sponsor booths showcasing a world of skiing and snowboarding with one-stop shopping of retail exhibitors showing the latest clothing and equipment.



The women have done it and will be jumping in Sochi 2014.

You can volunteer to work the swap for free admittance and \$8 an hour. Or you can also volunteer to man the council's booth for free admittance. Or you can pay the price of entry and trade it in for a lift ticket to Bear Mountain or Snow Summit.

Snow Jam

San Diego Fairgrounds, Del Mar, CA November 11-13, 2011

Ski Dazzle

Los Angeles Convention Center December 1-4, 2011

Check page 7 for show times.





snow TRIPS & ACTIVITIES on tap

Details and flyers can be found under TRIPS at PacificRimAlliance.org

• **Biking** First Friday of the Month, 10 AM

Gene Fulkerson / 858-457-9469

• Water Ski Weekends June - Oct, 2011

Patricia Ortiz / 323-651-0686

• Wine Maker Dinner for Can Do MS Oct 1, 2011

Gene Fulkerson / 858-457-9469

• **Big White, BC, Canada** Dec 3-10, 2011 & April 8-15, 2012

Gene Fulkerson / 858-457-9469

• Italy (or France) & Cinque Terre March 2012

Gene Fulkerson / 858-457-9469

• **New Zealand & Tasmania** August 2012

Gene Fulkerson / 858-457-9469

Los Angeles Council lacouncil.org

• **Snow Gala** November 5, 2011

• **Jackson Hole, WY** January 28 - February 4, 2012

• **Schweitzer + Silver Mtn., ID** February 4-11, 2012

San Diego Council skisandiego.org

• **Danube River by Boat & Bike** September 8-20, 2011

• Winter Gala November 5, 2011

• **Aspen, CO** December 7-13, 2011

• **Jackson Hole, WY** January 28 - February 4, 2012

Far West Ski Association fwsa.org

• **Roatan, Honduras** October 22-29, 2011

Randy Lew / 530-304-0802

• New Zealand & Australia Oct 25 - Nov 12, 2011

Norm Azevedo / 935-944-9816

• **Jackson Hole, WY** January 28 - February 4, 2012

Gloria Raminha / 713-818-0471

• **Chamonix, France** March 9-17, 2012

Morocco March 17-25 or March 17-31, 2012

Norm Azevedo / 935-944-9816

• Far West Races at Mammoth, CA April 6-8, 2012

Bob Ellis / 530-414-4270

• Convention, Ogden, UT June 7-10, 2012

Jane Wyckoff / 949-933-9607

• Panama Canal Cruise September 28 - October 12, 2012

Gloria Raminha / 713-818-0471



my donation. About the Dinner—

• **Mary Trimmins**, Executive Chef, will be back as our guest chef.

\$75*

- The dinner will consist of 6-7 courses with an exquisite wine specifically matched to each course.
- The dinner typically lasts 5 hours.

For Information—

Call Gene at 858-467-9469

Send your \$75* Tax Deductible Contribution payable to

Can Do MS c/o Gene Fulkerson 10818 Viacha Dr., SD, CA 92124

100% of proceeds to benefit

Can Do MS formerly Heuga Center for MS IRS 501(c)(3) Number 74-2337853 www.mscando.org • 970.926.1290

* 100% Tax Deductible. Since this is a fundraiser for charity, there will be no refunds.



MEMBER posting

catching up with **MEMBERS**

Where are they now.



Marie is traveling the world and recently spent time in Brazil, Malta and Durango.



Angelika and **John** plan to ski Northstar a bunch this winter.



Tamberly and **Jeff** spent most of their summer remodeling their new Mammoth Condo.



Mark got a few turns in on the Colorado River. Now if only he could hang on.



Mary is recovering nicely in Palm Springs from her recent hip surgery. She promises to be at the Wine Maker Dinner.



Lynda went on a very special camel ride in Giza, Egypt.

happy **BIRTHDAY**

June

- 7 Ann Kim
- 8 Catherine Ohl
- 10 Beth Cole
- 10 Heinz Waschhauser
- 12 Karen Tallent
- 15 David Meinhardt
- 17 Bob Chapman
- 18 Diana Faust Walters
- 19 Allison Branigan
- 19 Rodney Pyle
- 19 Irene Van Zandt
- 20 Barb Baily
- 21 Richard Cole
- 21 Elisabeth Maier
- 25 Berthil Escobar

July

- 2 Gene Fulkerson
- 3 Ted Burrell
- 4 Erika Meinhardt
- 4 Bruce Phillips
- 6 Lynne Dewey
- 7 Yvette Sanchez-Owens
- 10 James Davidson
- 10 Susan Gruber
- 12 Lee Harris
- 15 Karen Guth
- 17 Laela Handy
- 17 Linda Jensen
- 18 Judy Sheller
- 19 Terry Powers
- 23 Claudia Nordquest
- 26 Joe Escamilla
- 27 Peter Sindelar
- 31 Hilda Kingr

August

- 1 Linda Newcomb-Mathis
- 7 Stu Bailv
- 11 Janet Eischen
- 19 Carolyn Delahanty
- 22 Kathy Bell
- 23 Renee Andrini
- 24 Iris Cochrane
- 26 Rebecca Crocker

it's a **WRAP**



WATER SPORTS on the Colorado River

Pacific Rim joins the Radar River Rats at Park Moabi

It's been an incredible water ski season this year. The sunsets, the sunrises, the clouds, the moons, the skiing and boarding, the food, the people were wonderful. For nine weekends, Pacific Rim joined the Radar River Rats at Park Moabi on the Colorado River.

Our campsite was on the river with a hundred-yard private beach. **Gene Fulkerson** was our chef and as usual he was always trying to outdo himself. He now has everyone drooling over his fabulous garbage omelettes for Sunday brunch.

Over the course of the summer we had four boat drivers— Paul Jackson, Mark Mathis, Craig Henderson, Catherine Ohl. In addition, Troy and Seena would occasionally show up with their boat.

We had a surprise number of old timers turn up at the river— Jayne Glodowski, Rebecca Allen, Rick Fischer and the **Lewins family** were among them. And yes, they could still get up and move around on their plank of choice.

Zac and Connie Hindrichs brought their two-year old twin girls. They are so cute. **Rebecca** and **Mark** brought their fearless daughters. At three and four, they were amazing and so much fun to be around. The oldest even managed to get up on a trainer ski.

The last trip of the year will perhaps be the best. Amazing sunrises and sunsets, unbelievable glass, Gene's deep fried turkey and great friends.

Many thanks to the people who chipped in and helped trip after trip—Linda Newcomb-Mathis, Simone Beaudoin, Laura Priess, Patricia Ortiz, Trudy Ferris.

Be sure to check out the Photo Gallery at **RadarRiverRats.org** for summer photo highlights.



Trudy and **Simone** floating between ski trips to cool off.



The Lewins— David, Drew, Alice, **Lloyd**— back fro a long absence.



Bailey, Dallas, Logan. It was Logan's first weekend on a board and already he landed a 180.



Happy Hour with Agnes, Gene, Carmen, Paul and Brian



Pretty in pink, out little flag holders in training— Brooke and Sienna.



Carl, Linda, Simone ready to ski and board.



SNOW INDUSTRY bulletin

exciting CHANGES for skiers in the west

Excerpted from saminfo.com



Calgary-based, Resorts of the Canadian Rockies (RCR) have entered into discussions to potentially acquire Kicking Horse Mountain Resort, based in Golden, B.C. The transaction is expected to be completed by the end of this year.

The resort recently obtained Provincial approval of a 40-year Master Plan which calls for a destination mountain resort with an expanded controlled recreation area, 20,000 bed units, an 18-hole signature golf course, a multi-use trail system with two proposed lifts and 4,188 acres of skiable terrain.

CNL Acquires Stevens Pass

CNL Lifestyle Properties, Inc., has acquired Stevens Pass from New Stevens, LLC for \$20.5 million. Stevens Pass Mountain Resort, LLC, an affiliate of Mountain High Resort Associates, LLC, in California, will operate the area under a long-term lease agreement.

Karl Kapuscinski of Mountain High will serve as president and CEO of both Stevens Pass Mountain Resort, LLC and



Mountain High Resort Associates, LLC, and is the owner of both entities.

Stevens Pass will have its own management team headed by current GM **John Gifford**. Mountain High Resort will be managed by VP of resort operations **Ben Smith**. There will be no immediate changes to operations as a result of the acquisition. Season passes and other commitments made by the resort will be unaffected by the change in ownership.

Spanish Peaks Shuts Down

Spanish Peaks, Montana, a swanky private ski and golf community on Lone Peak, closed its doors and laid off its staff on October 10, 2011. The troubled real estate market and substantial operating losses is blamed for its closure.

The beleaguered club was unsuccessful in its attempt to restructure debts and attract new investors. It remains to be seen whether the resort files for bankruptcy. Spanish Peaks operated three aerial lifts and connected to the terrain at Big Sky and Moonlight Basin.

Colorado skiing legend Max passed away September 30, 2011 at 98 years of age. Max & Edna Dercum have been fixtures in Colorado skiing since the 1940s. Together, they founded Ski Tip Lodge, were part of the original Board of Directors at Arapahoe Basin, and laid the groundwork for Keystone Resort.

Winter Bookings Heat Up

Bookings for the upcoming winter season continue a positive trend upward at participating mountain destinations throughout the western U.S., despite mixed economic news and indicators.

According to the most recent report by the Mountain Travel Research Program (MTRiP), as of October 31, 2011, on-the-books occupancy for the next six months (November-April) is up 10.8 percent compared to the same time last year.

Red Lodge Mountain Resort Adds Magnestick

The installation of the Magnestick system makes Red Lodge (MT) the third U.S. resort to adopt it. The system uses an electromagnetic seat back and corresponding vest. The vest, which will be worn by children enrolled in ski and snowboard programs, contains a metal plate that secures to the magnet in the seat back, holding the child firmly in place during the lift ride.

Colorado Trip Play

In the latest variation on the multi-area ticket, **Aspen/Snowmass**, **Steamboat** and **Winter Park** have unveiled a new **Colorado Triple Play Pass**, good for two days at each of the three resorts during the 2011-12 season. Cost is \$299 for adults, \$249 for children 12 and under. The passes can be purchased online at www.ColoradoTriplePlay.com and at participating Colorado Front Range Christy Sports stores.

Monarch Pass Goes Global

Colorado's Monarch Mountain passes are valid for skiing in four countries on two continents in six states for a total 3 days at each of the 26 areas.

Monarch passes are now accepted at nine areas in Colorado, six in New Mexico, and in Utah, Wyoming, Arizona, California, Michigan, British Columbia, Germany and Austria. At a price of \$339, the Monarch pass may be the biggest value in all of skidom. ◆



SKI RESORTS gear up for the winter

The weather guesser is predicting another epic winter.

Mount Holly Promoter Goes Directly To Jail

Marc Jenson, one of the principal players in the scheme to transform Elk Meadows ski area into the upscale Mount Holly Club, was found in violation of an unrelated fraud case and jailed after he failed to make any payments toward a \$4.1 million court-ordered restitution.

Later in the day, he was charged with eight counts in a second case that alleges communications fraud, money laundering, and unlawful activity in his sales efforts for Mount Holly. His brother **Stephen Jenson** was charged with 11 counts of communications fraud, money laundering and a pattern of unlawful activity.

Since Jenson made no attempt at restitution, despite having three years in which to convert assets into cash, he could receive up to five years for each of three counts on restitution.

Copper Wins Appeal

The 10th U.S. Circuit Court of Appeals affirmed a federal judge's ruling in favor of Copper Mountain, Colorado, which dismissed a lawsuit brought against the ski area after a 2006 accident.

The lawsuit was filed by **Dr. Rajeev Kumar** and claimed the resort was negligent in not expressly labeling a cornice as dangerous (he was injured skiing off of one).

The appeals judges ruled that Colorado's Ski Safety Act prohibits claims based on dangers inherent to skiing, like going off a cornice, and that the cornice did not qualify as a "specified freestyle terrain area," subject to labeling. The judges did note that they didn't rule whether the cornice qualifies as "extreme terrain."



Vail Resorts Partners With Shaun White

Vail Resorts announced a worldwide multi-year partnership with Olympic gold medalist **Shaun White**. White will represent all six of Vail's ski areas (Vail, Beaver Creek, Breckenridge, Keystone, Heavenly and Northstar-at-Tahoe), with Northstar acting as his home mountain and primary training venue. In fact, White will design a 22-foot halfpipe at the resort.

As part of the launch, Vail Resorts will donate \$5 for each Epic Season Pass sold to White's chosen charity, St. Jude Children's Research Hospital.

Las Vegas Ski And Snowboard Resort Gets Expansion Nod

The Las Vegas Ski and Snowboard Resort (LVSSR), owned by Powdr Corp., announced that the Humboldt-Toiyabe National Forest Service has accepted its Master Development Plan (MDP). The news comes after many years of examining the extensive multiphase project, which will take several years to complete.

Included in the MDP are additions to the area including 50 trails and 10 lifts, increased snowmaking capability and parking, upgrades to equipment, and additional guest facilities that will be designed to meet Leadership in Energy and Environmental Design (LEED) certification standards.

While the MDP will take place in phases over a 10- to 12-year period some of the changes will be visible as early as the 2011-2012 season.

By opening day they will have added two yurts that will be home to an expanded youth ski school and beginner programs. They will also launch a more comprehensive youth racing program. Outdoor seating at the base lodge will increase to 5,000 square feet, and we'll offer a ski corral that provides secure ski and snowboard storage.

Other visible changes will be the quantity of snow. Last summer, LVSSR increased the capacity of its snowmaking pond to 7.5 million gallons of water—more than four times the supply of the previous pond, which held only 1.6 million gallons.

The area currently operates on eleven trails with three fixed-grip chairlifts and one conveyor. ◆



Las Vegas Ski & Snowboard Resort.

photos courtesy Oakley Goggles by Gormelito



INDUSTRY bulletin

SKIING making the most of winter

Some tips to enhance your skiing experience.

secrets to JACKSON HOLE

Here's a few tips for those of you joining Far West, Los Angeles Council and San Diego Council in Jackson Hole this winter.

Jackson Hole, with its storied red tram, and huge vertical and cliffs has a reputation as an icon of skiing the world over. But at its heart, Jackson is just like every ski town, with local ins and outs that make life easier (and better). Here's a few tips to optimize the experience.

Breakfast

Grab morning fuel at D.O.G in Jackson. The burritos are so good that people happily put up with the hilariously surly local attitude. In Teton Village, cruise by Nick Wilson's at the base of the tram and grab a Boxty, a local secret that will keep you fueled all day.

The Bamboozler

Just about everyone comes to Jackson and wants to ski Corbet's Couloir. If you've already skied it, take it to the next level and ski the Bamboozler— Corbet's to Expert Chutes to Toilet Bowl to Dick's Ditch to the tram dock, without stopping.

Night Life

Go night skiing for an hour or two at Snow King, the in-town ski hill, for a spectacular view of the lights of town. Top it all off with locally made beers and dinner at Snake River Brew Pub.

Skip the Tram

On a powder day, hit up the gondola early, and ski down under the lift for pillow drops, trees, and powdery fields while everyone else waits in the tram line.



A night-time view of the town of Jackson Hole from Snow King Ski Resort

Eagle Pass Heli-Skiing

Silver Star Mountain Resort and Eagle Pass Heli-Skiing have joined forces to open up the Gold Range in the Monashee Mountains for guests of the resort.

A Bell 212 helicopter will take 10 skiers and two guides to untracked powder. Pick up some tips by taking a few powder lessons from their world class Snowsport School before heading up into the air for the thrill of a lifetime.

The helicopter will be based out of the village, which will make this a tempting activity for all mountain visitors.



Local Ski Shows

Talk to resorts reps and pick up some good deals on product. Check with your council for volunteer positions for free entrance and earn money for the club.





slopeside **SAFETY**



be **PREPARED**

mentally physically equipment-wise

Your Responsibility Code

Skiing can be enjoyed in many ways. At ski areas you may see people using alpine, snowboard, telemark, snow bikes, cross country and other specialized ski equipment, such as that used by disabled or other skiers.

Regardless of how you decide to enjoy the slopes, always show courtesy to others and be aware that there are elements of risk in skiing that common sense and personal awareness can help reduce.

Observe the code listed below and share with other skiers the responsibility for a great skiing experience.

The Code

- Always stay in control, and be able to stop or avoid other people or objects.
- People ahead of you have the right of way. It is your responsibility to avoid them.
- You must not stop where you obstruct a trail, or are not visible from above.
- Whenever starting downhill or merging into a trail, look uphill and yield to others.
- Always use devices to help prevent runaway equipment.
- Observe all posted signs and warnings. Keep off closed trails and out of closed areas.
- Prior to using any lift, you must have the knowledge and ability to load, ride and unload safely.



Powder Mountain Patrol doing an end of day sweep of the slopes.

- LOOK before you leap. Make sure the slope is clear before you jump.
- Do not use the slopes if you are under the influence.

The Consequences

At each and every ski resort, this Skier Responsibility Code is taken very seriously. Any failure to ski responsibly, and to use good judgment and common sense, can result in the revocation of skiing privileges.

There typically isn't much tolerance for those who disobey the rules. Be aware, that in many cases, state law becomes involved in flagrant violation of boundary restrictions and unreported collisions.

The National Ski Areas Association, the National Ski Patrol, the Professional Ski Instructors Association and the National Forest Service officially endorse the above Responsibility Code, and remind you that it is a condition of skiing.

CODE KNOW THE

INTEGRITY - RESPECT - RESPONSIBILITY

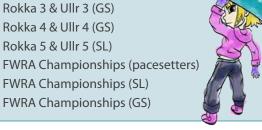
wanna RACE?

If you'd like to test your skills in a race course, as a member of Pac Rim you can race in League, Council and Far West sponsored races. More information is available at fwra.com. These dates are tentative and subject to change.

December 5-9, 2011 (M-F) Rokka Ski/Board Race Camp
December 10, 2011 (Sat) Rokka 1 & Ullr 1 (GS)
January 7, 2011 (Sat) Rokka 2 & Ullr 2 (SL)
February 11, 2011 (Sat) Rokka 3 & Ullr 3 (GS)
March 24, 2011 (Sat) Rokka 4 & Ullr 4 (GS)

March 25, 2011(Sun) Rokka 5 & Ullr 5 (SL) April 6, 2011 (Fri) FWRA Championshi

April 7, 2011 (Sat) FWRA Championships (SL)
April 8, 2011 (Sat) FWRA Championships (GS)





getting & staying FIT

WORKOUT to get ready for winter

It's not too late to get fired up and start those ski workouts today.

Excerpted from about.com



Ball Knee Lift

Place your hands shoulder-width apart on an exercise ball. Tighten your abs & straighten your legs behind you so your body is in a straight line from your head to your heels. Bring your left knee as close to your chest as you can, keeping the rest of your body still. Return to the starting position, then bring your right knee toward your chest. Continue alternating legs. Do 10 reps per side.



Frog Legs

Sit on a bench. Lean back so that your upper body is at a 45-degree angle to the bench. Place your hands to the outside of your buttocks. Tighten your abs, lift your feet and place your soles together, pointing your knees outward. Slowly straighten your legs, keeping your upper body still (let your feet roll so the sides are touching). Return to the starting position. Do 20 reps.



Cable Run

Attach two resistance bands to a stable point at about chest level. Stand with your back to the attachment points, and hold one cable in each hand. Walk forward until the cables are taut. Run forward for three strides, then backward for three strides. Continue for 30 seconds. Rest for one minute. Do two to four more intervals.



Inchworm

Start in a push-up position. Keep your abs tight, your palms flat and your neck in a neutral position. Take small steps forward, keeping your legs straight until your feet are as close to your hands as possible without bending your knees. Then walk forward with your hands until you've returned to the starting position. Do 10 reps.



Single-Leg Stair Hops

This is an advanced drill. Attempt it only if you're accustomed to plyometric exercises. Stand on your right foot with a staircase to your right. Hop up sideways to the first stair. Pause for one second, and then hop to the second stair. Ascend five to 10 stairs. Walk down, rest for two minutes and then repeat using your left foot. Do two sets.



Single-leg Rotation

Stand on one leg, hold a medicine ball with both hands, and extend your arms in front of your chest. Keep your arms and right leg still, and turn your shoulders as far as you can to the right. Then turn them as far as you can to the left for one repetition. Do 10 to 15 reps, then switch legs.

ski **LEGACY**



WORLD CUP the beginning

A ski writer, inspired by the world's top bike race, changed ski competition forever.

Visit http://pacificrimalliance.org/history.html for more ski history.

by John Fry

The World Cup is a series of competitions enabling racers, freestylers and snowboarders to accumulate points as the winter progresses. The season starts in November, and when the circuit ends in March, the athletes with the most points are declared the world's best.

Today a half-dozen separate World Cup titles, involving hundreds of individual competitions, are awarded in alpine skiing, freestyle, cross-country, jumping, snowboarding and nordic combined.

But 54 years ago, soccer was the only sport to have a World Cup. **Serge Lang**, the dean of Europe's ski writers, was determined that skiing should be the second. Lang understood the appeal of the season-long format. In the summer, the Swiss-born journalist covered the Tour de France, a succession of races—or stages—progressing to a final outcome. In 1966, he got the inspiration to try to apply the system to skiing.

Lang's brainstorm happened to come in the year—the only one ever, as it turned out—when the International Ski Federation (FIS) staged its biennial World Alpine Ski Championships in August. The resort of Portillo, Chile, perched in the Andes near the Argentine border at nearly 9,000 feet, had only a single hotel.

Its rooms were mostly filled with racers and coaches. Many of the officials who might have opposed Lang's idea couldn't come.

"In the hotel," recalled Lang, who died in 2005, "everything was confined to the dining room, the bar and the basement nightclub." Here the veteran ski writer huddled with the top ski politicos of Austria, France and America, including U.S. Ski Team director **Bob Beattie.** Sipping pisco sours and espressos, the men "sat day in, day out discussing the new season-long, annual competition," hammering out the details. Finally, they presented the formula to FIS President **Marc Hodler**, who approved.

In the first season, 1966–67, the World Cup point formula rewarded skill in all three alpine disciplines—downhill, GS and slalom. If a skier placed well in a race, his or her points replaced a previous lesser result. It was like draw poker, where the player discards a low card in the hope of replacing it with a better one. The closer a racer came to attaining the maximum of 75 points in a slalom, for example, the more he was forced to turn to downhill and GS to earn additional points.

The goal was to reward the best all around skier, not the specialist. **Jean-**

of today's disciplines: downhill, slalom, GS, super G and combined.

Claude Killy won with the maximum achievable points, 225. Today's competitors simply accumulate points over the course of a full season, with first place in a single race counting for 100 points, so it's impossible to compare results from Killy's era to those of today.

Most competitors and coaches believe that the World Cup formula is a better measure of skiing superiority than the more famous Olympics or World Championships. The World Cup measures performance over almost four months, and it celebrates the skier who's able to win in more than one discipline.

Beginning with jumping in 1980, and including snowboarding in 1995, the other snowsports have adopted the World Cup format. Today, the World Cup is so in the grasp of the FIS and its member federations that the public has mostly forgotten it was a creation of the press.



Two-time overall winner **Bode Miller** is the ideal World Cup
champion, winning across all
of today's disciplines: downhill,
slalom, GS, super G and combined



Lindsey Vonn is well on her way to becoming the best ever women's skier.



KIDS' korner

GOOD STUFF for the kids & grandkids

Kids Alpine Ski Equipment: Should you Rent or Buy?

Every ski season, parents throughout ski country face the same dilemma. Should they buy or rent skis for their kids? This is a decision that should not be taken lightly.

On the one hand, you might be anxious to have your kids get involved with the sport. In the long run, owning a pair of skis will turn out to be less expensive than renting.

However, not all kids take to the sport immediately. If you invest in a pair of skis that sit in the closet, you've wasted your money.

Unfortunately, it gets even more complicated. One of the reasons that many kids end up hating skiing is because the ski and boot rental process is a total disaster. The lines are often eternal, and kids get restless. In many cases, the kids end up in equipment that does not fit correctly. As a result, they spend the entire day in the lounge.



Kid's skis should be chin high.



Equipment Compromise

Here are some compromises that might offer a viable solution. Your first step is to research the various ski schools that offer specialized lift, lesson and equipment packages for kids.

Ask advice from other parents.

Sometimes, you can get valuable feedback from message forums such as Epicski.com.

If possible, visit the suggested ski areas and check out the rental areas. Is the staff truly interested in giving the kids the best fit?

Watch the kids classes on the hill. Do the kids seem comfortable? Is there more than one kid crying that his or her feet hurt? Take these observations into account before committing your child to a class.

Once your kids have attended about three sessions, you will be able to determine whether they will stay committed to the sport. Then you should consider buying equipment.

In rare cases, your kids might have found the rental equipment quite comfortable. If that's the case, check the rental shop at the end of the season. They will often sell their rental equipment at a significant discount.

EQUIPMENT for kids

Nothing can be more joyful than watching toddlers make their way down the slopes. In fact, having your kids learn to ski at an early age might even help them develop better balance and movement patterns for life. However, they need to like the experience, and nothing is more detrimental to a child's enjoyment of the slopes than ill fitting equipment.

If you consider the fact that most kids have a lower pain threshold than adults, you will realize the importance of making an informed decision about their ski equipment.

While many children's ski instructors have conflicting views about kids' equipment, there are some basic points on which they agree. For example, most pros agree that skis for beginners should be about chin length. As your child's skills improve, he or she can handle a length between the chin and the nose.

Of course, if you are buying kid's ski gear at the end of the season, you will have to keep in mind that your child might have a major growth spurt in the summer. Your best bet would be to wait for the fall.

SUMMER trips







at it's very best!

2011 Colorado River SCHEDULE

June 24-26

July 8–10 July 22–24 Aug 5–7 Aug 19–21

Sept 9–11 Sept 23–25 Oct 7–9 Oct 21–23

Everyone welcome

Friends ° Family ° Beginner ° Expert

Please note: Our skis and wake boards are best suited for Beginners to Intermediates. We suggest if you require more advanced equipment that you rent them from your local sporting goods store.

Trip Includes—

- 2 days Boarding & Water Skiing
- Equipment & Instruction
- Sandy Beaches & Camping
- Water Games
- 5 Meals & Happy Hour
- Beer, Wine & Soda

Prices—

\$130 ** Skier / Boarder

\$65 Non-Skier *

\$18 Child 12 and under *
Free Child 4 and under*

For information—

Visit www.RadarRiverRats.org

Call Patricia at 323-651-0686 (before 9 PM)

Boat Drivers—

Call Gene at 858-467-9469 (before 9 PM)

- ** Subject to fuel surcharge if gas is more than \$5/gal
- * May not ride in the club boat.





Pacific Rim trips



Big White December 3-10, 2011 or April 8-15, 2012

Basic Package \$699 per person dbl occ *

- Seven nights **Lodging** at The Inn at Big White (dbl. occ.)
 - Ski to / Walk from, located in the Village Center.
 - Superior Room with 1 Queen Bed and 1 Queen Murphy.
 - Rooms have Mini-fridge, Micro-wave & Fireplace.
 - On-site Carvers Bar & Grill open Breakfast, Lunch, Dinner.
 - Hot Tub & Fitness Room & Swimming Pool.
 - Includes HST and Bed Taxes.
- Six days **Lift Tickets**.



about **Big White**

- 25 feet annual dry powder.
- 2,800 patrolled skiable acres.
- 2,550 feet of vertical.
- 4.5 miles longest run.
- . 6% ◆◆ 22% ◆ 54% 18% ●
- 118 designated runs.
- 10 ski lifts (6 are high speed).
- Free ski hosts two times a day.
- 5,757 feet Village elevation.
- 18 Restaurants & Bars.
- The Best Ever Powder Skiing.



NOT Included—

Air to/from the Resort

- Delta, Alaska fly to Bozeman
- Air Canada, West Jet, Alaska fly to Kelowna

Payment due NOW-

Pacific Rim Alliance

10818 Viacha Dr.

San Diego, CA 92124

- Cancelation policy will apply

For Information—

Gene Fulkerson

gene@PacificRimAlliance.org 858-467-9469

Far West Convention



How the West is **ONE!** hosted by Intermountain Ski Council









June 7-10, 2012 Ogden Eccles Conference Center, Utah

Convention Highlights

- Silent Auction
- Travel Expo
- Snowsports Leadership Academy
- Celebrity Speakers
- · Public Affairs Panel
- Saturday Awards Luncheon
- · Celebrity Multi Media Presentation
- Saturday Awards Dinner
- Far West General Meeting & Elections

Optional Activities

- Historic 25th Street Pub Crawl
- · Michael German Memorial Golf Classic
- · White Water Rafting
- · Salomon Center
- Hiking
- Pool Party

Information

- Jane Wyckoff FWSA Convention Chair janewyckoff1@cox.net or 949-933-9607
- Mary Olhausen Silent Auction/Travel Expo Chair omary52@comcast.net or 503-880-7383
- Linda Scott ISC Host Convention Chair louandlt@hotmail.com or 307-256-7535
- Visit www.fwsa.org

CONVENTION lodging

Hotels Feature

- Restaurants, Lounges, Pool, Fitness Center, Wireless Internet, NO Resort Fees, FREE Parking, Close proximity to Historic 25th Street
- Rates available 3 days pre and post Convention

Hampton Inn & Suites Ogden

2401 Washington Blvd., Ogden, UT 84401 www.hamptoninnogden.com

Reservations call 1-801-394-9400 **Group Name** Far West Ski Association

Rates per night plus tax

Single/Double Occupancy \$106 Junior Suite \$149

Executive Suite \$169

Includes Complimentary Breakfast

Marriott Ogden

247 - 24th Street, Ogden, UT 84401 www.marriott.com/slcog

Reservations call 1-801-627-1190 or 1-800-627-7468

Group Name Far West Ski Association

Rates per night plus tax

Single/Double Occupancy \$130

Junior Suite \$150

Hospitality Suite \$230

Transportation

Salt Lake City International Airport Ground Transportation from airport by Shuttle or Taxi

6.10.2011



Membership Application

ALL Pacific Rim Alliance attendees must be a member to participate in one of our trips. Our membership year is from July 1, 2011 through June 30, 2012.

To join the Pacific Rim Alliance, fill out the following, Sign your release of liability and send with your check [payable to Pacific Rim Alliance] to:

Pacific Rim Alliance 10818 Viacha Dr., San Diego, CA 92124

Name [1]:1	Name [2]:			
Home Addr:				
City:	State: Zip:			
E-Mail Addr [1]:				
E-Mail Addr [2]:				
Cell [1]: Cell [2]:				
Home:	Work [1]:			
Birthday [1]:	Birthday [2]:			
Indicate Membership [Includes membership in FWSA, LA & San Diego Councils, NSAA]				
□ \$8 INDIVIDUAL Membership				
\$10 FAMILY Membership—Significant other, spouse, children, friends residing at same residence qualify.				
Photographs of members participating in club activities are routinely included in a newsletter or on our web site or facebook which is distributed to the membership and other interested parties and is made available to the general public. Signature is required below to agree to this and to the terms of the Release of Liability to the right.				
Signature [1]	Date			
Signature [2]	Date			

Release Of Liability, Waiver Of Claims, **Express Assumption of Risk and Indemnity Agreement**

WAIVER: I am aware that participation in the Pacific Rim Alliance events has, in addition to the usual risks, dangers and hazards associated with travel, snowboarding, alpine, Nordic, Heli & off-piste skiing, certain additional risks, dangers and hazards including, but not limited to: boarding, riding and disembarking ski lifts; changing weather conditions; exposed or hidden natural or man-made objects; avalanches; failure to ski or ride safely or within one's own ability; and negligence on the part of other skiers and boarders, the organization or their staff.

I freely accept and fully assume all such risks and danger and the possibility of personal injury, disability, death, loss or damage to person or property that may occur as a result of my engaging in the above activities.

I HEREBY RELEASE AND HOLD HARMLESS [releasees Pacific Rim Alliance] WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, or loss or damage to person or property, WHETHER CAUSED BY NEGLIGENCE OR OTHERWISE.

I hereby release the releasees, their officers, directors, employees, representatives, agents, and volunteers from liability and responsibility whatsoever and for any claims or causes of action that I, my estate, heirs, survivors, executors, or assigns may have for personal injury, property damage, or wrongful death arising from the above activities whether caused by active or passive negligence of the releasees or otherwise.

MEMBERSHIP has it's BENEFITS

The National Ski Council Federation has discount benefits for club members which include: Cellular Abroad, East West Resorts, Rentskis.com, Crazv Heads, Geardirect.com, Breeze Ski Rental, Mountain Chalet, and so much

more. They have a great pair of carbon ski poles for a mere \$30 with all their member association logos. Such a deal.

Check out www.skifederation.org for the complete list of benefits. Go to the "Members Only" area and input the following:

> User Name: skiclub member Password:



FWSA 2011-2012 Membership Card

Expires June 30, 2012 www.fwsa.org

Pacific Rim Club PRA-007 Member ID_

The bearer of this card is a member of Far West Ski Association and entitled to all the benefits associated with membership in FWSA.

This card is non-transferable, Photo ID is required.

COMMUNITY center

UPdate www.PacificRimAlliance.org Fall | 2011

giving **BACK**

There are so many ways to get involved and it's so easy to do.

Can Do MS

For the past 12 years
Pacific Rim has hosted
a wine maker dinner
for Can Do MS. Each
dinner typically raises around
\$2,500. 100% of the proceeds
go to the Center. We collect donations
year round whether you attend the
dinner or not.

Can Do MS [formerly Heuga Center for MS] IRS 501(c)(3) Number 74-2337853 www.mscando.org • 970.926.1290

Our next dinner will be October 1, 2011. For more information contact

Gene Fulkerson, VP Travel gene@pacificrimalliance.org 858-467-9469

Hope on the Slopes



The goal of
Hope on the
Slopes is to not
only have fun, but
also raise money
for the American

Cancer Society, helping in its mission to eliminate cancer.

Pledges raised through Hope on the Slopes help provide cancer patients and their families with information and support, fund research that leads to improved treatments, educate the public about cancer prevention and early detection, and help ensure that everyone has access to lifesaving cancer screenings.

Hope on the Slopes is a team and individual 24-hour skiing event held at various ski resorts around the country. Participants engage in a virtual competition with other Hope on the Slopes participants in two categories: Dollars Raised and Vertical Feet.

To find out more visit http://www.cancer.org/MyAcs/GreatWest/AreaHighlights/hope-on-the-slopes.



Jason Fraizer of Diamond Bar takes a spin on a wake board at Marine Stadium in Long Beach, during the Casa Colina Center for Rehabilitation Annual Land Meets Sea sports camp. Activities include water, land, recreation and competitive sports such as hand cycling, swimming, water and jet skiing, kayaking and hot air ballooning.

USARC

United States Adaptive Recreation Center (USARC) is committed to guiding people with disabilities toward the creation and affirmation of rewarding lifestyles. Located in Big Bear, CA, USARC runs an adaptive ski school in the winter. In the summer USARC takes to the fresh waters of Big Bear Lake for wet and wild adaptive water skiing, jet skiing, kayaking, sailing and fishing.

Volunteers are always needed. Volunteers must be at least 18 years old; intermediate skiers, water sports enthusiasts, or mountain bikers; able to complete the required training criteria, and available to teach midweek during winter or summer.

To volunteer contact **Sara Richter**, Outreach Coordinator, sara@usarc.org.

Recycle Program

Pacific Rim recycles cans, bottles and glass at all our events. Each quarter we donate the proceeds to a charity. This quarter's donation goes to the

Hope on the Slopes.

To contribute https://www.cancer.org/involved/donate/donateonlinenow/index.

Support The Unrecables [Re] Register your Ralphs Card

The Unrecables Ski Club is a non-profit, volunteer-based organization,



photo Stephen Carr/ Press-Telegram

serving the recreational needs of people with disabilities. They promote adaptive sports, and encourage people with disabilities to participate in sports, recreational, and social activities in their communities. The club is a member of the LA Council of Ski Clubs.

[Re]registering your Ralphs Card is easy.

- Log in to www.ralphs.com.
- Click on **Community Contribution**.
- Click on **Participant**.
- Follow the easy steps to enroll. Their NPO# is 80831. Be sure to complete all information.
- Set back and watch your grocery shopping save you money and at the same time earn revenue for The Unrecables.

To volunteer visit unrecables.org or email info@unrecables.org. •



TRIPS sign up pacific rim **FORM**

[You must be a current member to sign up for this trip—include Dues and Membership Application if not a member]				
Printed Name[s]				
Street Address				
City	State	ZIP		
Cell Phone	Home Phone	e-mail _		
Deposit Due:				
\$400 per person Italy / F \$200 per person Big Whi \$400 per person New Ze \$200 per person Big Whi \$300 per person Beaver	ite, Canada, December 3-10, 2011 france, March 2012 [tentative] ite, Canada, April 8-15, 2012 faland & Tasmania, August 2012 [te ite, Canada, December 8-15, 2012 Creek, CO, February 2013 [tentative ite, Canada, April 6-13, 2013		CONTACT Information Gene Fulkerson, VP Travel gene@pacificrimalliance.org 858-467-9469	
Send this FORM with your Deposit made out to Pacific Rim Alliance to: Gene Fulkerson, 10818 Viacha Dr., San Diego, CA 92124				

NEW LAW— Rope ducking made illegal in Washington.

by Colin Wiseman, ESPN Action Sports

Most riders have ducked a rope at some point in their lives. Maybe it was just to slash a few turns then dip back inbounds or maybe to poach a full pow line. The consequences were obvious: a lecture from ski patrol and a pulled pass.

But in the state of Washington, it is now a criminal act to knowingly ride a roped-off area. Specifically, Bill 5186 made it a criminal misdemeanor to ski in a closed area with a penalty of up to \$1,000. Essentially, dropping into a closed area "owned or controlled by a ski area" can lead to a criminal record.

The bill was brought to the Senate by **John Kircher**, president and general manager at Crystal Mountain, and **Paul Baugher** of the Northwest Avalanche Institute, out of a concern for people skiing into areas that are closed for avalanche control measures.

The bill deals with the areas within the confines of a ski area and hopefully, will prevent someone skiing into an area where avalanche control activities are occurring. Currently, if a sign says an area of the ski area is closed, the person skiing in the closed area can have their pass pulled. Persons are not taking the signs seriously. This bill will let people know that the resorts are serious. They want to avoid costly expenses on rescuing these individuals and paying for unnecessary lawsuits.

As was stated during a public hearing, there were about 500 closure violations in avalanche terrain in the last three years. About a third of those violations were very dangerous, and people were very lucky not to have died. Essentially, they are not targeting backcountry users, but people who knowingly duck ropes inbounds and put themselves and others in danger.



ski with Pride o Watch all Sides o Let it Ride First with Safety Awareness

Contact Information

Board of Directors

Associate Member National Ski Areas Association



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Gene Fulkerson, VP Travel gene@PacificRimAlliance.org 858.467.9469

Fay Mumbauer, Director fay@PacificRimAlliance.org

Patricia Ortiz, Accounting patricia@PacificRimAlliance.org

The PACIFIC RIM ALLIANCE is a non-profit organization dedicated to the appreciation of skiing, snowboarding, sight-seeing, photography, travel, public affairs and civic awareness. The Alliance is further oriented to the building of international relations among skiers, snowboarders and sports organizations throughout the Pacific Rim.

Surplus moneys above requirements for deposits for future trips will be donated to non-profit organizations devoted

to charity, research & education. We are especially interested in, but not limited to, supporting Ski Area Development, Adaptive Ski Programs, Jimmie Heuga Center for MS and Olympic & Junior Racers, Mammoth Ski Museum.

The Alliance is a member of San Diego Council of Ski Clubs (SDCSC), Los Angeles Council of Ski Clubs (LAC), Far West Ski Association (FWSA) and National Ski Council Federation (NSCF). Membership in Pac Rim allows you to participate in their events and programs. ◆









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First Class Mail

Contact Gene Fulkerson at 858-467-9569 or gene@pacificrimalliance.org

Bahia Bell Public Parking 998 West Mission Bay Drive San Diego

Biking1st Friday of the Month, 10 AM



Catherine Ohl, Mewsletter Editor 10818 Viacha Dr. San Diego, CA 92124-3241

Pacific Rim Alliance