



Update

www.PacificRimAlliance.org

Volume 16 | Issue 3

Fall | 2012

GETTING READY for skiing

La Niña, the weather condition that brought us an epic winter, promises to return with a vengeance this winter.

WATER SKI until October

There are still few water ski trips left of the season— what some of us consider the best time of the year. We set camp up on our own beach on the Colorado River, 10 miles east of Needles. Equipment and instructions are included. Details, dates and cost can be found on page 17.

COUNCIL galas

Are you ready to kick off the snow season. The indications are that it's going to be another epic season. It wouldn't seem right if the season didn't start off with a gala or two.

This year both LA and San Diego had added a twist to their galas. There will still be the annual Man and Woman of the Year crowning. LA will have their usual raffle to benefit The Unrecables.



Glen Plake is such a character!

You can volunteer to work the swap for free admittance and \$8 an hour. Or you can also volunteer to man the council's booth for free admittance. Or you can pay the price of entry and trade it in for a lift ticket to a local ski resort.

Snow Jam

San Diego Fairgrounds, Del Mar, CA
November 9-11, 2012

Ski Dazzle

Los Angeles Convention Center
November 15-18, 2012

Check page 16 for show times. ♦

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Los Angeles Council of Ski Clubs

Snow Gala Champagne Brunch

Hawaiian Theme

October 27, 2012, 11 AM - 3 PM

Odyssey Restaurant

15600 Odyssey Dr., Granada Hills

Contact Karen at

— kjames48@sbcglobal.net.

Cost \$45 for brunch, champagne, prizes

San Diego Council of Ski Clubs

Galafest

November 6, 2012, 6 -10 PM

Rock Bottom Restaurant

8980 Villa La Jolla Dr., La Jolla

Contact Barbara

— bblase@san.rr.com

Cost is \$30 for buffet, drink, raffle prizes

SKI & BOARD shows

Don't forget the annual ski shows are coming to town. The shows feature exhibitor and sponsor booths showcasing a world of skiing and snowboarding with one-stop shopping of retail exhibitors showing the latest clothing and equipment.

TRIPPING around

snow TRIPS & ACTIVITIES on tap

Details and flyers can be found under **TRIPS** at PacificRimAlliance.org

Pacific Rim Alliance pacificrimalliance.org

Contact Gene Fulkerson / 858-457-9469 unless otherwise noted

- **Biking** Typically one Friday a Month, 10 AM
- **Water Ski Weekends** June – Oct, 2012
Patricia Ortiz / 323-651-0686
- **Wine Maker Dinner for Can Do MS** Sept 29, 2012
- **Big White** December 8–15, 2012
- **Snowmass, CO** February 2–9, 2013
- **Big White** April 6-13, 2013
- **Italy & Cinque Terre** March 2014
- **New Zealand & Tasmania** August 2014

Los Angeles Council lacouncil.org

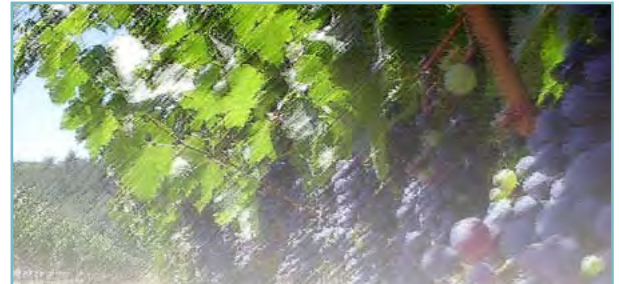
- **Snow Gala** October 27, 2012
- **Ski Dazzle** November 15–18, 2012
- **Aspen/Snowmass, CO** February 2–9, 2013
- **Mt. Bachelor, OR** February 23 – March 3, 2013

San Diego Council skisandiego.org

- **Winter Gala** November 3, 2012
- **Snow Jam** November 9–11, 2012
- **Vail, CO** December 2–6, 2012
- **Aspen/Snowmass, CO** February 2–9, 2013

Far West Ski Association fwsa.org

- **Cayman Brac Diving** September 1–8, 2012
Randy Lew / 530-304-0802
- **Panama Canal Cruise** Sept. 28 – October 12, 2012
Gloria Raminha / 713-818-0471
- **Aspen/Snowmass, CO** February 2–9, 2013
Gloria Raminha / 713-818-0471
- **Innsbruck + Garmisch + Munich** March 2–17, 2013
Debbie Stewart / 935-944-9816
- **Mt. Bachelor, OR** March 25–30, 2013
Gloria Raminha / 713-818-0471
- **Convention** June 6–9, 2013
Dennis Heffley / 925-998-4415



Join PaC Rim for our 11th Annual

Wine Maker Dinner

Fundraiser for MS

Saturday, **September 29, 2013, 5 PM**
10818 Viacha Dr, San Diego

Sign Up—

- YES, please sign me up!
- Sorry I won't be able to attend. Accept my donation.

About the Dinner—

- **Mary Trimmings**, Executive Chef, will be back as our guest chef.
- The dinner will consist of 6-7 courses with an exquisite wine specifically matched to each course.
- The dinner typically lasts 5 hours.

For Information—

Call Gene at 858-467-9469



Send your \$100* Tax Deductible Contribution payable to

Can Do MS c/o Gene Fulkerson
10818 Viacha Dr., SD, CA 92124

100% of proceeds to benefit

Can Do MS formerly Heuga Center for MS
IRS 501(c)(3) Number 74-2337853
www.msando.org • 970.926.1290

* 100% Tax Deductible. Since this is a fundraiser for charity, there will be no refunds.

\$100*

MEMBER posting

catching up with **MEMBERS**

Where are they now.



Sean spent his summer in pole vaulting clinics and can't wait for the real competitions to begin.



Jordyn was accepted at West Virginia University in Morgantown and is excited for school to start up.



Craig caught this 27 pound salmon in the Sacramento River just east of Redding.



Mary is enjoying hanging with friends Aron & Chris at Zia's Bistro in San Diego's Little Italy.



Mark (far right) has been putting in the miles on his new road bike.



Michael at the top of Humphrey's Peak near Flagstaff, AZ.

happy **BIRTHDAY**

September

- 7 Ann Kim
- 8 Catherine Ohl
- 10 Beth Cole
- 10 Heinz Waschhauser
- 12 Karen Tallent
- 15 David Meinhardt
- 17 Bob Chapman
- 18 Diana Faust Walters
- 19 Allison Branigan
- 19 Rodney Pyle
- 19 Irene Van Zandt
- 20 Barb Baily
- 21 Richard Cole
- 21 Elisabeth Maier
- 25 Berthil Escobar

October

- 2 Gene Fulkerson
- 3 Ted Burrell
- 4 Erika Meinhardt
- 4 Bruce Phillips
- 6 Mary Trimmings
- 7 Yvette Sanchez- Owens
- 10 James Davidson
- 10 Susan Gruber
- 12 Lee Harris
- 15 Karen Guth
- 17 Laela Handy
- 17 Linda Jensen
- 18 Judy Sheller
- 19 Terry Powers
- 23 Claudia Nordquest
- 26 Joe Escamilla
- 27 Peter Sindelar
- 31 Hilda Kingr

September

- 1 Linda Newcomb-Mathis
- 7 Stu Baily
- 11 Janet Eischen
- 19 Carolyn Delahanty
- 22 Kathy Bell
- 23 Renee Andrini
- 24 Iris Cochrane
- 26 Rebecca Crocker

it's a **WRAP**

WATER SPORTS on the Colorado River

Pacific Rim joins the Radar River Rats at Park Moabi

It's been an incredible water ski season so far this year. The sunsets, the sunrises, the clouds, the moons, the skiing and boarding, the food, the people were wonderful. For six weekends, Pacific Rim joined the Radar River Rats at Park Moabi on the Colorado River.

Our campsite was on the river with a hundred-yard private beach. **Gene Fulkerson** was our chef and as usual he was always trying to outdo himself. He now has everyone drooling over his fabulous garbage omelettes for Sunday brunch.

Over the course of the summer we had four boat drivers— **Paul Jackson, Mark Mathis, Craig Henderson, Catherine Ohl**. In addition, **Troy** and **Seena** would occasionally show up with their boat.

We had a surprise number of old timers turn up at the river— **Ben and Sara Sterns** arrived with their three kids. It's been seventeen years (before kids) since they're been out to the river.

Zac and **Connie Hindrichs** brought their three-year old twin girls. They are so cute. **The Rivera/Leighton** family showed up in numbers and brought Baily, Dallas, Logan, Maggie and their twin girls. What a blast.

The last trip of the year will perhaps be the best. More amazing sunrises and sunsets, unbelievable glass, Gene's deep fried turkey and great friends.

Many thanks to the people who pitched in and helped trip after trip— **Linda Newcomb-Mathis, Simone Beaudoin and Trudy Ferris**.

Be sure to check out the Photo Gallery at **RadarRiverRats.org** for summer photo highlights. ♦



A typical Happy Hour on the River



The Stern Kids— Jordyn, Jillian, Jacquelyn— Ben & Sara back from a long absence with their kids.



Cindy on the Horseshoe lake being pulled by her parents.



A typical sunrise on the river. Let's go skiing!



Hurricane & Jordyn relaxing between ski and tube runs.



Nathan, Chris, Liza enjoying a Rats' dinner on the beach.

exciting
CHANGES
for skiers in the west

Excerpted from saminfo.com

USFS Approves Taos Expansion

The acting supervisor of the Carson National Forest in northern New Mexico has signed the Record of Decision for Taos Ski Valley's Phase I projects in the Ski Area's 2010 Master Development Plan. That includes two new lifts to access high alpine terrain and upgrades to existing lifts.

Other projects in the plan include construction of a permanent tubing facility, establishing a snowshoe trail system, and developing a lift-served mountain bike trail.

Breckenridge to get 500 Acres

The proposed development of Peak 6, the resort's fifth mountain, has weathered the U.S. Forest Service approval process and recently received a final go-ahead after an appeal period ended in November 2012.

Although more litigation has been threatened, the Forest Service decision appeared solid enough for the resort



to make a definitive commitment to getting Peak 6 operating in the 2013-2014 season.

Expansion down the Ten-Mile Range means five new alpine bowls and more than 500 new acres of both lift-served and hike-to-ski terrain — a 23 percent increase for the resort. The addition will be the first at the Summit County resort since Peak 10 came on line more than a decade ago.

Peak 6 will have 10 new trails, 13 runs that begin above treeline and the resort's first above-timberline intermediate terrain. Access will be on a four-seat chairlift and a detachable six-seat chairlift from Peak 7. A new warming hut will sit atop of the mountain, and plans call for a restroom facility at the mid-load location.

Resort officials had to fight a long bureaucratic and political battle for the expansion. Prime among opponents' arguments was protection for the endangered Canadian lynx and the prospect of cutting down healthy trees

RED MOUNTAIN expansion

Red Mountain Resort, located on BC's "Powder Highway" near Rossland, BC, has begun a two-year expansion called Grey Mountain. By the time they are finished with this project, they will have added almost 1,000 more acres of lift-served terrain to the resort. Grey Mountain itself is larger than many resorts in North America. They are in the process of building 22 new runs that will expand Red by 60 percent.

To make sure the new runs are as amazing as existing terrain, Red has deployed their run development team, a group of local experienced skiers and boarders who are professionals in all aspects of resort planning and development. Reports from the field are that the new runs look stellar.

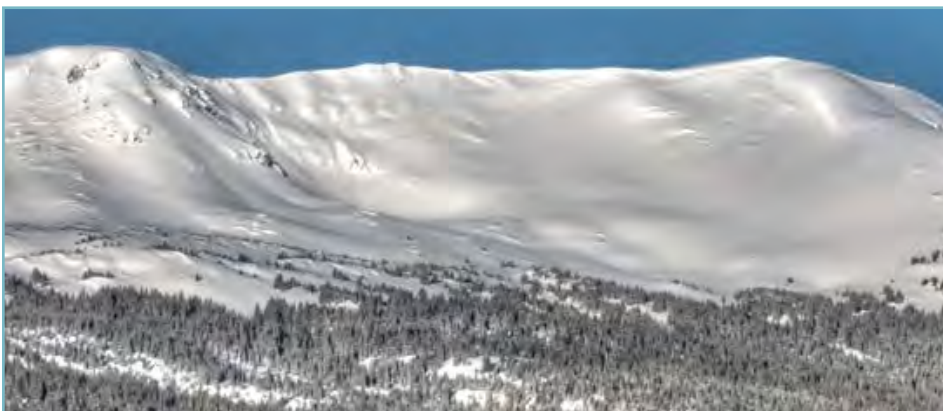
Cat skiing will be available on Grey Mountain for the 2012-2013 season. Lift service will be available beginning in December 2013.

Red has updated their plans a bit and purchased a larger Piston Bulley Snowcat — complete with a tricked-out cabin that seats twelve — to shuttle skiers and riders to the peak of Grey while they finish their extensive terrain expansion. ◆



in light of the devastating pine beetle infestation that killed all the lodge pole pine in Summit County and farther north.

Owned by Vail Resorts, Breckenridge is among the most-visited resorts in the United States, with about 1.6 million skier-days recorded in recent years. ◆



Breckenridge Peak 6, photo courtesy Breckenridge Ski Resort.

SKIING making the most of winter

News to enhance your skiing experience.

NBC, U.S. Ski Team Partner On Live Coverage

The U.S. Ski Team and NBC Sports Network will partner for first-ever U.S. live TV broadcasts of Audi FIS Alpine World Cup ski racing as part of a pre-Sochi broadcast schedule announced by the network and the U.S. Ski and Snowboard Association.

The live coverage will feature Olympic champions Lindsey Vonn and Julia Mancuso from the Nature Valley Aspen Winternational Thanksgiving weekend along with fellow Olympic gold medalists Ted Ligety and Bode Miller at the Audi Birds of Prey World Cup in Beaver Creek, CO, a week later.

It's part of an extensive coverage package between NBC and the U.S. Ski and Snowboard Association including 11 hours on NBC and 22 on NBC Sports Network.

Environmental Groups To Buy Royal Gorge

According to the Modesto Bee, a coalition of environmental groups will get together to buy the almost 3,000-acre Royal Gorge Cross Country Ski Resort in California. Royal Gorge was put on the block after the area defaulted on its \$16.7 million loan in June 2011.

After spending the last year in receivership, Douglas Wilson Cos., the receiver, agreed to sell the property to conservation groups Truckee Donner Land Trust, The Trust for Public Land and the Northern Sierra Partnership for \$11.25 million.

The groups have until December to raise the necessary funds, plus \$2.25 million more for trail improvements and forest maintenance.



A night-time view of the town of Jackson Hole from Snow King Ski Resort

photos courtesy Snow King Ski Resort

Wildfire Closes Snow King Summer Operations

The Little Horsethief Fire south of Jackson has burned at least 1,500 acres, prompting Snow King resort to close its summer operations, including the bike and hiking trails, lifts, and alpine slide.

The blaze started near the Little Horsethief subdivision, south of the town of Jackson. The fire has burned to the northeast, in largely uninhabited and rough terrain.

The Jackson Hole resort is not impacted by the blaze, and all highways in and out of Jackson remain open.

A-Basin Unveils Master Plan

Arapahoe Basin, CO, introduced a long-term master development plan, kicking off what will likely be a years-long process.

The plan includes an expansion of 412 acres into The Beavers, a new lift to access the terrain, a year-round zipline, increased capacity for its snowmaking reservoirs and several lift upgrades.

The public meeting is a first step for Arapahoe Basin, which operates within the White River National Forest. ◆



Ski Boot Review

Scarpa upgraded the Maestrale, which was already a good boot, and made it bad ass. The flex is notably stiffer, but the boot didn't gain any significant weight.

The Maestrale RS (female version: the Gea RS) which is billed as The lightest 120 flex ski boot in the world. The RS's are filling the gap between alpine ski touring and freeride. They weigh in at a shade over 3.5 lbs. which is pretty impressive. They also have an amazing amount of flex when skinning up hill and the buckles are pretty light yet not too hard to use. ◆

SKI RESORTS gear up for year round operations

Resorts add Aerial, Bike Adventures to Summer Operations

Amid a slew of special events involving everything from music to mud, resorts across the U.S. have added and expanded facilities for mountain biking and adventuring in the treetops. Ziplines, canopy tours, and adventure parks have become a hot trend. Often, these are being coupled with Segway tours, bag jumps, disc golf, and such old-school summer options as bungee trampolines and climbing walls.

Here's a look at what's happening.

New Adventure Parks & Tours

- Mount Sunapee, NM, debuted its Adventure Park, which includes a Canopy Zip-Line Tour from the mountain summit and a Treetop Obstacle Course. It also added Segway tours and disc golf.
- Angel Fire, NM, has a new multi-station Summit Adventure Center anchored by a Zipline Adventure Tour, including its signature 1,600 tandem zipline that soars fifty stories above the ground on its peak-to-peak route. Milder courses suit the less adventurous. The Center also includes bungee trampolines, disc golf, horseshoes, and hiking trails.
- Devil's Thumb Ranch, CO, has created an unusual High Lonesome zipline tour; it starts 25 to 30 minutes from the base area, and is reached by a military-style 12-passenger 4x4. Zips range in length from 370 to 1,600 feet, and are up to 78 feet above the ground. Guides explain local and resort history during the three-hour adventure.
- Whitefish, MT, is developing a five-acre Aerial Adventure Park, with five course levels, in front of the base lodge. It was designed by Outdoor Ventures Group and is set to open Aug. 1. The resort also extended its separate zipline tours with the addition of a new 1,900-foot line, the longest at the area.



Epic Mix Racing

The introduction of Vail Resorts' (VR) EpicMix Racing gives skiers a chance to see how they stack up against Lindsey Vonn, thanks to a new NASTAR-like addition to VR's acclaimed EpicMix social media program. The incorporation of EpicMix Racing has led VR to drop the 44-year-old NASTAR program from its areas.

The top racers from across the six resorts will be invited to a grand finale event in April 2012, hosted by Vonn, on the Birds of Prey World Cup Course at Beaver Creek. ♦

Expanded Parks and Tours

Other resorts have added to their existing base-area parks and attractions. Among them:

- Crested Butte, CO., has constructed the Trailhead Tree House Playground for kids, adjacent to its recently-developed Adventure Park. The Playground was built in partnership with the Trailhead Children's Museum and other community supporters.
- Whitefish, MT, expanded its zipline offerings with a new 1,900-foot line, its longest.

Mountain Bike Developments

Mountain bike expansions are spread across the country as well.

- Crested Butte, CO, bolstered its Evolution Bike Park with a new intermediate trail set to open this month, with a more advanced trail planned for later in the summer. Both add to the park's 25 miles of trails.
- Angel Fire added several miles of

beginner and intermediate trails, both downhill and cross-country, to its Bike Park. To further make mountain biking accessible to a wider audience, it is adding children's rental bikes, bike clinics, skill centers, and multi-day camps.

- Canyons, Utah, expanded its Bike Park by adding two new flow trails, the more-difficult Dark Hollow trail and the White Rabbit, rated easiest, for a total of five flow trails. Existing trails have been reworked as well. To make it all more accessible, the resort has added quick-loading Deason Built carriers to two lifts and launched a Bike Academy.
- Whitefish hopes to construct two new freeride trails, each with more than 2,000 vertical drop, and a total of 4.6 miles of new trails, pending Forest Service approval.

Next on the Horizon...

Who knows what other activities will take hold in the mountains? No one, which is why it's encouraging to see resorts explore new possibilities. ♦

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FREE

All Season Long

SKI FREE



CALIFORNIA PARTICIPATING RESORTS



COLORADO PARTICIPATING RESORTS



OREGON PARTICIPATING RESORTS



HOW TO SKI FREE

Purchase 10 gallons or more of Shell fuel.

Read and accept SKI FREE[®] voucher terms and conditions by printing and signing your name.

Shell station attendant will stamp voucher AND your gas receipt.

Take stamped voucher AND stamped gas receipt to ski resort lift ticket window.

Purchase one full-price adult lift ticket and receive a second for FREE.

FREE lift ticket and purchased adult lift ticket must be used same day.

Both guests must be present at resort lift ticket window at time of redemption.

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LIFT
TICKET**



PRINT THIS VOUCHER and redeem at the Main Club Sycuan desk.

Sycuan
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*Bear Mountain / Snow Summit Midweek Lift Ticket (Monday - Friday, excluding holidays). Expires March 31, 2013 • While supplies last. See Club Sycuan for Official Rules.



1 1 5 5

slopeside SAFETY

be **PREPARED**
*mentally
 physically
 equipment-wise*

Your Responsibility Code

Skiing can be enjoyed in many ways. At ski areas you may see people using alpine, snowboard, telemark, snow bikes, cross country and other specialized ski equipment, such as that used by disabled or other skiers.

Regardless of how you decide to enjoy the slopes, always show courtesy to others and be aware that there are elements of risk in skiing that common sense and personal awareness can help reduce.

Observe the code listed below and share with other skiers the responsibility for a great skiing experience.

The Code

- Always stay in control, and be able to stop or avoid other people or objects.
- People ahead of you have the right of way. It is your responsibility to avoid them.
- You must not stop where you obstruct a trail, or are not visible from above.
- Whenever starting downhill or merging into a trail, look uphill and yield to others.
- Always use devices to help prevent runaway equipment.
- Observe all posted signs and warnings. Keep off closed trails and out of closed areas.
- Prior to using any lift, you must have the knowledge and ability to load, ride and unload safely.



photo courtesy Powder Mountain

Powder Mountain Patrol doing an end of day sweep of the slopes.

- LOOK before you leap. Make sure the slope is clear before you jump.
- Do not use the slopes if you are under the influence.

The Consequences

At each and every ski resort, this Skier Responsibility Code is taken very seriously. Any failure to ski responsibly, and to use good judgment and common sense, can result in the revocation of skiing privileges.

There typically isn't much tolerance for those who disobey the rules. Be aware, that in many cases, state law becomes involved in flagrant violation of boundary restrictions and unreported collisions.

The National Ski Areas Association, the National Ski Patrol, the Professional Ski Instructors Association and the National Forest Service officially endorse the above Responsibility Code, and remind you that it is a condition of skiing. ♦



wanna RACE?

If you'd like to test your skills in a race course, as a member of Pac Rim you can race in League, Council and Far West sponsored races. **More information is available at fwra.com.** These dates are tentative and subject to change. *Rokka & Ullr are LAC leagues, SDAL is a San Diego League.*

December 15, 2012 (Sat)	Rokka 1 & Ullr 1 (GS) & SDAL 1	Mammoth
January 7-11, 2013 (M-F)	Rokka Ski/Board Race Camp	Mammoth
January 12, 2013(Sat)	Rokka 2 & Ullr 2 (SL) & SDAL 2	Mammoth
February 6, 2013 (Wed)	SDAL 3 (GS)	Aspen
February 23, 2013 (Sat)	Rokka 3 & Ullr 3 + SDAL 4 (GS)	Mammoth
March 23, 2013 (Sat)	SoCals (GS)	Mammoth
March 24, 2013(Sun)	SoCals (SL)	Mammoth
April 5, 2013 (Fri)	FWRA Championships (pacesetters)	Alpine Meadows
April 6, 2013 (Sat)	FWRA Championships (SL)	Alpine Meadows
April 7, 2013 (Sun)	FWRA Championships (GS)	Alpine Meadows



getting & staying **FIT**

WORKOUT to get ready for winter

It's not too late to get fired up and start those ski workouts today.

Excerpted from about.com



Ball Knee Lift

Place your hands shoulder-width apart on an exercise ball. Tighten your abs & straighten your legs behind you so your body is in a straight line from your head to your heels. Bring your left knee as close to your chest as you can, keeping the rest of your body still. Return to the starting position, then bring your right knee toward your chest. Continue alternating legs. Do 10 reps per side.



Frog Legs

Sit on a bench. Lean back so that your upper body is at a 45-degree angle to the bench. Place your hands to the outside of your buttocks. Tighten your abs, lift your feet and place your soles together, pointing your knees outward. Slowly straighten your legs, keeping your upper body still (let your feet roll so the sides are touching). Return to the starting position. Do 20 reps.



Cable Run

Attach two resistance bands to a stable point at about chest level. Stand with your back to the attachment points, and hold one cable in each hand. Walk forward until the cables are taut. Run forward for three strides, then backward for three strides. Continue for 30 seconds. Rest for one minute. Do two to four more intervals.



Inchworm

Start in a push-up position. Keep your abs tight, your palms flat and your neck in a neutral position. Take small steps forward, keeping your legs straight until your feet are as close to your hands as possible without bending your knees. Then walk forward with your hands until you've returned to the starting position. Do 10 reps.



Single-Leg Stair Hops

This is an advanced drill. Attempt it only if you're accustomed to plyometric exercises. Stand on your right foot with a staircase to your right. Hop up sideways to the first stair. Pause for one second, and then hop to the second stair. Ascend five to 10 stairs. Walk down, rest for two minutes and then repeat using your left foot. Do two sets.



Single-leg Rotation

Stand on one leg, hold a medicine ball with both hands, and extend your arms in front of your chest. Keep your arms and right leg still, and turn your shoulders as far as you can to the right. Then turn them as far as you can to the left for one repetition. Do 10 to 15 reps, then switch legs.



SNOWBOWL turns 75

Located on the majestic San Francisco Peaks just 70 miles from the Grand Canyon

Visit <http://pacificrimalliance.org/history.html> for more ski history.

1938: Ski area's original base area is established in Hart Prairie. A rope tow, powered by a car engine, pulls skiers uphill.

1952: The base lodge is destroyed by fire.

1954: Road leading to ski area is extended to the site of the Agassiz Lodge. Agassiz Lodge is built in 1956. Two more lifts are added in 1958 and 1962, but little else is developed.

1970: Summit Properties purchases the area with plans for a base village, however, a land-use plan issued in 1971 restricts development to the existing permit area.

1977: Northland Recreation purchases the ski area and files a master plan to develop the area.

1979: The U.S. Forest Service approves a commercial ski area with new lifts, trails and facilities. Dick and Jean Wilson, the Navajo Medicine Men's Association, and the Hopi Tribe subsequently sue Interior Secretary John Block.

1982: The Hart Prairie chair lift is built. In November, Fairfield Communities purchase area and begins a plan in 1983 that includes the construction of Hart Prairie Lodge, the Sunset chair lift and transfer of the rope tow back to Hart Prairie.

1983: The U.S. Supreme Court declines to hear arguments from Wilson, the medicine men, and the Hopi Tribe. That action affirms the lower courts' decisions and clears the way for more development of the commercial ski area.

1984: Congress creates the Kachina Peaks

Wilderness outside the ski area boundaries.

1988: The U.S. Supreme Court hears a case of multiple California tribes objecting to road construction and logging in U.S. Forest Service areas they want left undisturbed. In a 5-3 ruling, the justices say the federal government is not violating the tribes' religious beliefs because it does not coerce the tribal members themselves to do something contrary to their beliefs.

1992: Arizona Snowbowl Limited Partnership buys the ski area, expands Hart Prairie Lodge and adds a guest service office, a rental shop and a children's ski school. Trail improvements are also made.

1993: Congress passes the Religious Freedom Restoration Act. It says: Government shall not substantially burden a person's exercise of religion, unless it furthers a compelling government interest, and the action proposed is the least harmful method of proceeding.

1997: The U.S. Supreme Court strikes down a section of the Religious Freedom Restoration Act as it applies to states' rights after an archbishop in Texas attempts to tell local zoning officials it would be infringing on his religion to forbid him to expand his church building. It remains for federal use.

2000: The San Francisco Peaks is designated a Traditional Cultural Property, which allows it to be eligible for consideration as an official National Historic Register site.

2001: Snowbowl files an application for

development, snowmaking with the U.S. Forest Service.

2002: Flagstaff City Council agrees to sell 1.5 million gallons of reclaimed wastewater per day during the winter months to Arizona Snowbowl, signing a contract with the business.

2004: The Coconino National Forest releases an environmental study of the proposed changes for public comment. It receives almost 10,000 comments.

2005: Coconino National Forest approves snowmaking with reclaimed wastewater at Arizona Snowbowl. Tribes and environmental groups file suit against the U.S. Forest Service.

2006: A U.S. district judge upholds the Forest Service's decision to allow snowmaking. Plaintiffs subsequently appeal the decision to the 9th U.S. Circuit Court of Appeals. Attorneys for the tribes argue the proposed upgrade desecrates sacred land.

2007: In March, a three-judge panel of the 9th U.S. Circuit Court of Appeals rules Arizona Snowbowl operators cannot use reclaimed wastewater to make snow.

2007: In October, the 9th U.S. Circuit Court of Appeals decides to rehear the case en banc, or with 11 judges.

2008: In August, the 9th U.S. Circuit Court of Appeals says Arizona Snowbowl can make snow with reclaimed water, and go ahead with other improvements, despite tribal objections.

2009: In January, tribes ask the U.S. Supreme Court to review the 9th Circuit's approval of Snowbowl's development. Tribes argue the further expansion of the ski area is in substantial conflict with religious beliefs.

2009: In June, U.S. Supreme Court declines to hear the case. This means the 11-judge decision of the 9th U.S. Circuit Court of Appeals stands, allowing snowmaking to commence. ♦



photo courtesy AP

Arizona Snowbowl Scissorbill Park, 1936, photo by Jack Knowles, courtesy Jimmie Nunn

ski LEGACY skiing HERITAGE week

A Celebration of the 50th Anniversary of Vail, April 8-14, 2013.



During the week of April 8–15, 2013, the International Skiing History Association (ISHA) will visit one of America's Premier Mountain Resorts: Vail.

This once-in-a-lifetime gathering will be full of skiing, parties, entertainment, reunions with old and new friends, snowboarding, film showings, etc.

There will also be a number of special events and activities taking place throughout the week as part of International Skiing History Association's annual gathering including ISHA's Award Banquet.

The week will also be the site of the 3rd Annual Ishpeming International Film Festival of classic ski films. The week's highlight will be The Hall of Fame's Annual Induction Ceremony, on Saturday evening, April 14, 2013, which will also include a special tribute to the "Pioneers of Professional Ski Racing".

Vail Marriott Mountain Resort has an unbelievable rate of \$137 per room per night. To book a room call 800-648-0720 and mention you're with ISHA/Ski Hall of Fame.

There are three levels of participation:

1. "All-Access" pass costs \$350 and gets you admission to the various receptions, film showings and the U.S. Ski & Snowboard Hall of Fame Induction Ceremony.
2. "Premier All-Access" pass costs \$595 and gets you all of the above plus admission to all ISHA events.
3. The Ski Hall of Fame Induction Ceremony is available for \$300 per person, \$500 per couple, \$2500 per table of ten.

For more information visit <http://www.skihall.com> and click on "Skiing Heritage Week Vail 2013" found in the sidebar on the left. ♦

schedule of EVENTS

Monday, April 8, 2013

Check-in: Registration & Lift Tickets
Welcome Reception

Tuesday, April 9, 2013

Ski / Board Vail / Beaver Creek
Ishpeming Int'l Ski Film Fest Premier Showing
ISHA Movers and Shakers Party

Wednesday, April 10, 2013

Ski / Board Vail / Beaver Creek
ISHA Lunch at The 10th
Ishpeming Int'l Ski Film Fest Premier Showing
Awarding of the Jerry's Film Fest Prizes

Thursday, April 11, 2013

Ski / Board Vail / Beaver Creek
ISHA & Hall Board Meetings
Check-in Pro Ski Racing
Ishpeming Int'l Ski Film Fest Premier Showing
ISHA Beekley Presentation Dinner

Friday, April 12, 2013

Ski / Board Vail / Beaver Creek
Skiing on Mountain Reunion
Pro Racer "On Mountain" Picnic Lunch
Ishpeming Int'l Ski Film Fest Premier Showing
Pioneers of Pro Ski Racing Apres Ski Party
ISHA Awards Banquet

Saturday, April 13, 2013

Ski / Board Vail / Beaver Creek
Pro-Am Benefit Race & Barbecue
US Ski Hall of Fame Induction Ceremony
- with special tribute to Pioneers of pro racing

Sunday, April 14, 2013

Check out / Ski / Home / Rest



photo courtesy Colorado Ski Museum

Since its founding in 1976, the Colorado Ski & Snowboard Museum has been passionately dedicated to safeguarding the spirit and evolution of snow sports and their contribution to Colorado's history.

GOOD STUFF for the kids & grandkids

Kids Alpine Ski Equipment: Should you Rent or Buy?

Every ski season, parents throughout ski country face the same dilemma. Should they buy or rent skis for their kids? This is a decision that should not be taken lightly.

On the one hand, you might be anxious to have your kids get involved with the sport. In the long run, owning a pair of skis will turn out to be less expensive than renting.

However, not all kids take to the sport immediately. If you invest in a pair of skis that sit in the closet, you've wasted your money.

Unfortunately, it gets even more complicated. One of the reasons that many kids end up hating skiing is because the ski and boot rental process is a total disaster. The lines are often eternal, and kids get restless. In many cases, the kids end up in equipment that does not fit correctly. As a result, they spend the entire day in the lounge.



photo courtesy Obermeyer

Kid's skis should be chin high.



photo courtesy travel.utah.com

Equipment Compromise

Here are some compromises that might offer a viable solution. Your first step is to research the various ski schools that offer specialized lift, lesson and equipment packages for kids.

Ask advice from other parents.

Sometimes, you can get valuable feedback from message forums such as Epicski.com.

If possible, visit the suggested ski areas and check out the rental areas. Is the staff truly interested in giving the kids the best fit?

Watch the kids classes on the hill. Do the kids seem comfortable? Is there more than one kid crying that his or her feet hurt? Take these observations into account before committing your child to a class.

Once your kids have attended about three sessions, you will be able to determine whether they will stay committed to the sport. Then you should consider buying equipment.

In rare cases, your kids might have found the rental equipment quite comfortable. If that's the case, check the rental shop at the end of the season. They will often sell their rental equipment at a significant discount. ♦

EQUIPMENT for kids

Nothing can be more joyful than watching toddlers make their way down the slopes. In fact, having your kids learn to ski at an early age might even help them develop better balance and movement patterns for life. However, they need to like the experience, and nothing is more detrimental to a child's enjoyment of the slopes than ill fitting equipment.

If you consider the fact that most kids have a lower pain threshold than adults, you will realize the importance of making an informed decision about their ski equipment.

While many children's ski instructors have conflicting views about kids' equipment, there are some basic points on which they agree. For example, most pros agree that skis for beginners should be about chin length. As your child's skills improve, he or she can handle a length between the chin and the nose.

Of course, if you are buying kid's ski gear at the end of the season, you will have to keep in mind that your child might have a major growth spurt in the summer. Your best bet would be to wait for the fall. ♦

BIG WHITE new non-stop air



Celebrate Big White's 50th Anniversary!

Bring your FRIENDS to BIG WHITE in 2013!

It's never been better...

- Travel Saturday to Saturday from LAX.
- Book a 7 night package.
 - Big White has special deals where you can book 5 nights and get 7 nights in most of their properties.
- Discounted Lift Tickets & Transfers available for groups.

This is the best offer that has ever been available and the air is NON STOP!



Round-trip AIR from \$300

WestJet has released air seats to Big White for the Saturday non stop flight from Los Angeles to Kelowna with fares starting from \$300 for a round-trip ticket! **Book today!** These seats won't last long.

Contact Angela or Manon at groups@bigwhite.com or call Central Reservations at 800-663-2772 with your dates and number of people in your group. You will be required to send a deposit immediately.

FUN STUFF to do



Join Pacific Rim
Bike Mission Bay

Fridays at 10 AM

Sept 4, 2012 Nov 8, 2012
Oct 11, 2012 Dec 27, 2012

Meet in the Parking Lot just East of the Bahia Hotel, 998 West Mission Bay Dr.

About the Ride

- Easy 20 miles around the bay!
- Can add 3 or 5 miles by taking the short or long way around Fiesta Island.
- The 260-foot \$2.9 Million Rose Creek bridge is now open!
- Bring water, helmet, sunscreen, extra tube and money for lunch.



Click to watch trailer on youtube.

Warren Miller's Flow State: Teaser

The sixty third feature film from Warren Miller Entertainment brings audiences to a place only recently identified by scientists; a place they now understand skiers and snowboarders achieve where, the faster they go physically, the slower things appear to them mentally.

This a place of such singular focus and connection with their environment, they can achieve things previously thought impossible. So come with us as we enter ... the Flow State.

You can view a teaser at on you tube at http://www.youtube.com/watch?v=UVQZ_oUwsbw/

I'm sure you'll want to see it when it's hits a theater near you. Check the listing for California showings.

2012 Warren Miller's Flow State California Tour Calendar				
City	State	Venue	Date(s)	Time(s)
SOUTHERN CALIFORNIA				
Newport Beach	CA	Lido Theatre	12/6 - 12/7	6th - 7:30 7th - 7:30
Beverly Hills	CA	Writers Guild Theater	11/30	8:00
Encinitas	CA	La Paloma Theatre	12/1	6:00 & 9:00
Carlsbad	CA	Carlsbad Village Theatre	12/2	4:00 & 7:00
Redondo Beach	CA	Redondo Beach Performing Arts Center	12/4	7:30
La Jolla	CA	Museum of Contemporary Art San Diego	12/8	6:00 & 9:00
CENTRAL CALIFORNIA				
Santa Barbara	CA	Lobero Theatre	12/5	8:00
NORTHERN CALIFORNIA				
Walnut Creek	CA	Leshner Center for the Arts	11/7	6:00 & 9:00
San Francisco	CA	Palace of Fine Arts Theatre	11/7	6:00 & 9:00
Palo Alto	CA	Spongensberg Theatre	11/9	8:00
Sacramento	CA	Crest Theatre	11/9 - 11/10	9th - 6:30 & 9:30 10th - 7:30
Campbell	CA	Campbell Heritage Theatre	11/10	7:30
San Mateo	CA	College of San Mateo Theatre	11/11	7:00
Berkeley	CA	Wheeler Auditorium	11/15	8:00
San Francisco	CA	The Castro Theatre	11/16	8:00
San Rafael	CA	Marin Center	11/17	8:00
Pleasanton	CA	Amador Theater	11/18	7:00
Santa Cruz	CA	Rio Theatre	11/20 - 11/21	20th - 8:00 21st - 8:00

View Complete Tour Calendar: <http://www.skinet.com/warrenmiller/flow-state-official-tour-calendar>

COUNCIL happenings

LOS ANGELES council

ALOHA

SNOW GALA 2012
It's a Hawaiian Party

- Best Hawaiian Shirt Contest!
- Top 10 brunch buffet with champagne
- LA Council Man & Woman of the Year!
- Silent auction to benefit UNRECABLES
- RAFFLES and DOOR PRIZES!

Grand Prize is a LA Council trip to Ski Mt. Bachelor, w/ air, lodging, lifts, transportation and amenities (Need not be present to win raffle)

WHEN:
Saturday October 27, 2012
11:00 AM - 3:00 PM

WHERE:
The Odyssey Restaurant
15600 Odyssey Drive, Granada Hills, CA 91344
(818) 366-5817 • www.theodysseyrestaurant.com
Free Parking Available

\$45 pp
\$60 after Oct 1 (No refunds after Oct 20)

Reservations: Check or money order (payable to LA Council) to Karen James
1812 Vickers Drive, Glendale, CA 91208
kjames48@sbcglobal.net • (818) 249-5982

Raffle Tickets: Contact your LA Council Rep or Ann Kramer
P.O. Box 71773, Los Angeles, CA 90071
kramer_ann@hotmail.com • (213) 595-2104

SAN DIEGO council

Ski Club Man & Woman of the Year & Joe Harris Awards
at
Galafest
Saturday
November 3, 2012 6 pm

RESTAURANT
ROCK-BOTTOM
BREWERY

8980 Villa La Jolla Drive
La Jolla, CA 92037

Attire is Casual (German)

To RSVP, make checks payable to SDCSC & mail to:
Chris Gill
5142 Biltmore St.
San Diego, CA 92117

Sponsors:
Aspen
Telluride
Vail

only \$30 pp *
Buffer Dinner

*Limited seating. Sorry, no walk-ins.
Email for availability after Oct 27.

(No Host Bar)
Questions?
bblase@san.rr.com

Specialty Beers On Tap

San Diego Council of Ski Clubs

Ski Dazzle
THE LOS ANGELES SKI SHOW & SNOWBOARD EXPO

Free Lift Ticket
with admission

Los Angeles Convention Center

Thursday	November 15, 2012	4:00 pm - 11:00 pm
Friday	November 16, 2012	4:00 pm - 11:00 pm
Saturday	November 17, 2012	11:00 am - 10 pm
Sunday	November 18, 2012	Noon - 6:00 pm

SNOW Jam
SAN DIEGO SKI & SNOWBOARD SHOW

DEEP DISCOUNTS ON GEAR, CLOTHING & TRIPS!

Check out the SnowJam MegaSale for incredible deals on brand-new, brand-name equipment and clothing. It's the pre-season sale of the year!

Get a FREE lift ticket good at BOTH Snow Summit AND Bear Mountain with your paid SnowJam admission!

SNOW Jam 2012

Friday, Nov. 9:	4pm-10pm
Saturday, Nov. 10:	10am-6pm
Sunday, Nov. 11:	10am-6pm

Del Mar Fairgrounds
Pat O'Brien Hall

SUMMER water ski trips



photo courtesy Catherine Ohl

& water **SKIING**
 wake **BOARDING**
 at it's very best!



2012 Colorado River SCHEDULE

Sept 7-9	Sept 21-23
Oct 5-7	Oct 19-21

Prices—

- \$130 ** Skier / Boarder
- \$65 Non-Skier *
- \$18 Child 12 and under *
- Free Child 4 and under*

EVERYONE WELCOME

Friends ° Family ° Beginner ° Expert

Trip Includes—

- 2 days Boarding & Water Skiing
- Equipment & Instruction
- Sandy Beaches & Camping
- Water Games
- 5 Meals & Happy Hour
- Beer, Wine & Soda

For information—

Visit www.RadarRiverRats.org
 Call Patricia at 323-651-0686 (before 9 PM)

Boat Drivers—

Call Gene at 858-467-9469 (before 9 PM)

** Subject to fuel surcharge if gas is more than \$5/gal
 * May not ride in the club boat.

Note—

Please note: Our skis and wake boards are best suited for Beginners to Intermediates. We suggest if you require more advanced equipment that you rent them from your local sporting goods store.

Pacific Rim skis Canada

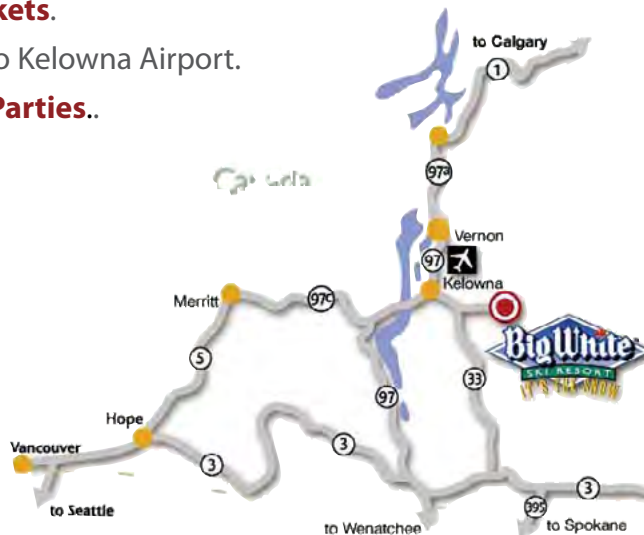


photo courtesy Big White

Big White December 8-15, 2012 OR April 6-13, 2013

Basic Package \$699 per person dbl occ *

- Seven nights **Lodging** at The White Crystal Inn (dbl. occ.)
 - Ski in / Ski out, located in the Village Center.
 - Superior Room with 2 Queen Beds.
 - Rooms have Mini-fridge
 - On-site Santé Grill open Breakfast, Lunch, Dinner.
 - Hot Tub & Sauna, Ski Storage.
 - Includes HST and Bed Taxes.
- Six days **Lift Tickets**.
- **Transfer** from/to Kelowna Airport.
- Daily Après Ski **Parties**..



about **Big White**

- 25 feet annual dry powder.
- 2,800 patrolled skiable acres.
- 2,550 feet of vertical.
- 4.5 miles longest run.
- 6% ◆◆ 22% ◆ 54% ■ 18% ●
- 118 designated runs.
- 10 ski lifts (6 are high speed).
- Free ski hosts two times a day.
- 5,757 feet Village elevation.
- 18 Restaurants & Bars.
- The Best Ever Powder Skiing.



NOT Included—

- Air** to/from the Resort
 - Air Canada, West Jet, Alaska fly to Kelowna. West Jet & United offers non-stop flights.

Payment due NOW—

- Pacific Rim Alliance**
 - 10818 Viacha Dr.
 - San Diego, CA 92124
 - Cancellation policy will apply

For Information—

- Gene Fulkerson**
 - gene@PacificRimAlliance.org
 - 858-467-9469



photo courtesy Aspen / Snowmass by Jeremy Swanson

Basic Package \$1,325* per person dbl occ *

- **Seven nights Lodging** in Snowmass at Terracehouse [dbl. occ.]
 - Located just below Snowmass Village Mall
 - 50 yards to Fanny Hill Ski Slope
 - 2-Bedroom Condo with 1 Queen + 2 Twins
 - Condos have Full-Kitchen and Fireplace
 - Outdoor Whirlpool
 - Free Airport Pick-up from the Aspen Airport
 - Free High-Speed WiFi Internet Access
 - Parking for a Fee
- **Five-of-Seven Day Lift Ticket**
 - Interchangeable at Snowmass, Aspen, Highlands, Buttermilk
- **Daily Pacific Rim Après Ski Parties** at Terracehouse
- **Far West Package**
 - Registration
 - Welcome Party
 - Races
 - Pub Crawl
 - Mountain Picnic
 - Ski Week Banquet
 - Awards Après Party

Not Included

- Air (Far West air prices will be available in June) or book your own
- R/T Ground Transportation from Denver or Eagle to Terracehouse (**\$TBA**)

*** Additions / Deletions**

- Single Supplement **add \$790**
- Sixth Day Lift Ticket **add \$46**
- Non-skiers **deduct \$279**

about Snowmass

- 3,132 skiable acres
- 4,406 feet of vertical
- 5.3 miles longest run
- 6% ● 50% ■ 12% ◆ 32% ◆◆
- 91 designated runs
- 21 lifts (10 are high speed)
- Free ski hosts two times a day
- 8,104 feet Village elevation
- 9 on-mountain Restaurants
- First lift opens 8 AM while most close at 3:30 PM
- Best known for wide-open groomed cruising
- Free bus ride to Aspen, Highlands and Buttermilk for skiing
- Bus to Aspen at night for small fee



For Information & Payments—

Pacific Rim Alliance

10818 Viacha Dr.
 San Diego, CA 92124
 gene@PacificRimAlliance.org
 858-467-9469 [Gene Fulkerson]

Payment Schedule

\$200 deposit due NOW
 \$300 August 1, 2012
 \$400 September 1, 2012
 Balance October 1, 2012

Cancellation / Refund Policy

100% before July 20, 2012
 \$75 after July 20, 2012
 \$100 after Sept. 20, 2012
 NO refunds after October 20, 2012



Far West Ski Association

81st Annual Convention

Mountain Magic Moments

June 6-9, 2013

Grand Sierra Resort & Casino



2500 East 2nd Street Reno, NV 89595
(775) 789-2129 (reservations)
www.grandsierraresort.com

hosted by Bay Area Snow Sports Council

"The Voice of the Western Skier"



Grand Sierra Resort & Casino

Reservations call 800-648-5080 or 775-789-2129

Group Name Far West Ski Association 2013

Online <https://resweb.passkey.com/go/FarWestSki>

Room Rates per night plus tax single or double occupancy

Grand Sierra Room **\$79**

Summit Grand II Upgrade **\$104**

RV Spots at Grand Sierra: call 800-648-5080 or 775-789-2129

Hotel Features

- 11 Restaurants, 5 Bars & Lounges, Casino, Beach/Pool, Spa/Health Club, Movie Theater, Bowling, Miniature Golf
- NO Resort Fees, FREE In-room Wi-Fi, FREE Parking
- Rates available 3 days pre and post Convention
- FREE TRANSFER from Reno International Airport
- Room block release date is May 10, 2013

Convention Highlights

- Silent Auction
- Travel Expo
- Snowsports Leadership Academy
- Celebrity Speakers
- Public Affairs Panel
- Saturday Awards Luncheon
- Celebrity Multi-Media Presentation
- Saturday Awards Dinner
- Far West General Meeting & Elections

Optional Activities

- Pub Crawl
- Michael German Golf Tournament
- Reno Run White Water Rafting
- Tahoe Rim Trail Hike
- Grand Sierra Spa Day
- Grand Sierra Resort Fun
- Beach Party

Information www.fwsa.org

• Jane Wyckoff

FWSA Convention Chair
janewyckoff1@cox.net or 949-933-9607

• Mary Olhausen

Silent Auction/Travel Expo Chair
omary52@comcast.net or 503-880-7383

• Linda Indreboe

BAC Host Council Convention Coordinator
bac.publicaffairs@skibac.org or 408-248-8426

Membership Application

ALL Pacific Rim Alliance attendees must be a member to participate in one of our trips. Our membership year is from July 1, 2012 through June 30, 2013.

To join the Pacific Rim Alliance, fill out the following, Sign your release of liability and send with your check [payable to Pacific Rim Alliance] to:

Pacific Rim Alliance
10818 Viacha Dr., San Diego, CA 92124

Name [1]: _____ **Name [2]:** _____

Home Addr: _____

City: _____ **State:** _____ **Zip:** _____

E-Mail Addr [1]: _____

E-Mail Addr [2]: _____

Cell [1]: _____ **Cell [2]:** _____

Home: _____ **Work [1]:** _____

Birthday [1]: _____ **Birthday [2]:** _____

Indicate Membership
 [Includes membership in FWSA, LA & San Diego Councils, NSAA]

- \$8 INDIVIDUAL Membership
- \$10 FAMILY Membership—Significant other, spouse, children, friends residing at same residence qualify.

Photographs of members participating in club activities are routinely included in a newsletter or on our web site or facebook which is distributed to the membership and other interested parties and is made available to the general public. Signature is required below to agree to this and to the terms of the Release of Liability to the right.

 Signature [1] Date

 Signature [2] Date

Release Of Liability, Waiver Of Claims, Express Assumption of Risk and Indemnity Agreement

WAIVER: I am aware that participation in the Pacific Rim Alliance events has, in addition to the usual risks, dangers and hazards associated with travel, snowboarding, alpine, Nordic, Heli & off-piste skiing, certain additional risks, dangers and hazards including, but not limited to: boarding, riding and disembarking ski lifts; changing weather conditions; exposed or hidden natural or man-made objects; avalanches; failure to ski or ride safely or within one's own ability; and negligence on the part of other skiers and boarders, the organization or their staff.

I freely accept and fully assume all such risks and danger and the possibility of personal injury, disability, death, loss or damage to person or property that may occur as a result of my engaging in the above activities.

I HEREBY RELEASE AND HOLD HARMLESS [releases Pacific Rim Alliance] WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, or loss or damage to person or property, WHETHER CAUSED BY NEGLIGENCE OR OTHERWISE.

I hereby release the releasees, their officers, directors, employees, representatives, agents, and volunteers from liability and responsibility whatsoever and for any claims or causes of action that I, my estate, heirs, survivors, executors, or assigns may have for personal injury, property damage, or wrongful death arising from the above activities whether caused by active or passive negligence of the releasees or otherwise.

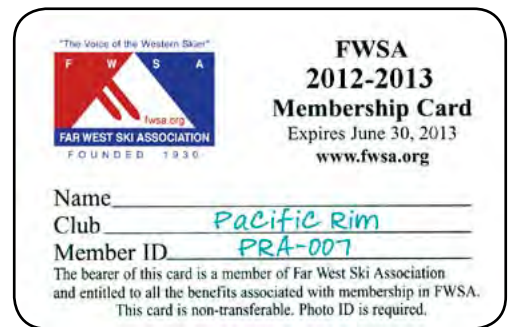
MEMBERSHIP has its BENEFITS

The National Ski Council Federation has discount benefits for club members which include: Cellular Abroad, East West Resorts, Rentskis.com, Crazy Heads, Geardirect.com, Breeze Ski Rental, Mountain Chalet, and so much

more. They have a great pair of carbon ski poles for a mere \$30 with all their member association logos. Such a deal.

Check out www.skifederation.org for the complete list of benefits. Go to the "Members Only" area and input the following:

User Name: **skiclub**
 Password: **member**



COMMUNITY center

giving BACK

There are so many ways to get involved and it's so easy to do.

Can Do MS

For the past 12 years Pacific Rim has hosted a wine maker dinner for **Can Do MS**. Each dinner typically raises around \$2,500. 100% of the proceeds go to the Center. We collect donations year round whether you attend the dinner or not.



Can Do MS [formerly Heuga Center for MS]
IRS 501(c)(3) Number 74-2337853
www.mscando.org • 970.926.1290

Our next dinner will be September 29, 2012. For more information contact

Gene Fulkerson, VP Travel
gene@pacificrimalliance.org
858-467-9469

Hope on the Slopes



The goal of **Hope on the Slopes** is to not only have fun, but also raise money for the American

Cancer Society, helping in its mission to eliminate cancer.

Pledges raised through Hope on the Slopes help provide cancer patients and their families with information and support, fund research that leads to improved treatments, educate the public about cancer prevention and early detection, and help ensure that everyone has access to lifesaving cancer screenings.

Hope on the Slopes is a team and individual 24-hour skiing event held at various ski resorts around the country. Participants engage in a virtual competition with other Hope on the Slopes participants in two categories: Dollars Raised and Vertical Feet.

To find out more visit <http://www.cancer.org/MyAcs/GreatWest/AreaHighlights/hope-on-the-slopes>.



Wounded Warrior Project serves veterans and service members who incurred a physical or mental injury, illness, or wound, co-incident to their military service on or after September 11, 2001 and their families. With advancements in battlefield medicine and body armor, an unprecedented percentage of service members are surviving severe wounds or injuries.

To donate visit <https://support.woundedwarriorproject.org/>.

photo Wounded Warrior Project

USARC

United States Adaptive Recreation Center (USARC) is committed to guiding people with disabilities toward the creation and affirmation of rewarding lifestyles. Located in Big Bear, CA, USARC runs an adaptive ski school in the winter. In the summer USARC takes to the fresh waters of Big Bear Lake for wet and wild adaptive water skiing, jet skiing, kayaking, sailing and fishing.

Volunteers are always needed. Volunteers must be at least 18 years old; intermediate skiers, water sports enthusiasts, or mountain bikers; able to complete the required training criteria, and available to teach midweek during winter or summer.

To volunteer contact **Sara Richter**, Outreach Coordinator, sara@usarc.org.

Recycle Program



Pacific Rim recycles cans, bottles and glass at all our events. Each quarter we donate the proceeds to a charity. This quarter's donation goes to the **Hope on the Slopes**.

To contribute <https://www.cancer.org/involved/donate/donateonlinenow/index>.

Support The Unrecables

[Re] Register your Ralphs Card

The Unrecables Ski Club is a non-profit, volunteer-based organization,



servicing the recreational needs of people with disabilities. They promote adaptive sports, and encourage people with disabilities to participate in sports, recreational, and social activities in their communities. The club is a member of the LA Council of Ski Clubs.

[Re]registering your Ralphs Card is easy.

- Log in to www.ralphs.com.
- Click on **Community Contribution**.
- Click on **Participant**.
- Follow the easy steps to enroll. **Their NPO# is 80831**. Be sure to complete all information.
- Set back and watch your grocery shopping save you money and at the same time earn revenue for The Unrecables.

To volunteer visit unrecables.org or email info@unrecables.org. ♦

TRIPS sign up pacific rim FORM

[You must be a current member to sign up for this trip— include Dues and Membership Application if not a member]

Printed Name[s] _____

Street Address _____

City _____ State _____ ZIP _____

Cell Phone _____ Home Phone _____ e-mail _____

Deposit Due:

- Final payment per person **Big White**, Canada, December 8–15, 2012
- Final payment per person **Snowmass**, CO, February 2-9, 2013
- \$200 per person **Big White**, Canada, April 6-13, 2013
- \$200 per person **Beaver Creek**, CO, Jan 25 – Feb 1, 2014
- \$300 per person **Italy & Cinque Terre**, March 2014 [tentative]
- \$400 per person **New Zealand & Tasmania**, August 2014 [tentative]

CONTACT Information

Gene Fulkerson, VP Travel
gene@pacificrimalliance.org
858-467-9469

Send this FORM with your Deposit made out to Pacific Rim Alliance to:

Gene Fulkerson, 10818 Viacha Dr., San Diego, CA 92124

JOHN JAMES— His story may save someone’s life as it did his.

Stroke Awareness & Response Leads to Complete Recovery

Glendale Adventist Medical Center (GAMC) is honored to be the only hospital in all of Los Angeles County to achieve a Joint Commission Certification as a Primary Stroke Center and a certification as a Chest Pain Center as well as other advanced certifications.

The high-level certifications mean that GAMC has processes in place to ensure our community gets the care they need close to home. Take for instance the story of John James.

While eating breakfast getting ready for a doctor’s appointment, John suddenly felt the right side of his body lose strength and spasm. His wife realized that weakness on one side of the body was a symptom of a stroke and immediately called 9-1-1.

EMS brought him to the closed Certified

Advanced Primary Stroke Center, GAMC. Within minutes of John’s arrival, Dr. David Thompson, a GAMC neurologist and integral part of the stroke team, had already met with John and John’s wife Karen. The rapid completion of diagnostic testing enabled the GAMC stroke team to immediately administer TPA (Tissue Plasminogen Activator), to dissolve the blood clot that was causing the stroke by preventing blood flow into John’s brain.

For stroke patients like John, getting quick treatment at an Advanced Primary Stroke Center close to home means a life saved without any permanent disabilities. Minutes following the administration of TPA, John’s right side began to improve dramatically and his speech started to make sense.

His wife, who stayed with him throughout his treatment saw the miraculous change within minutes.



John James with his Doctor & Nurse.

Only three days after what could have been a life-altering condition, he left the hospital completely recovered.

“John’s story is extraordinary and the perfect example of how a knowledgeable and dedicated stroke team like the one at Glendale Adventist Medical Center could change the outcome of one man’s life,” says Dr. Thompson. ♦

Photo courtesy Glendale News Press.

Ski with Pride • Watch all Sides • Let it Ride First with Safety Awareness



Contact Information

Board of Directors

Associate Member National Ski Areas Association

Catherine Ohl, President
ohl@acatmeowz.com
858.467.9469

Gene Fulkerson, VP Travel
gene@PacificRimAlliance.org
858.467.9469

Fay Mumbauer, Director
fay@PacificRimAlliance.org

Patricia Ortiz, Accounting
patricia@PacificRimAlliance.org

The PACIFIC RIM ALLIANCE is a non-profit organization dedicated to the appreciation of skiing, snowboarding, sight-seeing, photography, travel, public affairs and civic awareness.

Surplus moneys above requirements for deposits for future trips will be donated to non-profit organizations devoted

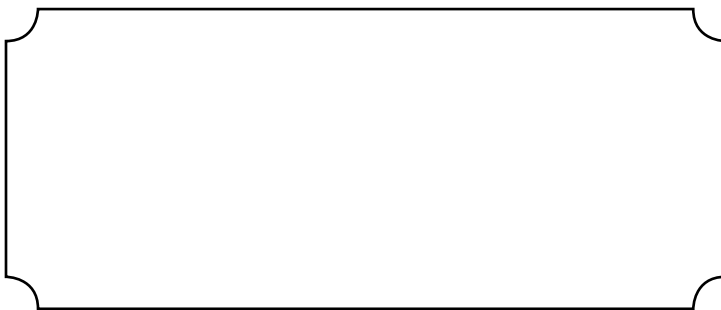
to charity, research & education. We are especially interested in, but not limited to, supporting Ski Area Development, Adaptive Ski Programs, Jimmie Heuga Center for MS and Olympic & Junior Racers, Mammoth Ski Museum.

The Alliance is a member of San Diego Council of Ski Clubs (SDCSC), Los Angeles Council of Ski Clubs (LAC), Far West Ski Association (FWSA) and National Ski Council Federation (NSCF).



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