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Ikon vs. Epic Battle

For the past ten years, many of us have experienced a love-hate relationship with Vail Resorts and welcomed Alterra Mountain Company as a competitor. We waited anxiously to see how the war of the Passes would shape up. We hoped that we would all be winners. **See pages 10 & 11 for a comparison of their offerings.** They aren't the only game in town but they are certainly the biggest.

The Winners

Smaller resorts have joined both companies with an offer of 5-7 days at each of their resorts. In western North America,

- Ikon Pass offers limited days at Alta/Snowbird, Big Sky, Copper, Jackson Hole, Revelstoke and Ski Big 3.
- Epic Pass features Telluride, Crested Butte, Resorts of the Canadian Rockies.

Both companies introduced passes for the military (current, retired and vets). Lower kid passes are also available.

Vail Resorts and Alterra benefit when skiers buy their passes months before the lifts start spinning giving them the financial stability to invest in upgrades and pursue strategic plans. They are not affected as much from a bad snow year.

Alterra recently announced a \$155 million dollar investment in 12 of their resorts over the next 5 years and will be spending \$130 million for the 2018/2019 winter. This is a good thing.

The Losers

The biggest complaint among ski club members is the disappearance of the Seniors discount, especially at Mammoth.

The smaller resorts are left to find their way in a new world where skiers expect lift tickets to cost about \$30 to \$40 a day. Dozens of smaller resorts across the country are joining forces in a communal campaign to entice skiers away from the Big Two. Stay tuned. ■

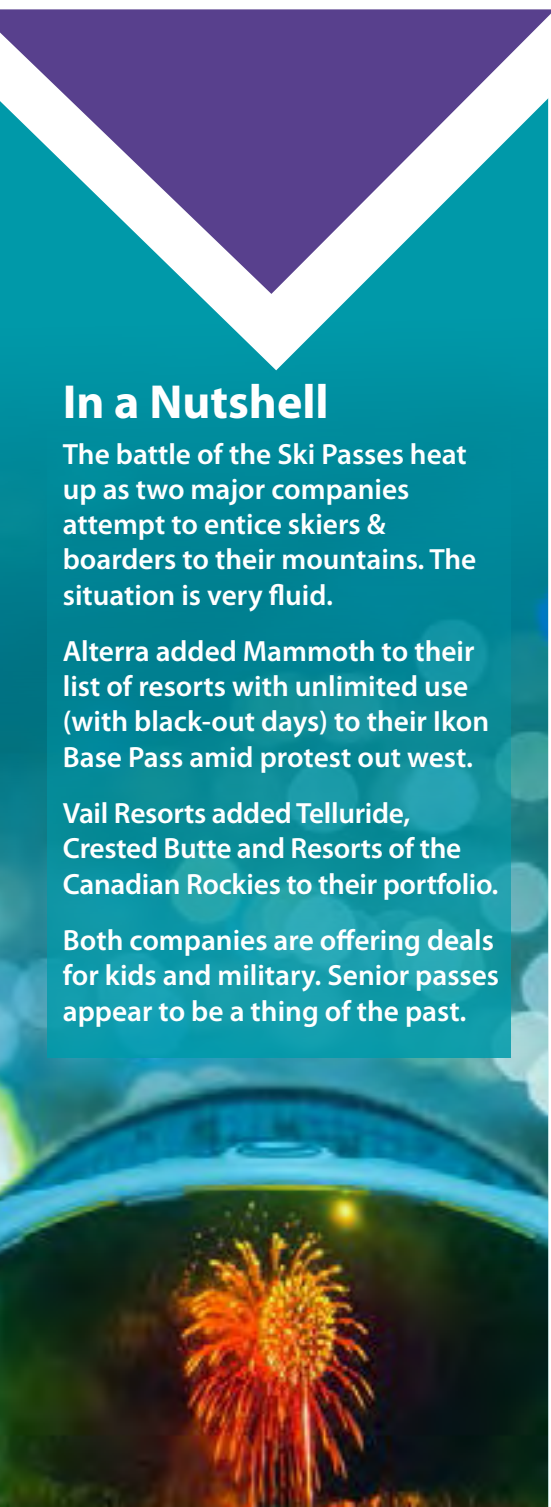
In a Nutshell

The battle of the Ski Passes heat up as two major companies attempt to entice skiers & boarders to their mountains. The situation is very fluid.

Alterra added Mammoth to their list of resorts with unlimited use (with black-out days) to their Ikon Base Pass amid protest out west.

Vail Resorts added Telluride, Crested Butte and Resorts of the Canadian Rockies to their portfolio.

Both companies are offering deals for kids and military. Senior passes appear to be a thing of the past.



The Alliance

Even though this ski season is coming to a close there is much skiing to be had in the Spring. Big White was blessed with lots of early snow and the snow has been falling steady since.

BIG WHITE, April 1–8, 2018

We will be closing out Big White’s season in British Columbia, Canada. We will be flying into Kelowna and staying slope side at the White Crystal Inn. Lodging, lift tickets, nightly après ski parties and transportation to/from Kelowna are included for the low price of \$699 per person based on double occupancy. You are on your own to get air. West Jet and United have round trip non-stop air fares from \$450 out of Los Angeles. West Jet is also available out of Las Vegas, Phoenix and San Diego.

2018 Water Ski

We’ve been working with the Radar River Rats on our summer water ski trips. We have once again scheduled eight trips for June through October. We will be staying at the Needles Marina where there is a pool and some cabins for rent. We are closer to town and check-out is 5 pm on Sunday. **Details can be found on page 21.**

STEAMBOAT 2019

Far West announced that next year’s ski week will be in Steamboat, CO, February 2–9, 2019. We can hook you up with one of the ski councils for a stay at a ski-in ski-out condo or hotel close to the main village. Please let us know if you are interested. Prices will be available soon.

FAR WEST Ski Association

Bay Area and Sierra Councils are hosting the Far West convention at the Atlantis Casino Spa in Reno, NV on June 7–10, 2018. Catherine and I are going up to Reno a week early to enjoy the area and do some bike riding, hiking and kayaking. Let us know if you are interested in joining us.

Even if you can’t attend the whole weekend, it’s worth it to make an appearance for the Silent Auction where you can bid on more than \$75,000 worth of lodging, lift tickets, golf and product.

BIKING Fridays

Don’t forget about our bike rides around Mission Bay. It’s getting warmer and biking is a great way to stay in shape for skiing. Scheduled dates are at 10 AM on

March 23	April 20	May 25
June (none)	July 27	August 10



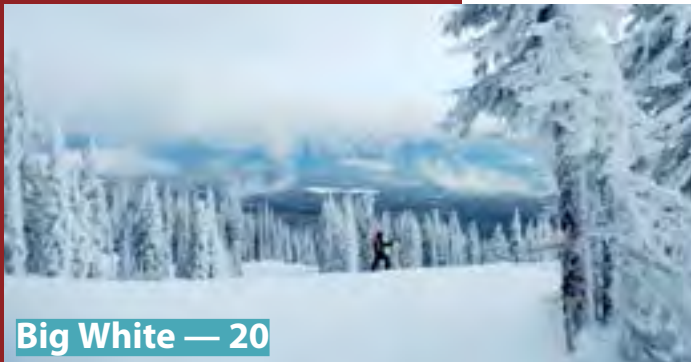
Don’t let the snow snakes get you! ■





Ski 4 MS — 23

Jimmie Heuga
Founder



Big White — 20

Links...

- [Membership](#)
- [Trip Form \(pdf\)](#)
- [Liability Release \(pdf\)](#)
- [Trip Insurance](#)
- [Past Publications](#)
- [Ski History](#)
- [Photo Gallery](#)



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Catherine Ohl, Editor Graphic Deizgnz, Design / Production

Chronological **Events Calendar**

ALLIANCE

March 2018

03 **Ski for MS**
Squaw Valley, CA
Ski all day to raise money for MS. For information visit cando-ms.org.

10 **Ski-A-Thon, Big Bear**
Ski all day to raise money for USARC. For information visit usarc.org.

10 **League Races**
San Diego Ski Council.
Final League GS and SL races to be held at Mammoth. Register Roma McCoy room.

23 **Bike Mission Bay**
Pacific Rim Alliance
Meet in the parking lot just east of the Bahia Hotel. Contact [Gene Fulkerson](mailto:Gene.Fulkerson@pralliance.org) / 619-804-1939.

Meet at 10 AM
in the parking lot
East Bahia Hotel
Mission Bay

Mar 23
Apr 20
May 25
Jun NONE
July 27
Aug 10
Sept 14
Oct 12
Nov 16
Dec 28

Mission Bay About the Ride—

- Easy 20 miles around the bay!
- Can add 3 – 5 miles by taking the short or long way around Fiesta Island
- Bring water, helmet, sunscreen, extra tube and money for lunch
- **RSVP 858-405-0637**

April 2018

1-8 **Ski Big White**
Pacific Rim Alliance
Ski the amazing late season powder at Big White. Trip package includes lodging, lift tickets and transfer from airport. Contact [Gene Fulkerson](mailto:Gene.Fulkerson@pralliance.org) / 619-804-1939.

7-8 **FWRA Championships**
Far West Race
Association. Meet in Roma McCoy room at Mammoth Mountain. Visit fwra.com.

20 **Bike Mission Bay**
Pacific Rim Alliance
Meet in the parking lot just east of the Bahia Hotel. Contact [Gene Fulkerson](mailto:Gene.Fulkerson@pralliance.org) / 619-804-1939.

21 **Coastal Clean Up**
Mission Bay San Diego
Pick in and clean up our coast before the trash ends up in the ocean. For information visit cleanupday.org/.

26 **Happy Hour,**
San Diego Council.
Meet at Oceanfront Lounge & Patio from 4:30-6 PM.

May 2018

12 **Alpine Awards,**
San Diego Council.
Meet at Oceanfront Lounge & Patio from 4:30-6 PM.

25 **Bike Mission Bay**
Pacific Rim Alliance
Meet in the parking lot just east of the Bahia Hotel. Contact [Gene Fulkerson](mailto:Gene.Fulkerson@pralliance.org) / 619-804-1939.

June 2018

7-10 **85th Convention**
Far West Ski
Association. Join Far West in Reno, NV for the 85th Annual FWSA Convention. There will be the usual Pub Crawl, Silent Auction, Ski Show, Travel Expo, Leadership Academy. See page ??.

22-24 **Water Ski**
Weekend
Pacific Rim Alliance & Radar River Rats.
Water ski on the Colorado River. We operate out of Needles Marina in Needles. Camping, equipment, food and drink included. Contact [Patricia Ortiz](mailto:Patricia.Ortiz@pralliance.org) / 323-651-0686 before 9 PM.



July 2018

20-22 **Water Ski**
Weekend
Pacific Rim Alliance & Radar River Rats.
Water ski on the Colorado River. We operate out of Needles Marina in Needles. Camping, equipment, food and drink included. Contact [Patricia Ortiz](mailto:Patricia.Ortiz@pralliance.org) / 323-651-0686 before 9 PM.

27 **Bike Mission Bay**
Pacific Rim Alliance
Meet in the parking lot just east of the Bahia Hotel. Contact [Gene Fulkerson](mailto:Gene.Fulkerson@pralliance.org) / 619-804-1939.



Chronological Events Calendar

August 2018

3-5 Water Ski Weekend
Pacific Rim Alliance & Radar River Rats. *Water ski on the Colorado River. We operate out of Needles Marina in Needles. Camping, equipment, food and drink included. Contact [Patricia Ortiz](#) / 323-651-0686 before 9 PM.*

10 Bike Mission Bay
Pacific Rim Alliance
Meet in the parking lot just east of the Bahia Hotel. Contact [Gene Fulkerson](#) / 619-804-1939.

17-19 Water Ski Weekend
Pacific Rim Alliance & Radar River Rats.
Water ski on the Colorado River. We operate out of Needles Marina in Needles. Camping, equipment, food and drink included. Contact [Patricia Ortiz](#) / 323-651-0686 before 9 PM.

September 2018

7-9 Water Ski Weekend
Pacific Rim Alliance & Radar River Rats.
Water ski on the Colorado River. We operate out of Needles Marina in Needles. Camping, equipment, food and drink included. Contact [Patricia Ortiz](#) / 323-651-0686 before 9 PM.

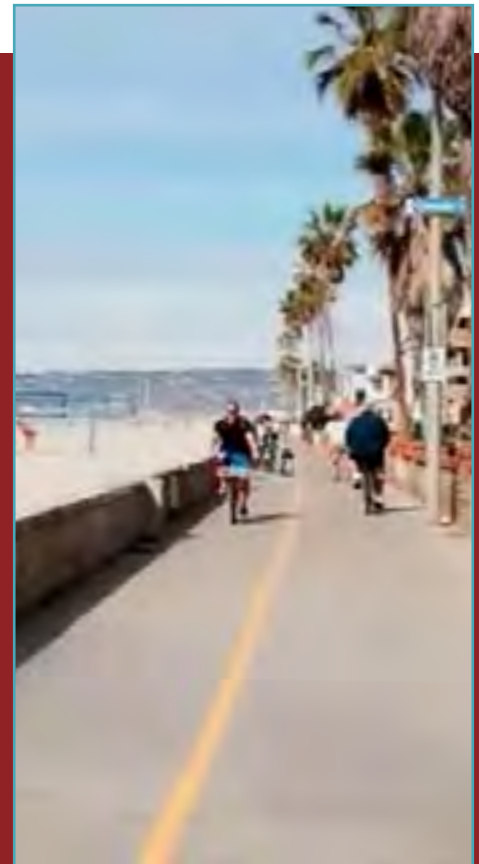
14 Bike Mission Bay
Pacific Rim Alliance
Meet in the parking lot just east of the Bahia Hotel. Contact [Gene Fulkerson](#) / 619-804-1939.

19-22 Grand Cayman Far West Ski Association.
Dive in the amazing Caribbean. Package includes lodging, meals, drinks and 12 dives. Non-dive option available. Contact [Randy Lew](#) / 530-304-0802.



21-23 Water Ski Weekend
Pacific Rim Alliance & Radar River Rats.
Water ski on the Colorado River. We operate out of Needles Marina in Needles. Camping, equipment, food and drink included. Contact [Patricia Ortiz](#) / 323-651-0686 before 9 PM.

29 Wine Make Dinner
Pacific Rim Alliance.
Wine Maker Dinner for MS consists of 7 courses perfectly matched to 7 wines. 100% of proceeds to benefit Can Do MS. Our Executive Chef, Mary Trimmins, returns to dazzle us with her culinary creativity. Contact [Gene Fulkerson](#) / 619-804-1939.



Time to RACE?

If you'd like to test your skills in a race course, as a member of Pac Rim you can race in League, Council and Far West sponsored races. **More information is available at [fwra.com](#).** Here's a list of the major races. Races are scheduled for Mammoth unless otherwise noted.

Dec 11-15, 2017	Race/Ski/Board Camp
January 20, 2018	League GS Race
February 7, 2018	FWSA Ski Week (GS) (Banff)
February 17, 2018	League GS Race
March 10, 2018	League GS & SL Races
Apr 7-8, 2018	FWRA Championships (GS/SL)



2018 Water Ski Trips to the Colorado River

June 22-24	July 20-22	August 3-5
Aug 17-19	September 7-9	September 21-23
October 5-7	October 19-21	



Calendar by Organizer

Details and flyers can be found under **TRIPS**

at PacificRimAlliance.org



Pacific Rim Events pacifirimalliance.org

- Bike One Friday / Month [Gene Fulkerson](#)
- Water Ski June – Oct [Patricia Ortiz](#)
- Ski 4 MS March 3, 2018 cando-ms.org
- Ski-A-Thon March 10, 2018 usarc.org
- Big White April 1–8, 2018 [Gene Fulkerson](#)
- CA Clean-up April 21, 2018 [Catherine Ohl](#)
- Dinner for MS Sept 29, 2018 [Gene Fulkerson](#)
- Walk 4 ALZ Oct 20, 2018 [Catherine Ohl](#)
- **Cabo San Jose** Oct 22–29, 2018 [Catherine Ohl](#)
- Italy Tentative 2019 [Gene Fulkerson](#)
- New Zealand Tentative 2020 [Gene Fulkerson](#)



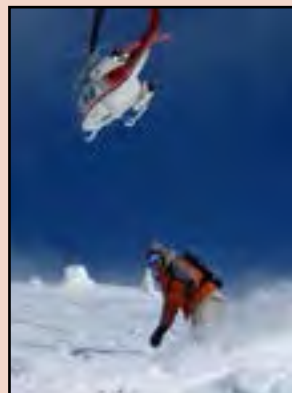
LA Council Events lacouncil.org

- Happy Hour TBA 2018
- Gala TBA 2018 [Karen James](#)
- Ski Dazzle Nov 16–18, 2018 [website](#)
- Steamboat Feb 2–9, 2019 [Sandy Blackwell](#)



San Diego Events skisandiego.org

- Happy Hour April 26, 2018 [Barbara Blase](#)
- Alpine Awards May 12, 2018 [Eileen Weiner](#)
- Gala Nov 2018 [Barbara Blase](#)
- Snow Jam Nov 9–11, 2018 [Chris Gill](#)
- Aspen Dec 6–12, 2018 [Mike Sanford](#)
- Steamboat Feb 2–9, 2019 [Alan Godwin](#)
- Bike & Boat Apr 27– May 4, 2019 [Eileen Sanford](#)
- Australia Oct 16– Nov 11, 2019 [Eileen Sanford](#)
- S. Am. Cruise 2020 [Eileen Sanford](#)
- S. Africa 2021 [Eileen Sanford](#)



FAR West Travel & Events fwsa.org

- Convention June 7-10, 2018 [Jo Simpson](#)
- Grand Cayman Sept 15–22, 2018 [Randy Lew](#)
- India Oct 5–21, 2018 [Debbie Stewart](#)
- Steamboat Feb 2–9, 2019 [Nancy Ellis](#)
- Japan 2019 [Debbie Stewart](#)
- Winter Park Mar 24–29, 2019 [Nancy Ellis](#)
- BVI Cruise May 19–26, 2019 [Sheri Parshall](#)
- Convention June 13–16, 2019 [TBA](#)
- Dive TBA 2019 [Randy Lew](#)
- Davos 2020 [Debbie Stewart](#)
- Croatia 2020 [Debbie Stewart](#)

**January 14, 2018
Squaw Valley Avalanche**

Be Careful out there!

Member Posting

COUNCILS selects MAN & WOMAN of the YEAR

Council Men and Women of the Year are chosen by their peers in recognition of their many contributions to organized skiing. They will represent their council at the Far West Ski Association Convention to be held at the Atlantis Casino Spa in Reno, NC, June 7–10, 2018.

Pacific Rim Alliance belongs to two councils in the Far West Ski Association. This gives members the opportunity to participate in many of the activities and events they host throughout the year.

Both councils annually kick off the ski season with a Gala to honor the Men of Women of their member ski & board clubs who have contributed the most to their club, council, Far West and nationally in the promotion of snow sports.

Los Angeles Council hosted their Gala at the Sportman's Lodge in Glendale on Saturday, November 3, 2017. **Dennis Leon**, Wailers, and **Hannah Nishimoto**, Unrecables, were honored as their Council's Man and Woman of the Year.

San Diego Council experienced "Casino Royale Gala" at the Boat & Ski Club in Mission Bay. **Tom Sekreta**, Action, and **Jean McCasey**, North Island, were honored as their Council's Man and Woman of the Year. **Rusty Etzel**, Torrey Pines, was awarded the annual Joe Harris Award. ■



photo courtesy Los Angeles Council

LA Council's Woman & Man of the Year — Hannah Nishimoto & Dennis Leon.



photo courtesy Barbara Blase

San Diego's Woman & Man of the Year— Jean McCasey & Tom Sekreta.



photo courtesy Barbara Blase

San Diego's Joe Harris award for 2017 was presented to Rusty Etzel.

happy BIRTHDAY

March

- 1 Jillie Bauer
- 6 Larry Davis
- 8 Arnie Andersen
- 12 Young Kang
- 15 R.C. Escamilla
- 16 Susan Weaver
- 17 Patricia Ortiz
- 23 Judy Steele
- 25 Paul Sindelar
- 26 Frank Van Zandt
- 26 Airline Moran
- 30 Knut Kongelbeck

April

- 1 Robert Nordquest
- 10 Heidi Meyer
- 14 Robert Doyle
- 14 Laurie Gerken
- 16 Kyoko Kraft
- 22 Randy Robinson
- 22 Jeanne Talbot
- 23 Nancy Friedman
- 23 Danielle Battut
- 25 Kitty Malinoski
- 26 Ann Meyers

May

- 2 Gloria Smith
- 6 Shirley Stretch-Stephenson
- 6 Marie Estocin
- 12 Enam Higa
- 12 Cinda Singer
- 20 Bruce Bivans
- 21 John Good
- 21 Linda Mueller
- 22 Carl Gerhart
- 28 Ciaran O'Donovan

Warren Miller RIP

October 15, 1925 – January 24, 2018

Warren A. Miller, the iconic and beloved filmmaker who introduced generations to the thrills and freedom of skiing and outdoor adventures, passed away at the age of 93 on Wednesday evening, January 24, his family announced today. He died peacefully of natural causes at his home on Orcas Island, WA.

Miller earned global acclaim and a passionate, multi-generational following for his annual ski feature films, which kicked off the ski season for more than 60 years, showing in hundreds of cities across the U.S. and around the world. Packed with adventure and exotic travel, Miller’s distinct, droll narration and humorous hijinks on the slopes highlighted his films.

While he is known as the original ski bum, Miller’s talents went well beyond ski filmmaking. He produced more than 500 films, covering various outdoor pursuits. As an artist, cartoonist, and author, he wrote some 1,200 columns and 11 books.

He also was a World War II veteran, a ski instructor and ski racer, an accomplished surfer, and a champion sailor. He took up windsurfing in his 60s, and then turned to destination motor boating in his 70s and 80s, exploring the Northwest and Alaska from his home on Orcas Island.

During his 80s and 90s, Miller’s philanthropic efforts provided entrepreneurial training to thousands of youth nationwide, emphasizing hard work, ingenuity and creativity.

One of his most cited quotes provides insight as to how Miller packed so much into one lifetime—

“If you don’t do it this year, you’ll be one year older when you do.” ■



Warren Miller was born in Hollywood in 1924. His Depression-era childhood in a dysfunctional home helped to motivate him to find his own

freedom in the outdoors, leading to a lifelong obsession with snow, surf and adventure.

He premiered his first annual ski film in 1950, and over the next five-plus decades millions of skiers and snowboarders flocked to his films.

Warren was inducted into the U.S. Ski Hall of Fame in 1978.



Iconic Ski Pioneers

Dave McCoy, Warren and Jimmie Heuga



Industry News

Big Sky

Big Sky announced the replacement of their Ramcharger Quad Express with North America's first eight-person chairlift, complete with heated seats and a bubble.



Nancy Greene

February 15th, 2018 was a special day, marking 50 years since Sun Peaks Resort Director of Skiing, Nancy Greene, thrilled the country with her gold medal win in the 1968 Winter Olympics in Grenoble, France.



Big White

Big White announced that they will be spending \$10 million this year on upgrades around the resort. The largest investment is the \$3.9 million construction of a new Powder Chair. The four-passenger fixed grip lift will replace Canada's oldest and most popular triple chair, which was built in 1979.



Winter Park

Winter Park Resort announced, that as part of a larger Alterra plan, they will replace the Zephyr Express chairlift, currently a high-speed quad chairlift, with a new 10-person gondola.



People

Lester Crown, the patriarch of the billionaire Crown family, bought Aspen Skiing Co. in 1985. The family also has ownership stakes in General Dynamics, Sara Lee and JPMorgan Chase & Co., the latter of which is leading the consortium of banks handling Alterra Mountain Company's roughly \$1.2 billion in debt. ■

Federal Ski Fee Retention Bill

The Ski Area Fee Retention Act of 2018 was introduced in the U.S. House of Representatives and the Senate earlier this month.

The bill would earmark a major portion of USFS permit fees, roughly \$22 million to \$24 million of the estimated \$37 million resorts on public lands pay in permit fees, for improving ski area permit administration, processing of ski area proposals, and addressing any backlogs in permit administration or processing.

The fees can also be used for interpretation, visitor services and support of USFS Avalanche Information/Education.

The bill could have broad impact. It would allow the USFS to transfer funds from one ski forest to another if the originating forest can't reasonably spend the amount of fees retained.

This means that all 13 ski states with public land ski areas can benefit from this legislation. The retained funds can also fund regional Winter Sports NEPA teams. After all those uses are met, the bill allows retained funds to be expended on non-ski area recreation permit administration.

2018 – 2019 Vail Pass Options

Destination	Epic	Epic Local	Epic 7 / 4 Day	Military / Vets
Adult (Age 18+)	\$899	\$669	\$669 / \$439	\$99 / \$499
Children's Price (Age 5–12)	\$469	\$359	\$359 / \$239	\$99 / ?
# Resorts	61	15	16	14
Restrictions	None	Some	None	None
Ski-With-Friends	6	6	6 / 0	6
Buddy Tickets	6	6		
Discount Tickets	yes	yes	yes	yes
Up to 30 European Resorts	limited			
Telluride	7 days ^		T7 / T4	
Resorts Canadian Rockies (RCR)	7 days Total		T7 / T4	
Crested Butte, Okemo, Mt Sunapee	7 day at each ^	7 day at each ^		
Hakuba Valley, Japan	5 days	5 days		
Arapahoe Basin, CO	unlimited	unlimited	T7 / T4	
Beaver Creek, CO	unlimited	T10 *	T7 / T4	unlimited
Breckenridge, CO	unlimited	unlimited	T7 / T4	unlimited
Heavenly, Tahoe, CA/NV	unlimited	limited *	T7 / T4	unlimited
Keystone, CO	unlimited	unlimited	T7 / T4	unlimited
Kirkwood, CA	unlimited	limited *	T7 / T4	unlimited
Northstar, Tahoe, CA	unlimited	limited *	T7 / T4	unlimited
Park City, UT	unlimited	limited *	T7 / T4	unlimited
Stowe, VT	unlimited	limited *	T7 / T4	unlimited
Vail, CO	unlimited	T10 *	T7 / T4	unlimited
Whistler/Blackcomb, Canada	unlimited	T10 *	T7 / T4	unlimited
Afton Alps, MN	unlimited	unlimited	7 / 4 FREE days	unlimited
Mt. Brighton, MI	unlimited	unlimited	7 / 4 FREE days	unlimited
Wilmot, WI	unlimited	unlimited	7 / 4 FREE days	unlimited
Perisher, Australia	unlimited			unlimited

T4 / T7— Limited to 4 or 7 days total between the resorts marked for Epic 4-day or 7-day Pass, respectively.

T10— Limited to 10 days total between the resorts marked.

^ 50% off lift tickets once the allowed days are used.

* Holiday Restrictions— 11/23/18-11/24/18, 12/26/18-12/31/18, 01/19/19, 02/16/19-02/17/19.

RCR include Fernie, Kimberley, Kicking Horse, Nakiska, Mont Sainte Anne, Stoneham.



2018 – 2019 Ikon Pass Options

Destinations	IKON Pass	IKON Base Pass	
Adult Price	\$899	\$599	
Children (limited with adult ticket purchase) ^	\$199	\$149	
Friends & Family Tickets	10 at 25% off	8 at 25% off *	
Big Bear Mountain Resort, CA	IKON Unlimited	Base Unlimited	CALIFORNIA
June Mountain, CA	IKON Unlimited	Base Unlimited *	
Mammoth Mountain, CA	IKON Unlimited	Base Unlimited *	
Squaw Valley Alpine Meadows, CA	IKON Unlimited	Base Unlimited *	
Alta / Snowbird	7 days Total	5 days Total *	ROCKIES
Aspen Snowmass	7 days Total	5 days Total *	
Big Sky Resort, MT	7 days	5 days *	
Copper Mountain, CO	IKON Unlimited	Base Unlimited	
Deer Valley, UT	7 days	5 days *	
Eldora, CO	IKON Unlimited	Base Unlimited	
Jackson Hole, WY	7 days	5 days *	
Steamboat, CO	IKON Unlimited	5 days *	
Winter Park, CO	IKON Unlimited	Base Unlimited	
Blue Mountain, ON	IKON Unlimited	Base Unlimited	CANADA
CHM Heli-Skiing	10% Discount	10% Discount	
Revelstoke, BC	7 days	5 days *	
Ski Big 3— Lake Louise, Sunshine, Mt. Norquay	7 days Total	5 days Total *	
Tremblant, QC	IKON Unlimited	Base Unlimited	EAST
Killington, VT	7 days	5 days *	
Loon / Sunday River / Sugarloaf	7 days Total	5 days Total *	
Snowshoe, WV	IKON Unlimited	Base Unlimited	
Stratton, VT	IKON Unlimited	5 days *	
Sugarbush, VT	7 days	5 days *	

* Holiday Blackout dates— Dec 26–31, 2018; Jan 19–20, 2019; Feb 16–17, 2019.

^ For Children aged 12 & under with purchase of an adult ticket through April 9, 2018.

Military— 20% off pass price.

Bolded resorts are a part of the Alterra Mountain Company





Apps for skiing

Mammut Safety

for the Backcountry Explorer

Users can utilize the app's altimeter, clinometer and compass to evaluate the safety of where you're skiing. You can find links to avalanche bulletins around the world. It also can transmit GPS data to the mountain's rescue service or a designated phone.

Open Snow

for the Powder Chaser

You can find real-time forecasts for resorts all over North America, Europe and Japan, as well as analysis from local forecasters. If you are trying to decide what mountain you want to tackle, OpenSnow lets you compare resorts on one screen, or you can

search by what resort has the most snow currently. You can use the App to set up alerts for the forecasts and reports of your favorite resort.

Skadi

for the Resort Roamer

Skadi is like having a personal mountain guide in your ears at all times. It works like this: You start by inputting information such as your skiing ability, any desired way-points and whether you would like to explore new runs or avoid long lift lines. Then, Skadi will design a route for you and feed you turn-by-turn directions around the mountain through your headphones, much like your car's navigation would.

SkiLynx

for the Social Skier

SkiLynx makes locating and communicating with all the members in your squad a non-issue. You can create a private group for you and all your friends where you can see in real-time what run or lift everybody is on, and then message each other within the app. It is also compatible with the Apple Watch for easy access while riding.

Ski Tracks

for the Limits Pusher

SkiTracks is the perfect app for measuring and recording all the stats you'd want to know about your ski day (and some you'd never even thought of). With stats like max and average speed, distance traveled, vertical, altitude, number of runs, slope degrees and duration all in one place, SkiTracks makes it easy to quickly check how you're skiing and compare it to your friends.

In Summary

We love Ski Tracks. The Android link for Skadi doesn't work and we couldn't locate the app in Goggle Play. All apps are free except Ski Tracks (99¢) and SkiLynx (\$2.99.)

Does anyone else have experience with any of these apps? Any ski apps out there you might recommend? I also use Trace which is free. ■



Our oceans are drowning in plastic... and no one is really paying that much attention.

It's a frightening fact that every single piece of plastic ever made still exists somewhere on this planet.

With plastic there really is no 'away'. While we treat plastic as a disposable material, it's actually indestructible, at least during our lifetimes and for the next few generations to follow us.

Globally, we are consuming more and more single-use plastic items, but many countries lack the waste infrastructure to process it, resulting in plastic debris entering our waterways.

In places where there is good infrastructure, intentional littering or improper disposal may have the same results. Many people don't think about the way they may be contributing to this waste, such as by throwing a cigarette butt (which is plastic!) on the ground or adding their trash to the top of an overflowing garbage can.

Here are some tips that you as an individual can use less plastic. Read more at www.lessplastic.co.uk. ■

Sustainability— Plastic

Contributed by Catherine Ohl

9 TIPS FOR LIVING WITH LESS PLASTIC

- 1** Bring your own shopping bag
- 2** Carry a reusable water bottle
- 3** Bring your own cup
- 4** Pack your lunch in reusable containers
- 5** Say no to disposable straws & cutlery
- 6** Skip the plastic produce bags
- 7** Slow down and dine in
- 8** Store leftovers in glass jars
- 9** Share these tips with your friends

LESS PLASTIC.

WWW.LESSPLASTIC.CO.UK



Training

Either use the machines in the gym or do sit-ups and press-ups at home. For boarders who take a lot of hits strong shoulders are important. Here are some simple exercises to do at home.

Stretching

Increased flexibility helps prevent injuries allowing your body to cope more easily with the strange twists which happen from time to time on skis. It also helps to prevent soreness and stiffness during and after skiing. Calf stretching is very important, particularly for beginners. Hamstrings stretches and quad stretches are also vital.

A little stretch every time you do some exercise will increase your flexibility, and you will be glad of it if you have a spectacular wipeout.

Ski technique needs to be learnt but you'll improve much quicker if you have good balance and coordination.

These assets can also help better skiers stay on their feet and recover from a potential wipeout at speed.

Staying Slope Ready

Contributed by Gene Fulkerson

Spending a full day on the slopes can be tiring even for the fittest individual. Can't imagine how bad someone would feel if they weren't in shape.

To ensure total strength and fitness in your legs, a combination of **strength & endurance training** and **cardio exercises** is recommended.

The strength training should cover all the major muscles of the lower body, hamstrings (back of thighs), quads (front of thighs), glutes (butt muscles) and calves.

And for obvious reasons, any exercise that challenges your balance would be beneficial not only for strength but for keeping you on your feet on the slope!

Wall Squats

Start by standing 12"- 18" from a wall with feet shoulder-width apart, then lean back fully on to the wall, now slowly move your butt towards the floor until your knees are at right angles.

If your feet are closer to the wall than your knees, slowly move them so they are in-line. Maintain this position as long as you can. Time yourself, then add an extra 10 seconds each time you do it.

Lunges

Start with your feet together then take a large step forward with one leg and bend down so the front leg forms a right angle and the back knee almost touches the floor. Keep your back straight the whole time.

Then go back up and switch legs. Lunges can be done for 20 repetitions followed by a rest. Repeat four times.

Core strength- stomach, back and sides- is also a key area, especially for beginners or snowboarders who fall over a lot and use this muscle group to get back up.

Cardiovascular

Any way you can improve your cardiovascular system will help to improve your skiing stamina.

- Going for a fast walk will give you a fair cardiovascular work out.
- Walk upstairs instead of catching elevators. Walk up escalators instead of standing still.
- Try whenever possible to get yourself a little out of breath.
- Little and often is better than a long run once a week.
- Cycling, running, rowing three times a week will provide a solid base.
- Hitting the treadmill pays huge benefits on the slopes. ■



Safety—Tree Skiing

Contributed by Gene Fulkerson

Many of you may know that I LOVE TO SKI THE TREES! But I understand that tree skiing is one of those aspects of downhill skiing you either love or hate.

This is shaping up to be a very dangerous snow season in the west. With all the late and heavy snowfall we've gotten early in March (and much more promised) there is heightened danger for avalanches and tree-well deaths.

If you are open to the wild and wondrous world of tree skiing here's a few safety tips that are going to give you a better experience. Remember even if you fall into a well butt first, you'll have a hard time getting yourself out.

⇒ Obey all Signs

Do not duck under boundary markers. The least you will lose is your lift pass, the worst would be your life.

⇒ Ditch the Pole Straps

This one is a no-brainer; it's much better to have to backtrack and find your pole than to get carried off to emergency with a dislocated shoulder. Make your tree skiing safer by hanging onto your poles, don't attach them.

⇒ Always Ski with a Buddy

It's Standard Operating Procedure that whenever you're set to hit the slopes that you ALWAYS ski with a buddy. Not only does this make your skiing adventure more enjoyable, but you know you've got someone that can help if you run into trouble. This is especially important since tree skiing isn't exactly risk-free!

⇒ Pre-Training Helps

Off season, the best route to get used to the trees is to spend some time downhill mountain biking, trail running or rollerblading a course. Get used to the tree-line so you can take full advantage when you've slipped into your skis.

⇒ Traverse Down

Keep in mind that trees are never evenly spaced like you see in storybooks. Traverse until you see a fairly wide lane and start skiing down; when the lane starts to get narrow just traverse until you find a wider opening, and follow this line until you need to traverse again. Just know that one lane isn't going to get you all the way down the hill in one piece.

⇒ Is there Enough Snow?

Make sure you've got at least 6 inches of fresh snow on the top of the hill before you decide to tree ski down. Be wary of stumps and logs that may not be buried early in the season. The last thing you want to do is come flying through the trees and get your tip stuck under a half-covered log or boulder.

⇒ Be Set for Hitting a Tree

It's not a matter of "if" but "when" you'll smack into a tree. Don't panic. Take your skis off and use whatever you can to climb out—poles or the tree. You may even be able to roll out. If you are not hurt it's not such a big deal.

⇒ Head for Thicker Trees

If the snow is flying and you're having trouble seeing, head toward thicker trees. When there are more trees the extra coverage helps block more snow and improve your sight line.

⇒ Be Set for an Emergency

Whenever you are tree skiing make sure you have a space blanket, food, mobile phone or radio, water, extra layers, and a first-aid kit. Better safe than sorry!

Tree skiing is loads of fun. Use these practical pointers to stay safe and make your downhill skiing adventures something to remember!

⇒ Slow Down! ■





Skiing History

Squaw Valley, March 21–24, 2018

The International Skiing History Association (ISHA) will host Skiing History Days at Squaw Valley, California, March 21–25, 2018. The event will be held in conjunction with the NASTAR 50th anniversary celebration and national championships.

Join your ISHA friends, award-winning ski historians from around the world — including a delegation from the Altai Mountains of China — and hundreds of the country's best recreational racers for a week of parties, skiing and racing at Squaw Valley, site of the 1960 Winter Olympics!



Squaw Valley, California hosts the 26th annual ISHA Awards Banquet on March 23, 2018. Most of the following events are free.

9 am to noon: Guided mountain tour with inspection of the 1960 Olympic race courses, led by Osvaldo Ancinas and local Olympians. Accomplished skiers only, please. Buy your lift ticket first and meet at the base of the Funitel.

Starting at 11:30 am: Group lunch (buy your own). Meet at Sandy's Pub at the Resort at Squaw Creek.

1 pm: Demonstration of ancient skiing techniques from the Altai Mountains of China, plus longboard racing in period costumes by members of the Plumas Ski Club. The slope is just southwest of the Squaw Creek lift, near the deck at the Resort at Squaw Creek and Sandy's Pub.

5 pm: ISHA cash bar cocktail reception. Open to the public. Mingle with our 2018 ISHA Award winners and meet the delegation from China. Olympic Village Dining Hall at Squaw Creek.

6:30 to 9:30 pm: ISHA 26th Annual Awards Banquet. Honoring the year's best ski history books, films and creative media, plus a Lifetime Achievement Award for Shan Zhaojian, the "father of modern skiing" in China. Olympic Village Dining Hall. Tickets on sale now!

Plus: Don't miss the book signing and reading on Saturday, March 24 with 2018 ISHA Award winner Peter Shelton (*Tracks in the Snow*) from 3 to 5 pm at Gallery Keoki in the Village at Squaw Valley. Raffle prizes, light refreshments. ■

Kids Korner—Academy

As the ski season comes to a close, athletes across the country are considering what's next in their ski careers. Here are some of their options... out west.

Loveland

Based in Colorado, Loveland offers private training in a team environment with easy access to snow just off the main highway. The training slope is so solid and the access is so convenient, that it continues to be one of Mikaela Shiffrin's go-to training spots when she's home. Off the slopes, athletes have the flexibility to choose the schooling option that works best for them from homeschooling to local public schools. This makes the program supremely flexible and customizable.

GroundSwell Athletics

GroundSwell Athletics combines alpine ski racing with a scenario-based educational platform, focused on organizational and personal development. They help high school and college graduates gain real-world skills to put on their resume and prepare them for life after ski racing. Whether an athlete is pursuing the national ski team or they are a current college student, who wants to combine high-level summer training options with hands-on experience growing a company, GroundSwell Athletics provides unique opportunities for growth.



Rowmark Ski Academy

Rowmark Academy, part of Rowland Hall, is a full-time academy for 9th grade through post-graduate, and also offers a complete junior program from 3rd through 8th grade. Their focus is on the complete student-athlete: academics, athletics, technique, tactics, physical conditioning, sports psychology, teamwork and citizenship.

Sun Valley Ski Academy

The Sun Valley Ski Academy at the Community School gives athletes access to an incredible mountain and a solid education. The Community School provides an unmatched level of support with a dedicated academic coordinator, who travels with student-athletes throughout the training and competition season. There is online support that allows students to be 'in class' even when they are on the road, and a full complement of summer term courses that allow winter athletes to lighten their load when they are their busiest.

Squaw Valley Academy

The site of the 1960 Olympic Winter Games has produced numerous

Olympians and Squaw Valley Academy (SVA) is a part of that rich history. SVA offers strong preparation for college as its central focus and it maintains a 100 percent college acceptance rate, because students work individually with a college counselor to find schools that best meet their needs. This academy combines academic success with national team dreams.

Sugar Bowl Academy

Not only does Sugar Bowl Academy offer rigorous academic curriculum, but their new facilities have over 10,000 square feet of professional academic space, an 8,000 square foot dormitory, a world-class Performance Training Center and easy access to the Van Ruiten Race Arena, an area designated exclusively for SBSTA athlete. It's the ultimate ski-in, ski-out academy experience.

Vail Academy

Vail Ski & Snowboard Academy (VSSA) is the first public ski and snowboard academy in the country. VSSA is a college preparatory school that challenges students with a rigorous academic curriculum in parallel with supporting an elite training and competition schedule. VSSA students develop a level of independent learning, maturity, confidence and leadership qualities — life skills that distinguish their athletes. ■



It's a Wrap— Big White

This is our 12th annual December trip to Big White in hopes of catching some of that early season powder. The snow was some of the best we've seen in early December and it was the best the west had to offer.

The highlight of the trip was the Big Reds at Big White. This event just gets bigger and better every year. Wines were provided by the local wineries of the Okanagan region from Kelowna to Osoyoos. Food was provided by the local restaurants of Big White.

And while the whole Big White program hadn't yet kicked all the way in, there were a few of the activities offered. There was free hot chocolate at the skating rink at Happy Valley. There was also a night of free tubing with a big bonfire. This was so much fun that you must do it. The fireworks display was incredible and we could watch it from our deck. ■



Heading for the trees.



Lots of snow in the trees.



Fresh snow again. Got to love it.



Sandy, Michelle, John, Gene



Sandy, Michelle, PJ at top of the Bullet.



Our resident wine geek.



100% of proceeds to benefit Can Do MS

Join Pacific Rim for the 18th Annual
Wine Maker Dinner
A Fund Raiser for MS

September 29, 2016, 5 PM
10818 Viacha Dr. San Diego

\$100

About the Dinner

- Guest Executive Chef Mary!
- Dinner will consist of 7 courses with an exquisite wine specifically matched to each course.
- Dinner typically lasts a fun 5 hours.

Send check for \$100 payable "Can Do MS" to Gene Fulkerson at 10818 Viacha Dr. San Diego, CA 92124
100% of your donation to benefit Can Do MS.

Pacific Rim presents
Hike Torrey Pines
Sat., May 26, 2016, 9am



5.6 Intermediate Miles
Meet at Torrey Pines Scenic Park

Call Gene 619-804-1939 for confirmation

Bring hat, sunscreen, sunglasses,
sufficient water & food.

Common Sense Safety Trip

Contributed by Gene Fulkerson

- ⇒ *Slow down*
Ski in control.
- ⇒ *Obey all signage*
Do not duck under boundary markers. The least you will loss is your lift pass, the worst would be your life. And resorts are actively taking people's passes away this season.
- ⇒ *Wear a helmet*
While helmets don't prevent concussions, they can lessen a concussion and will help turn a potentially lethal injury into a minor injury.
- ⇒ *Conditioning*
Strength training is good but stretching prepares your body for exertion and sports performance.
- ⇒ *Equipment*
Equipment should be properly sized and appropriate to one's ability.
- ⇒ *Use common sense*
Don't ski or ride when tired. Don't ski or ride alone. Drink lots of water. Avoid alcohol. The list goes on.
- ⇒ *Take a lesson*
There is always something new to learn. ■



Big White

April 1 – 8, 2018

NIGHTLY LODGING & LIFT TICKETS FROM **\$77 USD*** PPPN

Signing Up—

- Choose your lodging, dates and room/condo mates
- Book your lodging with Big White
 - Book your ground transfer (\$95 CAD / \$75 USD*)
- Book your air
 - Big White can assist you
- Send \$75 USD for the PARTY FUND to
 - Pacific Rim Alliance, Attn: Gene Fulkerson
10818 Viacha Dr., San Diego, CA 92124

Trip Includes—

- One **FREE** lift ticket for every night booked
 - Per person based on two per room

\$75 USD Party Pack Includes—

- One group dinner
- Apres ski parties
- Tubing night
- and more

About White Crystal Inn (hotel room)—

- Nightly room rate is \$161 CAD + tax for TWO (dbl occ)
 - That's about **\$77 USD* pppn (includes tax)**
- Ski-in / Ski-out located in the Village Center
- 2 Queen Beds, mini-fridge, coffee maker
- On-site Sante Bar & Grill
- Hot tub & lockers

** Payments made through Big White in Canadian Dollars based on current exchange 1 CAD=0.80 USD (subject to change)*

About Big White—

- 25 feet annual dry powder.
- 2,800 patrolled skiable acres.
- 2,550 feet of vertical.
- 4.5 miles longest run.
- 6% ◆◆ 22% ◆ 54% ■ 18% ●
- 118 designated runs.
- 10 ski lifts (6 are high speed).
- Free ski hosts tour at 10:30 AM.
- 5,757 feet Village elevation.
- 18 Restaurants & Bars.
- **BEST SPRING SKIING in the WEST.**

Need a roommate? HELP?

- Contact Gene at **619-804-1939** or gene@pacificrimalliance.org



Air Options from LA—

- **West Jet**
 - From \$450 with stop in Vancouver
- **Air Canada**
 - From \$450 with stop in Calgary

– Alaska

- From \$410 with stop in Seattle, WA

Air Options from San Diego—

– Alaska

- From \$486 with stop in Seattle, WA

radar **RIVER** rats 2018

colorado **RIVER** skiing/boarding
needles **MARINA**



You must be a current member of the Radar River Rats and sign a Liability Release to participate in our water ski/board events.

\$145**



photo courtesy Catherine Ohl

water **SKIING** wake **BOARDING** at its very best!

2018 Colorado River **SCHEDULE**

June 21–24	July 19–22
Aug 2–5	Aug 16–19
Sept 6–9	Sept 20–23
Oct 4–7	Oct 18–21

Everyone Welcome
Friends ° Family ° Beginner ° Expert

Please note: Our skis and wake boards are best suited for Beginners to Intermediates. We suggest if you require more advanced equipment that you rent them from your local sporting goods store.

Trip Includes—

- 1 Full & 1 Half Day Skiing/Boarding
- Equipment & Instruction
- Waterfront Camping
- 5 Meals— 3 on Saturday & 2 on Sunday
- Saturday Happy Hour
- Beer, Wine & Soda on Saturday & Sunday

What's Available—

- Location— **Needles Marina**
- Pool, Showers & Rental Cabins available
- 6 PM Check-in Fri, 5 PM Check-out on Sun
- Option to add Friday Skiing/Boarding

Prices—

\$145 **	Skier / Boarder
\$75	Non-Skier *
\$35	Child age 6–12 *
Free	Child 5 and under*

Must be a member of Radar River Rats—

* May not ride in the club boat during club hours.
** Subject to fuel surcharge if gas is more than \$5/gal

For Trip Information—

Visit www.RadarRiverRats.org
Call Patricia at 323-651-0686 (before 9 PM)

Boat Drivers—

Call Gene at 619-804-1939 (before 9 PM)



Pacific Rim Alliance invites you...

Cabo San Jose, Mexico

October 22– 29, 2018

Choose your dates & length of stay

Royal Solaris

● *The All-Inclusive Basics*

- Spacious Hotel Room with Stocked Mini-Bar
- Choice of King or 2 Queens
- Unlimited Meals, Alcohol, Soft Drinks
- Five Restaurants & Four Bars
- Two Swimming Pools and Two Jacuzzis
- Steam Room and Fitness Center
- Weekly Activity Programs
 - Beach & Pool Volleyball, Aqua Aerobics, Water Games, Dancing Lessons, Yoga
- Dinner Shows and Theme Nights
 - Mexican, Latin, Cinema Solaris, Evolution of Dance
- Live Music in the Lobby Bar most nights
- Scuba Diving Demo at the Diving Pool
- Taxes & Tips

● *Member Benefits Include*

- Round Trip Transportation from Airport
- Ocean View Room
- Robe & Slippers
- Free Wi-Fi
- Member Gourmet Breakfast
- Premium Bar & Members Only Lounge
- Premium Dinner Menu & Advance Reservations
- Reserved Seating at Dinner Shows
- Caribbean Night with Brazilian Dancers & Fire Show
- Excursion (1 free for 6-day+ stay) choice of
 - Snorkeling, Camel Ride on Beach, Ziplining

● *Pricing* [double occupancy]

\$95 per Person per Night

- Includes Basic Benefits
- Member Benefits (for stays of 6 or more nights)

\$76* per Person per Night

- **Must attend a 90-min time-share presentation**

* Price increases to **\$81** pppn after May 22, 2018.

Price increases to **\$86** pppn after July 22, 2018

● *Extras Available (\$)*

- Room Service
- Business Center
- Spa, Beauty Salon and Shops
- Shuttle Service to Cabo San Lucas
- Tours Operated by Outside Company On Site offers Zipline, Fishing, ATV, Diving, Swim with Dolphins

● *The Fine Print*

- Can use Credit Card to Pay [no additional charge]
- Entertainment/Programs subject to change
- Solaris is a time-share and you will be asked if you want to attend a presentation. In our experience, if you say no they will leave you alone.
- Royal Solaris is located in Cabo San Jose, only 15 minutes from the San Jose International Airport (SJD) and just 20 minutes from Cabo San Lucas.
- Trip Insurance is recommended.



SKI OR RIDE FOR MS 2018

www.usarc.org/skiathon

Saturday, March 3 | Squaw Valley, CA



VERTICAL EXPRESS

Proceeds to benefit Can Do MS's lifestyle empowerment programs.

To Sign-Up / Donate contact—
Catherine OHI, 818-405-0637
ohi@catmeowz.com

Event Highlights:
BREAKFAST | LIFT TICKETS
POKER RON | FUN RACE
APRES PARTY | PRIZES

2018 Ski-A-Thon Registration

- Read FAQs and information at <http://usarc.org/skiathon>
- Register online at <http://bit.ly/SkiATHon2018>
- Need assistance? Contact USARC at 909.584.0269

Online Registration
\$150 Individual or \$500 Team of Four

Onsite Registration
\$200 Individual or \$600 Team of Four



USARC's Annual Ski-A-Thon
Big Bear Mountain, CA
March 10, 2018



California Coastal Cleanup Day

San Diego County

Saturday, April 21, 2018, 9 AM - 12 noon

Mission Beach - Belmont Park

Meet on the grass south of the rollercoaster at Belmont Park in Mission Beach, San Diego.

Special Instructions—
All volunteers should wear comfortable closed tied shoes and sun protection. Help reduce waste by bringing your own reusable water bottle, gardening or work gloves and a bucket to collect litter.

Join 8,000 volunteers for this countywide cleanup project as we beautify 104+ cleanup sites countywide.

Check out the full list of sites at www.cleanupday.org

If you are not sure which site you would like to volunteer at, check out one of the sites highlighted in green. These sites are in need of volunteers!

Bring your cleanup into the 21st Century by downloading the app **Clean Swell** to track your litter data while you clean up! Clean Swell is available on your Android or iPhone device!

I Love a Clean San Diego

To Sign-Up / Donate contact—
Catherine OHI, 858-405-0637
ohi@catmeowz.com



Walk4ALZ | San Diego

Alzheimer's | Join us now

Location: **Balboa Park**
Date: **Saturday, October 20, 2018**
Registration: **6:30 am**
Opening Ceremony: **7:30 am**
Walk Starts: **8:00 am**
Route Length: **2.75 Miles**
Team Name: **Pat's Pride**

Join / Donate at <http://bit.ly/sd-Walk4ALZ-2018>



Far West Ski Association

TRAVEL

ALYESKA--IDITAROD

Far West Ski Association

2018 Alyeska/Iditarod Trip
February 25--March 4, 2018

Package price range \$ 1,130--\$1,410

Air/General **NOT** included
Optional Activities **NOT** included

"The Snow of the Student Skier"



Alyeska Resort is located 40 miles southeast of Anchorage. The Hotel Alyeska is a luxury ski hotel on hotel set within the Chugach Mountain wilderness. Optional activities available.
The Hotel Captain Cook is located in downtown Anchorage within walking distance to the Opening activities of the Iditarod... Optional activities available.

Contact: Gloria Ramirez, Trip Leader
861-429-7996 or 661-500-8229
ganz2011@gmail.com

OR
Nancy Ellis, VP North America Travel
330-474-4291 or 330-592-0596
travel@nancyellis.com

Must be a Member of a Far West Ski Association affiliated club or a FWSA Diver Member.



FWSA CST #2018061-08

Included:

ALYESKA RESORT:
Welcome Party
Kamov Party
Lift Tickets

ANCHORAGE:
The Northern Lights
Iditarod Events
Fair Food Service

Optional Activities:
Hobby Fair
Dog Sledding
Cable Car
Golf Course
Heli-Cat Skidoo
Skiing
Ice Skating
Fishing
Tennis
Sled Dog

FWSA 9th Annual Scuba Dive Trip - Grand Cayman

September 15 - 22, 2018

Cobalt Coast Resort



Diver Land Package = \$1330.00-Garden Room - Double Occupancy
Non-Diver Land Package = \$1061.00-Garden Room - Double Occupancy
Single Supplement Garden Room Add = \$209.00
Lodging Upgrades Available - contact Randy Lew for details
(air transportation not included in above pricing)
Passport must be valid thru March 22, 2018

Price Includes:

- 7 nights at the Cobalt Coast Resort - Garden Room (20) Occupancy with all meals daily
- 4 days of 2-hour boat dives
- Complimentary use of dive computer (provided)
- Complimentary 30 ft
- Mount Accessories
- Transfer to and from airport to resort
- Resort fees, government taxes & gratuities (dive tips not included)
- PADI & SDI Certification and Instructors Dive Boat
- Welcome Party and Farewell Dinner



Contact: Randy Lew
FWSA Dive Trip Leader
829 SE 117th Place
Seattle, WA 98148
Cell: 330-364-0427
E-mail: FWSA12@nancyellis.com

Must be a Member of a Far West Ski Association club or a FWSA Diver Member.

CST # 201801-01

FWSA 2018 INDIA Adventure Trip

October 5 to 21, 2018



Estimated Group Airfare: \$700 - \$1,100 (based on 10 participants) & includes inter-country flights to and from Seattle to Mumbai. Taxes and airport charges. See website for details.

Approximate Land Package Price:
Double Occupancy = \$2957 (2018) - Single Supplement = \$295 (2018)

* Prices are based on a minimum of 10 participants and an average age of 1.50 to 1.75. Subject to change.

Discover the MAJESTIC palaces
of INDIA...
a melting pot of cultures!



Spain unforgettable memories



Visit the "Must See" sites of Delhi, Agra, Jaipur, Varanasi & experience much more! Discover the majestic palaces and world heritage sites!

Get a sneak peek preview click here!

or Scan QR code



Trip Includes:

- Lodging in 4 and 5 star accommodations - 11 days, 10 nights (Incredible value - comparable to our last \$1000/night)
- Domestic flights in 40/14 Southwest, 02/United and 14/Allegiant
- Maximum number of participants is 20 airfare is single
- Round trip Air Transportation from SFO to Delhi and includes inter-country flights
- Ground transportation will be by motor coach and best possible by train
- If possible an air-conditioned limousine on the purchase of Alaska
- Ray Siders, and a few pleasure and a sports plan to a local venue to bring together the children
- Excursions are included
- A Paper Book is required for all group members. Click link below for purchase and information: <http://www.fwsa.org/india>
- Farewell Dinner at home with National Guard participants

More details go to: Far West Ski Association (FWSA) - Presentation "FWSA 2018 INDIA Trip" on our web page.

Next on:

Donna Stewart
FWSA VP of Int'l Travel
438 S. Church St.
Vancouver, CA 98777

Travel@fwsa.org or call 360-717-0822

CST # 2018061-08

Island Windjammer Cruise 2019!!



ISLAND WINDJAMMERS



COME JOIN YOUR FAR WEST FRIENDS ON THE FIRST ISLAND WINDJAMMER CRUISE!

SAVE THE DATES!! MAY 19-26, 2019

Save the dates for the incredible 7000 sailing and 3000 fun-filled days and nights for the Island Windjammer Cruise 2019! This is the only 7-day cruise on the Island Windjammer Cruise 2019! This is the only 7-day cruise on the Island Windjammer Cruise 2019! This is the only 7-day cruise on the Island Windjammer Cruise 2019!

Costs include all port fees, meals, beer and soft drinks.

Be sure to book early as spots are limited. Bookings will be accepted on a first-come, first-served basis.

Call today to book your spot and secure your booking!

800-227-1111 Island Windjammer Cruise 2019



CST 2018061-01

For more information visit — www.fwsa.org

For more information visit — www.fwsa.org



86th Annual
**Far West Ski Association
Convention**
June 7 - 10, 2018
at the



3800 S. Virginia Street, Reno, NV 89502
800-723-6500 www.atlantiscasino.com

Hosted by *Bay Area Snow Sports Council*
and *Sierra League & Council*



Atlantis Casino Resort Spa

3800 S. Virginia Street, Reno, NV 89502

Reservations <https://reservations.travelclick.com/98418?groupID=2016540>

or call **800-723-6500**, Group Name: **Far West Ski Association**

Room Rates per night plus tax single or double occupancy —
\$80 (Sun - Thurs) **\$129** (Fri and Sat)

Room Registration Deadline May 17, 2018

Hotel Features

- World Class Casino
- Forbes 4-Star Spa Atlantis
- Indoor & Outdoor Pools & Outdoor Whirlpool Spa
- 8 Award Winning Restaurants; 10 Bars & Lounges
- Atlantis Family Entertainment Fun Center
- NO Resort fees, FREE Wi-Fi in guest rooms, FREE Parking
- Rates are available 3 days pre and post Convention

Transportation

- Air transportation is via Reno-Tahoe International Airport, located just 15 minutes from the Atlantis
- The Atlantis offers free airport shuttle service (4:30 am - 12:15 am)

Convention Highlights

- Silent Auction & Trade Show
- Travel Expo
- Snowsports Leadership Academy
- Celebrity Speakers
- Public Affairs Panels
- Saturday Awards Luncheon
- Saturday Awards Banquet
- FWSA General Meeting & Elections

Optional Activities

- **Thursday**
 - Rafting
 - Pub Crawl
- **Friday**
 - 12th Annual Michael German Memorial Golf Tournament
 - Hike at Lake Tahoe
 - Spa Day
 - Pool Party

Debbi Kor
FWSA Convention Chairperson
fwsadebbi@comcast.net
or 503.314.7078

Jeannine Davis
Silent Auction Chairperson
SilentAuction@fwsa.org
or 415.328.2333

Paul Vlasveld
BAC Host Council
Convention Coordinator
pvlasveld@comcast.net
or 408.314.4649

Jo Simpson
Sierra Host Council
Convention Coordinator
jo_simpson@sbcglobal.net
or 775.722.6468

A portion of the Silent Auction proceeds will benefit TBA.

www.fwsa.org

San Diego Council of Ski Clubs

TRAVEL

Spring Council **SUNSET** Happy Hour

Oceanfront Lounge & Patio

The Shores Restaurant Bar
8110 Camino Del Oro, La Jolla, Ca. 92037

April 26, 2018, 4:30 pm to 6:00 pm

DRINK SPECIALS—

Beer Flight \$10

(4) 4oz. pours - Guest Selections - Local Draft Beers

Mimosa Flight \$15.50

(4) 3oz Mimosas - Tropical Flavors including: Mango, Tropical Pineapple, Strawberry Lemonade & Traditional

EIGHT for \$8 HAPPY HOUR

EATS—

Shores Cheese Nachos (Black Beans, Salsa, Guacamole, Sour Cream)

Roasted Beet Hummus (Vegetable Crudit , Pita Crisps)

Sea Salt Pretzel Bites (Beer Cheese, House Mustard)

Sweet Soy Chicken Wings (Creamy Sesame Chile Dip)

Angus Beef Short Rib Sliders (Bourbon BBQ Sauce, Hawaiian Bun)

Ginger Pork Potstickers (Firecracker Sauce)

Bay Scallop Ceviche (Coconut Milk, Lime, Thai Chile, Cilantro)

Lemongrass Shrimp (Papaya Salad, Sesame BBQ Glaze)



April 27 - May 4, 2019

Bike & Boat— Amsterdam,
Netherlands to Bruges, Belgium

January 2020

Cruise— South America

January 2021

Safari— South Africa



SAVE the DATES

SAN DIEGO COUNCIL OF SKI CLUBS PRESENTS

Australia & New Zealand

CAIRNS • SYDNEY • QUEENSTOWN • ROTORUA • AUCKLAND



ITINERARY OCTOBER 2019*

PRE-TRIP OPTION:
5 nights in Melbourne & the Outback

Day 1-2 / Depart U.S.

Day 3-6 / Cairns, Australia
HOTEL Doubtless by Hilton Cairns or similar
INCLUDED TOURS Australian Wildlife Park, Great Barrier Reef
OPTIONAL TOURS Outer Great Barrier Reef, Tjapukai, Skyrail & Kuranda Village

Day 7-10 / Sydney
HOTEL Primus Hotel Sydney or similar
INCLUDED TOURS Sydney & the Opera House, Sydney Harbor Cruise
OPTIONAL TOUR Sydney by Night

Day 11-14 / Queenstown, New Zealand
HOTEL Rydges Lakeside Resort
INCLUDED TOURS Lake Wakatipu & Walter Peak Sheep Station, Milford Sound cruise, Arrowtown, Winery tour
OPTIONAL TOUR Kawarau Jet-boat Ride

Day 15-16 / Rotorua
HOTEL Distinction Rotorua Hotel or similar
INCLUDED TOURS Rotorua
OPTIONAL TOUR Te Puia Dinner

Day 17-18 / Auckland
HOTEL Rydges Auckland Hotel or similar
INCLUDED TOURS Auckland Harbor Sailing, Auckland

Day 19 / Auckland • Return to U.S.

POST-TRIP OPTION:
4 nights in Fiji

19 Days from **\$5695***

Land Tour with airfare from Los Angeles

OPTIONAL EXTENSIONS

MELBOURNE & THE OUTBACK
5 NIGHTS PRE-TRIP FROM **\$1995**

NEW! FIJI
4 NIGHTS POST-TRIP FROM **\$1595**

IT'S INCLUDED

- Choose to purchase Grand Circle's airfare, and your airport transfers, government taxes, fees, and airline fuel surcharges are included. Or, make your own air arrangements
- All flights within the South Pacific
- Accommodations** for 16 nights
- 30 meals** 16 breakfasts, 5 lunches, and 9 dinners (including 1 Home-Hosted Dinner)
- 18 included features:** 12 guided tours and 6 exclusive Discovery Series events; Abernethy's Today discussion - Returned Services League dinner - Opal discussion - Ohinemutu community visit - Home-Hosted Dinner - School visit
- Gratuities** on your main trip for local guides and motorcoach drivers

- Personal headsets** for all included and optional tours on your main trip
- Exclusive services of a local Grand Circle Program Director (assigned to no more than 42 travelers)
- 5% Frequent Traveler Credit** toward your next Grand Circle trip—**an average of \$24**
- Baggage handling for 1 piece of luggage per person, including tips

GCT GRAND CIRCLE TRAVEL

PLEASE MENTION THIS CODE WHEN BOOKING **69-24570**

*Information and prices are estimates only based on 2018 departures. Dates, prices, and itineraries are subject to change.

For reservations and information 1-800-597-2452 • press 2

www.gct.com/anz2018



SAN DIEGO SKI COUNCIL OF SKI CLUBS PRESENTS ASPEN – 2018

Enjoy beautiful Aspen at Christmas Time!! Ski Ajax, Snowmass, Aspen Highlands and Buttermilk.

SAVE THE DATE

December 6 to 12, 2018

The trip includes:

- 6 Nights Lodging at The Gant
- 5 days of lift tickets (fewer can be selected for a reduction)
- 2 or 3 Bdr / 2 or 3 Bath Condos w/Place, kitchen & balcony
- Daily Maid Service
- 3 Jacuzzis & 2 pools, 2 saunas
- In-Town Shuttle Service
- Round-trip Air from San Diego to Aspen + Transfers
- 2 Parties – Arrival and Departure

STAY AT THE GANT
A FOUR STAR CONDO
COMPLEX JUST 3 BLOCKS
FROM THE SILVER QUEEN
GONDOLA AT ASPEN MTN

Arrival and
Departure Parties

Cost TBA in
March

Hosted Events in
Aspen

Enjoy going on an experienced
trip. Trip leaders Mike and
Eileen Sanford have been
running this trip for more than
20 years.

TRIP LEADERS:

Mike and Eileen Sanford
esanford660@gmail.com

Assistant Leaders:
Kristina and Tim Powers
PowersKristinaM@gmail.com

Waiver/Release of Liability
Required

For more information visit — www.skisandiego.org

Community Center giving BACK...so easy to do

ALLIANCE



Can Do MS

Everything done at Can Do MS is driven by one simple belief: you are more than your MS. Can Do MS is the start of a whole new way of thinking about and living with multiple sclerosis. For more than 30 years Can Do MS has been empowering people with MS with research, webinars and other programs.

Our next fund raiser for MS will be our annual wine dinner on **Sept. 29, 2018**. For more information contact

Gene Fulkerson
gene@pacifcrimalliance.org
619-804-1939

Can Do MS

[formerly the Heuga Center for MS]
IRS 501(c)(3) Number 74-2337853
www.cando-ms.org • 970.926.1290

USARC

United States Adaptive Recreation Center (USARC) is committed to guiding people with disabilities toward the creation and affirmation of rewarding lifestyles. Located in Big Bear, CA, USARC runs an adaptive ski school in the winter. In the summer USARC takes to the fresh waters of Big Bear Lake for wild adaptive water sports.

To volunteer contact **Sara Richter**, Outreach Coordinator,
sara@usarc.org.

Ski-A-Thon Fund Raiser

The USARC Ski-A-Thon event is a life-changing event, not just for the cyclists, but for those whom the ride supports. To join or donate, visit **First Giving** at <http://bit.ly/SkiAThon2018>.



Recycle Program

Pacific Rim recycles cans, bottles and glass at all our events. Each quarter we donate the proceeds to a charity.

This quarter's donation goes to support our **Can Do MS** team on Saturday, March 3, 2018, at Squaw Valley. To race or donate visit our page at <http://bit.ly/CanDoMS2018>.



AmazonSmile is a simple and automatic way for you to support your favorite charitable organization every time you shop, at no cost. For more information, to sign up & shop visit— smile.amazon.com/.

The Unrecables

{re}Register Ralphs Card [each Sept]

The Unrecables Ski Club is a non-profit, volunteer-based organization, serving the recreational needs of people with disabilities. They promote adaptive sports, and encourage people with disabilities to participate in sports, recreational, and social activities in their

communities. The club is a member of the LA Council of Ski Clubs.

Log in to www.ralphs.com. Click on **Community Contribution**. Click on **Participant**. Follow the easy steps to enroll. **Their NPO# is 80831**. Be sure to complete all information.

To volunteer visit unrecables.org or email info@unrecables.org.



Trip Application

ALLIANCE

Trip/Event: _____ Trip/Event Dates: _____

If you don't have a roommate yet, just fill in the information for Participant 1. If you have more than one roommate, fill out the appropriate number of forms. Single Supplement is usually available upon request. Download Liability [Form](#).

Description	Participant 1	Participant 2 (Roommate)
EXACT Name on Passport		
Street Address		
City, State, Zip		
Email		
Cell Phone		
Home Phone		
Date of Birth		
Passport Number		
COUNTRY Passport Issued		
Date Passport ISSUED		
Date Passport EXPIRES		
Bedding ("2 beds" or "matrimonial")		
Cost — Basic Trip (PP)		
Cost — Extension (pp)		
Single Supplement (Call for price)		
Membership (\$8 single/\$10 family)		
Deposit		
Final Payment		
Departure Airport, Date & Time		
Departure Airline & Flight #		
Return Airport, Date & Time		
Return Airline & Flight #		
Special Requests		

Send form(s) with your payment to Pacific Rim Alliance, 10818 Viacha Dr., San Diego, CA 92124. To expedite the process, email this completed Trip Form to gene@pacifcrimalliance.org. For information contact [Gene Fulkerson](#) or call 619-804-1939.

Pacific Rim Alliance Photography Policy:

By attending a Pacific Rim Alliance Event (the "Event"), you consent to being filmed and or photographed, whereas your image, voice, and likeness may be used by Pacific Rim Alliance for promotional purposes. Any photograph taken at the Event, whether in digital or analog format, is subject to mandatory, non-exclusive license to the Pacific Rim Alliance for use in Event promotional purposes.

Our Sustainability Responsibility

Climate change is REAL! It's always been around but there is definitely a downward trend.

One of the issues that worries us is that we may lose the availability of skiing. Snowfall is no longer predictable. Snow levels are rising. Temperatures are generally warmer. Slopes are seeing more periods of rain in the middle of winter.

World glaciers are melting at accelerated rates. Glaciers in Europe are being covered with blankets during the summer to reduce melting. Animals that live in the Arctic are in danger as their ecosystem is disrupted.

Protect Our Winters is a passionate crew of die-hards, professional athletes and industry brands mobilizing the outdoor sports community to lead the charge towards positive climate action.

A one year membership in POW is now included in the new 2018-19 Ikon. Pass. The change starts with us.



Rules of Conduct

This policy applies to all persons participating in a Pacific Rim Alliance Event. All participants are requested to observe common courtesy and generally accepted standards of social and moral behavior.

- ◆ There is a Zero Tolerance Policy on illegal drug use at any sponsored event or trip.
- ◆ Alcohol is allowed in moderation and where permitted by law.
- ◆ Smoking is not permitted when with the group, including but limited to, cigarettes, e-cigarettes and pot.
- ◆ There is a strict policy prohibiting sexual harassment and harassment because of race, religion, color, national origin, ancestry, disability, medical condition, marital status, sexual orientation, age, or any other basis made unlawful by any applicable law or ordinance or regulation.
- ◆ Profanity and off-color humor is only permitted if it is not offensive to other participants.
- ◆ Parents/Legal Guardians of minor children under the age of 18 are responsible for the supervision and behavior of their children.
- ◆ Board Members will attempt to resolve problems in a mutually beneficial manner. When resolution cannot be achieved, the proper authority will be called to resolve the problem.
- ◆ Participants who violate our Conduct Policy may be excluded from future trips without reimbursement of expenses. ■



POW 
 PROTECT OUR WINTERS
<http://protectourwinters.org/>



Tahoe, March 2015

Membership Application

ALLIANCE

ALL Pacific Rim Alliance attendees must be a member to participate in one of our trips. Our membership year is from July 1, 2017 through June 30, 2018.

To join the Pacific Rim Alliance, fill out the following, Sign your release of liability and send with your check [payable to Pacific Rim Alliance] to:

Pacific Rim Alliance
10818 Viacha Dr., San Diego, CA 92124

Name [1]: _____ Name [2]: _____

Home Addr: _____

City: _____ State: _____ Zip: _____

E-Mail Addr [1]: _____

E-Mail Addr [2]: _____

Cell [1]: _____ Cell [2]: _____

Home: _____ Work [1]: _____

Birthday [1]: _____ Birthday [2]: _____

Indicate Membership

[Includes membership in FWSA, LA & San Diego Councils, NSAA]

- \$8 INDIVIDUAL Membership
- \$10 FAMILY Membership—Significant other, spouse, children, friends residing at same residence qualify.

Photographs of members participating in club activities are routinely included in a newsletter or on our web site or facebook which is distributed to the membership and other interested parties and is made available to the general public. Signature is required below to agree to this and to the terms of the Release of Liability to the right.

Signature [1] _____ Date

Signature [2] _____ Date

Release Of Liability, Waiver Of Claims, Express Assumption of Risk and Indemnity Agreement

WAIVER: I am aware that participation in the Pacific Rim Alliance events has, in addition to the usual risks, dangers and hazards associated with travel, snowboarding, alpine, Nordic, Heli & off-piste skiing, certain additional risks, dangers and hazards including, but not limited to: boarding, riding and disembarking ski lifts; changing weather conditions; exposed or hidden natural or man-made objects; avalanches; failure to ski or ride safely or within one's own ability; and negligence on the part of other skiers and boarders, the organization or their staff.

I freely accept and fully assume all such risks and danger and the possibility of personal injury, disability, death, loss or damage to person or property that may occur as a result of my engaging in the above activities.

I HEREBY RELEASE AND HOLD HARMLESS [releasees Pacific Rim Alliance] WITH RESPECT TO ANY AND ALL INJURY, DISABILITY, DEATH, or loss or damage to person or property, WHETHER CAUSED BY NEGLIGENCE OR OTHERWISE.

I hereby release the releasees, their officers, directors, employees, representatives, agents, and volunteers from liability and responsibility whatsoever and for any claims or causes of action that I, my estate, heirs, survivors, executors, or assigns may have for personal injury, property damage, or wrongful death arising from the above activities whether caused by active or passive negligence of the releasees or otherwise.

MEMBERSHIP has its BENEFITS

The **Far West Ski Association** has an impressive collection of member benefits including trips, lodging, lift ticket and more. Check out the member benefits at fwsa.org.

The **National Ski Council Federation** has also discount benefits for club members which includes lodging, lift tickets, ski rental and so much more.

Check out www.skifederation.org for the complete list of benefits. Go to the "Members Only" area and sign up.



The bearer of this card is a member of the Far West Ski Association and entitled to all the benefits associated with membership in FWSA. This card is non-transferable. Photo ID may be required. Expires 4/30/18.



The Fine Print

About Pacific Rim

Pacific Rim Alliance is all about skiing. We were formed with the express notion of skiing the world and never having to attend a meeting.

Originally we concentrated on skiing exotic resorts in Europe, South America and New Zealand. These have been scaled back due to the weak economy. While many of us are now retired we are looking at locations that fit the quote that "we have more time than money."

We have gotten into the groove of running early and late season ski weeks to Big White Ski Resorts in Canada. These trips run about \$700 per person per week and include hotel lodging (double



Official Documents

We are a 503(c)7 not-for-profit corporation founded in 1997 and incorporated in the state of Nevada. We file a Form 990 yearly.

A current copy of our Bylaws and Articles of Incorporation can be found on our [website](#).

Liability waivers are required for membership on all trips and events. Trip waivers can be downloaded from our [website](#).

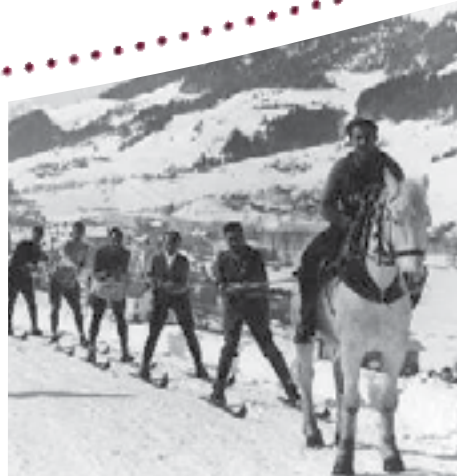
Use your brain, it's the most important part of your equipment.
~Kevin Andrews and Warren Miller, Extreme Skiing

occupancy), 6-day lift ticket, ground transfer from/to the Kelowna airport and various parties. We believe that Big White offers the best and most consistent early and late snow.

We do not offer Mammoth trips since there are so many ski clubs in both the Los Angeles and San Diego Councils that offer quality affordable bus trips to Mammoth. Just ask and we'll direct you.

We believe in giving back to our ski community.

- ◆ Our major fund raiser is our annual wine maker dinner for Can DO MS. To date we have raised more than \$40,000.



Ski History

We have a relatively young history as a ski club. Most of our history can be found in our past newsletters and photo galleries cataloged since our beginning.

We also have a collection of histories of ski clubs, councils, the Far West Ski Association and ski resorts in the west. It is a work in progress updated regularly by our Club historian. If you have any history you would like to share, contact **Catherine Ohl** at ohl@acatmeowz.com. Visit our [website](#) to learn more.

- ◆ We encourage members to participate in other on-snow fund raisers for so many good causes— Hope on the Slopes (for cancer), Ski to Defeat ALS, USARC Ski-a-thon and "Ski for MS."
- ◆ We also support junior racers (through the Far West Ski Foundation), Women's Ski Jumpers USA, Wounded Warriors, the Unrecables and others.
- ◆ We are passionate about protecting our earth and the future of skiing.



Learn-to-Ski Programs

We encourage our members to participate in the National Bring-A-Friend challenge (<http://www.bringafriend.org/>) in January.

There are some incredible deals for first time skiers. It's a great way to get your friends safely on the slopes.

Another significant program is National Ski Safety Month (www.nsa.org/safety-programs/national-safety-month/).





Pacific Rim Alliance Newsletter

Spring 2018



Mission Statement

The PACIFIC RIM ALLIANCE is a non-profit organization dedicated to the appreciation of skiing, boarding, sight-seeing, photography, travel, public affairs, our environment and civic awareness. The Alliance is further oriented to the building of international relations among skiers, snowboarders and sports organizations throughout the Pacific Rim.

Surplus moneys above requirements for deposits for future trips will be donated to non-profit organizations devoted to charity, research & education.

We are especially interested in, but not limited to, supporting Ski Area Development, Adaptive Ski Programs, Can Do Multiple Sclerosis, Olympic & Junior Racers and Ski Museums.

The Alliance is a member of San Diego Council of Ski Clubs (SDCSC), Los Angeles Council of Ski Clubs (LAC), Far West Ski Association (FWSA), National Ski Council Federation (NSCF) and an associate member of National Ski Areas Association (NSAA). Membership in Pac Rim allows you to participate in their events and programs. ■



FWSA Recognition Programs

Far West Ski Association has an extensive recognition and awards program. Over the years, Pacific Rim and our members have won numerous Far West awards.

There are a variety of programs for individuals. Submittal deadline is March 25. Details and applications can be found at <http://fwsa.org/MemberCorner/Programs/programs.html>.

Far West is offering three great

prizes that require some thought and work but yields a big reward.

- ◆ **Environmental Awardee** wins a 5-night ski trip for two to Aspen/Snowmass, CO.
- ◆ **Western Ski Heritage Awardee** wins a 5-night ski trip for two to Steamboat, CO.
- ◆ **Safety Person of the Year** wins a \$750 certificate for a trip to Telluride, CO. ■



- ◆ Ski with Pride ◆
- ◆ Watch all Sides ◆
- ◆ Let it Ride ◆

First with Safety Awareness



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